

ADDICTIONS FOUNDATION OF MANITOBA

AUDIOVISUAL RESOURCES

SUBJECT HEADINGS

DRUGS

ALCOHOL

Alcohol and cocaine : the secret of addiction

Senior 1–Senior 4, Adult

VHS; 1987

Canadian Learning

(aius)VTR/HV 5810/.A425/1987 – 52 minutes

(aiur)VTR/HV 5810/.A42/1987 – 36 minutes

A documentary, reported by ABC News correspondent Bill Blakemore, examining the devastation caused by addiction, its sources – whether societal or genetic – and the latest medical findings concerning its effects on the mind and body.

Alcohol & nutrition (asdv)

Grades 9 – 12; Adult; 15 minutes

DVD; 2005

Kinetic Inc.

DVD/RA784/.A43/2005

Presents information on how alcohol affects nutritional status and general health; male-female differences; effects on elderly; pregnancy and abstinence; health issues such as benefit-risk ratio; food guide pyramid tailored to alcohol recovery.

Alcohol, drugs or alternatives (aiwm)

Senior 1-Senior 4, Adult; 26 minutes

VHS; 1973

VTR/HV 5045/.A42/1973

Hosted by Christopher George and Tommy Smothers, this film is an exploration of alternatives to people's dependence upon drugs and alcohol. Feelings of inadequacy and a negative self-image are explored.

Alcohol, pills and recovery (aiwo)

Adult; 20 minutes

VHS; 1987

VTR/HV 5275/.A42/1987

More and more people are combining booze and pills and their recovery pictures become clouded and confused. Dr. Porsch explains how sedative hypnotics like alcohol, barbiturates, tranquilizers and sleeping pills affect the body and mind.

Choice is yours, The (ajen)

Gr. 7-Senior 1; 29 minutes

VHS; 1987

ARF

VTR/HV 5824/.Y68/C46/1987

This program is suitable for use with students from 13 to 15 years of age. It is divided into 5-minute segments, one each on alcohol, drugs and crime, cannabis, cocaine and crack, and inhalant abuse. It was produced in cooperation with the Ontario Chiefs of Police and is used by police lecturers in classrooms

across Ontario. The straight-to-the-point content examines the consequences of making the wrong choice about drugs and gives positive aid in making the correct choices.

Death by Alcohol (adv)

Grades 9 – 12

DVD; 2006

Sunburst Communications

YS/VTR/QP 801/.A3/D4/2006

Sam Spady had a wonderful life. She had loving parents and adoring friends. She was a homecoming queen and class president. She had looks, brains, youth and promise. She had everything to live for. But all that came to a sudden and horrific end in the summer of 2004 when Sam shared too many shots of vanilla flavored vodka, passed out and died alone inside a cluttered fraternity house. Her death was an unintended tragedy.

Drugs and alcohol – Part 1 (ajvc)

Senior 1-Senior 4; 30 minutes

VHS; 1988

Canadian Learning Company

VTR/HV 5824/.Y68/D78/1988/v.1

Drugs and alcohol – Part 2 (ajvb)

Senior 1-Senior 4; 30 minutes

VHS; 1988

Canadian Learning Company

VTR/HV 5824/.Y68/D78/1988/v.2

Series : The power of choice

Featuring Michael Pritchard who teaches young people that they are responsible for the choices they make and that they owe it to themselves and the people they care about to choose the best. Also deals with alternatives to using drugs and alcohol.

Hard facts about drugs : alcohol, marijuana, cocaine and crack (ajhn)

Senior 1-Senior 4; 22 minutes; closed captioned

VHS; 1988

McIntyre Media

VTR/HV 5824/.Y68/H37/1988

This video uses individual vignettes to dramatize how the abuse of alcohol, marijuana, cocaine and crack devastates a typical high school class during the four years leading to graduation.

The Harmful effects DIAGRAM poster – Alcohol (artj)

Grades 5 – Adult

KIT; 199-

Directional Learning

KIT/RM 315/.A536/199-

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Shows the harmful effects of alcohol on the body.

Health and drug education GRAPHIC poster - Alcohol (alhp)

Gr. 7-Adult; Kit includes 1 laminated poster
KIT; 199-
KIT/RM 315/.A53/199-

Series : Health and Drug Education Poster

Can be used for displays, presentations, etc. – showing the harmful effects of alcohol on the body.

Prevention television : alcohol and other drug prevention for grades 3 – 5 (arqj)

Grades 2- 6; 15 minutes
VHS; 2005
Hazelden
VTR/HV 5824/.C45/2005

Equips elementary students with the age-appropriate information they need to make healthy choices, including : what alcohol and other drugs do to a young person's body and brain, how friends can protect each other, and why it's important to talk with parents or other adults about alcohol and other drugs. Includes a facilitator's guide containing background information, a session outline and a reproducible parent newsletter.

REAL PEOPLE SERIES

Real people : talking about alcohol (almh)

Gr. 5-Senior 1; 12 minutes
VHS; 1999
VTR/HV 5824/.Y68/1999

Discusses the reasons people drink and the greater vulnerability of young people to alcohol and alcohol addiction as compared to adults. Stresses the physical harm to young bodies that alcohol poses, the risk young drinkers take that they might end up having unwanted sex, an STD, a pregnancy or other accident, the danger of alcohol poisoning from drinking games.

Real people : talking about tobacco (almi)

Gr. 5-Senior 1; 10:24 minutes
VHS; 1999
VTR/HV 5824/.Y68/R4/1999

Alerts viewers to the ease with which a tobacco addiction develops, examines why kids take up smoking, underscores how hard the habit is to break. Cites the harm tobacco – cigarettes, cigars, pipes, chewing tobacco – causes to mouth heart, throat and lungs.

Real people : talking about marijuana and other drugs (almj)

Gr. 5-Senior 1; 10:30 minutes
VHS; 1999
VTR/HV 5824/.Y68/R4/1999

Discusses the appeal of marijuana, acid, inhalants, whip-its, and steroids, outlines the dangers of each: the effects of pot on social and emotional life, how hallucinogens can cause paranoia, why use of inhalants or whip-its can lead to brain damage and even death.

Real true & false about alcohol, marijuana & inhalants, The (arqz)

Grades 6 – Senior 4; 15 minutes
VHS; 200?
Canadian Learning Company
VTR/HV 5824/.Y68/R4358/200?

The impression many middle school students have about drugs is that "everybody does it". That misinformation may influence students to take their first step through the gateway provided by alcohol, marijuana or inhalants. Hosted by a multi-ethnic group of high school students, this engaging, fact-filled program uses a lively "pop quiz" to hear that the social norm for the vast majority of teens is that when it comes to alcohol and other drugs, they "don't need 'em, don't want 'em, and don't use 'em.

CANNABIS (MARIJUANA)

Adolescents & marijuana : getting a life (amco)

Gr. 8-Senior 4; 13:39 minutes
VHS; 2000
Hazelden
VTR/HV 5822/.M3/A3/2000

Teens who experienced the highs and lows of marijuana abuse share their tales of addiction and loss and subsequent recovery. Told strictly through the voices of the teens profiled, the video cuts to the core of marijuana attraction and the ultimate cost to the user on a physical, emotional, and spiritual level. The video is an inspiration for recovering teens of all walks of life to stay clean and nurture their recovery.

Animated neuroscience and the action of nicotine, cocaine, and marijuana in the brain (armh)

Senior 1 – Senior 4; Adult; 24 minutes
DVD; 2000
Films for the Humanities & Sciences
DVD/QP 376/.A5/2000

Using sophisticated 3-D animation, this program, divided into two parts, takes viewers on a journey deep into the brain to study the effects of the three substances.

The first part illustrates the major functions of the brain and shows how its principal cells, the neurons, communicate with each other through electrical and chemical signals. In the second part, animated molecules of nicotine, cocaine, and marijuana travel a route from the external of these drugs, and how each drug interacts with them and subsequently affects the body. Images of actual neurons used in the animations create a realistic effect that helps viewers understand the concepts presented. The DVD comes complete with a Teacher's Guide that includes suggested presentation methods and an assessment activity.

Cannabis and you (afxw)

Gr. 8-Senior 4; 12 minutes
VHS; 1987
ARF
VTR/HV 5822/.C3/C35/1987

Facts and misconceptions about marijuana are dealt with in this video directed to students in Grades 8, 9 and 10. Several students are interviewed and express concerns about peer pressure to try the drug. Encourages positive attitudes that help young people avoid cannabis use.

