

This month's list is divided into print and video resources.

NEW LIBRARY HOURS

STARTING SEPTEMBER 19, 2006

Monday	8:30am - 4:30pm
Tuesday	8:30am - 6:00pm
Wednesday	8:30am - 6:00pm
Thursday	8:30am - 6:00pm
Friday	8:30am - 4:30pm

Library Services - Contact Numbers

Who to contact for your Library Information needs:

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Harriet Phone: 944-6279

Email: libraryvideo@afm.mb.ca

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Email: pklimack@afm.mb.ca

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To obtain information on a specific topic or request a literature Search contact:

Sheila Phone: 944-6367

Email: sduprey@afm.mb.ca

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Jackie Phone: 944-6275

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Email: jmassey@afm.mb.ca

LIBRARY ORIENTATIONS & DISPLAYS - To request or suggest a
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**MANITOBA ADDICTIONS AWARENESS WEEK RESOURCE
KIT & PROMOTIONAL ITEMS** - For information on the MAAW
Resource Kit or promotional items, contact:

Sheila at 944-6367

Email: sduprey@afm.mb.ca

**MANITOBA
ADDICTIONS AWARENESS WEEK
[MAAW]
IS
NOVEMBER 19 - 25, 2006**

*Book your items early
to avoid the rush!*

ACQUISITIONS LIST AUGUST 2006

Please let the library staff know which items you would like to borrow from the Acquisition List and fax, mail, phone, or e-mail your request to the Library.

THE NORMAL BORROWING PERIOD FOR STAFF IS 30 DAYS FOR BOOKS AND 7 DAYS FOR VIDEOS or KITS (THERE IS FLEXIBILITY AROUND THESE BORROWING PERIODS IN ORDER TO ACCOMMODATE PROGRAM NEEDS AND SHIPPING TO RURAL OFFICES).

If the item(s) you have requested is (are) not available at this time, a reserve will be placed on the resource and it will be sent to you as soon as possible.

BOOKS**ADULTS – DRUG USE****Monitoring the future : national survey results on drug use, 1975-2004 : volume II : college students & adults ages 19-45 : 2004**

Author: Johnston, Lloyd D.
Corp. Author: U.S. Department of Health and Human Services
Call number: HV 5824/.Y68/J625/2005/v.2

AFM RESEARCH REPORTS**Adult rehabilitation service clients : 2005-06**

Corp. Author: Addictions Foundation of Manitoba. Research and Quality Monitoring
Call number: MRF/HV 5283/.C2/A42/2006

ALCOHOL CONSUMPTION**Alcohol use and alcohol use disorders in the United States : main findings from the 2001-2002 National Epidemiologic Survey on Alcohol and Related Conditions (NESARC)**

Corp. Author: National Institutes of Health
Call number: HD 9353/.A5/2006

CANNABIS**Straight talk about marijuana**

Corp. Author: Canada. Health and Welfare Canada
Call number: HV 5822/.M3/S8/2005

CHILD ABUSE**Martin's hope : report from the frontlines on legislative and policy reform to protect children**

Corp. Author: Canadian Centre for Abuse Awareness
Call number: HV 741/.M3/2004

The Psychosocial rehabilitation of children who have been commercially and sexually exploited : a training guide

Author: Delaney, Stephanie
Call number: HV 6560/.D4/200-

CO-OCCURRING DISORDERS**De l'ombre a la lumiere : la transformation des services concernant la sante mentale, la maladie mentale et la toxicomanie au Canada**

Author: Kirby, Michael J.L.
Corp. Author: Canada. Parliament, Senate, Standing Committee on Social Affairs, Science and Technology
Call number: RC 447/.D4/2006

De l'ombre a la lumiere : resume et recommandations

Author: Kirby, Michael J.L.
Corp. Author: Canada. Parliament, Senate, Standing Committee on Social Affairs, Science and Technology
Call number: RC 447/.D45/2006

Out of the shadows at last : transforming mental health, mental illness and addiction services in Canada

Author: Kirby, Michael J.L.
Corp. Author: Canada. Parliament. Senate, Standing Committee on Social Affairs, Science and Technology
Call number: RC 447/.C326/2006

