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## Addictions Foundation of Manitoba

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**BOOKS**

**Aboriginal approaches to Fetal Alcohol Syndrome/Effects [aona]**

Call Number: RG 629/.F45/A25/2002

**Aboriginal domestic violence in Canada**

Author: Lane Jr., Phil

Corp. Author: The Four Worlds Centre For Development Learning

Call number: HQ 809/.F6/2003

**Aboriginal health : a constitutional rights analysis**

Author: Boyer, Yvonne

Corp. Author: University of Saskatchewan. Native Law  
Centre

Call number: KE 7709/.B72/2003

**Aboriginal organizations in Manitoba : 2002/2004**

Corp. Author: Fort Garry United Church. Aboriginal  
Awareness Committee

Call number: E 78/.M3/A267/2002

**Aboriginal people in Manitoba [aone]**

Call Number: E 78/.M3/A26/2006

**A guide to Winnipeg for Aboriginal newcomers: Spring/Summer 2007**

Call Number: RFD/E 78/.M3/A4/2007

**Aboriginal women with addictions : a discussion paper on triple  
marginalization in the health care system**

Author: Brunen, Lynda

Year: 2000

Call number: E 98/.W8/B7/2000

**Claire and her grandfather = Claire et son grand-pere [anfd]**

Call Number: E 78/.C/.C43/2000

**Community action resources for Inuit, Metis and First Nations :  
assessing needs [aksh]**

Call Number: E 78/.C2/C66/A8/1998

**Community action resources for Inuit, Metis and First Nations : evaluating  
[aksq]**

Call Number: E 78/.C2/C66/E8/1998

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**Community action resources for Inuit, Metis and First Nations : finding resources [aksl]**

Call Number: E 78/.C2/C66/F5/1998

**Community action resources for Inuit, Metis and First Nations : making it happen [aksn]**

Call Number: E 78/.C2/C66/M4/1998

**Community action resources for Inuit, Metis and First Nations : planning [aksj]**

Call Number: E 78/.C2/C66/P4/1998

**Community action resources for Inuit, Metis and First Nations : toolbox [aksf]**

Call Number: E 78/.C2/C66/T6/1998

**Community activity handbook [adyk]**

Call Number: E 98/.G2/C65/1985

**Crazywater : native voices on addiction and recovery [akva]**

Call Number: E 98/.L7/M37/1993

**Cultural lessons for native American students : preschool through high school [adgb]**

Call Number: E 77/.C85/1988

**The dancing healers: a doctor's journey of healing with native Americans [avct]**

Call Number: E 78/.S7/H24/1988

**Deadly duo**

Call Number : E 78/.C2/T42/2001

**Directory of FAS/FAE information and support services in Canada =  
Répertoire canadien des services d'information et de soutien en matière de  
SAF/ESF**

Corp. Author: Canadian Centre on Substance Abuse

Call number: RG 629/.F45/D57/2003

**Discussion notes from the suicide prevention workshop [alam]**

Call Number: HV 6575/.D57/1995

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**An Eagle's view : sharing successful American Indian/Alaska Native alcohol and other drug prevention programs [aisc]**

Call Number: E 98/.H38/1993

**Eating smoke : a review of non-traditional use of tobacco among aboriginal people [aiqj]**

Call Number: HV 5740/.E28/1996

**Factors involved in adolescent substance abuse : information for native treatment centres and aftercare programs [adbb]**

Call Number: HV 4999/.Y68/F23/1988

**Family violence in First Nations communities : a study of attitudes and awareness of family violence issues [akhd]**

Call Number: HV 6626/.C2/F35/1993

**Fetal alcohol syndrome : a hopeful challenge for children, families and communities**

Author: Oliver, Carol

Corp. Author: Candora Program

Call number: RG 629/.F45/F473/1998

**Fetal alcohol syndrome and fetal alcohol effect resource guide for aboriginal community workers [aonk]**

Call Number: RG 629/.F45/F47/2001

**Firewatch on aboriginal adolescent gambling [akoc]**

Call Number: RC 569.5/.G35/F57/1995

**First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade one [akil]**

Call Number: E 97/.M65/1992/v.2

**First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade two [akim]**

Call Number: E 97/.M65/1992/v.3

**First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade three [akin]**

Call Number: E 97/.M65/1992/v.4

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**First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade four** [akio]