Choice is yours, The (ajen)

Gr. 7-Senior 1; 29 minutes
VHS; 1987
ARF
VTR/HV 5824/.Y68/C46/1987

This program is suitable for use with students from 13 to 15 years of age. It is divided into 5-minute segments, one each on alcohol, drugs and crime, cannabis, cocaine and crack, and inhalant abuse. It was produced in cooperation with the Ontario Chiefs of Police and is used by police lecturers in classrooms

across Ontario. The straight-to-the-point content examines the consequences of making the wrong choice about drugs and gives positive aid in making the correct choices.

Debunking the myths about marijuana : what can your community do?

Senior 1-Senior 4; Adult; 7 minutes
VHS; 2003
VTR/HV 5824/.Y68/D43/2003

Designed to educate communities about the harms of teen marijuana use. The video highlights the latest research about the drug, features commentary by leading experts about the effects of marijuana on youth, and encourages work together to address teen marijuana use. It also includes television ads for youth on the negative consequences of marijuana use, for parents on the importance of monitoring their kids and for the general audience on the importance of community coalitions.

The Harmful effects DIAGRAM poster – Marijuana (arth)

Grades 5 – Adult
KIT; 199-
Directional Learning
KIT/HV 5822/.M37/2003

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Shows the harmful effects of heroin listed with colourful diagrams and easy to read descriptions.

Health and drug education GRAPHIC poster - Marijuana (aooi)

Gr. 7-Adult
KIT; 2003-05-05
KIT/HV 5822/.I6/2003

Series : Health and Drug Education Poster

Shows the harmful effect of inhalants listed with colourful and graphic diagrams and easy to read descriptions.

Hard facts about drugs : alcohol, marijuana, cocaine and crack (ajhn)

Senior 1-Senior 4; 22 minutes; closed captioned
VHS; 1988
McIntyre Media
VTR/HV 5824/.Y68/H37/1988

This video uses individual vignettes to dramatize how the abuse of alcohol, marijuana, cocaine and crack devastates a typical high school class during the four years leading to graduation.

Marijuana (akab)

Adult; 60+ minutes
VHS; 1997
VTR/HV 5822/.M3/M37/1997

A video by Dr A. Herscovitch about the effects of marijuana.

Marijuana and human physiology (aqaq)

Adult; 22 minutes

VHS; 199?

Canadian Learning Company

VTR/QP 801/.M3/199?

Helps dispel the belief that marijuana is harmless using hard facts especially the drug's chief psychoactive ingredient THC and its effect on the body. Actual medical X-rays of brain and lung biopsies.

Marijuana and your mind (aitz)

Gr. 7-Senior 4; 27 minutes

VHS; 1982

Sunburst

VTR/HV 5822/.M3/M37/1982

Part 1: What it is, What it Does

Part 2: Smoking or Coping

Reports on the growing concern that marijuana adversely affects emotional and social development. Presents scientific research on the short-term and possible long-term effects of marijuana usage.

Marijuana, driving and you (aqmv)



Senior 1-Senior 4; Adult; 13 minutes

VHS; 1980

Canadian Learning Company

VTR/HE 5620/.D65/M37/1980

Sophisticated animation and live action present the effects of marijuana use on driving performance. In addition to THC's effects, significant scientific findings and the problems of combining marijuana with alcohol and other drugs are shown.

Marijuana : escape to nowhere (aliy)

Gr. 7-Senior 4; 40 minutes

VHS; 1999

Kinetic

VTR/HV 5822/.M3/.M37/1999

Confronts the myths of marijuana use by clearly stating that marijuana is addictive and that use results in physical, emotional, and spiritual consequences. Shares real experiences with marijuana use and recovery through poignant testimonials of people on recovery.

Marijuana in the 90's (aiyl) *STAFF ONLY*

Adult; 36 minutes

VHS; 199-

Kinetic

VTR/HV 5822/.M3/M37/199-

Dr. David Olhms explains the impact of marijuana on the mind and body, discusses the quality of marijuana and the extent of its use, addiction symptoms, withdrawal and treatment, and explores the concern of the effect of marijuana on the immune system.

Marijuana in the new millennium (amje) *STAFF ONLY*

Senior 1-Senior 4, Adult; 25 minutes

VHS; 2000

Canadian Learning Company

VTR/HV 5822/.M3/M37/2000

This video brings viewers the latest information on marijuana. Dr. David Ohlms begins by explaining the reasons for marijuana's reputation as a relatively harmless drug. Countering this, he presents new research proving the various physical problems that can be caused by smoking marijuana, including an increased risk of bronchitis, emphysema and lung cancer. He also describes THC's effects on the immune system and the brain.

Marijuana : neurochemistry and physiology (asdb)

Senior 1 – Senior 4; Adult; 32 minutes
DVD; 2005
Kinetic Inc.
DVD/ QP 801/.M3/2005

Designed to be used in a group or clinical setting, this objective, non-judgmental video presents the latest research and findings on the neurochemistry and physiology of marijuana. The content focuses on the research advances in understanding how marijuana works on a cellular level and how those neurochemical changes affect sedation, the sense of novelty, appetite, memory, the immune system, visual spatial organization, paranoia, and dependence.

Issues of tolerance and tissue dependence, withdrawal, acute psychic effects, driving effects, and physical effects are highlighted.

Marijuana : the mirror that magnifies (ajxn)

Gr. 7-Senior 1; 28 minutes
VHS; 1996
Kinetic
VTR/HV 5822/.M3/M37/1996

Through animation, graphics, interviews with current users and those in recovery, and featuring Dr. Darryl Inaba, Pharm. D., this video presents an objective, non-judgemental examination of marijuana.

Marijuana : weeding out the hype (aohb)

Senior 1-Senior 4; 30 minutes
VHS; 2002
SAMHSA
VTR/HV 5822/.M3/M375/2002
Includes a guide.

Viewers will learn some of the latest facts about marijuana, including trends in the use of the drug, the strength of today's marijuana, its effects, and the encouraging efforts being made in prevention and treatment. Experts refute the myth that "everybody" is using marijuana as well as claims that it is harmless. The experts also identify factors-in the individual, the family, peers and popular culture – that make you more or less likely to use marijuana. A woman concerned about the children in her distressed community describes the centre she established to engage families and to provide a safe haven and guidance for youth.

Messing with heads : marijuana and mental illness (aucj)

Grades 9 – Adult; 46 minutes
DVD; 2005
Kinetic
DVD/HV 5822/.M3/M4/2005

The widespread use of marijuana only started to happen 4 decades ago. Research into the long-term effects of that use has begun to bring some disturbing mental health issues to light. Because the THC content of modern marijuana is so much greater than the original "natural" strains, those issues, including schizophrenia and paranoid psychosis, may be on the gentler end of a very steep incline. That research is explained.

My pot video (akdl)

Gr. 7-Senior 1; 16 minutes

VHS; 1997

Kinetic

VTR/HV 5822/.M3/M8/1997

A high school student senior, Mike Morgan, tells the viewer that he is “assigned” to make this video about smoking marijuana. It seems “The Assignor” discovered that Mike was interested in making student videos and requests he produce one on pot for other students. (We later get hints that he is doing the project for a judge after being caught smoking pot at school).

REAL PEOPLE SERIES

Real people : talking about alcohol (almh)

Gr. 5-Senior 1; 12 minutes

VHS; 1999

VTR/HV 5824/.Y68/1999

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Real people : talking about tobacco (almi)

Gr. 5-Senior 1; 10:24 minutes

VHS; 1999

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Real true & false about alcohol, marijuana & inhalants, The (arqz)

Grades 6 – Senior 4; 15 minutes

VHS; 200?

Canadian Learning Company

VTR/HV 5824/.Y68/R4358/200?

The impression many middle school students have about drugs is that “everybody does it”. That misinformation may influence students to take their first step through the gateway provided by alcohol, marijuana or inhalants. Hosted by a multi-ethnic group of high school students, this engaging, fact-filled program uses a lively “pop quiz” to hear that the social norm for the vast majority of teens is that when it comes to alcohol and other drugs, they “don’t need ‘em, don’t want ‘em, and don’t use ‘em.

Stoned : an anti-drug film (ajac)

Gr. 7-Senior 4; 32 minutes

VHS; 1980

VTR/HV 5822/.M3/S76/1980

A film about marijuana for grades 7 to 12. One of the primary needs of adolescence is to have a positive sense of identity which is supplied by joining a group of one's peers. The problems a teenager faces in fulfilling this need are explored in this film.

