

# ADDICTIONS FOUNDATION OF MANITOBA

## AUDIOVISUAL RESOURCES

### SUBJECT HEADINGS

#### EDUCATION

**Addicted brain, The** (armb)

Senior 1 – Senior 4; Adult; 26 minutes  
DVD; 2003  
Films for the Humanities & Sciences  
DVD/QP 356/.A3/2003

This documentary takes viewers on a tour of the world's most prolific manufacturer and user of drugs – the human brain. The bio-chemistry of the brain is responsible for joggers' highs, for the compulsion of some people to seek thrills, for certain kinds of obsessive-compulsive behavior, even for the drive to achieve power and dominance. The program explores developments in the biochemistry of addiction and addictive behavior.

**Alcoholism and the physician** (aiws)

Adult; 80 minutes  
VHS; 1981  
Hazelden  
VTR/HV 5142/.A42/1981

Tape consists of four teaching films: "Attitudes", "Early Diagnosis", "Confirming the Diagnosis/Initiating Treatment", and "The Physician's Role in Rehabilitation", and was developed to assist in preparing physicians – both in training or active in clinical practice – to more comfortably and effectively deal with alcohol problems and alcohol use among their patients.

**Animated neuroscience and the action of nicotine, cocaine, and marijuana in the brain** (armh)

Senior 1 – Senior 4; Adult; 24 minutes  
DVD; 2000  
Films for the Humanities & Sciences  
DVD/QP 376/.A5/2000



Using sophisticated 3-D animation, this program, divided into two parts, takes viewers on a journey deep into the brain to study the effects of the three substances.

The first part illustrates the major functions of the brain and shows how its principal cells, the neurons, communicate with each other through electrical and chemical signals.

In the second part, animated molecules of nicotine, cocaine, and marijuana travel a route from the external of these drugs, and how each drug interacts with them and subsequently affects the body. Images of actual neurons used in the animations create a realistic effect that helps viewers understand the concepts presented. The DVD comes complete with a Teacher's Guide that includes suggested presentation methods and an assessment activity.

**Be a prevention player : a resource for inhalant abuse prevention education** (akgc)

Gr. 4-7; Kit includes a 4:30 minute video, BAPPKids comic book, and a guide/workbook  
KIT; 1997  
KIT/HV 5822/.S65/B43/1997

Dealing with inhalant abuse is a huge challenge. Treatment programs for chronic or long-term abusers are generally expensive and much less successful than programs for other drug problems. Many researchers believe that prevention, started in the early school years, is the best way to deal with the problem. "Be a Prevention Player" was developed with this strategy in mind.

**Car time : 1-2-3-4 safe seating in the kid zone (alae)**

Adult; 23 minutes

VHS; 1999

VTR/HV 675.72/.C3/1999

Shows how to keep children of all ages safer in vehicles – and includes a special segment designed for children ages 8 – 12. Uses four stand-alone segments to explain the four stages of vehicle safety for kids.

**Developing capable people (ajkf)**

Adult

Kit includes 3 videotapes for 8 sessions of

viewing, one audiotape and a leader's manual: 1989

KIT/BF 637/.S4/D48/1994

This program is predicated upon the belief that children and adults have inherent value and worth and that all people should be treated with dignity and respect. It will provide a solid foundation upon which adults can begin to help develop children into capable, responsible and healthy young people. Narrated by H. Stephen Glenn.

**Developing capable young people (ajix)**

Adult; 53 minutes

VHS; 1987

VTR/BF 723/.P25/D48/1987

A lecture film by Dr. H. Stephen Glenn. Would benefit educators, parents and other professionals who are working closely with adolescents.

**Drive alive : a new look at drinking and driving and teens (ajki)**

Senior 1-Senior 4; 18 minutes Kit includes video, "Making a Difference", and teacher's resource guide.

KIT; 1988

KIT/HE 5620/.D7/D57/1988

The teen program is divided into five sections. Each section can be used on its own or in combination with any other section. The resource guide for parent groups is composed of lecture material and a discussion guide. The key issues involved are understanding the motivations and circumstances that affect teens' discussions regarding drinking and driving. The videotape portrays the activities that various Alberta teen groups have undertaken in response to the drinking and driving issue.