Call Number: E 97/.M65/1992/v.5

**First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade five** [akip]

Call Number: E 97/.M65/1992/v.6

**First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade six** [akiq]

Call Number: E 97/.M65/1992/v.7

**First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade seven** [akir]

Call Number: E 97/.M65/1992/v.8

**First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade eight** [akis]

Call Number: E 97/.M65/1992/v.9

**First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : kindergarten** [akhy]

Call Number: E 97/.M65/1992/v.1

**First Nations community profiles, 2001- 02, Manitoba region**

Corp. Author: Canada. Department of Indian Affairs and Northern Development

Call number: E 78/.M3/2001

**First Nations, Metis and Inuit health care : the Crown's fiduciary obligation**

Author: Boyer, Yvonne

Corp. Author: University of Saskatchewan. Native Law

Centre

Call number: KE 7709/.B72/2004

**Gambling in Canada : triumph, tragedy, or tradeoff? : first nations gambling policy in Canada** [ambe]

Call Number: RC 569.5/.G35/K45/2001

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**Helping you quit : a smoking cessation guide for aboriginal women in  
Canada [airr]**

Call Number: HV 5746/.H45/1996

**Honour the sun [adzq]**

Call Number: E 98/.S54/1987

**International right to health for indigenous peoples in Canada**

Author: Boyer, Yvonne

Corp. Author: University of Saskatchewan. Native Law

Centre

Call number: KE 7709/.B724/2004

**Into the daylight : a wholistic approach to healing [akxt]**

Call Number: E 78/.C2/M675/1998

**Keeping your spirit strong : keeping your shirt on : gambling  
awareness sessions for Manitoba secondary school studies : facilitator's  
guide**

Corp. Author: Addictions Foundation of Manitoba

Call number: RC 569.5/.G35/K44/2000

**Keeping your spirit strong : keeping your shirt on : gambling awareness  
sessions for Manitoba secondary school students : additional classroom  
activities & projects [anfb]**

Call Number: RC 569.5/.G35/K44/2000

**Maternal-child health care : programs for aboriginal people : a review of the  
literature [ajpw]**

Call Number: E 98/.C5/B58/1995

**The Next generation solvent abuse community intervention and resource  
project : a demonstration project to test a community based solvent abuse  
intervention model [akcu]**

Call Number: HV 5822/.S65/N48/1994

**Ota-Miska 2001-2002 : "where to find it" resource manual [akds]**

Call Number: E 98/.O82/2002

**An Overview of effective prevention programming in first nation  
communities [ajpu]**

Call Number: E 98/.O83/1995

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**A Practical native American guide for caregivers of children, adolescents and adults with fetal alcohol syndrome and alcohol related conditions**

[aonj]

Call Number:       RG 629/.F45/L33/2002

**Premières Nations profile des communautés, 2001- 02: région du Manitoba**

[avdf]

Author :             Robert Nault

Call Number:       MFR/ E78/.M3/ 2001

**Protecting our families : resource manual on the non-traditional use of tobacco in First Nations and Inuit communities**

[akni]

Call Number:       HV 5740/.V53/1996

**Reclaiming youth at risk : our hope for the future**

[akwx]

Call Number:       HV 5824/.Y68/B74/1990

**A Resource guide on family violence issues for aboriginal communities**

[albi]

Call Number:       HV 6626/.C2/R47/1993

**Solvent abuse : Peace River area school project : guide for teachers**

[afyz]

Call Number:       E 98/.D7/H38/198-

**A Statistical profile on the health of first nations in Canada**

Corp. Author:       Canada. Health Canada. First Nations and Inuit  
Health Branch

