

**ADDICTIONS FOUNDATION OF MANITOBA
AUDIOVISUAL RESOURCES**

SUBJECT HEADINGS

ALCOHOL

PHYSIOLOGICAL EFFECT

Adolescents and alcohol : setting it straight (amgh)

Senior 1 – Senior 4; 15 minutes

VHS; 2001

Hazelden

VTR/HV 5135/.A36/2001

For young people who abuse alcohol, there are often painful and sometimes deadly consequences. In this video, teens share their personal stories of addiction, loss of control, and the hope that recovery can bring. These stories offer teens in early recovery encouragement and the promise that sobriety is possible and desirable.

Alcohol (ambk)

Senior 1-Senior 4, Adult; 16:56 minutes

VHS; 1988

Kinetic

VTR/HV 5045/.A53/1988

Series : Father Martin

Father Joseph Martin discusses what alcohol is and what it does.

Alcohol abuse : the early warning signs (ajcr)

Adult; 21 minutes

VHS; 1990

Canadian Learning

VTR/HV 5125/.A42/ 1990

Ten signs indicating a developing dependency are graphically dramatized to show potential victims, their families and friends excuses they use to avoid admitting the problem. Henry Ford narrates.

Alcohol and cocaine : the secret of addiction

Senior 1–Senior 4, Adult

VHS; 1987

Canadian Learning

(aius)VTR/HV 5810/.A425/1987 – 52 minutes

(aiur)VTR/HV 5810/.A42/1987 – 36 minutes

A documentary, reported by ABC News correspondent Bill Blakemore, examining the devastation caused by addiction, its sources – whether societal or genetic – and the latest medical findings concerning its effects on the mind and body.

Alcohol & nutrition (asdv)

Grades 9 – 12; Adult; 15 minutes

DVD; 2005

Kinetic Inc.

DVD/RA 784/.A43/2005

Presents information on how alcohol affects nutritional status and general health; male-female differences; effects on elderly; pregnancy and abstinence; health issues such as benefit-risk ratio; food guide pyramid tailored to alcohol recovery.

Alcohol & the brain (anpi)

Adult; 18 minutes

VHS; 2002

VTR/QP 801/.A3/A4/2002

This tape summarizes all the hot, new research that shows how alcohol effects various parts of the brain, both immediately and long-term. It also discusses the latest theories on how alcohol can exacerbate addiction and some of the implications for treatment.

Alcohol : pink elephant (aiwp)

Gr. 7-Senior 4; 20 minutes

VHS; 1976

Britannica Learning Material

VTR/HV 5060/.A42/1976

Animated film with two characters, the alcoholic and the pink elephant, discussing alcoholism and most of its effects on the body. The recognition and eventual treatment of the alcoholic are described. This film helps the viewer understand alcoholism and its inherent problems.

Alcohol : the most dangerous drug (aiwg)

Senior 1-Senior 4, Adult; 23 minutes

VHS; 1990

CBC Educational Sales

VTR/HV 5050/.A42/1990

This program deals with the following topics: the extent to which alcohol abuse exists in communities, families, businesses and school – the latest research and theories – teenagers and alcohol – peer group influence – advertising – process of giving up alcohol.

ALCOHOL DEPENDENCE SERIES

Family and alcohol dependence, The (ajrd)

Adult; 10 minutes

VHS; 1991

VTR/HV 5132/.F53/1991

Series : Alcohol dependence

This program describes the impact of alcohol abuse on the drinker's relationships, including relationships between spouses, and between parents and children. It outlines types of therapy that expose and solve family problems that can underlie drinking behaviours.

Medical complications of alcohol dependence (ajrf)

Adult; 10 minutes

VHS; 1991

VTR/QP 801/.A3/M43/1991

Series : Alcohol dependence

This program describes how alcohol affects many organs of the body, such as the brain, liver, heart, pancreas, and sexual organs, and the resulting deficits that long-term drinking produces.