Out of the shadows at last : highlights and recommendations

Author: Kirby, Michael J.L.
Corp. Author: Canada. Parliament. Senate, Standing Committee on Social Affairs, Science and Technology
Call number: RC 447/.C3263/2006

Screening and assessment of co-occurring disorders in the justice system

Author: Peters, Roger H.
Call number: RC 564.68/.P3/1997

COUNSELLING**Clinical supervision in alcohol and drug abuse counselling : principles, models, methods**

Author: Powell, David J.
Call number: HV 5276/.P68/2004

DOMESTIC VIOLENCE**Changing public attitudes as a prevention strategy to reduce intimate partner violence**

Author: Campbell, Jacquelyn C.
Call number: HV 6626/.C4/200?

Groupwork with children of battered women : a practitioner's manual

Author: Peled, Einat
Call number: RJ 507/.F53/P45/1995

DRUG ABUSE SURVEYS**Evaluating and improving methods used in the national survey on drug use and health**

Corp. Author: SAMHSA
Call number: HV 5824/.E8/2005

National survey of substance abuse treatment services (N-SSATS) 2004 : data on substance abuse treatment facilities

Corp. Author: Substance Abuse and Mental Health Services Administration,
Office of Applied Studies
Call number: HV 5825/.N37/2005

Overview of findings from the 2004 national survey on drug use and health

Corp. Author: Substance Abuse and Mental Health Services Administration
Call number: HV 5824/.O94/2005

Results from the 2004 national survey on drug use and health : national findings

Corp. Author: Substance Abuse and Mental Health Services Administration,
Office of Applied Studies
Call number: HV 5825/.R47/2005

DRUG ABUSE**Drug abuse warning network, 2003 : area profiles of drug-related mortality**

Corp. Author: Substance Abuse and Mental Health Services Administration
(U.S.). Office of Applied Studies
Call number: HV 5925/.S49246/2005

Epidemiologic trends in drug abuse : proceedings of the community epidemiology work group : January 2005 : volume II

Corp. Author: National Institute on Drug Abuse. Community Epidemiology
Work Group
Call number: RC 567.7/.E653/2005/v.2

Epidemiologic trends in drug abuse : proceedings of the community epidemiology work group : June 2003 : volume II

Corp. Author: National Institute on Drug Abuse. Community Epidemiology
Work Group
Call number: RC 567.7/.E653/2006/v.2a

DRUG COURT**Defining drug courts : the key components**

Corp. Author: United States. Drug Courts Program Office National
Association of Drug Court Professionals. Drug Court
Standards Committee
Call number: K 5282/.U6/1997

DRUGS OF ABUSE – IDENTIFICATION

Street drugs : a drug identification guide

Corp. Author: Publishers Group
Call number: HV 5801/.S77/2006

DRUG ABUSE – STUDY AND TEACHING

Joining forces : drugs : guidance for police working with schools and colleges

Corp. Author: Great Britain. Home Office
Call number: HV 5824/.Y68/J644/2006

FETAL ALCOHOL SPECTRUM DISORDER

Best practices : fetal alcohol syndrome/fetal alcohol effects and the effects of other substance use during pregnancy

Author: Roberts, Gary
Corp. Author: Canada. Health Canada. Canada's Drug Strategy
Call number: REF/RG 629/.F45/B47/2000

Best practices : fetal alcohol syndrome/fetal alcohol effects and the effects of other substance use during pregnancy

Author: Roberts, Gary
Corp. Author: Canada. Health Canada. Canada's Drug Strategy
Call number: RG 629/.F45/B47/2000

Creating solutions : women preventing FAS : understanding women's substance misuse

Author: Leischner, Chris
Call number: RG 629/.F45/L4/2001

GAMBLING

Don't bet on it : don't gamble on your future : put your money on a real winner : yourself

Corp. Author: National Collegiate Athletic Association (NCAA)
Call number: RC 569.5/.G35/D6/2004

Problem gambling : family guide

Corp. Author: Saskatchewan Health
Call number: RC 569.5/.G35/P76/2005

Psychiatric disorder and pathological gambling : prevalence and correlates

Author: Toneatto, Tony
Call number: RC 569.5/.G35/T65/2002

HARM REDUCTION

National framework for action to reduce the harms associated with alcohol and other drugs and substances in Canada : answering the call

