

ADDICTIONS FOUNDATION OF MANITOBA AUDIOVISUAL RESOURCES

SUBJECT HEADINGS

SUICIDE

Depression and suicide (ajvf)

Senior 1-Senior 4; 30 minutes
VHS; 1991
Sunburst
VTR/HV 6545.8/.D46/1988

Series : The power of choice

Michael Pritchard and teens identify the signs frequently exhibited by people who are at risk for suicide and discuss the recommended procedures for intervening. They also examine ways of coping with the depression and stress that often lead to suicide, and encourage people to ask for help when they feel themselves at risk.

Healing journey (alsi)

Adult; 24 minutes
VHS; 1995
VTR/HV 6546/.H4/1995

When youth at risk of suicide are internalizing past harmful experiences, therapeutic drama or role-playing techniques are often used to help the youth express strong negative emotions. This video follows the experiences of a group of young people as they get in touch with their feelings and emotions in trying to deal with past suicide attempts.

Hollow water (alqn)

Adult; 44 minutes
VHS; 2000
National Film Board
VTR/E 98/.L7/H65/2000

Hollow Water, in central Manitoba, is home to 450 people – many of them victims of sexual abuse. The offenders have left a legacy of pain and denial, addiction and suicide. The film documents the moving journey of one family, torn apart by years of abuse, struggling to confront their past. **(NOT RECOMMENDED FOR CHILDREN)**

Let it not be in vain (aojd)

Senior 1-Senior 4; 22 minutes
VHS; 2002
Canadian Learning Company
VTR/HV 6545.8/.L4/2002

Hear the true story of Keith Nokes, a teen who took his own life while in a state of “alcohol induced psychosis”, commonly known as a blackout.

Today, Keith’s family and friends tell his tragic story to high school and college students to alert them to the warning signs of suicide, the dangers of binge drinking, and the deadly results if either or both of these are ignored or not taken seriously enough by friends or family.

Patrick's story (amjp)

Senior 1-Senior 4, Adult; 24 minutes
VHS; 1999
National Film Board of Canada
VTR/HV 6545.8/.P3/1999

This film explores what brought a young man to attempt suicide and what turned his life around. With the help of friends and his loving adoptive mother, Patrick begins the search for his identity and spirituality as a Cree man, while discovering his talents in music and acting.

Pieces of a dream : a story of gambling (apuq)

Adult; 49 minutes
VHS; 2003
National Film Board of Canada
VTR/RC 569.5/.G35/P54/2003

When Phillip Wong committed suicide, his family thought that silence would end their pain. But his sister, filmmaker Michelle Wong, needed to make sense of her brother's death. What drove him to end his life at age 36?

Weaving together intimate conversations with those closest to Phillip, as well as her own candid reflections, Wong embarks on a personal journey. Gently peeling away layers of silence, she uncovers her brother's story of gambling addiction and his lonely spiral into desperation, isolation and depression.

Teen suicide : Sara's diary (amcl)

Senior 1-Senior 4; 14 minutes
VHS; 2000
Marlin
VTR/HV 6545.8/.S3/2000

Sara is different. The kids in her high school see this and don't let up with endless teasing and bullying. Sara finally breaks, and, after a suicide attempt, Mark, her primary tormentor, happens to find her diary. Through this book Mark gets to know the deep feeling of a girl nobody knew, and finds that she is no different from any of us.