Teens and marijuana : do you believe in magic? (aoje)

Senior 1-Senior 4; 22 minutes

VHS; 2002

Canadian Learning

VTR/HV 5824/.Y68/T44/2002

Dispels the myths of marijuana use by presenting factual information about marijuana. It discusses the physical effects on the body from marijuana use including damage to the lungs, brain and reproductive system. Users often develop an "a motivational syndrome" which leads to loss of life goals and lack of achievement. Also covered is the addiction cycle and how to break through an addict's denial of their addiction, to face reality of their life as the first step towards their recovery.

Waking up from dope (ajbn)

Senior 1-Senior 4, Adult; 40 minutes

VHS; 1984

VTR/HV 5824/.Y68/W35/1984

A presentation on drugs and alcohol abuse with Devan Thompson, a former drug abuser and rock musician. He has a message that reaches all ages because he's not just another adult lecturing, he's someone who has been there.

COCAINE

Animated neuroscience and the action of nicotine, cocaine, and marijuana in the brain (armh)

Senior 1 – Senior 4; Adult; 24 minutes

DVD; 2000

Films for the Humanities & Sciences

DVD/QP 376/.A5/2000

Using sophisticated 3-D animation, this program, divided into two parts, takes viewers on a journey deep into the brain to study the effects of the three substances.

The first part illustrates the major functions of the brain and shows how its principal cells, the neurons, communicate with each other through electrical and chemical signals.

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Gr. 7-Senior 1; 29 minutes

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ARF

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Cocaine (ajni) STAFF ONLY

Adult; 100 minutes (approx.)
VHS; 1990
VTR/HV 5810/.C63/1990

Dr. A. Herscovitch leads a workshop on cocaine and its effects.

Cocaine and the brain (ajex)

Gr. 7-Senior 1; 11 minutes
VHS; 1991
VTR/HV 5810/.C63/1991

A science-based prevention program designed for use with middle school students. Using a radiological imaging technique, normal brain scans are compared with images from cocaine users brains. Students see, through this demonstration, what a brain looks like on drugs.

Cocaine : the emerging facts (ajeu)

Gr. 7-Senior 4; 26 minutes
VHS; 1986
VTR/HV 5810/.C63/1986

Two parts:

Sarah's story

Relates the story of Sarah who becomes hooked on cocaine and how her habit changes Sarah from an outgoing and caring young person to one who is suspicious and hostile.

Cocaine babies (ajev)

Adult; 16 minutes
VHS; 1989
Parkside Publishing Corp.
VTR/RG 627.5/.D79/C63/1989

This tape looks at the devastating effects of cocaine and crack on America's children. The hospital ward where the piercing cries of cocaine-addicted babies are endlessly heard is telling testimony to the power of these drugs.

Cocaine in the 90's (ajew) STAFF ONLY

Adult; 31 minutes
VHS; 199-
Kinetic
VTR/HV 5810/.C63/199-

Dr. David Olhms describes the latest neurological and psychological information on the impact of cocaine on the mind and body. He also discusses the dynamics of cocaine addiction, withdrawal, treatment and relapse prevention.

Cocaine's children (ajey)

Adult; 9 minutes
VHS; 1987
March of Dimes
VTR/RG 627.5/.D79/C63/1987

A documentary outlining the harmful effects of cocaine on the fetus and newborn. The infants bring home the message that pregnant women who use cocaine are exposing their young to suffering at birth and the risk of long-term developmental problems.

Crack (ajke)

Gr. 7-Senior 1; 14 minutes

KIT: Contains video, teacher's guide, activity sheets; 1987

Dominic Press

KIT/HV 5810/.C73/1987

This program presents the dangers of using crack, stressing the impact on the heart, lungs and brain, and the depression one is likely to feel following the high. The conclusion of the video reaffirms the value of a drug-free life.

Crack! (ajfb)

Gr. 7-Senior 4; 13 minutes

VHS; 1987

Sunburst

VTR/HV 5810/.C73/1987

Alerts viewers to the dangers of crack, the "freebase" form of cocaine that is devastating the teenage population. Attributes crack's alarming popularity to its trendiness, low cost, easy availability, and ease of use.

Crack : the big lie (ajfc)

Gr. 7-Senior 4; 22 minutes

VHS; 1987

Magic Lantern

VTR/HV 5810/.C733/1987

To help students make one of the most important decisions of their lives – the decision to say no to crack. Based on actual case studies, the film discloses the alarming availability and severe addictiveness of crack.

Hard facts about drugs : alcohol, marijuana, cocaine and crack (ajhn)

Senior 1-Senior 4; 22 minutes; closed captioned

VHS; 1988

McIntyre Media

VTR/HV 5824/.Y68/H37/1988

This video uses individual vignettes to dramatize how the abuse of alcohol, marijuana, cocaine and crack devastates a typical high school class during the four years leading to graduation.

The Harmful effects DIAGRAM poster – Cocaine (aruq)

Grades 5 – Adult

KIT; 199-

Directional Learning

KIT/HV 5810/.C63/2003

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Shows the harmful effects of cocaine listed with colourful diagrams and easy to read descriptions.

Health and drug education GRAPHIC poster – Cocaine (aojm)

Gr. 7-Adult

KIT; 2003

KIT/HV 5810/.C6/2003

Series : Health and Drug Education Poster

Shows the harmful effects of cocaine listed with colourful and graphic diagrams and easy to read descriptions.

High on crack street (auch)

Grades 9 -12

Kinetic

DVD; 2007

DVD/HV 5810/.H5/2007

The program documents the nature of codependent relationships while clearly demonstrating the all consuming nature of addiction. When it comes right down to it nothing else matters. Self respect, family, desires or ambitions all disappear in a puff of crack smoke.

Journals from the inside : a cocaine/crack prevention video (amtb)

Gr. 6-Senior 4; 20 minutes

VHS; 2000

Kinetic

VTR/HV 5824/.Y68/J6/2000

Two teenage journalists shed the myths and learn the tragic truths behind crack and cocaine use. Through interviews with recovering addicts, this video vividly reveals the spectre of a cocaine and crack lifestyle, which often results in chronic health problems, crime, prostitution, gun violence, and death for the user. Teens are presented with a gentle, caring, effective way to help peers and loved ones in the throes of addiction regain their lives.

Solid as a rock (aizd)

Gr. 7-Senior 4, Adult; 28 minutes

VHS; 1986

VTR/HV 5810/.S65/1986

A documentary describing baseball player Tim Lincecum's personal struggle with cocaine abuse and his subsequent recovery.

ECSTASY

Club drugs – dancing with danger (aojh)

Senior 1-Senior 4; 20 minutes

VHS; 2002

Canadian Learning

VTR/RM 316/.C5/2002

Visit the street outside a “rave” where young people explain why adding club drugs to the mix means you’re “dancing with danger”. Listen to recovering users talk about drug-related physical and mental disorders, prison, isolation from friends and family, attempted suicides and murders.

Learn the truth about common club drugs including dangerous substitutes being passed off as “ecstasy”, powerful sedatives like “roofies” (Rohypnol) and GHB used in date rapes and the resurgence of LSD and methamphetamines.

Ecstasy – happiness in a pill? A 48 hours/MTV news report (armc)

Senior 1 – Senior 4; Adult; 45 minutes

DVD; 2004

Films for the Humanities & Sciences

DVD/RM 316/.E3/2004

In a cooperative project with MTV, this edition of 48 hours takes a broad look at the drug ecstasy. Case studies involving a high school student, two college students, and a single mother of three serve as platforms for investigating ecstasy's role as a gateway drug, the spread of potentially lethal copycat drugs and how the controversial group DanceSafe helps ecstasy abusers at raves to tell the difference, law enforcement's crackdown on ecstasy dealers with raids and stiff sentencing, and ecstasy's use as an aid in coping with emotional trauma. Produced by CBS News.

Ecstasy – the e street blues (aojb)

Senior 1-Senior 4; 20 minutes
VHS; 2002
Canadian Learning Company
VTR/RM 316/.E37/2002

See current and former users paint a deadly picture as they talk about isolation, depression, homelessness, jail time and attempted suicide resulting from the use of ecstasy.

Health and drug education GRAPHIC poster – Ecstasy (aojl)

Gr. 7- Adult
KIT; 2003
KIT/RM 316/.E2/2003

Series : Health and Drug Education Poster

Shows the harmful effects of ecstasy listed with colourful and graphic diagrams and easy to read descriptions.

Nothing to rave about : a club drugs prevention video (alwy)

Senior 1-Senior 4; 20 minutes
VHS; 2001
Hazelden
VTR/RM 316/.N6/2001

Increasing numbers of young adults consider club drugs a harmless enhancement to a night of dancing, barhopping, or concert going. In this video, young people ages seventeen through twenty-two describe how they learned the hard way that there is no such thing as a safe or recreational drug.

