

February 2005 AFM LIBRARY ACQUISITIONS LIST

This month's list is divided into print and video resources.

HEALING CHOICES : FOR YOU AND YOUR FAMILY :



Info for both girls and guys

Healing Choices is a **Fetal Alcohol Spectrum Disorder (FASD)** prevention, education and intervention resource package that has been designed and developed **for use with those at most risk of having a baby affected by substance use during pregnancy.** This includes young people who are sexually active and/or pregnant and using alcohol and other drugs.

The resource package includes:

- a **flip chart** that is highly illustrated and written in plain language, with the reverse side providing more detailed information for the individual who is intervening,
- a small **brochure**, available in **English** or **French**, which repeats the basic information and has a pull-off card with contact numbers for key support services.

Limited quantities of these resources are available and being distributed through AFM Library at **no charge to individuals and organizations within Manitoba that are strategically positioned to intervene with those most at risk.** If you, or individuals/programs in your community, could make effective use of these resources, please submit or share the **attached order form.** The items will be shipped as soon as possible.

To request these new publications or borrow any of the resources on this Acquisitions List, please call or email **ORDER FORM** to Sheila - sduprey@afm.mb.ca or Jackie - jmassey@afm.mb.ca

ADDICTIONS FOUNDATION OF MANITOBA LIBRARY

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healing choices
FOR YOU AND YOUR FAMILY
Des choix sains
POUR VOUS ET VOTRE FAMILLE

ORDER FORM – MANITOBA

This order form is for three new educational resources designed to prevent **fetal alcohol spectrum disorder (FASD)** and to be used with those who are most at risk of having a baby affected by this disorder. Using illustrations and plain language they make FASD prevention information more accessible, while at the same time providing detailed content to those who are in a position to intervene with sexually active/pregnant women who may be using substances. All resources include lists of Manitoba organizations that provide support/services.

Date _____

Quantities

healing choices for you and your family (English - Flip Chart)..... _____

healing choices for you and your family (English Pamphlet) _____

Des choix sains pour vous et votre famille (French Pamphlet) _____

Total _____

Shipping Method (Winnipeg orders to be picked up at AFM Library):

Rural Orders:

pick-up

mail

Bus C.O.D.

Contact Name:

Organization Name:

Address:

City:

Province:

Postal Code:

Phone:

Fax:

Please fax or mail request to:

Addictions Foundation of Manitoba

Library

1031 Portage Avenue Winnipeg, MB R3G 0R8

(204) 944-6233

(204) 772-0225 fax

library@afm.mb.ca



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ACQUISITIONS LIST FEBRUARY 2005 ORDER FORM

Please circle the numbers corresponding to the Acquisition List items you would like to receive, and Fax, mail, phone, or e-mail your request to the Library.

THE NORMAL BORROWING PERIOD FOR STAFF IS 30 DAYS FOR BOOKS AND 7 DAYS FOR VIDEOS or KITS (THERE IS FLEXIBILITY AROUND THESE BORROWING PERIODS IN ORDER TO ACCOMMODATE PROGRAM NEEDS AND SHIPPING TO RURAL OFFICES).

If the item(s) you have requested is (are) not available at this time, a reserve will be placed on the resource and it will be sent to you as soon as possible.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60

DATE: _____ TELEPHONE: _____

NAME: _____ OFFICE: _____

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BOOKS

ABORIGINAL PEOPLES--CANADA

1. Aboriginal people, resilience and the residential school legacy

Author: Stout, Madeleine Dion
Corp. Author: Aboriginal Healing Foundation
Call number: E78/.C2/S76/2003

ALCOHOL

2. Almost all you ever wanted to know about alcohol : but didn't know who to ask!

Author: Hammond, Robert L.
Call number: HV 5125/.A44/2004

ALCOHOLISM--REHABILITATION

3. Combined behavioral intervention manual : a clinical research guide for therapists treating people with alcohol abuse and dependence : volume 1