Social and behavioural consequences of alcohol dependence (ajrc)

Adult; 10 minutes
VHS; 1991
VTR/HV 5045/.S63/1991

Series : Alcohol dependence

This program describes how alcohol abuse can affect a drinker's personality and distort his or her sense of values and priorities. Discusses issues such as absenteeism, hiding alcohol and lying about its use, the breakdown of relationships, as well as illegal activities, particularly drinking and driving.

Treatment of alcohol dependence (ajre)

Adult; 10 minutes
VHS; 1991
VTR/HV 5275/.T77/1991

Series : Alcohol dependence

Alcohol abuse can be treated successfully in a variety of settings including clinics, individual and group therapy, and self-help groups. This tape describes common treatments such as counseling, and the value of peer support groups like Alcoholics Anonymous.

Why do people drink? (ajrb)

Adult; 10 minutes
VHS; 1991
VTR/HV 5045/.W48/1991

Series : Alcohol dependence

This program describes common reasons why people abuse alcohol, such as low self-esteem, boredom, stress, shyness and peer pressure. Also outlines some of the stages a person may go through in coming to accept there is a problem that requires treatment.

Alcohol facts : for teenagers only (aiwn)

Gr. 7-Senior 4; 31 minutes
VHS; 1981
Sunburst
VTR/HV 5135/.A42/1981

Designed to give young people a straightforward, realistic look at the problems associated with immoderate alcohol use, problems affecting not only those who drink, but their parents, siblings and friends as well.

Alcohol, pills and recovery (aiwo)

Adult; 20 minutes
VHS; 1987
VTR/HV 5275/.A42/1987

More and more people are combining booze and pills and their recovery pictures become clouded and confused. Dr. Pursch explains how sedative hypnotics like alcohol, barbiturates, tranquilizers and sleeping pills affect the body and mind.

Alcoholic capers (ajjy)

Senior 1- Senior 4, Adult
KIT/HV 5275/.A42/1978

KIT; Includes game sheet , dice, markers and cards.

Addiction recovery chart. To learn process of alcoholism in the lifestyle of a problem drinker in an enjoyable and interesting manner.

Alcoholism and the elderly (aiwr)

Adult; 20 minutes
VHS; 1985
VTR/HV 5138/.A42/1985

Alcoholism among the elderly is discussed. The prevalence of the problem and specific symptoms are described. The aging process and alcoholism is discussed including biological, sociological and psychological factors. Other topics include: early and late onset of alcoholism; the spiritual needs of the elderly; attitudes of and about the elderly; the disease concept of alcoholism, treatment.

Animated neuroscience and the action of nicotine, cocaine, and marijuana in the brain (armh)

Senior 1 – Senior 4; Adult; 24 minutes
DVD; 2000
Films for the Humanities & Sciences
DVD/QP 376/.A5/2000

Using sophisticated 3-D animation, this program, divided into two parts, takes viewers on a journey deep into the brain to study the effects of the three substances.

The first part illustrates the major functions of the brain and shows how its principal cells, the neurons, communicate with each other through electrical and chemical signals. In the second part, animated molecules of nicotine, cocaine, and marijuana travel a route from the external of these drugs, and how each drug interacts with them and subsequently affects the body. Images of actual neurons used in the animations create a realistic effect that helps viewers understand the concepts presented. The DVD comes complete with a Teacher's Guide that includes suggested presentation methods and an assessment activity.

Binge drinking blowout : the extreme dangers of alcohol use (akwb)

Gr. 7-Senior 4, Adult; 30 minutes
VHS; 1998
Canadian Learning
VTR/QP 801/.A3/B5/1998

Points out that young people often fail to recognize the dangers of binge drinking because of a feeling of invincibility, notes that although they may survive a binge, there still is a heavy price to pay. Describes how excessive amounts of alcohol can render the brain unconscious or precipitate endless vomiting.

