

INHALANTS



WILLIAM POTOROKA
MEMORIAL LIBRARY
ADDICTIONS FOUNDATION
OF MANITOBA

AFM LIBRARY BIBLIOGRAPHY OF BOOK & VIDEO RESOURCES ON: INHALANTS

To borrow any of the resources on this list please
contact the AFM Library at 944-6233.

**Membership is free and available to
residents of Manitoba. Register as a
borrower using the form provided.**



Leading the Way to an Addiction Free

Addictions Foundation of Manitoba Library
Bibliography – INHALANTS

Addictions Foundation of Manitoba

William Potoroka Memorial Library
1031 Portage Avenue
Winnipeg, Manitoba R3G 0R8

Toll Free: 1-866-638-2568
Tel: 204-944-6279
Fax: 204-772-0225
Email: library@afm.mb.ca
Website: www.afm.mb.ca

If you are a **resident of Manitoba**, please fill out the registration below, complete with I.D.

LIBRARY REGISTRATION	Date
Name:	
Home Address:	
	Postal Code:
Business Address:	
	Postal Code:
Phone #'s: Home:	Business:
Fax:	E-mail:
ID: Driver's License/MB Medical:	
The undersigned agrees to accept the responsibility of making restitution due to loss of damage to AFM Library materials while in his/her possession. The Borrower is responsible for round trip shipping charges	_____ Signature

(Driver's Licence, or Manitoba Health Card #), sign, and return to the library by mail or fax.

**Addictions Foundation of Manitoba Library
Bibliography – INHALANTS**

BOOKS

Aboriginal substance use : research issues

Corp. author: Canadian Centre on Substance Abuse
Call number: E98/.D7/A25/1992

Addiction treatment a strengths perspective

Author: van Wormer, Katherine
Call number: RC 564/.A33/2003

Adolescent inhalant abuse : facilitator's manual and workshop guide

Corp. author: Saskatchewan Alcohol and Drug Abuse Commission
Call number: HV 5822/.S65/A35/1993

Adolescent inhalant abuse : participant's handbook and workshop guide

Corp. author: Saskatchewan Health. Alcohol and Drug Services
Call number: HV 5822/.S65/A354/1993

Aggression, family violence and chemical dependency

Call number: RC 564/.A33/1989

Anger : how to handle it during recovery

Author: Sisco, Becky
Call number: HV 4998/.S57/1991

Be a prevention player : a resource for inhalant abuse prevention education

Corp. author: The Indian-Metis Friendship Centre of Winnipeg, Inc.
Call number: HV 5822/.S65/I53/1996

Before it's too late : working with substance abuse in the family

Author: Treadway, David C.
Call number: RC 488.5/.T715/1989

Brief report on solvent abuse

Author: Garrioch, Sydney
Corp. author: Cross Lake First Nation
Call number: HV 5822/.S65/G37/1993

**Addictions Foundation of Manitoba Library
Bibliography – INHALANTS**

Concepts of chemical dependency

Author: Doweiko, Harold E.
Edition: 5th ed.
Call number: RC 564/.D68/2001

Elementary Comprehensive Drug Education Kit

Call number: HV 5824/.Y68/E43/2002

Epidemiology of inhalant abuse : an international perspective

Corp. author: National Institute on Drug Abuse
Call number: HV 5822/.S65/E636/1995

Epidemiology of inhalant abuse : an update

Corp. author: National Institute on Drug Abuse
Call number: HV 5822/.S65/E64/1988

Excessive appetites : a psychological view of addictions

Author: Orford, Jim
Edition: 2nd ed.
Call number: RC 564/.O76/2001

First Nations and Inuit community solvent abuse survey

Corp. author: Kaweionnehta Human Resource Group
Edition: 103
Call number: HV 5822/.S65/F47/1994

First Nations and Inuit community youth solvent abuse and study

Corp. author: Kaweionnehta Human Resource Group
Call number: HV 5822/.S65/F47/1993

First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade one

Author: Zaharia, Flora
Corp. author: Mokakit Education Research Association
Call number: E 97/.M65/1992/v.2

**Addictions Foundation of Manitoba Library
Bibliography – INHALANTS**

First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade two

Author: Zaharia, Flora
Corp. author: Mokakit Education Research Association
Call number: E 97/.M65/1992/v.2

First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade three

Author: Zaharia, Flora
Corp. author: Mokakit Education Research Association
Call number: E 97/.M65/1992/v.4

First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade four

Author: Zaharia, Flora
Corp. author: Mokakit Education Research Association
Call number: E 97/.M65/1992/v.5

First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade five

Author: Zaharia, Flora
Corp. author: Mokakit Education Research Association
Call number: E 97/.M65/1992/v.6

First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade six

Author: Zaharia, Flora
Corp. author: Mokakit Education Research Association
Call number: E 97/.M65/1992/v.7