Party drugs : the in the know series (aqfm)

Sr. 1-Adult
VHS; 200?
Canadian Learning Company
VTR/RM 316/.P4/200?

Series : In the Know

Informs users about the tremendous damage that Ecstasy/MDMA, Methamphetamine, GHB, Rohypnol and Ketamine do to users' lives. Also contains an in-depth look at the frightening trend of "date rape" drug use and provides advice to viewers on protecting themselves.

The program details the social effects, biological functions and short and long term effects of each of these substances, and concludes with the tragic story of a college freshman who has spent the last three years in a coma due to someone "slipping" GHB to her without her knowledge.

Street drugs (ajaf)

Senior 1-Senior 4, Adult; 30 minutes
VHS; 1989
Omega
VTR/HV 5808/.S76/1989

"Street drugs" are any substance bought or sold, used or abused outside a normal doctor/patient relationship. In this film, hosted by Jimmy Smits, viewers will learn how these drugs affect both the brain and body. It covers initial effects, withdrawal, and long-term effects of each drug, and makes the dangers of drug use abundantly clear.

Truth about drugs, The (alof)
Senior 1-Senior 4; 30 minutes
VHS; 2000
Canadian Learning
VTR/HV 5824/.Y68/T7/2000

Explores the lives of several young people who have been forever changed by drug use. It shows the immediate consequences of illegal drugs, and it illustrates in vivid detail how easily a life can be changed or destroyed after one drug use. The effects of heroin, cocaine, Ecstasy and other drugs are discussed, as well as techniques for turning away from risky drug-related situations. **(DISTURBING SCENES)**

What's your poison? Ecstasy : the party drug (alps)
Senior 1-Senior 4; 27 minutes
VHS; 1997
Omega
VTR/RM 316/.E3/1997

Lives lost to this drug have made front-page headlines but that doesn't prevent many from indulging. This episode takes us behind the rave scene and the adverse publicity this drug attracts. The real story about this controversial substance may surprise, particularly as many argue the effects of ecstasy are far less devastating than some drugs that are legal.

HALLUCINOGENS

Hallucinogens & designer drugs (akdt)
Gr. 7-Senior 1; 30 minutes
VHS; 1995
VTR/RM 324.8/.H34/1995

What are they? How do they work? What are the short and long-term effects and dangers? Dr. David Olhms, M.D. answers all of these questions and more. Takes a fresh look and LSD and others gaining popularity.

Hallucinogens : The in the know series (aqfl)
Sr. 1-Adult
VHS; 200?
Canadian Learning Company
VTR/RM 324.8/H35/200?

Series : The In the Know Series

Exciting graphics, expert testimony and four young narrators work together to educate viewers about the real dangers of using the commonly abused hallucinogens LSD, psilocybin/psilocyn mushrooms and mescaline/peyote. Also discussed is phencyclidine (PCP) an anesthetic/hallucinogen/stimulant drug that can lead to psychosis. Describes how these drugs can endanger viewer's lives and make lasting impacts on their mental health. The program details the social effects, biological functions, and short and long term effects of each of these substances.

The Harmful effects DIAGRAM poster – Heroin (artl)

Grades 5 – Adult
KIT; 199-
Directional Learning
KIT/RM 315/.D786/2003

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Shows the harmful effects of heroin listed with colourful diagrams and easy to read descriptions.

Introduction to street drug pharmacology (ahsl)

Adult; 58 minutes
VHS; 1988
Hazelden
VTR/RS 190/.P78/1988

This program expands the professional's knowledge of licit and illicit psychoactive drugs. It explains drug names, including chemical, generic, brand, and street names; defines street jargon; and reviews drug effects and the mechanisms of brain function.

HEROIN

Flipping the world : drugs through a blue lens (alqr)

Senior 1-Senior 4; 30 minutes
VHS; 2000
National Film Board of Canada
VTR/HV 5824/.Y68/F55/2000

A culturally diverse group of seven high school students meets with members of the Odd Squad – Vancouver police officers who, since 1998, have been filming people addicted to drugs. But this is no ordinary school anti-drug presentation. The students talk to the cops, then meet young people who are in recovery, and others still struggling with drug addiction. In the process, their views on drugs and the people who use them undergo important shifts. The students become more understanding and empathetic – and they reveal their own drug experiences. (MATURE THEME)

Health and drug education GRAPHIC poster – Heroin (alek)

Gr. 7-Adult
KIT; 2003
KIT/RM 315/.D78/2003

Series : Health and Drug Education Poster

Shows the harmful effects of heroin listed with colourful and graphic diagrams and easy to read descriptions.

Heroin : losing everything (alsv)

Gr. 7-Senior 1; Two parts, 26 & 29 minutes
VHS; 1998
Marlin Motion Pictures
VTR/HV 5822/.H4/H46/1998

This video, in two parts, uses the experiences of drug users and the information of experts in the substance abuse field, to demonstrate the dangerous, and sometimes deadly, consequences of heroin use. Though its contents are often tragic and unsettling, it is a powerful testimonial for the avoidance of heroin (**COARSE LANGUAGE**)

Heroin : what am I going to do? (akoy)

Senior 1-Senior 4; 30 minutes
VHS; 1997
Kinetic
VTR/HV 5822/.H4/H4/1997

Part 1 : of this video describes the powerful allure of heroin and the using lifestyle, the initial illusion of control over the drug and the inevitable fall into a life of coping and using.

Part 2 : reveals the overwhelming feelings of helplessness and desperation that brought these addicts to treatment. Their matter-of-fact revelations show the way out of heroin addiction as they talk about the need for honesty and surrender to begin recovery, their struggles to stay clean, and the ultimate rewards of a life without drugs.

Nature of things, The : dealing with drugs – new options parts 1&2 (aoqk) (aoqm)

Adult; 2 parts
VHS; 1993
CBC Non Broadcast
VTR/HV 8079/.N378/P.1/1993
VTR/HV 8079/.N378/P.2/1993

This video asks if the escalating “war on drugs” is doing more harm than good. This program examines the drug problems and policies of four major cities, finding inspiring success in the “harm reduction” policies of Amsterdam and Vancouver, and terrible failure in New York, where addicts are jailed, needle exchange is illegal and transmission of disease is rampant. We hear from addicts, physicians, law enforcement officers and politicians, each with their own perspective. This program invites the viewer to suspend all preconceptions, strip off the labels “drug-addict,” and “criminal”, and try to understand that harmful drug use is often a symptom of complex social problems.

Street drugs (ajaf)

Senior 1-Senior 4, Adult; 30 minutes
VHS; 1989
Omega
VTR/HV 5808/.S76/1989

“Street drugs” are any substance bought or sold, used or abused outside a normal doctor/patient relationship. In this film, hosted by Jimmy Smits, viewers will learn how these drugs affect both the brain and body. It covers initial effects, withdrawal, and long-term effects of each drug, and makes the dangers of drug use abundantly clear.

Through a blue lens (alík)

Senior 1-Senior 4, Adult; 52:08 minutes
VHS; 1999
National Film Board
VTR/HV 5824/.H65/T7/1999

Constable Al Arsenault, along with six other policemen, began video-documenting the lives of people on their beat to create a powerful educational tool to help prevent drug use among young people. The result is a gritty documentary that gives addicts a voice to talk openly about who they are, and how they got to the streets. Through their participation on this video, they want to stop others from joining their nightmare. **(WARNING: CONTAINS COARSE LANGUAGE AND GRAPHIC SCENES. PREVIEW BEFORE USE)**

METHAMPHETAMINE

Club drugs – dancing with danger (aojh)

Senior 1-Senior 4; 20 minutes
VHS; 2002
Canadian Learning
VTR/RM 316/.C5/2002

Visit the street outside a “rave” where young people explain why adding club drugs to the mix means you’re “dancing with danger”. Listen to recovering users talk about drug-related physical and mental disorders, prison, isolation from friends and family, attempted suicides and murders.

Learn the truth about common club drugs including dangerous substitutes being passed off as “ecstasy”, powerful sedatives like “roofies” (Rohypnol) and GHB used in date rapes and the resurgence of LSD and methamphetamines.

Dark crystal (astd)

Senior High; Adult; 40 minutes
VHS; 2005
CBC
VTR/HV 5822/.A5/.D37/2005

Exploring the dark experiences of methamphetamine addicts, journalist Gillian Findlay digs into the scarred lives of three young people - a reformed addict with a bright future, a 16-year-old girl struggling in rehab, and a man who cannot let go of the drug. Findlay takes the viewer on a voyage into the shady corners of a small town wracked by crystal meth - cheap, easily produced and coursing through the veins of communities across western Canada. Witness the lengths to which one parent goes to save her daughter and discover a new, controversial rehabilitation technique that’s winning converts.