Corp. Author: National Institutes of Health (U.S.)
Call number: RC 565/.C65/2004

4. Medical management treatment manual : a clinical research guide for medically trained clinicians providing pharmacotherapy as part of the treatment for alcohol dependence : volume 2

Corp. Author: National Institute on Alcohol Abuse and Alcoholism (U.S.)
Call number: RC 565/.M43/2004/v.2

COCAINE

5. A Collection of NIDA notes : articles that address research on cocaine

Corp. Author: United States. Department of Health and Human Services. National Institutes of Health. National Institute on Drug Abuse.
Call number: HV 5810/.N37/2004

COMPULSIVE GAMBLING--PREVENTION

6. Don't bet on it! : preventing problem gambling : a program for the middle school

Author: Broomhall, Helen
Call number: RC 569.5/.G35/D65/2004

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7. It's your lucky day : program evaluation

Author: Lemaire, Jackie
Corp. Author: Addictions Foundation of Manitoba.
Gambling Program
Call number: RC 569.5/.G35/I88/2004

COMPULSIVE GAMBLING--REHABILITATION

8. Strategies for change : a handbook for problem gamblers, their partners, family members and support people

Corp. Author: Australia. Victorian Government
Department of Human Services. Community
Care Division
Call number: RC 569.5/.G35/S77/2003

CO-OCCURRING DISORDERS

9. Health services utilization by individuals with substance abuse and mental disorders

Corp. Author: Substance Abuse and Mental Health
Services Administration. Office of
Applied Studies
Call number: RA 790.6/.H43/2004

10. A Report on mental illnesses in Canada

Corp. Author: Canadian Institutes of Health Research
Call number: RC 447/.R46/2002

11. Serious mental illness and its co-occurrence with substance use disorders, 2002

Author: Epstein, Joan
Corp. Author: U.S. Department of Health and Human
Services
Call number: RC 564.68/.E67/2004

DRUGS

12. The Psychotropic handbook

Author: Joffe, Russell T.
Call number: RS 190/.P78/J64/2002

FASD

13. Damaged angels : a mother discovers the terrible cost of alcohol in pregnancy

Author: Buxton, Bonnie
Call number: RG 629/.F45/B89/2004

14. Fantastic Antone Grows Up: adolescents and adults with fetal alcohol syndrome

Call number: RG 629/.F45/F36/2000

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GAMBLING--CANADA--STATISTICS

15. 2003 Nova Scotia gambling prevalence study : Nova Scotia office of health promotion : final report : highlights
Corp. Author: Focus Research
Call number: RC 569.5/.G35/F63/2003

HIV/AIDS

16. HIV and AIDS in Canada : surveillance report to June 30, 2002
Corp. Author: Canada. Health Canada. Division of HIV/AIDS Surveillance.
Call number: RA 644/.A25/H6/2002

MEDICAL CARE

17. Medical emergency guidebook
Author: Ferrari, Robert
Call number: RC 86.8/.F47/2002

METHADONE

18. Methadone-associated mortality : report of a national assessment
Corp. Author: Substance Abuse and Mental Health Services Administration. Center for Substance Abuse Treatment
Call number: RC 568/.M4/M47/2004

SELF-MUTILATION

19. The Scarred soul : understanding & ending self-inflicted violence
Author: Alderman, Tracy
Call number: RC 569.5/.S48/A43/1997

SEXUALITY

20. National survey of American attitudes on substance abuse IX : teen dating practices and sexual activity
Corp. Author: National Center on Addiction and Substance Abuse.
Call number: HQ 27/.N38/2004

SUBSTANCE ABUSE--FAMILY

21. Substance abuse treatment and family therapy
Corp. Author: Substance Abuse and Mental Health Services Administration. Center for Substance Abuse Treatment
Call number: RC 564/.S83/2004

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SUBSTANCE ABUSE--PREVENTION

22. **Benefits and costs of prevention and early intervention programs for youth**

Corp. Author: Washington State Institute for Public Policy

Call number: HV 5825/.B45/2004

23. **Benefits and costs of prevention and early intervention programs for youth : technical appendix**

Corp. Author: Washington State Institute for Public Policy

Call number: HV 5825/.B45/2004a

SUBSTANCE ABUSE--REHABILITATION

24. **Alcohol and drug services study (ADSS) phase II : Client record abstract report**

Author: Lee, Margaret T.