**Educate : creating inhalant abuse awareness together (akwu)**

Adult; 15 minutes

VHS; 1998

NCADI

VTR/HV5822/.S65/E38/1988

Education is the key to preventing a child's deadly mistake. Educate yourself. Educate your kids. Talk to your children about the dangers of inhalant abuse. Be alert for symptoms of inhalant abuse. If you suspect there is a problem, you should consider seeking professional help.

**FATHER MARTIN SERIES**

**Alcohol (ambk)**

Senior 1-Senior 4, Adult; 16:56 minutes

VHS; 1988

VTR/HV 5045/.A53/1988

Series : Father Martin

Father Joseph Martin discusses what alcohol is and what it does.

**School personnel : opportunity to influence (ajwe)**

Senior 1-Senior 4, Adult; 19 minutes  
VHS; 1988  
VTR/HV 5808/.S34/1988

Series : Father Martin

School staff members have the perfect opportunity to educate on the dangers of chemical addiction. This video will help school personnel sort out their rights and responsibilities. A Father Martin video.

**Silence condones (ajwf)**

Senior 1-Senior 4, Adult; 19 minutes  
VHS; 1988  
VTR/HQ 755.5/.S5/1988

Series : Father Martin

Father Martin tells parents that they shouldn't be afraid of their children – speak up.

**Students, parents and school personnel – the right triangle (ajwh)**

Senior 1-Senior 4, Adult; 57 minutes  
VHS; 1988  
VTR/HV 5808/.S7/1988

Series : Father Martin

Father Martin suggests that all must cooperate to create a drug-free lifestyle in our society.

**Values (ajwd)**

Senior 1-Senior 4, Adult; 57 minutes  
VHS; 1988  
VTR/BF 724.5/.V3/1988

Series : Father Martin

Some principles to live by – alternatives to alcohol, drugs, etc.

## FETAL ALCOHOL SYNDROME SERIES

**Fetal alcohol syndrome & effects : what's the difference?**

Adult; 23 minutes  
VHS; 1991  
VTR/RG 629/.F45/F47/1991/v.1

This program looks at the physiological effects of FAS and FAE as well as the behavioural problems that can arise. Ann, a mother who abused alcohol during pregnancy, speaks candidly about her guilt. A clinical psychologist discusses the permanent damage that alcohol can do, including learning disorders, speech and hearing problems, heart problems and damage to the central nervous system.

**Training tape for living with FAS & FAE : the early years, birth through age 12 (aklb)**

Adult; 32 minutes  
VHS; 1991  
VTR/RG 629/.F47/1991/v.2

This program focuses on the effects of FAS and FAE on a person's early years, birth through age 12. From soothing techniques for the fussy baby to positive behavioural programming for the preadolescent, this program offers encouragement for those living with FAS or FAE.

**Training tape for living with FAS & FAE : independence, ages 12 through adult (aklc)**

Adult; 32 minutes  
VHS; 1991  
VTR/RG 629/.F47/1991/v.3

Adolescence is a difficult time for anyone, but for those living with FAS and FAE, the problems can be almost overwhelming. Issues of early diagnosis, implementing specialized programs within existing budgets, and focusing on social and adaptive living skills are presented in clear, easy to follow steps.

**Functional curriculum for the dysfunctional child (aizp)**

Adult; 25 minutes  
VHS; 1990  
New Vision  
VTR/HV 5808.5/.F85/1990

Series : Breaking the cycle of the dysfunctional family

This program demonstrates how two schools developed unique prevention programs based on their community's needs. Some of the ideas generated from these case studies include how to involve parents in the schools, establishing opportunities for student success, the importance of a positive environment, and where to find role models. Viewers will also learn how to incorporate activities from a teacher's esteem club into any classroom or organization.

**Gambit : drugs and travel, a dangerous mix (ajhb)**

Senior 1-Senior 4, Adult; 8 minutes  
VHS; 1993  
VTR/HE 5620/.D65/G35/1993

Video shows the dangers faced by a young couple that are lured into smuggling illegal drugs back to Canada for quick money. They find out that the risks and consequences of drug involvement are much greater than they had anticipated.