Call number:       E 78/.C2/S73/2002

**Strength of the spirit : a community effort in the treatment and prevention of drug abuse**

[aiqf]

Call Number:       E 98/.N5/W66/1994

**Substance abuse curriculum resources : issues**

[agvc]

Call Number:       HV 4998/.S922/1990

**Substance abuse curriculum resources : prevention-treatment**

[agvd]

Call Number;       HV 4998/.S924/1990

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**Suicide prevention and mental health promotion in First Nations and Inuit communities** [alwo]

Call Number: E 98/.P95/S943/1999

**The Story of CHIP : a community healing and intervention program** [algh]

Call Number: RG 569/.F45/1990

**Therapeutic recreation and physical development counsellor's manual** [advy]

Call Number: E 98/.G2/T44/1987

**Thorsons principles of native american spirituality** [akwd]

Call Number: E 99/.R3/F74/1996

**Tobacco : a cultural approach to addiction and recovery for aboriginal youth**

Author: Daniels, Carmen, 1975-

Corp. Author: Nechi Training, Research & Health Promotions

Call number: HV 5740/.T62/2002a

**Treatment centre directory (2000) : National Native Alcohol and Drug Abuse Program (NNADAP) and National Youth Solvent Abuse Program** [alwz]

Call Number: E 98/.N5/T74/2000

**Voices from communities : First Nations and Inuit : a summary of recommendations for community healing** [akhe]

Call Number: E 78/.C2/V65/1995

**Walking the path with Hepatitis C : an awareness manual for northern communities** [aods]

Call Number: RC 848/.H42/W34/2002

**Your community! our future! : community action against solvent abuse** [ahlu]

Call Number: HV 5822/.S65/Y68/1990

**Your life! our future! : suicide prevention resource kit** [afsz]

Call Number: E 98/.Y68/1989

**Your sobriety! our future! : a spiritual model of recovery** [ahlj]

Call Number: E 98/.D7/M37/1989

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**VIDEOS**

**Alcohol forum [videorecording] [akrt]**

Call Number: VTR/E 98/.A5/1986  
Duration 25 min.

The third part of the Alkali Lake Series takes place in Fort Resolution among the Dene people. Members from the Alkali Lake Band try to help the Dene people overcome problems associated with alcohol abuse.

**All our business [videorecording] [ajdo]**

Call Number: VTR/HV 6626/.A44/1986  
Duration 30 min.

A NADAP film about family violence, a subject often brushed under the rug by relatives and friends who are hesitant to interfere. The film's message; if you care about someone, you owe it to them to help them escape from a violent living arrangement.

**The Bad dream [videorecording] [ajji]**

Call Number: VTR/HE 5620/.D7/B33/1985  
Duration 15 min.

A native drama portraying the tragic results of drinking and driving.

**Balance - healing through helping [videorecording] [akgi]**

Call Number: VTR/E 98/.Y68/B3/1997  
Junior High Duration 44 min. 1997

This video is a look into the lives of many of our First Nations, Inuit and Metis youth in Canada. They talk frankly about issues that affect their everyday lives and how they feel about the situations that they are faced with. The youth talk about peer pressure, family values, physical fitness, goals, personal health and other topics. The video was filmed on location throughout the country and includes excerpts from cosmopolitan Toronto to Canada's far north.

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**Balance : problem gambling awareness for Aboriginal communities across BC [videorecording] [anpj]**

Call Number: VTR/RC 569.5/.G35/B3

Gambling has always been a big part of the First Nations culture and traditional ways. Today many First Nations people still gamble, however the games are very different, no singing, no drumming, no laughter. For some people excessive gambling can begin to negatively affect their lives and the lives of family and friends.

This video demonstrates that with increased awareness of the risks involved and a return to our traditional values and practices. First Nations communities can enjoy the games of yesterday, today and tomorrow, without the harmful effects of problem gambling.