This production was originally broadcast on The Fifth Estate, Wednesday March 23, 2005 on CBC-TV.

Death by Jib (arup)

Grades 7 – Adult; 19 minutes
VHS; 2005
Peace Arch Community Services
DVD/RM 316/.D4/2005
VTR/RM 316/.D4/2005

This video speaks directly to the hearts and minds of viewers to convey a powerful and emotional message warning teenagers and young adults about the harsh realities of Crystal Meth. This graphic video pulls no punches as teen addicts describe the horror of addiction to Jib. The important message regarding sexual exploitation of youth on Crystal Meth is handled in a straightforward and honest manner.

CONTAINS COARSE LANGUAGE AND DISTURBING SCENES. VIEWER DISCRETION IS ADVISED.

The Downside of uppers with Dr. David Olhms (aobl)

Senior 1-Senior 4; 27 minutes
VHS; 2002
VTR/RM 315/.D6/2002

Using clear language and the latest information on research trends, Dr. David Olhms illustrates the physical and psychological dangers of stimulants, primarily cocaine and methamphetamine. He describes in easy to understand detail how stimulants affect brain cells.

Health and drug education GRAPHIC poster – Methamphetamine (artg)

Senior 1 – Adult
KIT; 2003
Directional Learning
KIT/RM 316/.M4/2003

Series : Health and Drug Education Poster

Shows the harmful effects of methamphetamine listed with colourful diagrams and easy to read descriptions.

**Ice age II : lessons learned from Bay County, Florida : Methamphetamine awareness training
documentary (aucb)**

Adult; 54 minutes
VHS; 2005
Community Anti-Drug Coalitions of America
VTR/HV 5822/.A5/I3/2005

This 1 hour training documentary focuses on how the illegal manufacturing, use, abuse and trafficking of methamphetamine wreaked havoc in this county. Includes first-hand accounts about the dangers of meth from undercover officers, fire-fighters, methamphetamine experts as well has heart-wrenching stories from a former meth addict and from a person whose son committed suicide while high on meth.

Jibb the movie : a film about methamphetamines (arap)

Senior 1 – Senior 4; Adult; 31 minutes
VHS; 2004
Street Spirits Theatre Company
VTR/RM 316/.J5/2004

CAUTION : DISTURBING SCENES

Please preview before showing to groups.

Jibb is a docu-drama addressing methamphetamine use. Useful for youth at high-risk.

Meth : big time drug in small time America vol. 1 (arzd)

Adult; 18:10 minutes
DVD; 2005
Goldpitt Productions
HV 5822/.A5/M4/2005

"Victims" focuses on the lives of several people within a rural community who have been involved with meth.

Meth : big time drug in small time America vol. 2 (arze)

Adult; 25:04 minutes
DVD; 2005
Goldpitt Productions
HV 5822/.A5/M47/2005

"Facing the Addiction" centers on meth treatment success from the viewpoints of a detective and a director of a treatment center. David discusses the effects that meth had on his life.

Meth death : a demon in the land (aste)

Grades 7 – Senior 4; Adult; 31 minutes
VHS; 2000
Kinetic Inc.
VTR/HV 5822/.A5/M4/2000

Interviews Col. Alex Mahon, Director of the Governors Task Force on Methamphetamine. Covers: What is meth, effects of meth use, cycle of abuse pre-cursor elements physical effects, psychological effects,

binge use, high intensity use, tweaking, and information on spotting the dangers of a meth user in the tweaking zone. Meet Becky, a long term meth user struggling to overcome her addiction and come to terms with the damage it has done to her life. Encourages: education, a commitment to responsibility, the hope of recovery, and that time is of the essence.

Meth madness : teenage methamphetamine abuse (astg)

Senior High; 22 minutes
VHS, 2002
Educational Video Network
VTR/HV 5822/.A5/M4/2002

Methamphetamines are potent stimulant drugs that ruin lives. Crystal methamphetamine, also known as 'ICE,' is the newest and most powerful form of speed on America's streets. Understand how methamphetamine damages the human brain and learn about the adverse effects it has on the human body. Illegal meth labs are creating toxic waste sites all over the United States. Become aware of the many dangers that are associated with the production of this drug. Learn the names of organizations that can help young people to fight a methamphetamine addiction.

Meth : our nation's crisis (asen)

Adult
DVD/2006
Hazeldon Educational Materials
DVD/HV 5822/.A5/M4/2006

This two-disk kit contains everything you need to start a comprehensive community campaign against meth. On the DVD are three meth-awareness videos for teens and adults. On the CD you'll find 170 pages of print-ready resources to copy and share community-wide. These include 5 action guides for community leaders, schools, parents, employers, and health care professionals; a 16-page Meth Primer; Campaign Resources with sample press releases, talks, and poster; and a Meth Resource Directory. These reproducible resources teach the facts about meth, expose the myths and inspire action.

Meth . . . the great deceiver (aleo)

Senior 1-Senior 4; 15 minutes
VHS; 1998
California Department of Justice
VTR/RM 316/.M47/1998

Developed for a teen audience, this video delivers startling facts and compelling, true-life stories of the violence and destruction that follow in the wake of using this drug. Youth are urged to take personal responsibility. They learn that whatever they call this drug – crank, speed, ice, or crystal – it is a liar and a cheat. Meth is the Great Deceiver.

Meth : what's cooking In your neighborhood (auca)

Adult; 26 minutes
VHS; 2007
SAMHSA's NCADI Video Resource Program
VTR/HV 5822/.A5/M48/200-

Talks about what meth is and where it comes from, what the effects are, who uses meth, what the impact is on others, what can be done, who can do it and where to get more information.

Methamphetamine & other stimulants (asth)

Grades 7 – Senior 4; Adult; 23 minutes
VHS; 2004
Schlessinger Media
VTR/HV 5822/.A5/M4/2004

What are stimulants? Where do drugs like methamphetamine come from? And what happens to the body and mind of someone who abuses them? This compelling video answers these questions and more with first-person accounts from young addicts and leading experts. Students get an in-depth look at the effects stimulants have on the body, while examining the deadly consequences of methamphetamine use. Physical dependence and tolerance are discussed along with the harsh facts about withdrawal and the long-term effects of drug use.

Methamphetamine : deciding to live (atiz)

Senior High; 38 minutes
VHS; 2006
Hazeldon Educational Materials
VTR/HV 5822/.A5/M48/1998

Through documentary-style interviews with recovering addicts, treatment professionals, and physicians, this video reveals the devastating consequences of methamphetamine addiction and the struggles and rewards of recovery.

Part 1 begins with a pharmacological explanation of methamphetamine's effect on brain chemistry. Firsthand accounts from recovering addicts reveal how methamphetamine affects behavior, emotions, cognitive functions, relationships, and the body.

METHAMPHETAMINE IDENTIFICATION KIT (auqa)

Kit; 2007
Kinetic
KIT/HV 5822/.A5/M4/2007

STAFF ONLY

Featuring hand-painted, 3-D replicas of methamphetamine paraphernalia under a plexiglas cover. This display teaches viewers how to identify signs of methamphetamine use. The kit describes the different forms of methamphetamine, how it is used, warning signs of methamphetamine use, why it is so dangerous and the physical effects on the body.

Methamphetamine : neurochemistry & recovery (asap)

Senior 1-Sr. 4, Adult; 31 minutes
VHS; 2006
C.N.S. Productions
DVD/HV 5822/.A5/M48/2006

Examines the way methamphetamine changes the brain both chemically & structurally. The video also explains how these changes interfere with the recovery process and what a person seeking recovery can do to improve their situation.

Methamphetamine : new knowledge, new treatments (aspy)

Adult; DVD; 1:04 minutes
DVD; 2006
Hazeldon Educational Materials
DVD/HV 5822/.A5/M484/2006

Provides convincing information to debunk the myth of methamphetamine addicts as being hopeless and untreatable. Richard A. Rawson, Ph.D., who is a world-renowned methamphetamine researcher and associate director of the UCLA Integrated Substance Abuse Programs, shares his extensive knowledge about meth, modes of effective treatment, and the unique struggles that meth addicts encounter in treatment. In this video workshop, Rawson will help you:

- learn more about meth, its history, and why it is such a distressing epidemic
- discover the devastating physical and psychological effects of meth use
- explore research that proves meth's destruction on the human brain

- meet clinical challenges in treating meth addicts
- learn how and why treatment for meth addicts works

Methamphetamine : the crystal cage (aqwj)

Grades 7 – Senior 4; 30 minutes
VHS; 1998
Marlin Motion Pictures Ltd.
VTR/RM 316/.M474/1998

This video educates kids on what “crystal meth” is, its dangers, and why it is a dead-end street. Kids who have been to the depths of meth addiction tell about the transition from casual use to addiction and onward, either to death or to recovery. Interviews with a clinical expert give psychological explanations to the young addicts’ stories. Computer-generated animation explains in detail what happens to the body and mind as a result of methamphetamine use.