**Happy, healthy, drug-free me, part 1 (aniv)**

Ages 8-10  
VHS; 1997  
Omega  
VTR/HV 5824/.Y68/H3/1997

The program opens with a short animated sequence that helps explain that each person is special. Two vignettes then open a discussion of appropriate behaviour when we're angry or upset. Ways of feeling good about oneself are reviewed, including doing things for others and choosing to talk about our problems to an adult.

**Happy, healthy, drug-free me, part 2 (aniw)**

Ages 8-10  
VHS: 1997

VTR/HV 5824/.Y68/H36/1997

As the program begins, 3 children are shown stressful situations. The 3 children exhibit some common signs of stress—sweaty hands, shaky legs, shallow breathing, queasy stomach, tight muscles and headaches. The video reviews various ways to relieve stress—exercise, deep breathing, pretending to be a rag doll, etc. The next segment discusses how friends can influence our mood and behaviours. The dangers of alcohol and tobacco are reviewed, after which more appropriate methods of relieving stress or bad feelings are mentioned.

## **HARMFUL EFFECTS DIAGRAM POSTER SERIES**

### **The Harmful effects DIAGRAM poster – AIDS (alen)**

Grades 5 – Adult  
KIT; 199-  
Directional Learning  
KIT/RA 644/.A25/A3/199-

Series : The Harmful effects DIAGRAM poster

Includes 2 posters.

Posters describe facts about AIDS, damage to the immune system, and how the virus is transmitted.

### **The Harmful effects DIAGRAM poster – Alcohol (artj)**

Grades 5 – Adult  
KIT; 199-  
Directional Learning  
KIT/RM 315/.A536/199-

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Shows the harmful effects of alcohol on the body.

### **The Harmful effects DIAGRAM poster – Cocaine (aruj)**

Grades 5 – Adult  
KIT; 199-  
Directional Learning  
KIT/HV 5810/.C63/2003

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Shows the harmful effects of cocaine listed with colourful diagrams and easy to read descriptions.

### **The Harmful effects DIAGRAM poster – Fetus (alel)**

Grades 5 – Adult  
KIT; 199-  
Directional Learning  
KIT/RM 315/.F47/199-

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Colourful poster showing the harmful effects of alcohol and drugs on the fetus.

**The Harmful effects DIAGRAM poster – Heroin (artl)**

Grades 5 – Adult  
KIT; 199-  
Directional Learning  
KIT/RM 315/.D786/2003

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Shows the harmful effects of heroin listed with colourful diagrams and easy to read descriptions.

**The Harmful effects DIAGRAM poster – HIV (artm)**

Grades 5 – Adult  
KIT; 199-  
Directional Learning  
KIT/RA 644/.A25/H5/199-

Series : The Harmful effects DIAGRAM poster

Includes 2 posters.

Posters describe facts about HIV and AIDS, damage to the immune system, and how the virus is transmitted.

**The Harmful effects DIAGRAM poster – Inhalants (arti)**

Grades 5 – Adult  
KIT; 199-  
Directional Learning  
KIT/HV 5822/.I64/2003

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Shows the harmful effects of inhalants listed with colourful diagrams and easy to read descriptions.

**The Harmful effects DIAGRAM poster – Marijuana (arth)**

Grades 5 – Adult  
KIT; 199-  
Directional Learning  
KIT/HV 5822/.M37/2003

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Shows the harmful effects of heroin listed with colourful diagrams and easy to read descriptions.

**The Harmful effects DIAGRAM poster – Smoking (artk)**

Grades 5 – Adult  
KIT; 199-  
Directional Learning  
KIT/RM 315/.S665/199-

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Poster describing the harmful effects and risk factors of smoking.

**The Harmful effects DIAGRAM poster – Steroids** (artf)

Grades 5 – Adult  
KIT; 199-  
Directional Learning  
KIT/RC 1230/.S78/2003

Series : The Harmful effects DIAGRAM poster

Includes 1 poster.

Shows the harmful effects of steroids listed with colourful diagrams and easy to read descriptions.

## **HEALTH AND DRUG EDUCATION GRAPHIC POSTER SERIES**

**Health and drug education GRAPHIC poster - Alcohol** (alhp)

Gr. 7-Senior 4, Adult; Kit includes 1 laminated poster  
KIT; 199-  
KIT/RM 315/.A53/199-

Can be used for displays, presentations, etc. – showing the harmful effects of alcohol on the body.