**Call of the drum [videorecording] [ajdy]**

Call Number: VTR/E 78/.C2/C35/199-  
Adult

Shows the impact and positive effects role models and responsible resource persons have had on the Nippissing Band Reserve lifestyle.

**Caring together [videorecording] [ajmg]**

Call Number: VTR/RG 627.5/.C3/1996  
Adult Duration: 31:23 min.

Developed by and for Aboriginal people, this video emphasizes the importance of care and responsible behaviour during pregnancy.

**Caring together: a game for Aboriginal youth about health, life and relationships [kit] [akls]**

Call Number: KIT/E 98/.Y68/C37/1997  
Junior High Board game

"Caring Together" an interactive board game is specifically designed to help Aboriginal youth between the ages of 13 - 15 deal with everyday situations. The game uses traditional Aboriginal knowledge, health and lifestyle facts, peer discussion and role playing to help Aboriginal youth learn about good health, including responsible use of alcohol.

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**Children of the eagle [videorecording] [aiwg]**

Call Number: VTR/E 98/.C5/P55/1990  
Adult Includes video and resource handbook

This resource kit was developed to provide support to child sexual abuse victims and their families of the Peigan Band. For victims of child sexual abuse, the healing process is paramount if they are to grow into healthy adults.

**The Circle moving [videorecording] [ajes]**

Call Number: VTR/E 98/.D7/C57/1985  
Duration 30 min.

For a general audience. Native communities across Canada show how they conquered alcohol and drug abuse.

**Donna's Story [videorecording] [amjo]**

Call Number: VTR/HV 5137/.D6/2001  
Adult Duration 50 minutes

An intimate portrait of a fiercely determined survivor, "Donna's Story" profiles a Cree woman who left behind a bleak existence on the streets. She has re-emerged as a powerful voice counselling Aboriginal adults and youth about abuse and addiction.

**Family secret [videorecording] [ajiz]**

Call Number: VTR/HV 5132/.F35/1989  
Duration 30 min.

Portrays the roles that other family members play as a result of having an alcoholic in the family.

**FAS/E Northern commercial [videorecording] [ajnh]**

Call Number; VTR/RG 629/.F45/F374/1996  
Adult Duration: 5 min.

This short commercial is first presented in English and then repeated in Cree. The commercial deals with the subject of fetal alcohol syndrome and its effects.

**Fetal alcohol syndrome [videorecording] [ajdh]**

Call Number: VTR/RG 629/.F45/F47/1992

Mary Atkins, a recovering alcoholic and a mother, drank throughout her pregnancies and fears that this has hurt her kids. Now an alcoholism

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counsellor on the Six Nations' Reserve, Mary shares her story in this video. The dangers of drinking during pregnancy are examined and Fetal Alcohol Syndrome is explained.

**For John [DVD] [auaa]**

Call Number: DVD/E 98/.D7/F6/2003  
Senior 1 – Adult  
Duration: 51 minutes

John Diabo was a cherished member of a tight-knit family in the Mohawk community of Kahnawake, near Montreal, Quebec. Nevertheless, John had been tortured by drug addiction for more than a decade. In 1998, he ended his own life at the age of thirty-one. This video is the intimate story of John's battle with drugs and his eventual suicide. The film, directed by Dale Montour, John's aunt, is also a portrait of his family. Four years after his death, they break their silence. Courageously they share their stories of survival in the aftermath of unimaginable loss. In moving testimony and family photographs, the video portrays the stark contrast between John's powerful life force and the force of his addiction.

**Friends don't let friends [videorecording] = Alcool...une question de conduite [ajha]**

Call Number: VTR/HE 5620/.D7/F75/1988  
Duration: 30 min.

A video about drinking and driving in northern communities. People who have experienced the loss of a close friend or family member urge others to think before drinking and driving. (English title is followed by the French -"Alcool... un question de conduite ". 30 min.)

