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**AMPHETAMINE  
AND  
METHAMPHETAMINE**

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Leading the Way to an Addiction Free



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# Addictions Foundation of Manitoba

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**AMPHETAMINE AND METHAMPHETAMINE**

**BOOKS**

**Amphetamines : danger in the fast lane**

Author: Lukas, Scott E.  
Edition: 2nd  
Call number: REF/RM 301/.E528/1992/v.5

**Amphetamines : facts, figures, and information**

Author: Hafen, Brent Q.  
Year: c1990  
Call number: RM 301/.H34/1990

**A Clinician's guide to methamphetamine**

Author: Obert, Jeanne L.  
Call number: RC 568/.A45/C55/2004

**Communication strategy guide : a look at methamphetamine use among three populations**

Corp. author: United States. Department of Health and Human Services  
Call number: HV 5822/.A5/C64/2000

**Crystal meth : they call it ice**

Author: Holley, Mary F.  
Call number: HV 5822/.A5/H6/2005

**The Developing methamphetamine problem : selected CESAR publications July 1996 - December 2005**

Corp. Author: Centre for Substance Abuse Research  
Call number: HV 5822/.A5/C46/2005

**The Ice storm : methamphetamine revisited**

Author: Nuckols, Cardwell C.  
Call number: HV 5822/.A5/I23

**Meth : the home-cooked menace**

Author: Johnson, Dirk  
Call number: HV 5822/.A5/M38/J64/2005

**Methamphetamine abuse in the United States**

Author: Greenblatt, Janet C.  
Corp. author: Substance Abuse and Mental Health Services  
Call number: HV 5822/.A5/G74/1997

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**Methamphetamine and amphetamines**

Author: Aretha, David  
Call number: RA 1242/.A5/A74/2005

**Methamphetamine and ice [bibliography/abstracts]**

Corp. author: United States. Office of Substance Abuse Prevention  
Call number: HV 5822/.A5/M47/199-

**Methamphetamine use : clinical and forensic aspects**

Author: Yudko, Errol  
Call number: HV 5822/.A5/M483/2003

**Methamphetamine : Western Canadian summit on methamphetamine : bringing together practioners, policy makers and researchers : consensus panel report, April 2005**

Author: Saul, Donaleen  
Conference: Western Canadian Summit on Methamphetamine : Bringing Together Practioners, Policy Makers and Researchers (2004 : Vancouver)  
Call number: HV 5822/.A5/W47/2004

**Methamphetamines : a guide for parents and other caregivers**

Corp. author: National Clearinghouse for Alcohol and Drug Information  
Call number: HV 5822/.A5/M47/1999

**NIDA infofax set : general drug information**

Corp. author: National Institute on Drug Abuse  
Call number: REF/RM 315/.N53/1999

**Pharmacology and toxicology of amphetamine and related designer drugs**

Corp. author: National Institute on Drug Abuse  
Call number: RM 315/.P475/1989

**Quitting meth : your personal recovery plan**

Author: Sheets, Mark T.  
Call number: RC 568/.M4/S44/2003

**Speed and methamphetamine drug dangers**

Author: Littell, Mary Ann  
Call number: HV 5822/.A5/L58/1999

**Use and abuse of amphetamine and its substitutes**

Author: Spotts, James V.  
Call number: RC 568/.A45/S68/1980

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**VIDEOS**

**Dark crystal [Video recording]**

Call number: VTR/HV 5822/.A5/.D37/2005  
Senior 1 – Adult 40 minutes

Exploring the dark experiences of methamphetamine addicts, journalist Gillian Findlay digs into the scarred lives of three young people - a reformed addict with a bright future, a 16-year-old girl struggling in rehab, and a man who cannot let go of the drug. Findlay takes the viewer on a voyage into the shady corners of a small town wracked by crystal meth - cheap, easily produced and coursing through the veins of communities across western Canada. Witness the lengths to which one parent goes to save her daughter and discover a new, controversial rehabilitation technique that's winning converts.

This production was originally broadcast on The Fifth Estate, Wednesday March 23, 2005 on CBC-TV.

**Death by jib [Videorecording]**

Call number: VTR/HV 5822/.A5/D4/2005  
Grades 7 – Adult 19 minutes  
Peace Arch Community Services

This video speaks directly to the hearts and minds of viewers to convey a powerful and emotional message warning teenagers and young adults about the harsh realities of crystal meth. This graphic video pulls no punches as teen addicts describe the horror of addiction to jib. The important message regarding sexual exploitation of youth on crystal meth is handled in a straightforward and honest manner.