**Health and drug education GRAPHIC poster – Cocaine** (aojm)

Grades 7-Adult  
KIT; 2003  
KIT/HV 5810/.C6/2003

Shows the harmful effects of cocaine listed with colourful and graphic diagrams and easy to read descriptions.

**Health and drug education GRAPHIC poster – Ecstasy** (alek)

Grades 7- Adult  
KIT; 2003  
KIT/RM 316/.E2/2003

Shows the harmful effects of ecstasy listed with colourful and graphic diagrams and easy to read descriptions.

**Health and drug education GRAPHIC poster – Heroin** (alek)

Grade 7-Adult  
KIT; 2003  
KIT/RM 315/.D78/2003

Shows the harmful effects of heroin listed with colourful and graphic diagrams and easy to read descriptions.

**Health and drug education GRAPHIC poster - Inhalants (aojn)**

Grades 7-Adult  
KIT; 2003-05-05  
KIT/HV 5822/.I6/2003

Shows the harmful effect of inhalants listed with colourful and graphic diagrams and easy to read descriptions.

**Health and drug education GRAPHIC poster - Marijuana (aooi)**

Gr. 7-Adult  
KIT; 2003-05-05  
KIT/HV 5822/.I6/2003

Shows the harmful effect of inhalants listed with colourful and graphic diagrams and easy to read descriptions.

**Health and drug education GRAPHIC poster – Methamphetamine (artg)**

Senior 1 – Adult  
KIT; 2003  
Directional Learning  
KIT/RM 316/.M4/2003



Shows the harmful effects of methamphetamine listed with colourful diagrams and easy to read descriptions.

**Health and drug education GRAPHIC poster - Smoking (alem)**

Gr. 7-Senior 4, Adult; Kit includes 3 posters  
KIT; 199-  
KIT/RM 315/.S66/199-

Three colourful posters describing the harmful effects and risk factors of smoking on the body.

**Health and drug education GRAPHIC poster – Steroids (aojo)**

Grades 7 – Adult  
VHS; 2003  
KIT/RC 1230/ .S7/2003

Shows the harmful effects of steroids listed with colourful and graphic diagrams and easy to read descriptions.

**If you change your mind (ajhx)**

Gr. 7-Senior 1; 31 minutes Includes student magazine and teacher's guide  
VHS; 1992  
NCADI  
VTR/HV 5824/.Y68/I48/1992

Produced by middle school children for other school children, this video presents a unique perspective on drug abuse and its effects. In conjunction with the student magazine and teacher's guide, this video is a teaching tool to help students learn about the consequences of drug abuse.

**Inhalant abuse (ajia)**

Adult; 28 minutes  
VHS; 1987  
VTR/HV 5822/.S65/I54/1987

Developed for teachers, parents and health professionals, this video documentary outlines the issues of solvent and inhalant abuse (sniffing glue, gasoline, etc.) and provides recent information on the health hazards. ARF scientist, Luis Fornazzari, describes cases of permanent brain damage caused by inhalants. **(NOT TO BE VIEWED BY POTENTIAL ABUSERS)**

**Inhalant abuse : kids in danger/adults in the dark (ajib)**

Adult; 18 minutes

VHS; 1990

Kinetic

VTR/HV 5822/.S65/I54/1990

Provides an overview of the inhalant abuse problem while suggesting community-based alternatives and peer-to-youth strategies for prevention and intervention. **(RESTRICTED TO ADULT VIEWING)**

**Inhalant use – a community focus**

Adult; 2 videos, 3 programs

Study guide

VHS; 1995

(ajic)

VTR/HV 5822/.S65/I54/1995/v.1

Program 1 – Inhalant abuse overview; 56 minutes

Dr Milton Tenenbein talks about the world-wide phenomenon of inhalant abuse, prevalence in Canada, causes for the abuse and physical and psychosocial effects of inhalant abuse.

(ajid)

VTR/HV 5822/.S65/I54/1995/v.2

Program 2 – Developmental stages of children and adolescents: 52 minutes

Don Fitzsimmons talks about normal adolescent development and the link with inhalant use and abuse.