**Gift of diabetes, The [DVD] [auab]**

Call number: DVD/E 98/.D6/G5/2005  
Duration: 58 minutes  
Audience: Senior1 – Adult

Filmmaker Brion Whitford is an Ojibway who lives with the pain of advanced diabetes. In 2001, complications from the disease left him with only 50 percent kidney function and blood sugar levels that were spiralling out of control.

Brian grew up not knowing his culture, and so had little faith in traditional Native medicine and healing. But as his health worsened, Brion's interest in his own culture grew.

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This video follows Brion's struggle to regain his health by learning about the Medicine Wheel, a holistic tool grounded in an Aboriginal understanding of the inner connectedness of all dimensions of life : the physical, mental, emotional, and spiritual.

Brion also explores the historical trauma of colonization and how it continues to affect Aboriginal people's psychological and physical well-being. Only by making peace with this fact and his own troubled past can he move forward to a healthier and better life.

**Guarding the unborn spirit : it takes all nations [Videorecording]**

Call number: VTR/RG 629/.F45/G8/2002

Adult; 27 minutes

This video is about the permanent damage done to the unborn fetus of a pregnant woman when she consumes alcohol. It offers clear prevention and intervention information to women, families and all members of aboriginal communities.

Three families share their personal experiences in raising children and grandchildren with Fetal Alcohol Spectrum Disorder.

The physical and behavioural characteristics of FASD are shown and explained during the various stages of life. The emphasis is not on blaming women who consume alcohol during pregnancy, but on prevention, support and education. The video reaches out to all women who are pregnant or having unprotected sex, as well as providing education to families, communities and social/health professionals.

**Healing journey [videorecording] [alsi]**

Call Number: VTR/HV 6546/.H4/1995

Adult Duration 24 minutes

When youth at risk of suicide are internalizing past harmful experiences, therapeutic drama or role playing techniques are often used to help the youth express strong negative emotions. This video follows the experiences of a group of young people as they get in touch with their feelings and emotions in trying to deal with past suicide attempts.

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**Healing the broken cord [videorecording] [ajhp]**

Call Number: VTR/RG 627.6/.D79/H43/1991  
Adult Duration approximately 90 min.

This conference takes place in South Dakota for Native People on the subject of fetal alcohol syndrome. Various speakers deal with issues such as leadership, denial, alcoholism in the community and recovery. Also includes a youth forum. Kids discuss alcoholism, family life, FAS, etc.

**A Hit for Mike [videorecording] [ajhs]**

Call Number: VTR/HV 5822/.S65/H57/1985  
Duration 23 min.

For a general audience. The community gets together to help Mike and his mother overcome their addiction problem - an all native drama.

**Homecoming [videorecording] [ajht]**

Call Number: VTR/E 98/.D7/H65/1985  
Duration 27 min. Language in Inui

Story of a young Inuit writer who comes home to Pond Inlet and faces problems that alcohol abuse has caused his community.

**The Honor of all : part 1 & 2 [videorecording] [ajun]**

Call Number: VTR/E 98/.L7/H65/1985  
Senior High Duration 2 hrs.

How a native community overcomes the negative effects of alcohol abuse and begins a recovery program.

**Kecia : words to live by [videorecording] [ajio]**

Call Number: VTR/RA 644/.A25/K43/1991  
Secondary Duration 24 min.

A documentary about a young Indian girl from a small community on Vancouver Island and the events which led to her becoming infected with the HIV (AIDS) virus.

**Man alive : a circle of healing [videorecording] [ajjh]**

Call Number VTR/E 98/.D7/M35/1989  
Duration 54 min.

Part 1 : Breaking the silence  
Part 2 : When the Eagle Lands on the Moon.

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In this documentary Man Alive returns to Alkali Lake, the Indian Reserve that has overcome alcoholism. Now the community is struggling with a secret hidden for generations under the alcoholic haze - child abuse. This documentary follows the process of family healing and reconciliation in this courageous community.

**Mi'kmaq family [videorecording] [alsj]**

Call Number: VTR/E 98/M55/1995  
Adult Duration 33 minutes

Shows how the Mi'kmaq People strengthen and explore their traditions.