Corp. Author: Canadian Centre on Substance Abuse
Call number: HV 5840/.C2/N386/2005

HEALTH

A Clinical guide to the treatment of the human stress response

Author: Everly, George S.
Call number: RC 455.4/.S87/E84/2002

A Roadmap for living well with chronic disease in Manitoba : a handbook from the creating balance in chronic disease partnership

Corp. Author: The Arthritis Society
Call number: RB 156/R6/2004

HEPATITIS C

Profile of hepatitis C and injection drug use in Canada : a discussion paper

Call number: RC 848/.H425/P7/2000

Working well : voices of experience from community-based projects involving people infected with, affected by and at risk for Hepatitis C in B.C.

Corp. Author: Canada. Health Canada. Population and Public Health Branch
Call number: RA 644/.H4/C67/2003

LIFESTYLES

Aging with grace : what the nun study teaches us about leading longer, healthier, and more meaningful lives

Author: Snowdon, David
Call number: HQ 1064/.U5/S5936/2001

In praise of slow : how a worldwide movement is challenging the cult of speed

Author: Honore, Carl
Call number: BJ 1581.2/.H63/2004

You can heal your life

Author: Hay, Louise L.
Call number: BF 637/.S4/H38/1987

PREVENTION

Roll-up report of prevention and community-based support regional projects funded/in-progress 1999-2000

Call number: RC 848/.H425/R6/2001

METHAMPHETAMINE

A Clinician's guide to methamphetamine

Author: Obert, Jeanne L.
Call number: RC 568/.A45/C55/2004

Crystal meth : they call it ice

Author: Holley, Mary F.
Call number: HV 5822/.A5/H6/2005

The Developing methamphetamine problem : selected CESAR publications July 1996 - December 2005

Corp. Author: Centre for Substance Abuse Research
Call number: HV 5822/.A5/C46/2005

Meth : the home-cooked menace

Author: Johnson, Dirk
Call number: HV 5822/.A5/M38/J64/2005

Methamphetamine and amphetamines

Author: Aretha, David
Call number: RA 1242/.A5/A74/2005

Methamphetamine use : clinical and forensic aspects

Author: Yudko, Errol
Call number: HV 5822/.A5/M483/2003

Speed and methamphetamine drug dangers

Author: Littell, Mary Ann
Call number: HV 5822/.A5/L58/1999

PROBABILITIES

Struck by lightning : the curious world of probabilities

Author: Rosenthal, Jeffrey S.
Call number: QA 273.15/.R68/2005

RECOVERY**Join the voices of recovery : a call to action**

Corp. Author: U.S. Department of Health and Human Services
Call number: HV 5275/.J6/2002

Join the voices for recovery...now!

Corp. Author: U.S. Department of Health and Human Services
Call number: HV 5275/.J6/2004

Planning for success : my first steps to recovery hope-healing-health

Author: Stringham, Autumn D.
Call number: RC 564/.S77/2001

SMOKING**Impact of smoke-free residence hall policies : the views of administrators at three state universities**

Call number: HV 5755/.I46/2004

Smokefree spaces : activist toolkit : facilitator's guide

Corp. Author: Canada. Minister of Health
Call number: HV 5745/.S657/2003

SPECIAL POPULATONS – ABORIGINAL PEOPLE**Aboriginal people in Manitoba**

Author: Hallett, Bruce
Corp. Author: Canada. Human Resources Development Canada
Call number: E 78/.M3/A26/2006

SPECIAL POPULATION - SENIORS**Partners seeking solutions with seniors : supporting seniors with addictions and dependency issues : a formative evaluation**

Author: Kaplan, Gerry S.
Corp. Author: Partners Seeking Solutions
Call number: HV 5824/.A33/K3/2004

Psychosocial pain management manual for seniors living in the community

Corp. Author: Canadian Institute of Health Research
Call number: RB 127/.P79/2004

Substance abuse relapse prevention for older adults : a group treatment approach

Corp. Author: U.S. Department of Health and Human Services
Call number: HV 5824/.S8/2005

SPECIAL POPULATION – WOMEN**Women and opiate addiction : a European perspective**

Author: Stocco, Paolo
Corp. Author: IREFREA
Call number: HV 5824/.W6/W658/2002

Women under the influence

Corp. Author: The National Center on Addiction and Substance Abuse at
Columbia University
Call number: RC 564.5/.W65/W66/2006