Program 3 – A community focus: 56 minutes

Presenters describe their inhalant prevention and/or treatment programs in their communities and provide information about the education and social service systems for adolescents.

**Inhalants : the adult primer (alpu)**

Adult; 7:30 minutes

VHS; 1992

VTR/HV 5822/.S65/I54/1992

An overview of the problem of inhalant abuse. The video covers such questions as: What are inhalants? Why would anyone use them? What are the effects of inhaling? What is being done about it? **(USE RESTRICTED TO EDUCATORS, PARENTS AND OTHER PROFESSIONALS)**

**Inhalants : the silent epidemic (aqxh)**

Adult

VHS; 1992

VTR/HV 5822/.S65/I544/1992

Video traces the lives of two recently relocated families as they experience firsthand the silent epidemic of inhalant abuse. Developed to assist educators, other professionals and community workers in their efforts to raise the public's awareness of the physical, mental and social damage caused by inhalant abuse.

**Internet for educators (ajsw)**

Adult; 66 minutes

VHS; 1996

VTR/TK 5105.875/.I57/1996

A Step-by-step guide demonstrating effective techniques for using the World Wide Web, Email, Ftp and others.

**Introduction to street drug pharmacology (ahsi)**

Adult; 58 minutes  
VHS; 1988  
Hazelden  
VTR/RS 190/.P78/1988

This program expands the professional's knowledge of licit and illicit psychoactive drugs. It explains drug names, including chemical, generic, brand, and street names; defines street jargon; and reviews drug effects and the mechanisms of brain function.

**Keeping your kids tobacco, alcohol, and drug free : what can parents do? (alcw)**

Adult; 30 minutes  
VHS; 199-  
SAMHSA  
VTR/HQ755.85/.K3/199-

In this video, parents gain expert advice on how to keep their children free from substance abuse. Host Mark Hamill guides viewers through this film that describes resources for parents, gives tips from health care professionals, offers testimonials from teenagers and adults, and features recording artist/musician and parent Richard Marx, who shares his concern about his children's futures. The program is rich in up-to-date facts and practical information about communicating and being involved with children.

**Let's help youth stay drug free, part 1 (aklm)**

Adult; 117:20 minutes  
VHS; 1997  
VTR/HV 5824/.Y68/L4/1997

HHS Secretary's Initiative: New Goals, New Resources, Teleconference on Oct 22, 1997. Part of a series sponsored by the Substance Abuse and Mental Health Services Administration (SAMSA), the Centre for substance Abuse Prevention (CSAP), the Community Anti-Drug Coalitions of America (CADCA) and the National Guard.

**Long way home, The (ajjd)**

Senior 1-Senior 4, Adult; 15 minutes  
VHS; 1990  
VTR/HV 8079/.N3/L67/1990

Designed to inform travellers about the consequences of using and transporting drugs abroad. Identifies some of the ways by which a person can become innocently victimized by drug traffickers.

**Marijuana : neurochemistry and physiology (asdb)**

Senior 1 – Senior 4; Adult; 32 minutes  
DVD; 2005  
Kinetic Inc.  
DVD/ QP 801/.M3/2005

Designed to be used in a group or clinical setting, this objective, non-judgmental video presents the latest research and findings on the neurochemistry and physiology of marijuana. The content focuses on the research advances in understanding how marijuana works on a cellular level and how those neurochemical changes affect sedation, the sense of novelty, appetite, memory, the immune system, visual spatial organization, paranoia, and dependence.

Issues of tolerance and tissue dependence, withdrawal, acute psychic effects, driving effects, and physical effects are highlighted.

**National drug test, The (aivc)**

Senior 1-Senior 4; 47 minutes  
VHS; 1989  
CTV Program Sales  
VTRHV 5808.5/.N37/1989

Consists of a series of scenarios and questions designed to encourage discussion on the issue of alcohol and other drugs. (Also available in French – “Question de Drogue”)

**Opening doors : a personal and social skills program (ajbj)**

Senior 1-Senior 4  
KIT; 1995  
KIT/HV5824/.Y68/O63/1995

This kit was designed as a school-based life skills development course for high school students who are identified as being “at risk” for alcohol and drug abuse, school failure or dropout, violent or other anti-social behaviour. It is designed to be a voluntary, extra-curricular, small group program.

