

# ADDICTIONS FOUNDATION OF MANITOBA AUDIOVISUAL RESOURCES

## SUBJECT HEADINGS

### AGED

#### **Lets' talk : older adults, medication and alcohol (asan)**

Adult

DVD; 2005

Public Health Agency of Canada

DVD/HV 5824/.A33/L4/2005

VTR/HV 5824/.A33/L4/2005

Let's talk features typical problem situations commonly faced by seniors using medication and/or alcohol. There are vignettes pointing to the hazards of driving while medicated, the dangers of medication sharing, and the compound effects of taking medicines with alcohol.

Includes a Facilitators Guide

The video Facilitation Guide includes workshop suggestions, resources for facilitators, participant hand-outs and workshop evaluation materials.

#### **Senior friendly toolkit (aofe)**

Adult; 2003

VHS;

KIT/HV 1451/.S4/2003

Includes 2 videos, booklet, binder, posters and stickers.

Follow Canadian actor, Don Harron, and his alter ego, Charlie Farquharson, on a lighthearted journey with a serious message about the importance of paying attention to seniors.

## ABUSE OF

#### **Calling a halt (ajdz)**

Adult; 27 minutes

VHS; 1989

VTR/HV 6626/.C35/1989

The causes and effects of violence toward the elderly in our society are explored. The reasons why elders become victims of violence are discussed, as well as the fact that the abusers can be anyone – family, neighbours, business people. Through interviews and dramatization of real-life situations, the dependence of elders on others is revealed, as well as the attitudes that prevent them from protecting themselves. Authorities give information to assist people working with the elderly to help prevent abuse.

#### **Force de s'affirmer, La = Standing up for yourself (aizv)**

Adult; 13:30 minutes

VHS; 1991

VTR/HV 6626.3/.F67/1991

Quatre scénarios mettant en scène des personnes âgées victimes d'une forme d'exploitation financière. Cependant, dans les cas présentés, les aînés maîtrisent les événements et se tirent d'une situation potentiellement dangereuse.

**Standing up for yourself = [La force de s'affirmer] (aizu)**

Adult; 13.5 minutes

VHS; 1991

VTR/HV 6626.3/.S72/1991

Four scenarios in which elders are vulnerable to some form of financial abuse are shown. In these situations, however, the seniors demonstrate control of their lives, and handle a potentially dangerous situation positively.

**Stop the silence (ajad)**

Adult; 20 minutes

VHS; 1990

VTR/HV 6626.3/.S76/1990

In this video, authorities give information to assist in identifying elder abuse by discussing signs and symptoms. Also included is practical advice on which community agencies can help the abused elder.

## **ALCOHOL AND DRUG USE**

**Addiction and the elderly (akju)**

Adult; 45 minutes

VHS; 199-

Kinetic Video

VTR/HV 5824/.A33/A33/199-

Father Martin discusses various aspects of addiction and how it affects the elderly.

**Alcohol, drugs and seniors : tarnished dreams (aiwl)**

Adult; 23 minutes

VHS; 1987

Canadian Learning

VTR/HV 5138/.A42/1987

Case-history style vignettes illustrate that nowhere is the abuse of drugs and alcohol more cruelly felt than among older adults. Shows seniors how over-use increases accidents/illness, shows major warning signs, and how to get help.

## **ALCOHOL, PILLS AND THE ELDERLY SERIES**

VHS; 1990

Series consists of six videotapes as follows:

**Identification** 39 minutes

VTR/HV 5824/.A33/A53/1990/v.1

**Assessment** 49 minutes

VTR/HV 5824/.A33/A53/1990/v.2

**Intervention** 47 minutes

VTR/HV 5824/.A33/A53/1990/v.3

**Treatment** 57 minutes

VTR/HV 5824/.A33/A53/1990/v.4

**Peer Counselling** 42 minutes

VTR/HV 5824/.A33/A53/1990/v.5

**Aftercare** 20 minutes  
VTR/HV 5824/.A33/A53/1990/v.6

**Alcoholism and the elderly** (aiwr)

Adult; 20 minutes  
VHS; 1985  
VTR/HV 5138/.A42/1985

Alcoholism among the elderly is discussed. The prevalence of the problem and specific symptoms are described. The aging process and alcoholism is discussed including biological, sociological and psychological factors. Other topics include: early and late onset of alcoholism; the spiritual needs of the elderly; attitudes of and about the elderly; the disease concept of alcoholism, treatment.

**Alternatives : prevention and intervention for alcohol and drug problems in seniors** (ajkc)

Adult; Kit contains a 29-minute video and various booklets for handouts, overheads, etc.  
KIT; 1993  
KIT/HV 5824/.A33/A48/1993

A community education package designed to increase awareness of the risks and problems associated with psychoactive drug use by senior adults. It is aimed at both seniors and the people who work with them.

**Can't you give "em something?** (ajed)

Adult; 60 minutes  
VHS; 198-  
VTR/RM 146.5/.C35/198-

A learning kit consisting of a video and seven questions regarding the over-medication of elderly patients in nursing homes.