Brain scans : alcohol and the teenage brain (apzo)

Sr. 1-Sr.4; Adult 23 minutes
KIT; 2001
Aquarius
KIT/QP 801/.A3/B7/2001

This program takes teenagers on a tour of several labs across the country including one at the University of California at San Diego where doctors are researching the effects of alcohol use in teenage brains. The young host of the show actually has a scan done on her own brain, and then has the chance to see how it compares with the brains of other teens who drink alcohol regularly. The groundbreaking studies highlighted in the video dramatically connect long-term brain damage to teenage drinking. Includes a teacher's resource guide.

Chalk talk on alcohol – 1997 remake (alaw)

Adult; 67 minutes
VHS; 1997
Kinetic
VTR/HV 5045//.C4/1997

Father Joseph Martin describes alcoholism – what it is and what it does – and the nature of the disease. He explores the reasons for drinking, what happens to the body when a person drinks, and the signs of alcoholism.

Cruel spirits : alcohol and violence (ajfe)

Adult; 32 minutes
VHS; 1989
Magic Lantern
VTR/HV 6626/.C78/1989

A narrator outlines the violent results of alcohol abuse as the situation is documented with scenes from street fights, prisons, hospital emergency rooms and shelters for abused women and children. Results of experiments at Kent State support the argument that alcohol consumption stimulates violence and aggression.

Diabetes and alcohol (aolk)

Adult; 12 minutes
VHS; 2002
Medical Audio Visual Communications
VTR/RC 660/.D5/2002

Alcohol has the significant impact on the management of diabetes. Patients need to know just how alcohol and diabetes interact, problems with hypoglycemia, medication effects, and how to cope with this problem.

Don't drain your brain : how alcohol damages the brain (arqm)

Grades 2- 6; 15 minutes
KIT; 2003
Human Relations Media
KIT/QP 801/.A3/D6/2003

This powerful video gives viewers a chance to witness how normal brain functioning is short-circuited by alcohol. Emphasizes that alcohol is particularly dangerous to the developing brain.

Falling back : the dry drunk syndrome (adxh)

Adult; 30 minutes
VHS; 1984
VTR/HV 5045/.F35/1984

What happens to a person who exhibits drinking-related behaviour without the drink? This film dramatizes the common behaviour problems associated with the dry-drunk syndrome.

Feelin' no pain (ajgu)

Senior 1-Senior 4, Adult; 30 minutes
VHS; 1978
Kinetic
VTR/HV 5135/.F44/1978

This film presents a profile of a teenage alcoholic. It dramatizes how adults tend to take teen drinking lightly and how they often disregard obvious symptoms of alcoholism until they are so blatant they can no longer be ignored.

For the record (amjs)
Senior 1-Senior 4; 20 minutes
VHS; 2001
Parents Against Drugs
VTR/QP 801/.A3/F6/2001

In June, 2000, a young filmmaker, Jay Prychidny, witnessed an incident of alcohol poisoning at his "after-grad" party. The video replicates the event as well as the confusion around how to respond appropriately. The video and guide have been produced to help youth, and the people who work with them, develop safety strategies to reduce their risks.

The Harmful effects DIAGRAM poster – Alcohol (artj)
Grades 5 – Adult
KIT; 199-
Directional Learning
KIT/RM 315/.A536/199-

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Shows the harmful effects of alcohol on the body.

Health and drug education GRAPHIC poster - Alcohol (alhp)
Gr. 7-Adult; Kit includes 1 laminated poster
KIT; 199-
KIT/RM 315/.A53/199-

Series : Health and Drug Education Poster

Can be used for displays, presentations, etc. – showing the harmful effects of alcohol on the body.

I'll quit tomorrow (ajdi)
Adult; 90 minutes
VHS; 1975
Hazelden
VTR/HV 5275/.I55/1975

There are three parts to this film, each part depicting a phase in the disease history of the alcoholic. Part 1 portrays the onset of the problem; part 2, the confrontation and referral; part 3, the treatment. An analytical training film offering an accurate and well-rounded view of an alcoholic's situation.