**Out-of-sync child : recognizing and coping with Sensory Integration Dysfunction (armk)**

Adult; 86 minutes  
VHS; 1998  
Sensory Resources  
VTR/RJ 496/.B7/K72/1998

This video offers comprehensive, easily understood information of Dysfunction in Sensory Integration and a drug-free treatment approach for children who need help. DSI is a common (but frequently misdiagnosed) problem in which messages from the senses are not correctly processed by the central nervous system.

**Over the line (akem)**

Senior 1-Senior 4, Adult; Kit includes facilitator’s guide, VHS music video, student comic book, instructional resources  
KIT; 1991  
KIT/HE 5620/.D7/O84/1991

Designed primarily for use in driver education courses and commercial settings. The module includes six individual units dealing with decision-making, the effects of alcohol and other drugs, the legal and human consequences of impaired driving and prevention strategies. (Also available in French – “Plus Loin que la Limite”)

**Peer intervention : drug abuse (aiwf)**

Gr. 7-Senior 4, Adult; 17 minutes  
VHS; 1990  
Canadian Learning Company  
VTR/HQ 799.2/.P44/P44/1990

This film shows young people what to do if they decide to intervene in a friend’s drug use. It stresses that intervening is not risk free and nobody should feel that they must become involved. They’re also helped to recognize the difference between a problem and a crisis of emergency and to know how to get help.

**Prevention story : programs that make a difference (aiuw)**

Adult; 18 minutes  
VHS; 1993  
NCADI  
VTR/HV 4999/.Y68/P74/1993

This film highlights the first three stages of the health communications process planning and strategy selection, selecting channels and materials, and developing and pretesting messages. Designed to help program planners understand how to develop messages and materials and integrate communications into their overall prevention efforts. Features positive examples of successful communications projects.

**Prevention – where it's at**

Adult; 2 videos, 2 programs each  
VHS; 1994

Video 1 (ajkq)

VTR/HV 5808/.P74/1994/v.1

· Program 1 – 55 minutes  
Prevention definitions and concepts

· Program 2 – 26:30 minutes

Prevention strategies

Video 2 (ajkr)

VTR/HV 5808/.P74/1994/v.2

· Program 3 – 59 minutes

Current prevention programs

· Program 4 – 27 minutes

Community programs

**Risk and reality : teaching pre-school children affected by substance abuse** (akeo)

Adult; Kit includes a 30 minute video and 2 guides

KIT; 1994

NCADI

KIT/RG 629/.F45/R57/1994

This package was developed to help pre-school and other service professionals who work with young children understand what they can do to help children affected by substance abuse. The enclosed materials draw upon research and service demonstration programs to identify specific techniques and interventions that can help teachers be effective working with these children.

**Roots of addiction, The**

Adult; Part 1 – 55 minutes, Part 2 – 58 minutes

VHS; 1990

Edgehill Publications

(aixu)

VTR/HV 5045/.R66/1990/v.1

Part 1: Dr. John Wallace, a leading exponent of the disease model of alcoholism, examines the biopsychosocial nature of the disease.

(aixv)

VTR/HV 5045/.R66/1990/v.2

Part 2: Dr. Wallace discusses genetics and other key components of addiction.

**Safe spaces** (aixx)

Adult; 27 minutes

VHS; 1993

Select Media

VTR/RG 627.5/.D79/S24/1993

Good information for educators of special needs children, pre-school to grade 2, who have been exposed to substance abuse. Describes an "ideal" model of a program for young children and the components, which facilitate children's development.