**CONTAINS COARSE LANGUAGE AND DISTURBING SCENES. VIEWER DISCRETION IS ADVISED.**

**Health and drug education GRAPHIC poster series [Methamphetamine] [kit]**

Call Number: KIT/HV 5822/.A5/M4/2003  
Includes 1 poster.

Shows the harmful effects of methamphetamine listed with colorful diagrams and easy to read descriptions.

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**Jibb the movie : a film about methamphetamines [Videorecording]**

Call number: VTR/HV 5822/.A5/J5/2004  
Senior 1 – Senior 4; Adult  
31 minutes  
Street Spirits Theatre Company

CAUTION : DISTURBING SCENES - Please preview before showing to groups.

Jibb is a docu-drama addressing methamphetamine use. Useful for youth at high-risk.

**Meth : big time drug in small time America Vol. 1 [DVD]**

Call number: DVD/HV 5822/.A5/M4/2005  
Adult 18 minutes  
Goldpitt Productions

Focuses on the lives of several people within a small rural community who have been involved with meth.

**Meth : big time drug in small time America Vol. 2 [DVD]**

Call number: DVD/HV 5822/.A5/M47/2005  
Adult 25 minutes  
Goldpitt Productions

“Facing the Addiction” centers on meth treatment success from the viewpoints of a detective and a director of a treatment center.

**Meth death: a demon in the land [Video recording]**

Call number: VTR/HV 5822/.A5/M4/2000  
Grades 7 – Adult 31 minutes

Interviews Col. Alex Mahon, Director of the Governors Task Force on Methamphetamine. Covers: What is meth, effects of meth use, cycle of abuse pre-cursor elements physical effects, psychological effects, binge use, high intensity use, tweaking, and information on spotting the dangers of a meth user in the tweaking zone. Meet Becky, a long term meth user struggling to overcome her addiction and come to terms with the damage it has done to her life. Encourages: education, a commitment to responsibility, the hope of recovery, and that time is of the essence.

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**Meth madness: teenage methamphetamine abuse [Video recording]**

Call number: VTR/HV 5822/.A5/M4/2002

Senior 1 – Senior 4 22 minutes

Methamphetamines are potent stimulant drugs that ruin lives. Crystal methamphetamine, also known as 'ICE,' is the newest and most powerful form of speed on America's streets. Understand how methamphetamine damages the human brain and learn about the adverse effects it has on the human body. Illegal meth labs are creating toxic waste sites all over the United States. Become aware of the many dangers that are associated with the production of this drug. Learn the names of organizations that can help young people to fight a methamphetamine addiction.

**Meth : our nation's crisis [DVD]**

Call number: DVD/HV 5822/.A5/M4/2006

Adult

This two-disk kit contains everything you need to start a comprehensive community campaign against meth. On the DVD are three meth-awareness videos for teens and adults. On the CD you'll find 170 pages of print-ready resources to copy and share community-wide. These include 5 action guides for community leaders, schools, parents, employers, and health care professionals; a 16-page meth primer; campaign resources with sample press releases, talks, and poster, and a meth resource directory. These reproducible resources teach the facts about meth, expose the myths and inspire action.

**Meth . . . the great deceiver [videorecording]**

Call Number: VTR/HV 5822/.A5/M47/1998

Senior 1-Senior 4; 15 minutes; VHS

Developed for a teen audience, this video delivers startling facts and compelling, true-life stories of the violence and destruction that follow in the wake of using this drug. Youth are urged to take personal responsibility. They learn that whatever they call this drug – crank, speed, ice, or crystal – it is a liar and a cheat. Meth is the Great Deceiver.

**Methamphetamine & other stimulants [Video recording]**

Call number: VTR/HV 5822/.A5/M4/2004

Grades 7 – Adult 23 minutes

What are stimulants? Where do drugs like methamphetamine come from? And what happens to the body and mind of someone who abuses them? This compelling video answers these questions and more with first-person accounts from young addicts and leading experts. Students get an in-depth

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look at the effects stimulants have on the body, while examining the deadly consequences of methamphetamine use. Physical dependence and tolerance are discussed along with the harsh facts about withdrawal and the long-term effects of drug use.