Methamphetamine : the hard facts (atja)

Grades 9 - 12; Adult; 19 minutes
KIT; 2003
McIntyre Media Limited
KIT/HV/5822/.A5/M48/2003

This video and the resource book provides students with simple, straight-forward information about methamphetamine. Provides information to make fact-based choices about drugs and their lives.

Methamphetamine : the rush to crash (akpc)

Senior 1 – Senior 4; Adult; 28 minutes
VHS; 1997
Kinetic
DVD/RM 316/.M4/1997
VTR/RM 316/.M4/1997

This program utilizes animation, live action and interviews with users and drug experts to help give a comprehensive look at the mental and physical effects of amphetamines and methamphetamines.

Methamphetamine : under the ice (astf)

Grades 7 – Senior 4; Adult; 16 minutes
VHS; 1997
Syndistar Inc.
VTR/HV 5822/.A5/M48/1997

This video uses a direct, matter-of-fact style coupled with engaging computer graphics to explore the current state of Crystal Meth use in the country.

A narrator explains to teens the dangers of using Methamphetamine. Viewers are shown how and where Meth is made. Some chemicals used in this drug are poisonous and can burn the users esophagus. The effects of using this substance are shown, from high blood pressure, to decreased appetite, to death and everything in between. Also depicted is the addictive nature of the drug and its withdrawal symptoms.

Myths about meth and some straight talk (alsk)

Senior 1-Senior 4; 10 minutes
VHS; 1998
VTR/RM 316/.M87/1998

Featuring Dr. Alex Garza, from the Truman Medical Centre in Kansas City, MI, this video answers questions such as: what is Meth? What are the short and long-term effects on Meth on the body? Also discusses women’s issues such as dieting and effects on the fetus.

Ruined lives : the dangers of methamphetamine (aqfq)

Sr. 1-Adult; 34 minutes
VHS; 200?
Canadian Learning Company
VTR/RM 316/.R8/200?

This program includes the dramatic story of a young woman who tries "meth" for the first time, and the tragic, life-altering consequences of that act. Interviews with individuals whose lives have been affected by methamphetamine abuse, lend a peer group reality to the program.

Running on empty : teens and meth (aogv)

Senior 1-Senior 4; 23 minutes
VHS; 2003
Canadian Learning Company
VTR/HV 5824.Y68/R8/2003

Explains what meth is and how it becomes addictive. Jamie, a young woman, explains in detail how she became involved with meth and how it made her lose out on a big portion of her life.

Science of methamphetamine, The (arwm)

Adult; 30 minutes
DVD; 2005
Hazelden Educational Materials
DVD/RM 316/.S3/2005

This DVD aims to educate the viewer about the drug methamphetamine, its effect on the brain and the body, and the tools and methods for structuring an individual's recovery. The DVD helps the recovering person to better understand the physical and psychological affects of methamphetamine dependence and how to maintain a clean-and-sober lifestyle.

Tweaked : Part 1 (arqk)

Adult; 20 minutes long
VHS; 2000
Escapemeth.com
VTR/RM 316/.T8/200/Part 1

CONTAINS GRAPHIC CONTENT. VIEWER DISCRETION IS ADVISED. NOT RECOMMENDED FOR YOUNGER VIEWERS.

A shocking and hard to watch film designed to expose the truth about Methamphetamine. The video closely examines the allure, popularity and destructive influence of Methamphetamine in the lives of several youth. It presents the hopeless road to death and destruction that comes with Meth abuse. Designed for the rehab center, it's a "Scared Straight" presentation which delivers a wake up call to the addict or potential user; "there is little room for escape".

Tweaked : Part 2 (arql)

Adult; 50 minutes long
VHS; 2000
Escapemeth.com
VTR/RM 316/.T8/200/Part 2

CONTAINS GRAPHIC CONTENT. VIEWER DISCRETION IS ADVISED. NOT RECOMMENDED FOR YOUNGER VIEWERS.

A shocking and hard to watch film designed to expose the truth about Methamphetamine. The video closely examines the allure, popularity and destructive influence of Methamphetamine in the lives of several youth. It includes all of the graphic sequences in part one plus a family of four girls who recovered from meth

addiction. Both shows weave through intense and graphic interviews with: kids on the street in Venice Beach, California, a street wise narcotics officer, a drug abuse counselor, and two D.A.'s who reveal the grizzly aftermath of meth-induced crimes typical of those sweeping the country.

What's wrong with methamphetamine (arqx)

Senior 1 – Adult; 28 minutes
VHS; 2005
Canadian Learning Company
DVD/RM 316/.W4/2005
VTR/RM 316/.W4/2005

The nightmare of methamphetamine abuse comes through “crystal” clear, as a former addict tells of the serious physical, emotional and social consequences he suffered from using the drugs. Medical and law enforcement personnel graphically outline the future of the “crystal” abuser – a downward spiral that can include irreversible brain damage, a criminal lifestyle and prison.

STEROIDS

Downfall : sports and drugs (alli)

Senior 1-Senior 4; 19 minutes
VHS; 1999
Medical Audio Visual
VTR/RC 1230/.D6/1999

Most athletes are not substance abusers. However some are tempted to use steroids in hopes of improved performance. But the results are often tragic. This video has young athletes telling it like it is – a potent message to other athletes who may be thinking of using.

The Harmful effects DIAGRAM poster – Steroids (artf)

Grades 5 – Adult
KIT; 199-
Directional Learning
KIT/RC 1230/.S78/2003

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Shows the harmful effects of steroids listed with colourful diagrams and easy to read descriptions.

Health and drug education GRAPHIC poster – Steroids (ajojo)

Gr. 7 – Adult
VHS; 2003
KIT/RC 1230/ .S7/2003

Series : Health and Drug Education Poster

Shows the harmful effects of steroids listed with colourful and graphic diagrams and easy to read descriptions.

Steroid trap, The : turning winners into losers (ajaa)

Senior 1-Senior 4; Consists of 3 parts, total length 37 minutes
VHS; 1990
McIntyre Media
VTR/RC 1230/.S74/1990/v.1

Part 1: A group of teenagers talk with their coach about steroids, discuss the reasons behind the use of steroids and offer opinions on various alternatives to building self-esteem and looking good without the use of drugs.

Part 2: Explores in depth how steroids work and the mechanisms of action of steroids on the body. The possible dangerous effects of taking these drugs are presented. Both short-term and long-term effects are discussed.

(ajab) VTR/RC1230/.S74/1990/v.2

Part 3: This segment consists of interviews with three professional athletes, two of whom have used steroids and suffered ill effects. The third, a handicapped Olympic winner, has not used steroids. He closes the program with a discussion of winning clean and the rewards of his accomplishments.

MISCELLANEOUS

Addicted brain, The (armb)

Senior 1 – Senior 4; Adult; 26 minutes

DVD; 2003

Films for the Humanities & Sciences

DVD/QP 356/.A3/2003

This documentary takes viewers on a tour of the world's most prolific manufacturer and user of drugs – the human brain. The bio-chemistry of the brain is responsible for joggers' highs, for the compulsion of some people to seek thrills, for certain kinds of obsessive-compulsive behavior, even for the drive to achieve power and dominance. The program explores developments in the biochemistry of addiction and addictive behavior.

Addicted to oxycontin : a 48 hours/MTV report (armg)

Adult; 45 minutes

DVD; 2004

Films for the Humanities & Sciences

DVD/RM 156/.A3/2004

In a joint investigation with MTV, this 48 hours broadcast focuses on Troy Swett, a young man who, ashamed of his \$300 – a day habit, confessed his addiction and underwent rapid detox at the Waismann Institute. The program also reports on 13-year old Shauna Ulman, who, after taking what she thought was ecstasy, died of an overdose; it debates whether OxyContin is addictive when used as prescribed; and it tracks the rise in theft of OxyContin from pharmacies and patients. Some content may be objectionable.

All about drugs (amgj)

Gr. K-2: Kit includes 17 minute video, guide

KIT; 1999

Sunburst

KIT/HV 5824/.C45/A55/1999

Gives the youngest students the facts about drugs and medicines they need to know. Helps them understand that staying healthy means taking care of your body and only using drugs that are prescribed for you. Emphasizes that while drugs and medicines can be very helpful, they can also be dangerous, especially for children.