**Speaking effectively to one or one thousand (akzp)**

Adult; 21 minutes

VHS; 1992

Performance Resources

VTR/BF 637/.V64/S6/1992

Fear of public speaking is an acquired behaviour that most of us share . . . but it can be permanently overcome with this entertaining video. Give everyone in your organizations the formula for successful speaking. Comedian Steve Landesberg hosts. Gives how-to's for preparing the audience, keeping listeners oriented and concluding decisively. **(BORROWING RESTRICTED TO AFM STAFF – OTHERS MAY VIEW IN LIBRARY)**

**Strategies for educating children with FAS/FAE**

Adult; Consists of 3 tapes, approx. 4 hours

VHS; 1994

(ajcm)

VTR/RG 629/.F45/S78/1994/v.1

(ajcn)

VTR/RG 629/.F45/S78/1994/v.2

(ajco)

VTR/RG 629/.F45/S78/1994/v.3

These tapes are an edited synopsis of a workshop in Winnipeg, Manitoba with Patricia Tanner-Halverston, Phd. Topics include: characteristics of FAS/E, neurobiology of FAS/FAE, parents' perspectives, implications for the juvenile justice system, and methods and strategies for educating these students. (For professional development purposes.)

**Tell someone (akpz)**

Adult; 4:37 minutes

VHS; 1987

VTR/HV 5132/.T4/1987

An introductory or discussion starter film for professionals, teachers, or for use with youth in a safe, therapeutic environment. Deals with alcoholism in the family.

**Theatre for education and change (ajal)**

Adult; Kit contains information booklet and 23 minute video

KIT; 1989

AADAC

KIT/HV 5808/.S385/1989

This program is designed to use theatre more effectively in community and treatment settings. The booklet discusses what theatre can achieve and helps plan and carry out a theatre or drama project. The accompanying video demonstrates four forms of educational theatre that can be used for alcohol/drug education, community and treatment programs.

**Touchstones : a family drug education course (ajat)**

Adult; Kit contains 12-minute video, two guides designed for five weekly sessions of two to five hours each or as a two-day workshop using five two-hour sessions.

KIT; 1988

KIT/HV 5824/.Y68/T68/1988

The purpose of the course is to introduce the concepts of drug education and drug abuse prevention, identify necessary communication skills, describe adolescent development stages, identify methods of building self-esteem.

**Training caretakers of cocaine babies (ajau)**

Adult; 17 minutes  
VHS; 1989  
Parkside Publishing Corp.  
VTR/RG 629/.F45/T73/1989

For foster parents and homes interested in taking in, caring and saving babies affected by cocaine. The viewer is instructed in how to soothe, relax and comfort the drug-addicted babies.

**Training tape for living with FAS & FAE : the early years, birth through age 12 (aklb)**

Adult; 32 minutes  
VHS; 1991  
Image Media  
VTR/RG 629/.F47/1991/v.2

Series : Fetal alcohol syndrome [#2 of 3]

This program focuses on the effects of FAS and FAE on a person's early years, birth through age 12. From soothing techniques for the fussy baby to positive behavioural programming for the preadolescent, this program offers encouragement for those living with FAS or FAE.

**Training tape for living with FAS & FAE : independence, ages 12 through adult (aklc)**

Adult; 32 minutes  
VHS; 1991  
Image Media  
VTR/RG 629/.F47/1991/v.3

Series : Fetal alcohol syndrome [#3 of 3]

Adolescence is a difficult time for anyone, but for those living with FAS and FAE, the problems can be almost overwhelming. Issues of early diagnosis, implementing specialized programs within existing budgets, and focusing on social and adaptive living skills are presented in clear, easy to follow steps.

**Using just for me (ajvv)**

Adult; 27 minutes  
VHS; 1992  
VTR/JV 5808/.U7/1992

Series : Just for me

This program surveys the components, objectives, and purposes of the Just for Me series, and shows teachers and students working with materials in the classroom.

**Walk the walk : the art of building resilience in youth (alhm)**

Adult; 20:30 minutes  
VHS; 1999  
VTR BF 637/.S4/W3/1990

In this video, meet three people who were "at risk" kids (experiencing difficult childhoods), and the special adults that made a difference in their lives. Their stories illustrate the power of caring and supportive relationships.

**We can't do it alone (ajwo)**

Gr. 4-6, Adult; 29 minutes  
VHS; 1991  
VTR/HV 5808.5/.W44/1991

Series : Your choice, our chance

Examines the factors, which led to the establishment of various community projects that provide prevention, support, and information services to teens and their families.

**Well informed** (akge)

Adult; Kit includes manual, 35-minute videotape and three booklets  
KIT; 1991  
AADAC  
KIT/HV 5824/.A33/W45/1991

Designed to encourage strategies and environments which support seniors in maintaining and improving their health. Contains components for use by those who work with or provide care for seniors and for use by seniors themselves.