SUBSTANCE ABUSE – COSTS OF**The Costs of substance abuse in Canada 2002 : highlights**

Author: Rehm, Juergen
Corp. Author: Canadian Centre on Substance Abuse
Call number: HV 5840/.C2/C67/2006

SUBSTANCE ABUSE – TREATMENT**Addiction treatment indicators in Canada : an environmental scan**

Author: Thomas, Gerald
Corp. Author: Canadian Centre on Substance Abuse
Call number: HV 5000/T4/2005

Healthy choices in a healthy community : a report on substance abuse, prevention and treatment services in Saskatchewan

Author: Addley, Graham
Call number: HV 5804/.A334/2005

Protocols and good practice guidelines for working with crack users in generic substance misuse services

Corp. Author: Turning Point
Call number: HV 5275/.P76/2005

Substance abuse treatment for adults in the criminal justice system

Corp. Author: Center for Substance Abuse Treatment (U.S.)
Call number: HV 8836.5/.S8/2005

Treatment Episode Data Set (TEDS) : 1993-2003 : national admissions to substance abuse treatment services

Corp. Author: Substance Abuse and Mental Health Services Administration.
Office of Applied Studies
Call number: RC 564/.T74/2005

Treatment Episode Data Set (TEDS) : highlights 2003 : national admissions to substance abuse treatment services

Corp. Author: Substance Abuse and Mental Health Services Administration.
Office of Applied Studies
Call number: RC 564/.T743/2005

YOUTH – ALCOHOL USE

Surveillance report #74 trends in underage drinking in the United States, 1991-2003

Author: Newes-Adeyi, Gabriella
Call number: HV 5135/.S8/2005

YOUTH – DRUG USE

Monitoring the future : national results on adolescent drug use : overview of key findings, 2005

Author: Johnston, Lloyd D.
Corp. Author: National Institute on Drug Abuse
Call number: HV 5824/.Y68/J62/2006

Monitoring the future : national survey results on drug use, 1975-2004 : volume I : secondary school students : 2004

Author: Johnston, Lloyd D.
Corp. Author: U.S. Department of Health and Human Services
Call number: HV 5824/.Y68/J625/2005/v.1

VIDEOS**BINGE DRINKING****Real people binge drinking : facts and consequences [KIT]**

Grades 7 – Senior 4

24 minutes

Call number: KIT/QP 801/.A3/B5/2004

Drinking to get drunk, or binge drinking is a common occurrence among teens who use alcohol. Experts in the field of alcohol use present the hard facts teens need to know about alcohol's toxicity while real teens talk about how to handle peer pressure to drink; the effect of drinking on relationships; the ineffectiveness of alcohol for stress reduction; loss of trust with parents; and the negative effect drinking has on school work. Dramatic accounts from two teens, one who was almost raped and one who almost died while drinking heavily, bring home the seriousness of binge drinking.

BULLYING**Teasing and bullying : unacceptable behaviour [Binder]**

Year: 2000

Call number: KIT/BF 637/.B85/L36/Bind/2000

Teasing and bullying : unacceptable behaviour [Poster]

Call number: KIT/BF 637/.B85/L36/Post/2000

Teasing and bullying : unacceptable behaviour [Video recording]

Grades 2 -6

Includes a binder, poster and video

Call number: VTR/BF 637/.B85/L36/2000

Kit includes scripted lesson plan, Blackline Masters for in-class and take home activities, videotape depicting a resolution to a teasing problem, three full colour Conflict Resolution Posters, and a unit devoted to stuttering and other differences.

CO-OCCURRING DISORDERS**Adults and co-occurring disorders [DVD]**

Adult

28 minutes

Call number: DVD/RC 564.68/.A3/2003

Speaks directly to adults who experience a mental disorder and addiction, not only to alcohol or other drugs but also to gambling, compulsive eating, or sex. Men and women speak frankly about how addiction and mental disorders fuel each other, the benefits of therapy, the importance of psychiatric medication taken regularly, and the challenges and rewards of seeking support through a Twelve Step group. Hope for recovery is reinforced by psychiatrist Kenneth Minkoff, noted for his integrated treatment model of co-occurring disorders.