**Methamphetamine : deciding to live [Videorecording]**

Call number: VTR/HV 5822/.A5/M48/1998  
Senior 1 – Senior 4 38 minutes

Through documentary-style interviews with recovering addicts, treatment professionals, and physicians, this video reveals the devastating consequences of methamphetamine addiction and the struggles and rewards of recovery.

Part 1 begins with a pharmacological explanation of methamphetamine's effect on brain chemistry. Firsthand accounts from recovering addicts reveal how methamphetamine affects behavior, emotions, cognitive functions, relationships, and the body.

Part 2 offers hope for those beginning the long process of recovery. Candid accounts of recovering addicts reveal the stumbling blocks common in early recovery, the spiritual nature of the healing process, and the rewards of overcoming the physical, mental and moral bankruptcy associated with using meth.

**Methamphetamine : neurochemistry & recovery [DVD]**

Call Number: DVD/HV 5822/.A5/M48/2006  
Senior 1 – Adult; 31 minutes

Examines the way methamphetamine changes the brain both chemically & structurally. The video also explains how these changes interfere with the recovery process and what a person seeking recovery can do to improve their situation.

**Methamphetamine : new knowledge, new treatments [DVD]**

Call number: DVD/HV 5822/.A5/M484/2006  
Adult 1:04 minutes

Provides convincing information to debunk the myth of methamphetamine addicts as being hopeless and untreatable. Richard A. Rawson, Ph.D., who is a world-renowned methamphetamine researcher and associate director of the UCLA Integrated Substance Abuse Programs, shares his extensive knowledge about meth, modes of effective treatment, and the unique struggles that meth addicts encounter in treatment. In this video workshop, Rawson will help you:

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- learn more about meth, its history, and why it is such a distressing epidemic
- discover the devastating physical and psychological effects of meth use
- explore research that proves meth's destruction on the human brain
- meet clinical challenges in treating meth addicts
- learn how and why treatment for meth addicts works

**Methamphetamine : the crystal cage [Videorecording]**

Call number: VTR/HV 5822/.A5/M4/1998  
Grades 7 – Senior 4; 30 minutes  
Marlin Motion Pictures Ltd.

This video educates kids on what “crystal meth” is, its dangers, and why it is a dead-end street. Kids who have been to the depths of meth addiction tell about the transition from casual use to addiction and onward, either to death or to recovery. Interviews with a clinical expert give psychological explanations to the young addicts’ stories. Computer-generated animation explains in detail what happens to the body and mind as a result of methamphetamine use.

**Methamphetamine : the hard facts [KIT]**

Call number: KIT/HV 5822/.A5/M48/2003  
Senior 1 – Adult; 19 minutes

This video and resource book provides students with simple, straight-forward information about methamphetamines. Provides information to make fact-base choices about drugs and their lives.

**Methamphetamine : the rush to crash [videorecording]**

Call Number: VTR/HV 5822/.A5/M4/1997  
Adult; 28 minutes; VHS

This program utilizes animation, live action and interviews with users and drug experts to help give a comprehensive look at the mental and physical effects of amphetamines and methamphetamines.

**Methamphetamine: under the ice [Video recording]**

Call number: VTR/HV 5822/.A5/M48/1997  
Grades 7 – Adult 16 minutes

This video uses a direct, matter-of-fact style coupled with engaging computer graphics to explore the current state of Crystal Meth use in the country. A narrator explains to teens the dangers of using

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Methamphetamine. Viewers are shown how and where Meth is made. Some chemicals used in this drug are poisonous and can burn the users esophagus. The effects of using this substance are shown, from high blood pressure, to decreased appetite, to death and everything in between. Also depicted is the addictive nature of the drug and its withdrawal symptom

**Methamphetamines : the hard facts [KIT]**

Call number:                   KIT/HV 5822/.A5/M48/2003  
Senior 1 – Adult               19 minutes

This video and the resource book provides students with simple, straight-forward information about methamphetamines. Provides information to make fact-based choices about drugs and their lives.

**Myths about meth and some straight talk [videorecording]**

Call Number:                   VTR/HV 5822/.A5/M8/1998  
Senior 1-Senior 4;            10 minutes; VHS

Featuring Dr. Alex Garza, from the Truman Medical Centre in Kansas City, MI, this video answers questions such as: what is meth? What are the short and long-term effects on meth on the body? Also discusses women's issues such as dieting and effects on the fetus.