Introduction to overcomers outreach, An (ajmf)
Adult; 63 minutes
VHS; 1996
VTR/HV 5275/.I58/1996

This video takes a look at an Overcomers Outreach meeting and follows the group through an evening of prayers, scriptures and readings. Overcomers is a fellowship of men and women who have been affected either directly or indirectly by alcohol or drug abuse.

Life, death and recovery of an alcoholic, The (ajcz)

Adult; 28 minutes
VHS; 1977
VTR/HV 5045/.L55/1977

A lecture film by Dr. Pursch, expert in the field of alcoholism. He shows the stages that an alcoholic goes through and how therapists can intervene to help the alcoholic.

Medical effects of alcohol use (aiua)

Senior 1-Senior 4, Adult; 12 minutes
VHS; 1984
Britannica
VTR/RC 565/.M34/1984

Animation illustrates the path of alcohol throughout the body, the process of metabolism and the effects on body systems. A party scene is used light-heartedly to demonstrate the different effects of alcohol: a man experiences depression, impaired co-ordination, rejection of his advances to a woman and, next morning, both a hangover and an angry wife.

REAL PEOPLE SERIES

Real people : talking about alcohol (almh)

Gr. 5-Senior 1; 12 minutes
VHS; 1999
VTR/HV 5824/.Y68/1999

Discusses the reasons people drink and the greater vulnerability of young people to alcohol and alcohol addiction as compared to adults. Stresses the physical harm to young bodies that alcohol poses, the risk young drinkers take that they might end up having unwanted sex, an STD, a pregnancy or other accident, the danger of alcohol poisoning from drinking games.

Real people : talking about tobacco (almi)

Gr. 5-Senior 1; 10:24 minutes
VHS; 1999
VTR/HV 5824/.Y68/R4/1999

Alerts viewers to the ease with which a tobacco addiction develops, examines why kids take up smoking, underscores how hard the habit is to break. Cites the harm tobacco – cigarettes, cigars, pipes, chewing tobacco – causes to mouth, heart, throat and lungs.

Real people : talking about marijuana and other drugs (almj)

Gr. 5-Senior 1; 10:30 minutes
VHS; 1999
VTR/HV 5824/.Y68/R4/1999

Discusses the appeal of marijuana, acid, inhalants, whip-its, and steroids, outlines the dangers of each: the effects of pot on social and emotional life, how hallucinogens can cause paranoia, why use of inhalants or whip-its can lead to brain damage and even death.

Physical effects of alcohol (anph)

Adult; 18 minutes
VHS; 2002
National Health Video
VTR/QP 801/.A3/P4/2002

Explores how alcohol affects the entire body, both immediately and long-term. Issues such as pregnancy, fetal alcohol syndrome, cirrhosis, cancer and heart disease are also discussed.

The Truth about drinking : the teen files flipped series (aojg)

Senior 1-Senior 4; 30 minutes
VHS; 2002
Canadian Learning
VTR/HV 5824/.Y68/T78/2002

The teen files flipped series

Teens who are current drinkers see first hand what the future may hold for them if they continue to drink. Viewers experience the potential consequences of alcohol use from every perspective: how drinking impairs a person's coordination, vision and reaction time; how the brain and other organs suffer permanent damage from alcohol use; how a drunk person really drives; and how drinking can lead to months in a rehabilitation centre.

Without warning (akpr)

Gr. 9-Senior 4; 17 minutes
VHS; 1996
Kinetic
VTR/QP 801/.A3/W5/1996

Alcohol poisoning, or ethanol overdosing is the subject of this video. In 1992, RID (Remove Intoxicated Drivers) aided a victim's family who had lost their daughter to alcohol poisoning on her sixteenth birthday. In the video, four victims who spoke at a RID conference tell their painful stories. How the alcohol kills, the symptoms to watch for, what helps and what doesn't, the importance of swift medical attention – these elements round out a vivid, powerful message.

