

ADDICTIONS FOUNDATION OF MANITOBA

AUDIOVISUAL RESOURCES

SUBJECT HEADINGS

DUAL DISORDERS

Cross addiction : the back door to relapse (amig)

Adult; 40 minutes, Closed Captioned

VHS; 1999

Hazelden

VTR/RC 564/.C7/1999

Cross addiction is the single greatest relapse factor. Those who seek treatment generally have an honest desire to remain abstinent from alcohol or another drug of choice. Yet most can also name a drug they've tried that they consider "safe" for themselves, one they believe they can control. Firsthand testimony from recovering alcoholics and addicts, chemical dependency professionals, and a medical doctor dispel the myth that there is any such thing as a "safe" substance for people in recovery.