**What do you have in your canoe?** (adbt)

K-Gr. 1  
Kit contains teacher's manual, audiotape, colouring book, poster.

An educational package of solvent abuse at an early age – kindergarten and grade one students.

## **YOUR CHOICE OUR CHANCE SERIES**

Includes fact sheet, community handbook, teacher's guide, and facilitator's guide.  
Series is designed to encourage community and school co-operation in drug prevention activities.  
Uses dramatic portrayals of young people in school, family and peer group situations – focusing on skills needed to prevent drug abuse.

**About your choice, our chance**

Adult; 29 minutes  
VHS; 1989  
VTR/HV 5808.5/.A3/1990

This introductory program is designed to familiarize viewers with the purpose, objectives and components of this series.

**Big break, The** (ajxc)

Gr. 4-6, Adult; 16 minutes  
VHS; 1990  
VTR/HF 5827/.B5/1989

In this program, 17-year-old Deborah has to decide whether to accept a job as a model for the Dazzle Berry Vodka Cooler's advertising campaign.

**Decisions** (ajwz)

Gr. 4-6, Adult; 15 minutes  
VHS; 1990  
VTR/BF 723/.D34/D4/1990

**Fitting in (ajxb)**  
Gr. 4-6, Adult  
VHS; 1990  
VTR/RC 455.4/.S42/F5/1990

**Friend indeed, A (ajww)**  
Gr. 4-6, Adult; 16 minutes  
VHS; 1990  
VTR/HV 5824/.Y68/F75/1990

**Good practice today! (ajxa)**  
Gr. 4-6, Adult; 15 minutes  
VHS; 1990  
VTR/HQ 784/.P43/G6/1990

**I need to talk to you (ajwn)**  
Gr. 4-6, Adult; 29 minutes  
VHS; 1991  
VTR/BF 723/.C57/I5/1991

**I think I am (ajwx)**  
Gr. 4-6, Adult; 15 minutes  
VHS; 1990  
VTR/RC 455.4/.S42/1990

**Like you, Dad (ajwy)**  
Gr. 4-6, Adult; 16 minutes  
VHS; 1990  
VTR/HQ 755.85/.L5/1990

**Parents and schools : St. Louis, MO (ajwr)**  
Adult; 31 minutes  
VHS; 1990  
VTR/HV 5808/.Y6/P37/1990

**Partners : Burlington, WI (ajwp)**  
Adult; 30 minutes  
VHS; 1990  
VTR/HV 5808/.Y6/P3/1990

**Thanks but no thanks**  
Gr. 4-6, Adult; 15 minutes  
VHS; 1990  
VTR/HQ 784/.P43/1990

## **YOUTH AND DRUGS : AN EDUCATIONAL PACKAGE FOR PROFESSIONALS SERIES**

Adult; 5 tapes  
Kit consists of a study guides, and a book of readings

### **Unit 1 : Adolescent development**

(ajxd)  
VTR/HV 5808.5/.Y68/1991/v.1

An introduction to the issues of adolescent development, and a context for understanding youth substance use and abuse.

### **Unit 2 : Drugs and their use**

(ajxe)  
VTR/HV 5808.5/.Y68/1991/v.2

Outlines key concepts in the addictions field, plus drug information and a discussion of patterns of use by young people.

### **Unit 3 : Identification**

(ajxf)  
VTR/HV 5808.5/.Y68/1991/v.3

Helps youth workers to recognize young drug users, assist in analyzing the pattern of their use and examining beliefs and attitudes which may be preventing a worker from becoming involved in the identification process now.

### **Unit 4 : Assessment**

(ajxg)  
VTR/HV 5808.5/.Y68/1991/v.4

Video equips the viewer to undertake comprehensive drug assessments with adolescents, acquaints the viewer with a series of assessment instruments that can assist in understanding a client's drug use and to plan intervention and treatment which is tailored to the specific needs of each client.

### **Unit 5 : Case study " Chris "**

(ajxh)  
VTR/HV 5808.5/.Y68/1991/v.5

This unit describes some approaches to the treatment of young drug users who have been identified and assessed.