**Nothing to rave about : a club drugs prevention video [videorecording]**

Call Number:                   VTR/RM 316/.N6/2001  
Senior 1-Senior 4;            20 minutes; VHS

Increasing numbers of young adults consider club drugs a harmless enhancement to a night of dancing, barhopping, or concert going. In this video, young people ages seventeen through twenty-two describe how they learned the hard way that there is no such thing as a safe or recreational drug.

**Party drugs : the in the know series [Videorecording]**

Call number:                   VTR/RM 316/.P4/200?  
Sr. 1-Adult; VHS;    200?

Informs users about the damage that Ecstasy/MDMA, Methamphetamine, GHB, Rohypnol and Ketamine can cause in users' lives. Also contains an in-depth look at the frightening trend of "date rape" drug use and provides advice to viewers on protecting themselves.

The program details the social effects, biological functions and short and long term effects of each of these substances, and concludes with the tragic

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story of a college freshman who has spent the last three years in a coma due to someone "slipping" GHB to her without her knowledge.

**Running on empty : teens and meth [videorecording]**

Call Number: VTR/HV 5824.Y68/R8/2003  
Senior 1-Senior 4; 23 minutes; VHS

Explains what meth is and how it becomes addictive. Jamie, a young woman, explains in detail how she became involved with meth and how it made her lose out on a big portion of her life.

**The Salton Sea [Videorecording]**

Call Number: VTR/HV 5822/.A5/S2/2001

She was in the wrong place and the wrong time and, then, she was no more. Jazz musician Danny Parker's wife was murdered, and Danny was powerless to prevent it. Now the heartbroken trumpet player is on the skids, lost in the lifestyle of Los Angeles' derelict tweakers. Or is he? In Danny's world nothing - most of all Danny - is what it seems.

**Science of methamphetamine : an informed recovery [DVD]**

Call Number: DVD/HV 5822/.A5/S3/2005  
Adult; 30 minutes

Aims to educate the viewer about the drug methamphetamine, its effect on the brain and the body, and the tools and methods for structuring an individual's recovery. The DVD helps the recovering person to better understand the physical and psychological affects of methamphetamine dependence and how to maintain a clean-and-sober lifestyle.

**Street drugs [videorecording]**

Call Number: VTR/HV 5808/.S76/1989  
Senior 1-Senior 4, Adult; 30 minutes; VHS

"Street drugs" are any substance bought or sold, used or abused outside a normal doctor/patient relationship. In this film, hosted by Jimmy Smits, viewers will learn how these drugs affect both the brain and body. It covers initial effects, withdrawal, and long-term effects of each drug, and makes the dangers of drug use abundantly clear.

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**Truth about drugs, The [videorecording]**

Call Number: VTR/HV 5824/.Y68/T7/2000  
Senior 1-Senior 4; 30 minutes; VHS

Explores the lives of several young people who have been forever changed by drug use. It shows the immediate consequences of illegal drugs, and it illustrates in vivid detail how easily a life can be changed or destroyed after one drug use. The effects of heroin, cocaine, ecstasy and other drugs are discussed, as well as techniques for turning away from risky drug-related situations. **(DISTURBING SCENES)**

**Tweaked : Part 1 [Videorecording]**

Call number: VTR/HV 5822/.A5/T8/2000/Part 1  
Adult; 20 minutes; VHS  
Escapemeth.com

**CONTAINS GRAPHIC CONTENT. VIEWER DISCRETION IS ADVISED.  
NOT RECOMMENDED FOR YOUNGER VIEWERS.**

A shocking and hard to watch film designed to expose the truth about Methamphetamine. The video closely examines the allure, popularity and destructive influence of Methamphetamine in the lives of several youth. It presents the hopeless road to death and destruction that comes with Meth abuse. Designed for the rehab center, it's a "Scared Straight" presentation which delivers a wake up call to the addict or potential user; "there is little room for escape".

**Tweaked : part 2 [Videorecording]**

Call number: VTR/HV 5822/.A5/T8/2000/Part 2  
Adult; 50 minutes; VHS  
Escapemeth.com

**CONTAINS GRAPHIC CONTENT. VIEWER DISCRETION IS ADVISED.  
NOT RECOMMENDED FOR YOUNGER VIEWERS.**

A shocking and hard to watch film designed to expose the truth about Methamphetamine. The video closely examines the allure, popularity and destructive influence of Methamphetamine in the lives of several youth. It includes all of the graphic sequences in part one plus the story of a family of four girls who recovered from meth addiction. Both videos weave through intense and graphic interviews with: kids on the street in Venice Beach, California, a street wise narcotics officer, a drug abuse counselor, and two D.A.'s who reveal the grizzly aftermath of meth-induced crimes typical of those sweeping the country.