PSYCHOLOGICAL ASPECTS

Alcohol & the brain (anpi)

Adult; 18 minutes
VHS; 2002
VTR/QP 801/.A3/A4/2002

This tape summarizes all the hot, new research that shows how alcohol effects various parts of the brain, both immediately and long-term. It also discusses the latest theories on how alcohol can exacerbate addiction and some of the implications for treatment.

Alcohol : pink elephant (aiwp)

Gr. 7-Senior 4; 20 minutes
VHS; 1976
Britannica Learning Material
VTR/HV 5060/.A42/1976

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Alcohol, drugs or alternatives (aiwm)

Senior 1-Senior 4, Adult; 26 minutes
VHS; 1973
VTR/HV 5045/.A42/1973

Hosted by Christopher George and Tommy Smothers, this film is an exploration of alternatives to people's dependence upon drugs and alcohol. Feelings of inadequacy and a negative self-image are explored.

Alcohol facts : for teenagers only (aiwn)

Gr. 7-Senior 4; 31 minutes
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Adult; 20 minutes
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Lets' talk : older adults, medication and alcohol (asan)

Adult
DVD; 2005
Public Health Agency of Canada
DVD/HV 5824/.A33/L4/2005
VTR/HV 5824/.A33/L4/2005

Let's talk features typical problem situations commonly faced by seniors using medication and/or alcohol. There are vignettes pointing to the hazards of driving while medicated, the dangers of medication sharing, and the compound effects of taking medicines with alcohol.

Includes a Facilitators Guide
The video Facilitation Guide includes workshop suggestions, resources for facilitators, participant hand-outs and workshop evaluation materials.

Life, death and recovery of an alcoholic, The (ajcz)

Adult; 28 minutes
VHS; 1977
VTR/HV 5045/.L55/1977

A lecture film by Dr. Pursch, expert in the field of alcoholism. He shows the stages that an alcoholic goes through and how therapists can intervene to help the alcoholic.

Medical effects of alcohol use (aiua)

Senior 1-Senior 4, Adult; 12 minutes
VHS; 1984
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Animation illustrates the path of alcohol throughout the body, the process of metabolism and the effects on body systems. A party scene is used light-heartedly to demonstrate the different effects of alcohol: a man experiences depression, impaired co-ordination, rejection of his advances to a woman and, next morning, both a hangover and an angry wife.

Physical effects of alcohol (anph)

Adult; 18 minutes
VHS; 2002
National Health Video
VTR/QP 801/.A3/P4/2002

Explores how alcohol affects the entire body, both immediately and long-term. Issues such as pregnancy, fetal alcohol syndrome, cirrhosis, cancer and heart disease are also discussed.

Prevention television : alcohol and other drug prevention for grades 3 – 5 (arqj)

Grades 2- 6; 15 minutes
VHS; 2005
Hazelden
VTR/HV 5824/.C45/2005

Equips elementary students with the age-appropriate information they need to make healthy choices, including : what alcohol and other drugs do to a young person's body and brain, how friends can protect each other, and why it's important to talk with parents or other adults about alcohol and other drugs. Includes a facilitator's guide containing background information, a session outline and a reproducible parent newsletter.

The Secret life of the brain (andu)

Senior 1-Senior 4; 60 minutes
VHS; 2002
VTR/RC 564.68/.S43/2002

As the brain matures, teenagers face special risks-from addictive drugs and alcohol that can hijack the brain-to the chaos of schizophrenia, which strikes most often during adolescence. Dr. Nancy Andersen at the University of Iowa is studying young schizophrenics, searching to find which areas of the brain are affected and how to treat the debilitating symptoms. One teen responds to new medications that do not cure the disease but allow him to function on a daily basis. Other teenagers, however, have a more resistant form of the disease. One fourteen-year-old girl experienced her first psychotic break at age twelve and has been unable to find a medication that will control her symptoms.

The Truth about drinking : the teen files flipped series (aojg)

Senior 1-Senior 4; 30 minutes
VHS; 2002
Canadian Learning
VTR/HV 5824/.Y68/T78/2002

Series : The teen files flipped

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