Call number: HV 5279/.L44/2004

25. **A Brief cognitive behavioural intervention for regular amphetamine users : a treatment guide**

Corp. Author: University of Newcastle

Call number: RC 568/.A45/B75/2003

26. **Clinical guidelines for the use of buprenorphine in the treatment of opioid addiction**

Corp. Author: Substance Abuse and Mental Health Services Administration. Center for Substance Abuse Treatment

Call number: RC 568/.H4/C55/2004

SUBSTANCE ABUSE--REHABILITATION--STATISTICS

27. **National survey of substance abuse treatment services (N-SSATS) : 2003: data on substance abuse treatment facilities**

Corp. Author: Substance Abuse and Mental Health Services Administration. Office of Applied Studies

Call number: HV 5825/.N37/2004

SUBSTANCE USE--CANADA--STATISTICS

28. **Canadian addiction survey (CAS) : a national survey of Canadians' use of alcohol and other drugs : prevalence of use and related harms : highlights**

Corp. Author: Canadian Centre on Substance Abuse

Call number: HV 5309/.C3/C35/2004

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- 29. Canadian Community Epidemiology Network on Drug Use (CCENDU) : Winnipeg 2004 report**

Author: Stevens, Kristin
Corp. Author: Canadian Community
Epidemiology Network on Drug Use
Call number: HV 5840/.M35/C35/2004

- 30. Windows of opportunity : a statistical profile of substance use among women in their childbearing years in Alberta**

Author: Poole, Nancy
Corp. Author: Alberta Alcohol and Drug Abuse
Commission
Call number: HV 5824/.W6/P66/2004

SUBSTANCE USE--UNITED STATES--STATISTICS

- 31. Epidemiologic trends in drug abuse : proceedings of the community epidemiology work group : December 2003: volume I : highlights and executive summary**

Corp. Author: National Institute on Drug Abuse.
Community Epidemiology Work Group.
Call number: RC 567.7/.E653/2004/v.1

- 32. Monitoring the future : national results on adolescent drug use : overview of key findings, 2003**

Author: Johnston, Lloyd D.
Corp. Author: National Institute on Drug Abuse
Call number: HV 5824/.Y68/J62/2004

- 33. Monitoring the future : national survey results on drug use, 1975-2003 : volume II : college students & adults ages 19-45**

Author: Johnston, Lloyd D.
Corp. Author: U.S. Department of Health and Human
Services
Call number: HV 5824/.Y68/J625/2004/v.2

- 34. Patterns of mental health service utilization and substance use among adults, 2000 and 2001**

Author: Barker, Peggy
Corp. Author: Substance Abuse and Mental Health
Services Administration. Office of
Applied Studies
Call number: RC 790.6/.P485/2004

SUICIDE

- 35. Micah : a father survives the suicide of his son**

Author: Tremblay, Claude
Call number: HV 6545/.T74/2003

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VIDEOS

ADDICTIONS

36. Addictions : chemical and behavioral [Videorecording]

Call number: VTR/HV 5045/.A3/2004
Adult; 21 minutes
National Health Video

Overview of the basic principles of addiction. As well as covering the traditional addictions to drugs and alcohol, it also shows how gambling and certain eating habits also represent addiction.

37. Alternatives to addiction [Videorecording]

Call number: VTR/HV 5824/.Y68/A5/1999
Grades 7 - Senior 4; 27 minutes
Marlin Motion Pictures Ltd.

Hooked : the addiction trap series

A model for change, which includes advice on getting help, recognizing warning signs, dealing with feelings, understanding that feeling pain is a part of living, urge surfing, and not giving up, and is presented for youth who may already have developed negative patterns which could lead to addiction.

38. The Consequences of addiction [Videorecording]

Call number: VTR/HV 5824/.Y68/C657/1999
Grades 7 - Senior 4; 28 minutes
Marlin Motion Pictures Ltd.