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**What's wrong with methamphetamine [Videorecording]**

Call number: VTR/HV 5822/.A5/W4/2005  
Senior 1 – Adult; 28 minutes; VHS  
Canadian Learning Company

The nightmare of methamphetamine abuse becomes “crystal” clear, as a former addict tells of the serious physical, emotional and social consequences he suffered from using the drugs. Medical and law enforcement personnel graphically outline the future of the “crystal” abuser – a downward spiral that can include irreversible brain damage, a criminal lifestyle and prison.

AMPHETAMINE/METHAMPHETAMINE  
ELECTRONIC RESOURCES



Visit these web-based resources  
on AMPHETAMINES and related Issues! Save them to your list of favourites!

**Canadian Resources**

Addictions Foundation of Manitoba (AFM) - [AFM The Basics: Methamphetamine](#); Currently available in print only, will be included in AFM's new Web site which will be launched in the fall of 2006. [www.afm.mb.ca](http://www.afm.mb.ca)

Alberta Alcohol & Drug Abuse Commission (AADAC) - ABC'S AND BEYOND THE ABC'S - Amphetamines:

- Amphetamines Beyond the ABC'S -for professionals  
[http://corp.aadac.com/content/corporate/other\\_drugs/amphetamines\\_beyond\\_abcs.pdf](http://corp.aadac.com/content/corporate/other_drugs/amphetamines_beyond_abcs.pdf)
- Amphetamines - ABC's  
[http://corp.aadac.com/content/corporate/other\\_drugs/amphetamines\\_abcs.pdf](http://corp.aadac.com/content/corporate/other_drugs/amphetamines_abcs.pdf)
- Just the Facts - Crystal Meth  
<http://www.zoot2.com/justthefacts/clubdrugs/crystalmeth.asp>
- Questions and Answers : Alcohol, Other Drugs, Smoking and Pregnancy  
[http://corp.aadac.com/for\\_women/the\\_basics\\_about\\_women/women\\_effects\\_cocaine.asp](http://corp.aadac.com/for_women/the_basics_about_women/women_effects_cocaine.asp)

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- Developments (Newsletter), 2003 - Issue on Crystal Meth - Vol. 23 (2)  
- [http://corp.aadac.com/developments/dev\\_news\\_vol23\\_issue2.asp](http://corp.aadac.com/developments/dev_news_vol23_issue2.asp)

### BC Partners for Mental Health and Addictions Information

- Methamphetamine  
<http://www.heretohelp.bc.ca/publications/stateofknowledge/methamphetamine.pdf>

### Canadian AIDS Society:

- Crystal Meth and HIV <http://www.cdnaids.ca/web/backgrnd.nsf/pages/cas-gen-0087>

Canadian Health Network (CHN) - Provides links to credible fact sheets, surveys, reports, government documents, etc. <http://www.canadian-health-network.ca/servlet/ContentServer?cid=1048003176982&pagename=CHN-RCS%2FPAGE%2FGTPageTemplate&c=Page&lang=En>

Canadian Centre on Substance Abuse (CCSA) - <http://www.ccsa.ca>  
Stimulants - Bilingual Web Site - provides links to relevant fact sheets and documents

- CCSA Amphetamines Overview -  
[http://www.ccsa.ca/CCSA/EN/Topics/Substances\\_Addictions/Amphetamines\\_Overview.htm](http://www.ccsa.ca/CCSA/EN/Topics/Substances_Addictions/Amphetamines_Overview.htm)
- Methamphetamine Fact Sheet <http://www.ccsa.ca/NR/rdonlyres/A378E355-BB39-45FB-BDB8-FB751EDBAFFD/0/ccsa0111342005.pdf>