The facilitator's guide features supporting information and includes reproducible client material.

FETAL ALCOHOL SPECTRUM DISORDER**The Listening heart [DVD]**

Adult

37 minutes

Call number: DVD/RG 629.F45/L57/2005

The Listening Heart is a new educational documentary that chronicles the day to day challenges of children, parents, and families who struggle with the consequences of fetal alcohol syndrome (FAS). The Listening Heart offers a unique look into the world of FAS through the eyes of medical experts, adoptive parents, and those directly affected by the disease - the children. Over a production period of eight months, filmmaker and crew were able to gain access into a world previously unseen and misunderstood by the general public. By working hand in hand with families and experts, The Listening Heart has become the only FAS film that combines parents' insight backed up with scientific information about prenatal alcohol exposure and its devastating effects on intellectual and behavioural development.

METHAMPHETAMINE**Dark crystal [Video recording]**

Senior 1 – Adult

40 minutes

Call number: VTR/HV 5822/.A5/.D37/2005

Exploring the dark experiences of methamphetamine addicts, journalist Gillian Findlay digs into the scarred lives of three young people - a reformed addict with a bright future, a 16-year-old girl struggling in rehab, and a man who cannot let go of the drug. Findlay takes the viewer on a voyage into the shady corners of a small town wracked by crystal meth - cheap, easily produced and coursing through the veins of communities across western Canada. Witness the lengths to which one parent goes to save her daughter and discover a new, controversial rehabilitation technique that's winning converts.

This production was originally broadcast on The Fifth Estate, Wednesday March 23, 2005 on CBC-TV.

Meth death: a demon in the land [Video recording]

Grades 7 – Adult

31 minutes

Call number: VTR/HV 5822/.A5/M4/2000

Interviews Col. Alex Mahon, Director of the Governors Task Force on Methamphetamine. Covers: What is meth, effects of meth use, cycle of abuse pre-cursor elements physical effects, psychological effects, binge use, high intensity use, tweaking, and information on spotting the dangers of a meth user in the tweaking zone. Meet Becky, a long term meth user struggling to overcome her addiction and come to terms with the damage it has done to her life. Encourages: education, a commitment to responsibility, the hope of recovery, and that time is of the essence.

Meth madness: teenage methamphetamine abuse [Video recording]

Senior 1 – Senior 4

22 minutes

Call number: VTR/HV 5822/.A5/M4/2002

Methamphetamines are potent stimulant drugs that ruin lives. Crystal methamphetamine, also known as 'ICE,' is the newest and most powerful form of speed on America's streets. Understand how methamphetamine damages the human brain and learn about the adverse effects it has on the human body. Illegal meth labs are creating toxic waste sites all over the United States. Become aware of the many dangers that are associated with the production of this drug. Learn the names of organizations that can help young people to fight a methamphetamine addiction.

Meth : our nation's crisis [DVD]

Adult

Call number: DVD/HV 5822/.A5/M4/2006

This two-disk kit contains everything you need to start a comprehensive community campaign against meth. On the DVD are three meth-awareness videos for teens and adults. On the CD you'll find 170 pages of print-ready resources to copy and share community-wide. These include 5 action guides for community leaders, schools, parents, employers, and health care professionals; a 16-page meth primer; campaign resources with sample press releases, talks, and poster, and a meth resource directory. These reproducible resources teach the facts about meth, expose the myths and inspire action.

Methamphetamine & other stimulants [Video recording]

Grades 7 – Adult

23 minutes

Call number: VTR/HV 5822/.A5/M4/2004

What are stimulants? Where do drugs like methamphetamine come from? And what happens to the body and mind of someone who abuses them? This compelling video answers these questions and more with first-person accounts from young addicts and leading experts. Students get an in-depth look at the effects stimulants have on the body, while examining the deadly consequences of methamphetamine use. Physical dependence and tolerance are discussed along with the harsh facts about withdrawal and the long-term effects of drug use.

Methamphetamine : deciding to live [Video recording]

Senior 1 – Senior 4

38 minutes

Call number: VTR/HV 5822/.A5/M48/1998

Through documentary-style interviews with recovering addicts, treatment professionals, and physicians, this video reveals the devastating consequences of methamphetamine addiction and the struggles and rewards of recovery.