Hooked : the addiction trap series

Participants in the module, including those with substance abuse and smoking problems as well as gambling, Internet pornography, and other addictions discuss the heavy toll addiction has taken on their health, relationships with family and friends, school life, finances, and freedom.

39. What is addiction? [Videorecording]

Call number: VTR/HV 5824/.Y68/W4/1999
Grades 7 - Senior 4; 25 minutes
Marlin Motion Pictures Ltd.

Hooked : the addiction trap series

Offers a definition of addiction, both to substances and behaviours, and presents experts discussing some of the most recent research on addiction and the brain.

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COMPULSIVE GAMBLING—FAMILY RELATIONSHIPS

40. Can this marriage recover? [Videorecording]

Call number: VTR/RC 569.5/.G35/E3/200?
Adult; 23 minutes
Arnie & Sheila Wexler Associates

From the point of helplessness to 25 years of recovery, viewers will be led through various changes that lead from personal recovery to the healing of a marriage.

41. Effects of compulsive gambling on the marriage [Videorecording]

Call number: VTR/RC 569.5/.G35/E3/200?
Adult; 43 minutes
Arnie & Sheila Wexler Associates

This video will follow the stages of progression of both the gambler and the spouse. Through personal sharing, viewers will experience, first hand, the devastation of compulsive gambling on a marital relationship as the spiral of gambling addiction impacts on every aspect of their lives.

COMPULSIVE GAMBLING—INTERVENTION

42. What should I say? What can I do? [Videorecording]

Call number: VTR/RC 569.5/.G35/W4/200?
Adult; 14:30 minutes
Minnesota Institute of Public Health

Depicts real life situations that involve gambling and will demonstrate effective and ineffective approaches to addressing a loved one that is displaying inappropriate behavior. The video is broken into three scenarios that show the interactions of a husband and a wife; a mother and her adult son; and two sisters. The person who is concerned about the loved one will model effective and ineffective strategies using a six step process that has been proven effective when approaching someone with an addiction. The loved one will also display ineffective and effective responses to these six steps. From time to time the action will stop and the narrator enters the picture and comments on the conversations and behaviors of the characters. The video tape provides the opportunity for viewers to : learn the importance of addressing behaviours of concern in their early stages; learn how to talk to a loved one that is suspected of engaging in risky, unhealthy or inappropriate behavior; view approaches that are both not helpful and helpful when addressing someone who might be caught up in problem behavior; improve their confidence about approaching a loved one.

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COMPULSIVE GAMBLING—PREVENTION

43. **Perspectives on prevention : a symposium on problem gambling I DVD 1 [DVD]**

Call number: DVD/RC 569.5/.G35/P4/2004/v.1

Adult; 2 hours

Responsible Gaming Council

Includes:

A candid look at prevention - presented by *Jon Kelly, Ph. D.*, Chief Executive Officer Responsible Gambling Council

Talking from experience : can prevention work? - presented by: *Tibor I. Barsony*, Founder Responsible Gambling Council; *Steve Chiasson*, Gambling Counsellor, Pinewood Centre; *Doug Little*, Author, *Losing Mariposa*, the memoir of a compulsive gambler; *Connie Stonestand*, Recovering problem gambler; *Tony Toneatto, Ph. D.*, Research Scientist, Centre for Addiction and Mental Health; *Keith Whyte (moderator)*, Executive Director, National Council on Problem Gambling.

Jon Kelly's Closing Remarks

44. **Perspectives on prevention : a symposium on problem gambling : DVD 2 [DVD]**

Call number: DVD/RC 569.5/.G35/P4/2004/v.2

Adult; 2 hours 51 minutes

Responsible Gaming Council

Includes:

Youth speak up : are we using the same language? - presented by: *a panel of young people*, ages 18-24 *Jamie Wiebe, PhD.* (moderator), Director of Research Responsible Gambling Council.

Reaching youth : adults speak up - presented by: *Jeffrey Arnett*, PhD. Editor, *Journal of Adolescent Research*; *Shelley Smith*, Consultant D-Code *Jamie Wiebe, PdD.* (moderator), Director of Research Responsible Gambling Council.