Club drugs – dancing with danger (aojh)

Senior 1-Senior 4; 20 minutes

VHS; 2002

Canadian Learning

VTR/RM 316/.C5/2002

Visit the street outside a “rave” where young people explain why adding club drugs to the mix means you’re “dancing with danger”. Listen to recovering users talk about drug-related physical and mental disorders, prison, isolation from friends and family, attempted suicides and murders.

Learn the truth about common club drugs including dangerous substitutes being passed off as “ecstasy”, powerful sedatives like “roofies” (Rohypnol) and GHB used in date rapes and the resurgence of LSD and methamphetamines.

THE DOCTOR IS IN SERIES

The Doctor is in : addictions and mental illness (akgd)

Adult; 28 minutes
VHS; 1994
VTR/RC 564.68/.D63/1994

These two disorders often go hand-in-hand and health professionals now recognize that treatment needs to be different. The video profiles two people – one with manic depression and alcoholism, the other with schizophrenia and alcoholism.

The Doctor is in : attention deficit disorder : children (alim)

Adult; 29 minutes
VHS; 199-
VTR/RJ 506/.H9/D6/199-

Now diagnosed in about 35% of children, this disorder causes impulsivity and easy distractibility. This video follows children at home and school, on and off medication, and explains treatment options.

The Doctor is in : over the counter drugs (alau)

Adult; 25 minutes
VHS; 1990
VTR/RM 301/.D6/1990

Explains how to protect yourself from dangerous combinations, complications, and protect vulnerable groups like children and the elderly.

The Doctor is in : pregnancy (aleq)

Adult; 28 minutes
VHS; 199-
VTR/RG 627.6/.D79/D6/199-

A look at how neonates develop. Discusses the impact of what pregnant women eat and drink. FAS is vividly described and new research on how fathers’ exposure to toxic substances can harm fetuses is also discussed.

The Doctor is in : stress (alep)

Adult; 25 minutes
VHS; 199-
VTR/BF 575/.S75/D6/199-

A look at how stress can work for/against you, with explanations of how techniques like relaxation training/ biofeedback can help. Program for children is highlighted that shows techniques taught in elementary school.

The Downside of uppers with Dr. David Olhms (aobl)

Senior 1-Senior 4; 27 minutes
VHS; 2002
VTR/RM 315/.D6/2002

Using clear language and the latest information on research trends, Dr. David Olhms illustrates the physical and psychological dangers of stimulants, primarily cocaine and methamphetamine. He describes in easy to understand detail how stimulants affect brain cells.

Drug abuse : symptoms of dependency (ajfo)

Adult; 23 minutes
VHS; 1991
Canadian Living
VTR/RC 564/.D78/1991

Mariette Hartley hosts the program and introduces vignettes that illustrate symptoms drug abusers may manifest indicating they are becoming dependent on their drug of choice.

Drugs and alcohol – Part 1 (ajvc)

Senior 1-Senior 4; 30 minutes
VHS; 1988
Canadian Learning Company
VTR/HV 5824/.Y68/D78/1988/v.1

Drugs and alcohol – Part 2 (ajvb)

Senior 1-Senior 4; 30 minutes
VHS; 1988
Canadian Learning Company
VTR/HV 5824/.Y68/D78/1988/v.2

Series : The power of choice

Featuring Michael Pritchard who teaches young people that they are responsible for the choices they make and that they owe it to themselves and the people they care about to choose the best. Also deals with alternatives to using drugs and alcohol.

Drugs : how they affect body chemistry (ajga)

Senior 1- Senior 4; 22 minutes
VHS; 1989
Canadian Learning Company
VTR/RM 300/.D78/1989

A physiological study of how drugs – from aspirin to cocaine – move throughout the body's system. Includes information about unwanted side effects and how drugs can become physically addictive.

Drugs : tough questions, straight answers (anit)

Ages 8-10; 19 minutes
VHS; 2002
Omega
VTR/HV 5824/.Y68/D7/2002

"If cigarettes are so bad for you, how come they sell them?" If alcohol's so dangerous, how come my parents and their friends drink?" This program features 2 youngsters who ask a counsellor "tough" questions.

Flipping the world : drugs through a blue lens (alqr)

Senior 1-Senior 4; 30 minutes
VHS; 2000
National Film Board of Canada
VTR/HV 5824/.Y68/F55/2000

A culturally diverse group of seven high school students meets with members of the Odd Squad – Vancouver police officers who, since 1998, have been filming people addicted to drugs. But this is no ordinary school anti-drug presentation. The students talk to the cops, then meet young people who are in recovery, and others still struggling with drug addiction. In the process, their views on drugs and the people who use them undergo important shifts. The students become more understanding and empathetic – and they reveal their own drug experiences. (MATURE THEME)

Hard facts about drugs : alcohol, marijuana, cocaine and crack (ajhn)

Senior 1-Senior 4; 22 minutes; closed captioned
VHS; 1988
McIntyre Media
VTR/HV 5824/.Y68/H37/1988

This video uses individual vignettes to dramatize how the abuse of alcohol, marijuana, cocaine and crack devastates a typical high school class during the four years leading to graduation.

Innocent addictions, The (ajii)

Senior 1-Senior 4, Adult; 2 parts
VHS; 1982
Sunburst
VTR/RC 552/.O25/I55/1982

Part 1: Foods – 14 minutes

Identifies specific health problems associated with over consumption of junk foods, which often contain two potentially health threatening ingredients, sugar and salt.

Part 2: Over-the counter drugs – 14 minutes

Program stresses that while these preparations are usually safe when used as directed, misuse and abuse can lead to getting hooked with serious health consequences.

Introduction to street drug pharmacology (ahsi)

Adult; 58 minutes
VHS; 1988
Hazelden
VTR/RS 190/.P78/1988

This program expands the professional's knowledge of licit and illicit psychoactive drugs. It explains drug names, including chemical, generic, brand, and street names; defines street jargon; and reviews drug effects and the mechanisms of brain function.

Matter of balance, A (aity)

Senior 1-Senior 4, Adult; 23 minutes
VHS; 1987
Kinetic
VTR/RS 190/.P78/M37/1987

Illustrates how the complex chemical balance between mind and body is sometimes strained beyond repair by the effects of psychoactive drugs on the central nervous system and other vital organs. Alternatives to drugs, such as the natural highs derived from athletic, intellectual, or spiritual pursuits are suggested.

McGruff's kids files : drugs (armj)

Grade 4-6; 16 minutes
DVD; 2003
Sunburst Communications
DVD/HV 5824/.Y68/M3/2003

McGruff, the Crime Dog, and his teenage friend, Jason, let students in on the truth about drugs – their addictive properties and the damage they can do to a person's body and mind. The program gives an overview of various classes of drugs and their harmful effects, including : marijuana, inhalants, stimulants, opiates, club drugs and designer drugs.

Medicine, drugs and you (aiub)

Gr. 1-6; 12 minutes
VHS; 1983
BFA Educational Media
VTR/RM 147/.M43/1983

This film will serve as a basic primer on safe, intelligent use of substances, which may help, or harm, depending on our awareness and attitude.

Mr. Finley's pharmacy (aiuf)

Gr. 4-6; 12 minutes
VHS; 1982
Kinetic
VTR/RM 147/.M47/1982

In this puppet production, a young girl has been assigned to find out about drug use for her school newspaper. She decides to interview her local pharmacist, Mr. Finley. While she is conducting the interview, several young people come to the pharmacy to get their prescriptions filled. Mr. Finley gives his advice on how to use the drugs properly and wisely. (Also available in French – “La pharmacie de Monsieur Tremblay”)

National drug test, The (aivc)

Senior 1-Senior 4; 47 minutes
VHS; 1989
CTV Program Sales
VTRHV 5808.5/.N37/1989

Consists of a series of scenarios and questions designed to encourage discussion on the issue of alcohol and other drugs. (Also available in French – “Question de Drogue”)

Nature of things, The : dealing with drugs – new options parts 1&2 (aoqk) (aoqm)

Adult; 2 parts
VHS; 1993
CBC Non Broadcast
VTR/HV 8079/.N378/P.1/1993
VTR/HV 8079/.N378/P.2/1993

This video asks if the escalating “war on drugs” is doing more harm than good. This program examines the drug problems and policies of four major cities, finding inspiring success in the “harm reduction” policies of Amsterdam and Vancouver, and terrible failure in New York, where addicts are jailed, needle exchange is illegal and transmission of disease is rampant. We hear from addicts, physicians, law enforcement officers and politicians, each with their own perspective. This program invites the viewer to suspend all preconceptions, strip off the labels “drug-addict,” and “criminal”, and try to understand that harmful drug use is often a symptom of complex social problems.