### Centre for Addiction and Mental Health

- Information About Crystal Meth  
[http://www.camh.net/About\\_Addiction\\_Mental\\_Health/Drug\\_and\\_Addiction\\_Information/crystal\\_meth\\_information\\_pr.html](http://www.camh.net/About_Addiction_Mental_Health/Drug_and_Addiction_Information/crystal_meth_information_pr.html)
- Do you know Methamphetamine  
[http://www.camh.net/About\\_Addiction\\_Mental\\_Health/Drug\\_and\\_Addiction\\_Information/methamphetamine\\_dyk.pdf](http://www.camh.net/About_Addiction_Mental_Health/Drug_and_Addiction_Information/methamphetamine_dyk.pdf)

Crystal Meth Anonymous - Online <http://www.crystalmeth.org/>

### Health Canada - Be Drug Wise - Get the Facts

- Be Drug Wise - Get the Facts CCSA Cocaine Overview  
[http://drugwise-droguoisfute.hc-sc.gc.ca/facts-faits/meth\\_e.asp](http://drugwise-droguoisfute.hc-sc.gc.ca/facts-faits/meth_e.asp)

### Manitoba Addictions Awareness Week Resource Kit, 2005

Methamphetamine/Crystal Meth Fact Sheet -

[http://www.afm.mb.ca/maaw/Resource\\_Kit/FastFacts/2005%20PDF/2.5.10%20Kit%202005%20Section%20F%20F%20Meth.pdf](http://www.afm.mb.ca/maaw/Resource_Kit/FastFacts/2005%20PDF/2.5.10%20Kit%202005%20Section%20F%20F%20Meth.pdf)

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### McGill - Student Health Service Fact Sheet

- <http://www.mcgill.ca/studenthealth/information/drugs/uppers/>

National Native Alcohol and Drug Abuse Program: A directory of services throughout Canada at:

[http://www.hc-sc.gc.ca/fnihb-dgspni/fnihb/cp/nnadap/treatment\\_centres/](http://www.hc-sc.gc.ca/fnihb-dgspni/fnihb/cp/nnadap/treatment_centres/)

### U.S. Resources

**Drugstory Web Site** - Provides fact sheets, real stories, online resources, roundtable discussion, ask an expert, weekly drug news -

<http://www.drugstory.org>

**Medline plus:** Information page on Meth - with links on research, trends, etc.

<http://www.nlm.nih.gov/medlineplus/amphetamineabuse.html>

- Amphetamines - 34 hits  
<http://search.nlm.nih.gov/medlineplus/query?FUNCTION=search&PARAMETER=cocaine&DISAMBIGUATION=true&SERVER1=server1&SERVER2=server2&START=0&END=25&MAX=500&ASPECT=5>

**National Substance Abuse Web Index** - Allows multi-website database search of authoritative sites in relation to substance abuse prevention and treatment (part of "Planet Know" website geared to teenagers) - U.S. -

<http://www.planet-know.net/nsawi/nsawi.htm>

**National Institute of Mental Health (NIMH News)** - New Research in Animals Reveals Possible Long-Term Effects of Stimulants on Brain and Behavior, 2003 - <http://www.nih.gov/news/pr/dec2003/nida-08.htm>

### National Institute on Drug Abuse:

Methamphetamine page - extensive links -

<http://www.drugabuse.gov/drugpages/methamphetamine.html>

NIDA Research Report Series - Methamphetamine Abuse and Addiction -

<http://www.drugabuse.gov/PDF/RRMetham.pdf>

NIDA Info Facts - Methamphetamine -

<http://www.drugabuse.gov/pdf/infofacts/Methamphetamine05.pdf>

NIDA For Teens - Mind Over Matter - Methamphetamine

[http://teens.drugabuse.gov/mom/mom\\_meth1.asp](http://teens.drugabuse.gov/mom/mom_meth1.asp)

**U.S. Department of Health and Human Services and SAMSHA'S National Clearinghouse for Alcohol and Drug Information:**

Tips for Teens - The Truth About Meth -

<http://media.shs.net/Prevline/pdfs/phd861.pdf>

Partnership for a Drug-Free America - Meth Fact Sheet Series:

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Facts About Meth -

<http://ncadi.samhsa.gov/media/Prevline/pdfs/PHD1117.pdf>

Signs of Meth Use -

<http://ncadi.samhsa.gov/media/Prevline/pdfs/PHD1118.pdf>

How Meth Affects Your Community -

<http://ncadi.samhsa.gov/media/Prevline/pdfs/PHD1119.pdf>

What are the Signs of a Meth Lab? -

<http://ncadi.samhsa.gov/media/Prevline/pdfs/PHD1120.pdf>