45. **Perspectives on prevention : a symposium on problem gambling : DVD 3 [DVD]**

Call number: DVD/RC 569.5/.G35/P4/2004/v.3

Adult; 2 hours 36 minutes

Responsible Gaming Council

Includes:

Successful persuasion : using media in other sectors - presented by: *Tony Allsworth*, Social Marketing Consultant; *Richard Earle*, Author, *The art of cause marketing*; *Andrew Murie, M.A.*, National Executive Director; *Jon Kelly, PhD.* (moderator) Chief Executive Officer Responsible Gambling Council.

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Responsible gambling media campaigns : the leading edge - presented by: *Jan Jones*, Senior Vice-President, Communications and Government Relations Harrah's Entertainment Inc.; *Susan Olynik*, Vice-President, Communications and Public Affairs Manitoba Lotteries Corporation; *Beth MacGillivray* (moderator), Responsible Gaming Manager Nova Scotia Gaming Corporation.

46. **Perspectives on prevention : a symposium on problem gambling : DVD 4 [DVD]**

Call number: DVD/RC 569.5/.G35/P4/2004/v.4

Adult; 2 hours 9 minutes

Responsible Gaming Council

Includes:

Are governments doing enough? A focus on policy - presented by: *Domenic Alfieri*, President and Chief Executive Officer Trillium Gaming, Inc.; *Chris Hodgson*, Hodgson & Co. *Elizabeth Stephenson* (moderator), Director of Research and Communications Manitoba Gaming Control Commission.

Are gaming providers their brother's keepers or just businesses? - presented by: *Marie Mullally*, M.A., President and Chief Executive Officer Nova Scotia Gaming Corporation; *Stanley Sadinsky*, Former Chair, OLGC and Ontario Racing Commission; *Larry Wandowich*, Acting Executive General manager, McPhillips Street Station Casino; *Don Ward*, Prevention Education Consultant, Addictions Foundation of Manitoba; *Gail White* (Moderator), Director of Corporate Social Responsibility British Columbia Lottery Corporation.

47. **Perspectives on prevention : a symposium on problem gambling : DVD 5 [DVD]**

Call number: DVD/RC 569.5/.G35/P4/2004/v.5

Adult; 2 hours 34 minutes

Responsible Gaming Council

Includes:

Another social issue in the classroom : are we asking too much? - Presented by: *Loris Glass*, Policy and Project Officer, Department of Education and Children's Services; *John Macdonald*, M.A., Youth Specialist, Centre for Addiction and Mental Health Problem Gambling Service; *Louise Smith*, Director, Youth Gambling Project YMCA *Nigel Turner*, PhD., Scientist, Centre for Addiction and Mental Health; *Jeffrey Derevensky*, PhD., (Moderator), Co-director, International Centre for Youth Gambling Problems & High Risk Behaviors.

Building on success : learning from failures - presented by: *Anne-Elyse Deguire*, M.S.c., Prevention Specialist International Centre for Youth Gambling Problems & High Risk Behaviors; *Jeffrey Derevensky*, PhD., Co-Director, International Centre for Youth Gambling Problems & High Risk Behaviors; *Robert Simpson* (Moderator), Chief Executive Officer Ontario Problem Gambling Research Centre.

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48. Perspectives on prevention : a symposium on problem gambling : DVD 6 [DVD]

Call number: DVD/RC 569.5/.G35/P4/2004/v.6

Adult; 2 hours 38 minutes

Responsible Gaming Council

Includes:

Preventing addictions : the process of change - presented by: Carlo C. DiClemente, PdD., Co-Developer of the Transtheoretical Model of Behavior Change, University of Maryland; Glen Ricketts (Moderator), Program Co-ordinator, ADAPT.

Matching prevention & intervention strategies in the process of change - presented by: Carlo C. DiClemente, PhD., Co-Developer of the Transtheoretical Model of Behavior Change, University of Maryland.