**A Mother's choice [videorecording] [aiwb]**

Call Number: VTR/RG 629/.F45/M67/1995  
Adult Duration 27 min.

Aboriginal women discuss their feelings about drinking, drugging and smoking during pregnancy. Also discusses the consequences and complications on the fetus and on the child at various levels of development. Touches upon the man's role in parenting a FAS child. Emphasizes prevention.

**Muffins for granny [DVD]**

Access Key: auya  
Call Number: DVD/E 96.6/.M8/2007

A powerful and thought-provoking presentation about the legacy of the Indian Residential School system as told through the eyes of a young First Nations artist Nadia McLaren. "Her efforts to tell the story will not only create awareness, but it will contribute significantly to the overall healing and reconciliation movement in this country and worldwide".

**A New dawn [videorecording] [aivh]**

Call Number: VTR/HV 5137/.N48/1985  
Senior High Duration 14 min.

For a general audience. Native women (and men) speak up for women's special concerns about alcohol and drug abuse.

**New day, new horizons [videorecording] [aivg]**

Call Number: VTR/HF 5549.5/.E42/N48/1985  
Duration 14 min.

For a general audience. A young native finds out about the problems of alcohol in the workplace-drama.

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**O'Chiese - on the road to recovery [videorecording] [aivv]**

Call Number: VTR/E 98/.D7/O23/199-  
Adult

Shows how the people of the O'Chiese Community start to recover from alcoholism and drug abuse. The development of a mobile treatment program for alcohol and drug abuse is featured.

**Patrick's story [videorecording] [amjp]**

Call Number: VTR/HV 6545.8/.P3/1999  
Gr. 9-12 Duration 24 minutes

This film explores what brought a young man to attempt suicide and what turned his life around. With the help of friends and his loving adoptive mother, Patrick begins the search for his identity and spirituality as a Cree man, while discovering his talents in music and acting.

**Poundmaker's Lodge : a healing place [ajjk]**

Call Number: VTR/E 98/.D7/P68/1988  
Duration 29 min.

The stories of native people from all tribes and backgrounds who pass through Poundmaker's Lodge are captured in this film by native filmmaker, Alanis Obomsawin. With the help of their people, they are struggling to break the bonds of alcohol and drug addiction that are causing a nightmare existence of degradation and despair.

**Problem gambling : the healing circle [videorecording] [ajou]**

Call Number: VTR/RC 569.5/.G35/P76/1995  
Adult Duration: 13 min.

Gambling is becoming more prevalent in Canada's aboriginal population. Native people with a gambling problem talk about their addiction and how the healing circle and spirituality play an important part in their recovery.

**The Real me [videorecording] [ajvx]**

Call Number: VTR/HQ 784/.P43/R4/1992  
Primary Duration 15 min. Close captioned

A young Native American girl's desire to be popular leads to her becoming friends with students whose behaviour causes her a great deal of discomfort. A chance encounter with her cousin helps her to learn to be proud of herself and to make her own choices.

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**The Red road to sobriety : documenting the contemporary Native American sobriety movement [videorecording] [alav]**

Call Number: VTR/E 98/.C9/R4/1995  
Adult Duration 90 minutes

In this spirited and very hopeful documentary, Native health practitioners and traditional medicine people reveal the importance of tribal values and spiritual awareness in the recovery process. The driving force of this documentary is the positive spirit emanating from the Native people interviewed. Continuing in the ancient traditions, these people offer a new sense of hope to all people in recovery.

**Remembering what we know [kit] [aldp]**

Call Number: KIT/RG 627.5/.D97/R4/1998  
Grades 9 - 12 Kit includes handouts, overheads

This presentation kit is designed to be an educational aid for teachers/facilitators/presenters in the areas of education, substance abuse prevention and health. The video informs and stimulates discussions with high school and young adult age groups about the prevention of Fetal Alcohol Syndrome and is divided into three parts: Part 1, The Message; Part 2, The Play; Part 3, The Questions

**Rise and shine [videorecording] [aixs]**

Call Number: VTR/E 98/.C5/R57/1985  
Duration 30 min.