Part 1 begins with a pharmacological explanation of methamphetamine's effect on brain chemistry. Firsthand accounts from recovering addicts reveal how methamphetamine affects behavior, emotions, cognitive functions, relationships, and the body.

Part 2 offers hope for those beginning the long process of recovery. Candid accounts of recovering addicts reveal the stumbling blocks common in early recovery, the spiritual nature of the healing

process, and the rewards of overcoming the physical, mental and moral bankruptcy associated with using meth.

Methamphetamine : new knowledge, new treatments [DVD]

Adult

1:04 minutes

Call number: DVD/HV 5822/.A5/M484/2006

Provides convincing information to debunk the myth of methamphetamine addicts as being hopeless and untreatable. Richard A. Rawson, Ph.D., who is a world-renowned methamphetamine researcher and associate director of the UCLA Integrated Substance Abuse Programs, shares his extensive knowledge about meth, modes of effective treatment, and the unique struggles that meth addicts encounter in treatment. In this video workshop, Rawson will help you:

- learn more about meth, its history, and why it is such a distressing epidemic
- discover the devastating physical and psychological effects of meth use
- explore research that proves meth's destruction on the human brain
- meet clinical challenges in treating meth addicts
- learn how and why treatment for meth addicts works

Methamphetamines : the hard facts [KIT]

Senior 1 – Adult

19 minutes

Call number: KIT/HV 5822/.A5/M48/2003

This video and the resource book provides students with simple, straight-forward information about methamphetamines. Provides information to make fact-based choices about drugs and their lives.

Methamphetamine: under the ice [Video recording]

Grades 7 – Adult

16 minutes

Call number: VTR/HV 5822/.A5/M48/1997

This video uses a direct, matter-of-fact style coupled with engaging computer graphics to explore the current state of Crystal Meth use in the country.

A narrator explains to teens the dangers of using Methamphetamine. Viewers are shown how and where Meth is made. Some chemicals used in this drug are poisonous and can burn the users esophagus. The effects of using this substance are shown, from high blood pressure, to decreased appetite, to death and everything in between. Also depicted is the addictive nature of the drug and its withdrawal symptoms.

NUTRITION

Alcohol & Nutrition [DVD]

Senior 1 – Adult

15 minutes

Call number: DVD/RA 784/.A43/2005

Presents information on how alcohol affects nutritional status and general health; male-female differences; effects on elderly; pregnancy and abstinence; health issues such as benefit-risk ratio; food guide pyramid tailored to alcohol recovery.

RECOVERY**Issues of Recovery [DVD]**

Adult
35 minutes
Call number: DVD/RC 564/.B558/2005

Control, rage, victimization, depression, perfectionism, procrastination, and addictive disorders are pervasive issues that sabotage recovery - be it recovery from family issues or addiction. The thread that connects these issues is trauma - physical or emotional.

Claudia Black, in her dynamic speaking style of relating stories and using a color floor graphic, provides the viewer with an understanding of the faulty beliefs connected to these issues and the relationship to unhealthy shame stemming from trauma.

In closing she reminds viewers of "First Things First" and walks through a step-by-step process wherein one can say "No" to shame based beliefs and "Yes" to recovery.

SEX TRADE**Circle of lonely hearts [DVD]**

Adult
48 minutes
Call number: DVD/HV 5824/.H65/C57/2002

This sequel to the award-winning documentary "Where angels weep" chronicles over a three-year period the heart-breaking struggle of a young woman trying to stay alive on the streets of Vancouver's downtown eastside.

YOUTH – SUBSTANCE ABUSE**Teen alcohol and other drug use : knowing the signs and what to do about them [DVD]**

Adult
20 minutes
Call number: DVD/HV 5824/.A33/T4/2005

Shows parents and teachers how to help prevent teen alcohol and other drug use, recognize the signs of use, and intervene effectively. It also addresses the myths that may keep families from confronting this issue - attitudes such as "Using alcohol is a rite of passage for teens; it's no big deal." Parents are also encouraged to seek help in the community if their child is struggling with substance abuse.

The video comes with an informative facilitator's guide, an outline for a parent education session, and three reproducible handouts, including a guide to substance-use symptoms - from experimentation to dependence - and how parents can respond at each stage.