No quick fix (alqs)

Adult; 52 minutes

VHS; 1999

National Film Board

VTR/HQ 799.15/.N6/1999

A revealing portrait of two young addicts, their life in the street and their despairing parents who find themselves powerless to save their children from the habit that is consuming them. Cathy's and Laurent's parents live in a permanent state of bewildered anxiety and guilt. How can they avoid being totally destroyed by grief? How do they manage to carry on with their lives, in spite of everything? And how do they deal with a system that views them with suspicion? The film hopes to alleviate and identify some of the enormous pain endured by parents coping with an addicted child. **(MATURE THEME)**

Nothing to rave about : a club drugs prevention video (alwy)

Senior 1-Senior 4; 20 minutes

VHS; 2001

Hazelden

VTR/RM 316/.N6/2001

Increasing numbers of young adults consider club drugs a harmless enhancement to a night of dancing, barhopping, or concert going. In this video, young people ages seventeen through twenty-two describe how they learned the hard way that there is no such thing as a safe or recreational drug.

Open flame (aivy)

Gr. 7-Senior 2; 30 minutes

VHS; 1989

VTR/HV 5824/.Y68/O64/1989

This program was produced, written and acted in by a Grade 13 class specifically for presentation to pre and early teens, to provide them with much needed information on drugs.

Party drugs : the in the know series (aqfm)

Sr. 1-Adult

VHS; 200?

Canadian Learning Company

VTR/RM 316/.P4/200?

Series : In the Know

Informs users about the tremendous damage that Ecstasy/MDMA, Methamphetamine, GHB, Rohypnol and Ketamine do to users' lives. Also contains an in-depth look at the frightening trend of "date rape" drug use and provides advice to viewers on protecting themselves.

The program details the social effects, biological functions and short and long term effects of each of these substances, and concludes with the tragic story of a college freshman who has spent the last three years in a coma due to someone "slipping" GHB to her without her knowledge.

Prevention television : alcohol and other drug prevention for grades 3 – 5 (arqj)

Grades 2- 6; 15 minutes

VHS; 2005

Hazelden

VTR/HV 5824/.C45/2005

Equips elementary students with the age-appropriate information they need to make healthy choices, including : what alcohol and other drugs do to a young person's body and brain, how friends can protect each other, and why it's important to talk with parents or other adults about alcohol and other drugs.

Includes a facilitator's guide containing background information, a session outline and a reproducible parent newsletter.

Psychoactive prescription drugs and human physiology (aixg)

Adult; 18 minutes

VHS; 1991

Canadian Learning

VTR/RM 146/.P78/1991

Illustrates why it's necessary to use extreme caution when taking prescription narcotics, and explains the harmful and potentially life threatening effects the drugs can cause if abused. A physician narrator describes psychoactive drugs, tells why they are given, and how they work in the body.

Rape drug, The : a new menace (akxq)

Adult; 26 minutes

VHS; 1997

Kinetic

VTR/RM 333/.R36/1997

This program examines the growing use of the drug Rohypnol to sedate women in order to take sexual advantage of them on dates. It follows two such cases through interviews with victims and their attorneys. The drug, both odourless and flavourless, can be mixed with alcohol and renders the victim easy prey for her attacker. Available in 64 countries, the drug also leaves its victim with complete or partial amnesia, making prosecution of offenders nearly impossible.

REAL PEOPLE SERIES

Real people : talking about alcohol (almh)

Gr. 5-Senior 1; 12 minutes

VHS; 1999

VTR/HV 5824/.Y68/1999

Discusses the reasons people drink and the greater vulnerability of young people to alcohol and alcohol addiction as compared to adults. Stresses the physical harm to young bodies that alcohol poses, the risk young drinkers take that they might end up having unwanted sex, an STD, a pregnancy or other accident, the danger of alcohol poisoning from drinking games.

Real people : talking about tobacco (almi)

Gr. 5-Senior 1; 10:24 minutes

VHS; 1999

VTR/HV 5824/.Y68/R4/1999

Alerts viewers to the ease with which a tobacco addiction develops, examines why kids take up smoking, underscores how hard the habit is to break. Cites the harm tobacco – cigarettes, cigars, pipes, chewing tobacco – causes to mouth heart, throat and lungs.

Real people : talking about marijuana and other drugs (almj)

Gr. 5-Senior 1; 10:30 minutes

VHS; 1999

VTR/HV 5824/.Y68/R4/1999

Discusses the appeal of marijuana, acid, inhalants, whip-its, and steroids, outlines the dangers of each: the effects of pot on social and emotional life, how hallucinogens can cause paranoia, why use of inhalants or whip-its can lead to brain damage and even death.

Real true & false about alcohol, marijuana & inhalants, The (arqz)

Grades 6 – Senior 4; 15 minutes

VHS; 200?

Canadian Learning Company

VTR/HV 5824/.Y68/R4358/200?

The impression many middle school students have about drugs is that "everybody does it". That misinformation may influence students to take their first step through the gateway provided by alcohol, marijuana or inhalants. Hosted by a multi-ethnic group of high school students, this engaging, fact-filled program uses a lively "pop quiz" to hear that the social norm for the vast majority of teens is that when it comes to alcohol and other drugs, they "don't need 'em, don't want 'em, and don't use 'em.

Real true & false about drugs, The (arqy)

Grades 6 – Senior 4; 17 minutes

VHS; 200?

Canadian Learning Company

VTR/HV 5824/.Y68/R435/200?

With high school students as their guides, middle schoolers gain a better understanding of the truth and the myths surrounding these lethal drugs. The program exposes serious consequences of using club drugs, prescription drugs and street drugs such as cocaine and heroin. Drug-free high school students, medical and law enforcement experts, add their insight and support for choosing a lifestyle that doesn't include drugs. Presented in an engaging way, the social norms message comes through loud and clear: the vast majority of teens don't use drugs – not now, not ever.

Roots of addiction, The

Adult; Part 1 – 55 minutes, Part 2 – 58 minutes

VHS; 1990

Edgehill Publications

(aixu)

VTR/HV 5045/.R66/1990/v.1

Part 1: Dr. John Wallace, a leading exponent of the disease model of alcoholism, examines the biopsychosocial nature of the disease.

(aixv)

VTR/HV 5045/.R66/1990/v.2

Part 2: Dr. Wallace discusses genetics and other key components of addiction.

Street drugs (ajaf)

Senior 1-Senior 4, Adult; 30 minutes

VHS; 1989

Omega

VTR/HV 5808/.S76/1989

"Street drugs" are any substance bought or sold, used or abused outside a normal doctor/patient relationship. In this film, hosted by Jimmy Smits, viewers will learn how these drugs affect both the brain and body. It covers initial effects, withdrawal, and long-term effects of each drug, and makes the dangers of drug use abundantly clear.

Through a blue lens (aljk)

Senior 1-Senior 4, Adult; 52:08 minutes

VHS; 1999

National Film Board

VTR/HV 5824/.H65/T7/1999

Constable Al Arsenault, along with six other policemen, began video-documenting the lives of people on their beat to create a powerful educational tool to help prevent drug use among young people. The result is a gritty documentary that gives addicts a voice to talk openly about who they are, and how they got to the streets. Through their participation on this video, they want to stop others from joining their nightmare.

(WARNING: CONTAINS COARSE LANGUAGE AND GRAPHIC SCENES. PREVIEW BEFORE USE)

Truth about drugs, The (alof)

Senior 1-Senior 4; 30 minutes

VHS; 2000

Canadian Learning

VTR/HV 5824/.Y68/T7/2000

Explores the lives of several young people who have been forever changed by drug use. It shows the immediate consequences of illegal drugs, and it illustrates in vivid detail how easily a life can be changed or destroyed after one drug use. The effects of heroin, cocaine, Ecstasy and other drugs are discussed, as well as techniques for turning away from risky drug-related situations. **(DISTURBING SCENES)**

What is your drug IQ? (aobn)

Grades 6-Senior 4; 17 minutes

VHS; 2002

VTR/HV 5808.5/.W8/2002

Two young narrators lead audiences through a series of true/false questions that test their knowledge on alcohol, marijuana, LSD, cocaine, heroin and inhalants. Rumours and half-truths surrounding each drug are quickly dispelled as viewers learn the facts.

Starting with alcohol, and followed by the other drugs of abuse, viewers are challenged with seldom-asked questions. Along with the questions posed in each drug section, viewers also increase their knowledge of the social effects of drug abuse.