CO-OCCURRING DISORDERS

49. Depression and substance abuse [Videorecording]

Call number: VTR/RC 564.68/.D4/2004

Adult; 19 minutes

National Health Video

This new videotape defines depression and substance abuse and shows how depression can lead to substance abuse through self-medication and how substance abuse can lead to depression through its effects on the brain and on a person's life. The section on treatment shows how integrated treatment: medication, cognitive-behavioral therapy and 12-step programs can help both conditions.

FETAL ALCOHOL SPECTRUM DISORDER—CRIME AND CRIMINALITY

50. Fetal alcohol syndrome and the criminal justice system - understanding the offender with FAS : video 1 of 3 : talking with Victor [Videorecording]

Call number: VTR/RG 629/.F45/F473/2004/v.1

Adult; 43 minutes

The Asante Centre of Fetal Alcohol Syndrome

Fetal Alcohol Syndrome and the Criminal Justice System

Victor, a young adult affected by FAS was charged with the crime of robbing a pizza parlor in October 1993. Although spurred by his cousin to commit the crime, Victor alone was charged and punished. This video, in 3 segments, provides insight into Victor's life and his experience with the criminal justice system:

Includes: Interview with Victor; Interviews with Victor's Probation Officer and Advocate; Victor's experience in court

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51. **Fetal alcohol syndrome and the criminal justice system - understanding the offender with FAS : video 2 of 3 : a judge's perspective with Judge Cunliffe Barnett [Videorecording]**

Call number: VTR/RG 629/.F45/F473/2004/v.2

Adult; 56 minutes

The Asante Centre of Fetal Alcohol Syndrome

Fetal Alcohol Syndrome and the Criminal Justice System

Judge Cunliffe Barnett first heard about Fetal Alcohol Syndrome over 20 years ago when he attended an FAS workshop presented by Dr. David F. Smith. Shortly after, he was the presiding judge in a child protection hearing of a young boy with severe special needs who had been apprehended from alcoholic parents. With new understanding about the serious effects of alcohol use during pregnancy he requested an assessment for FAS for this youth.

In this video Judge Barnett relates the poignant story of Geoffrey who grew up to become both victim and offender. Through several case examples, Judge Barnett portrays the heart-wrenching stories of people with FAS in the legal system and how their disability was all too often unrecognized and misunderstood by judges, lawyers, social workers and others.

52. **Fetal alcohol syndrome and the criminal justice system - understanding the offender with FAS : video 3 of 3 : mistakes I have made - with lawyer David Boulding [Videorecording]**

Call number: VTR/RG 629/.F45/F473/2004/v.3

Adult; 28 minutes

The Asante Centre of Fetal Alcohol Syndrome

Fetal Alcohol Syndrome and the Criminal Justice System

In this video, David Boulding admits to his mistakes as legal counsel defending clients with FASD (Fetal Alcohol Spectrum Disorder). However, his intention is not just to confess, but also to turn his experiences into a lesson for those in the legal profession who may one day find themselves working with these special needs clients. Some of the topics considered in this video include: The implications of FASD in the Canadian Charter of Rights and Freedoms; The concept of "Not Criminally Responsible by Reason of a Mental Disorder"; the tendency for clients with FASD to be impressionable, suggestible and easily misled; examples of assumptions that may seem reasonable for a typical client, but would not be appropriate for a client with FASD; the importance of obtaining an FASD assessment.

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METHAMPHETAMINE

**53. Jibb the movie : a film about methamphetamines
[Videorecording]**

Call number: VTR/RM 316/.J5/2004
Senior 1 - Senior 4; Adult
31 minutes
Street Spirits Theatre Company

**CAUTION : DISTURBING SCENES - Please preview before showing
to groups.**

Jibb is a docu-drama addressing methamphetamine use. Useful for youth at high-risk.

54. Methamphetamine : the crystal cage [Videorecording]

Call number: : VTR/RM 316/.M474/1998
Grades 7 - Senior 4; 30 minutes
Marlin Motion Pictures Ltd.