A film about Native young people, what they have accomplished and what they're doing with their lives.

**A Seventy-nine cents high [videorecording] [aiyg]**

Call Number: VTR/HV 5822/.S65/S49/1985  
Duration 20 min.

For adults. A native couple learn how to recognize the signs of sniffing in their children and what to do about it.

**Sharing innovations that work [videorecording] [aiyi]**

Call Number: VTR/E 98/.D7/S52/1985  
Duration 25 min.

A conference at Alkali Lake for native groups across Canada to share ideas to help combat the alcohol problems in their communities.

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**Sniff'n huff [videorecording] [aiyz]**

Call Number: VTR/HV 5822/.S65/S64/1989  
Junior High For Grades 7 - 12

A rock video intended to act as a deterrent to youth considering sniffing.

**Sniffing stinks [videorecording] [aiza]**

Call Number: VTR/HV 5822/.S65/S65/1991  
Intermediate For Grades 3 - 12

Young people from the Whitedog Reserve speak frankly about sniffing and its effects, the reasons for trying it and reasons not to. The excuses given for sniffing are discussed by young people who have done it themselves or those who chose not to. Community leaders and young people point out other ways of dealing with the need to escape, and peer pressure that may lead others to sniff.

**Something to celebrate [videorecording] [aizg]**

Call Number: VTR/RG 629/.F45/S66/1985  
Duration 23 min.

For young adults. Mary and Bill discover that alcohol and pregnancy don't mix, an all native drama.

**Spirit of the forest [videorecording] [aizq]**

Call Number: VTR/E 98/.S65/1991  
Primary For Grades K - 3.

This video centres on friendship and feelings - being friends, wanting to be friends, and being alone, feeling unwanted. The Spirit of the Forest, the Anishinahbe, seeks to return the forest and the creatures to the balance and harmony of the sacred circle of life.

**Suckerfish [DVD] [atzz]**

Call Number: DVD/E 98/.D7/S8/2004  
Senior 1- Adult  
Duration: 8 minutes

When she was 8, Lisa Jackson began to suspect that she was part Native. Then her mother told her that their Indian name was Nahmabin, or Suckerfish. When she was 10, Lisa fled Toronto to live with relatives in Vancouver to escape her mother's depression, alcoholism and prescription drug abuse – legacies of the residential school experience. Twenty years later, as she sifts through memories and letters from her mom, Lisa constructs a portrait of a woman whose drive to love her

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daughter triumphed over her demons of addiction. Animation, childhood photographs, stylized recreations and the young child's whimsical voice add to this moving, at times humorous, look at the director's relationship to her mother and Native identity.

**To heal the spirit [videorecording] [ajap]**

Call Number: VTR/E 98/.W8/T6/1990  
Duration 46:35 min.

A documentary which focuses on Native women in prison and their search for traditional culture and spirituality. The powerful transition that the women experience is communicated through a powwow celebration, Traditional drumming, a sweat lodge ceremony and their day-to-day experiences.

**To say "no" [videorecording] [ajaq]**

Call Number: VTR/E 98/.D7/T6/19--  
Senior High

Why people drink and how to say no when offered a drink - a Native drama.

**Up your nose [videorecording] [ajlk]**

Call Number: VTR/HV 5822/.S65/U6/1985  
Duration 8 min.

For teenagers. Native teenagers go on a sniffing spree which ends in tragedy.

**Where we've been and where we're going [videorecording] [ajbz]**

Call Number: VTR/E 98/.D7/W44/1984  
Duration 2 parts, 30 min. each.

Part 1: An introduction to the courses of alcohol or drug addiction as Native men and women talk about their experiences and about traditional values.

Part 2: The role native traditional values can play in overcoming addiction is explored.