

ADDICTIONS FOUNDATION OF MANITOBA

AUDIOVISUAL RESOURCES

SUBJECT HEADINGS

GRIEF

Surviving death : stories of grief (apzm)

Adult; 47 minutes

VHS; 1998

National Film Board of Canada

VTR/BF 575/.G7/S8/1998

This video is about people a new relationship with life after losing a loved one. Seven people – parents, children, siblings, partners and friends – reveal how they have been affected by the death of someone close to them. The people profiled in the video come from different cultural backgrounds; they hope their stories will allow others to begin expressing and understanding their own grief. They speak about the pain and powerful emotions they have experienced, about their need to reassess values and relationships after a death, and about the ways they have found to survive their loss. Recognizing that there is no single or easy path to recovery, this video is a useful resource for those in grief and for those lending support to people who are grieving.