This video educates kids on what "crystal meth" is, its dangers, and why it is a dead-end street. Kids who have been to the depths of meth addiction tell about the transition from casual use to addiction and onward, either to death or to recovery. Interviews with a clinical expert give psychological explanations to the young addicts' stories. Computer-generated animation explains in detail what happens to the body and mind as a result of methamphetamine use.

PRESCRIPTION DRUGS

**55. Our pill epidemic : the shocking story of a society
hooked on drugs [Videorecording]**

Call number: VTR/RM 146/.09/2002
Adult; 45 minutes
Crown Video

Investigates the shocking story of a society hooked on drugs and a worldwide health care system that has turned hundreds of thousands into medicine cabinet junkies. This powerful TV documentary examines how prescription drug addiction to benzodiazepines (tranquilizers and sleeping pills) and antidepressants is far more gripping and debilitating than addiction to heroin or cocaine. Many users of these legal drugs, prescribed by physicians, are unaware of the serious short and long-term side effects, withdrawals, and the potential for brain damage and become "Accidental Addicts".

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SUBSTANCE ABUSE—CRIME AND CRIMINALITY

56. Criminal and addictive behavior : tactics [Videorecording]

Call number: VTR/RC 564/.C755/2002a
Adult; 23 minutes
Hazelden

Inmates, not actors, candidly discuss the tactics they have used to exact power and control over others - in prison and out of prison. In a group setting as participants in a cognitive-behavioural treatment program, the inmates share personal stories about manipulating, intimidating, physically assaulting, and even murdering individuals, who got in the way of what they wanted. Raw, real and tragic, the inmates' stories reveal : how distorted thoughts and unresolved feelings fuel criminal behaviour; why using drugs and committing crimes are fundamentally linked; what it really means to take charge of your life and respect others.

57. Criminal and addictive thinking - thinking about your thinking video : part 1 [Videorecording]

Call number: VTR/RC 564/.C755/2002b
Adult: 32 minutes
Hazelden

Continued from the video : Criminal and addictive behaviour : tactics video. Among the inmates discoveries about the way they think are: seeing yourself as a victim allows you to victimize others; distorted thinking leads to manipulative and aggressive behaviours; feelings of entitlement and criminal pride play into distorted thinking; in criminal thinking, self is first and everybody else is second.

58. Criminal and addictive thinking - thinking about your thinking video : part 2 [Videorecording]

Call number: VTR/RC 564/.C755/2002c
Adult; 30 minutes
Hazelden

Inmates, not actors, present a series of eight real-life, everyday prison scenarios that could easily escalate into violent incidents. After each scenario, viewers are asked to analyze the event, identify the feelings and distorted thinking involved, and determine possible replacement thoughts and behaviours. Using their own words and drawing from their own experiences, the inmates role-play situations that realistically portray how criminal and addictive thought patterns lead to destructive behaviours. The situations include: an inmate's overreaction to a routing shakedown; a discussion among three inmates about whether to retaliate for a fight; a scuffle after an egregious foul on the basketball court; an inmate's angry phone call to his spouse who refuses to send money; a quarrel between roommates about how to resolve a conflict.

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59. Criminality and substance abuse [Videorecording]

Call number: VTR/RC 564/.C75/1993
Adult; 28 minutes
Hazelden

Challenges criminal thinking and the link between criminal behaviour and substance abuse. This video is crucial for understanding the connection between substance abuse and criminal behaviour, and defining how to escape those kinds of behavioural patterns.

YOUTH-COMMUNITY-BASED INITIATIVES

60. Get involved : how youth can create community-based initiatives [CD-ROM]

Call number: CD/HV 5801/.G4/2004
Senior 1 - Senior 4; 2004
Parkland Community Futures Development Corporation and
Dauphin Youth Service Canada

This guide encourages youth to volunteer and offers them the tools to start their own projects. Not only will this bring new projects and ideas to the community, but will also give youth the chance to network by getting to know other community organizations and people with similar interests.

Contains 6 sections: Your community; Taking action; Designing your project; Implementing your project; Evaluating your project; Where do you go from here?