**Drugs and the older individual** (ajfy)

Adult; 18 minutes  
VHS; 1985  
VTR/RM 46.5/.D78/1985

A wife finds a bottle of pills in the medicine cabinet which her husband kept long after their expiry date. Concerned about what he should really be taking, they visit their doctor. Seniors must be particularly careful about their drug use since drugs are distributed more slowly through the body and are not metabolized as in young people. It is important that each individual take an active role in his/her health care.

**Early recovery issues for older adults : clinician's guide** (akpe)

Adult; 21 minutes  
VHS; 1996  
Kinetic  
VTR/HV 5824/.A33/E3/1996

Examines pertinent issues of chemically dependent older adults, including physical and mental health, social and economic resources and living conditions.

## **INSIDE STORIES : JOURNEY INTO SELF-ESTEEM SERIES**

Adult; 4 tapes, 30 minutes each  
VHS; 1990

Adult; 4 tapes, 30 minutes each  
VHS; 1990

The journey into self-esteem is a journey of exploration into a deeper awareness and appreciation of who we are. This video, divided into four shows, gives you an inside look at the lives of ordinary people, different from one another, but sharing a common purpose. They all want to improve their self-esteem and thereby lead happier and more fulfilling lives.

(aju0) **Show 1 : Self esteem begins in the family**  
VTR/BF 637/.S4/I58/1990/v.1

(ajup) **Show 2: Self-esteem and how we learn**  
VTR/BF 637/.S4/I58/1990/v.2

(ajuq) **Show 3 : Family in recovery**  
VTR/BF 637/.S4/I58/1990/v.3

(ajur) **Show 4: Seniors' esteem issues**  
VTR/BF 637/.S4/I58/1990/v.4

### **It can happen to anyone : problems with alcohol and medication among older adults (ajsx)**

Adult; 26 minutes  
VHS; 1996  
NCADI  
VTR/HV 5824/.A33/I73/1996

Alcohol is a part of our social fabric.

For many older adults, prescribed medications are also a fact of life. At any stage of life, alcohol and drugs can pose a serious threat to health, happiness and longevity. In this video Ed Asner helps viewers take a candid look at the role alcohol plays in the lives of some older adults.

### **Knowledge is the best medicine (alaa)**

Adult; Kit includes 17 minute video and workshop planning guide  
KIT; 1995  
KIT/RA 776.95/.M8/K5/1995

Being better informed about your medication will keep you in the picture of health. This kit includes a guide as well as a video that reveals how mishaps can occur with prescription medicines and how easily they can be prevented.

### **No time to spare (aivo)**

Adult; 64 minutes  
KIT; 1988  
KIT/HV 5824/.A33/N6/1988

An educational package developed for seniors. It consists of a script and staging tips for a play based on health and lifestyle issues related to seniors. There are also two videotapes. One details the development and productions of the play, and the other is the actual play performed by seniors.

### **Substance abuse in the elderly (apzg)**

Adult; 28 minutes  
VHS; 2000  
Aquarius  
VTR/HV 5824/.A33/S8/2000

The percentage of Americans living beyond age 70 is increasing, and there's growing concern that these people are also at risk for problems related to drinking alcohol and prescription drug misuse. As the body ages, tolerance to alcohol decreases. At the same time, many people often have multiple prescriptions for medications that, when combined, can cause problems. This program profiles older Americans dealing with these issues, and shows some innovative programs created specifically for the elderly.

**Well informed (akge)**

Adult; Kit includes manual, 35-minute videotape and three booklets  
KIT; 1991  
AADAC  
KIT/HV 5824/.A33/W45/1991

Designed to encourage strategies and environments which support seniors in maintaining and improving their health. Contains components for use by those who work with or provide care for seniors and for use by seniors themselves.

## **GAMBLING**

**Gambling and older adults (auaf)**

Adult; 22 minutes  
VHS; 2005  
Florida Council on Compulsive Gambling  
VTR/RC 569.5/.G35/G36/2005

Includes discussions on why do older adults gamble, problems of aging, using gambling to fill a need, the downside of gambling, and suicide. The video also discusses some of the signs of a problem gambler.

**Gambling away the golden years (akpd)**

Adult; Video with accompanying guide  
KIT; 1997  
North America Training Institute  
KIT/RC 569.5/.G35/G35/1997

The video and book are a compilation of stories from senior gamblers, their spouses, and adult children with commentary from clinicians. The 15-page book also gives the warning signs of a gambling problem as well as where to find help.

**Gambling with their golden years (anpk)**

Adult; 28 minutes  
VHS; 2002  
VTR/RC 569.5/.G35/G35/2002

A news report of the problem of gambling and seniors.

**In search of balance : a senior citizen problem gambling educational resource (akta)**

Adult; 23 minutes  
KIT; 1998  
KIT/RC 569.5/.G35/I6/1998

Defines in clear and plain language why gambling is attractive to people of all ages. It also describes how grief issues may make senior citizens vulnerable to this addiction and how seniors can diminish the possibility of becoming addicted to gambling by striving to lead a balanced lifestyle.