First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade seven

Author: Zaharia, Flora
Corp. author: Mokakit Education Research Association
Call number: E 97/.M65/1992/v.8

**Addictions Foundation of Manitoba Library
Bibliography – INHALANTS**

First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : grade eight

Author: Zaharia, Flora
Corp. author: Mokakit Education Research Association
Call number: E 97/.M65/1992/v.9

First Nations freedom : a curriculum of choice : (alcohol, drug and substance abuse prevention) : kindergarten to grade 8 : teacher's guide : kindergarten

Author: Zaharia, Flora
Corp. author: Mokakit Education Research Association
Call number: E 97/.M65/1992/v.1

A Guide to the use of the computerized lifestyle assessment instrument for substance abuse CLAI

Corp. author: Canada. Correctional Service of Canada. Research an
Call number: RC 564/.C43/1992

Health hazards of nitrite inhalants

Corp. author: National Institute on Drug Abuse
Call number: BA 1231/.N46/H32/1988

How drugs can affect your life : the effects of drugs on safety and well-being : with special emphasis on prevention of drug use

Author: Allen, William Austin, 1916-
Call number: RC 564/.A46/1992

Inhalant abuse : a discussion paper

Corp. author: Addictions Foundation of Manitoba
Call number: HV 5822/.S65/I53/1998

Inhalant abuse : a volatile research agenda

Corp. author: National Institute on Drug Abuse
Call number: HV 5822/.S65/I532/1992

Inhalant prevention resource guide

Author: Burk, Isabel
Corp. author: United States. Virginia Department of Education. Division
Call number: HV 5822/.S65/I53/2001

**Addictions Foundation of Manitoba Library
Bibliography – INHALANTS**

Inhalant resource manual : a guide to educational tools

Access Key: audf
Call Number: HV 5822/.S65/S65/200-

Inhalants & poisons : they're right under your nose

Corp. author: Texas Prevention Partnership
Call number: HV 5822/.S65/I54/1995

Inhalants : the silent epidemic

Corp. author: Texas Prevention Partnership
Call number: HV 5822/.S65/I544/1995

Inhalants : the toxic fumes

Author: Glowa, John R.
Call number: RC 564/.G55/1992

Inhalants [Drug-free by the Year 2000]

Corp. author: United States. Center for Substance Abuse Prevention
Call number: HV 5822/.S65/I54/1994

The International handbook of addiction behaviour

Call number: RC 564/.I585/1991

Manual of drug and alcohol abuse : guidelines for teaching in medical and health institutions

Call number: RC 564/.M26/1988

The Mind

Author: Restak, Richard M., 1942-
Call number: P 356/.R47/1988

The Next generation solvent abuse community intervention and resource project : a demonstration project to test a community based solvent abuse intervention model

Author: Rowe, Wendy
Corp. author: Cambie Consulting Group, Inc.
Call number: HV 5822/.S65/N48/1994

**Addictions Foundation of Manitoba Library
Bibliography – INHALANTS**

Overcoming negative thinking

Author: Daley, Dennis C.
Call number: BF 632/.D27/1991

Pharmacokinetics, metabolism, and pharmaceuticals of drugs of abuse

Author: Rapaka, Rao
Corp. author: National Institute on Drug Abuse : Division of Clinical
Call number: RM 316/.P47/1997

Preventing inhalant abuse: resources for parents, community members, and youth

Access Key: auyo
Call Number: RC 568/.S64/200?
Abstract:

This manual includes a number of resources for trainers who lead groups in inhalant abuse prevention.

Research on native adolescents and substance abuse

Call number: E 98/.C5/R432/1992

Round Lake Treatment Centre

Access Key: audp
Call Number: HV 5822/.S65/R6/1994

A demonstration project to test a community based solvent abuse intervention model.

The Selfish brain : learning from addiction

Author: DuPont, Robert L.
Call number: RC 564.29/.D87/1997

"Sniffing and huffing" : a comprehensive guide for the prevention and treatment of childrens' inhalant abuse

Author: Groves, Mark
Call number: HV 5822/.S65/G76/1996

'Sniffing' : inhalant abuse and indigenous youth in Canada ; a review and annotated selection of current professional literature prepared for the non-specialist

Author: Torrie, Jill
Call number: HV 5822/.S65/T67/1990

Updated
January 2008

**Addictions Foundation of Manitoba Library
Bibliography – INHALANTS**

Solvent abuse : a guide for the carer

Author: Cameron, John S.
Call number: HV 5822/.S65/C35/1988

Solvent abuse treatment outcome : evaluation study

Corp. author: Glen Murray Ltd.
Call number: HV 5822/.S65/S65/1996

Solvents : a parents's guide

Call number: HV 5822/.S65/S64/1992

Substance abuse : a comprehensive textbook

Edition: 2nd ed.
Call number: RC 564/.S826/1992

Substance abuse in the workforce : a guide to managing substance abuse problems in the workplace

Author: Heller, David
Corp. author: Canadian Centre on Substance Abuse
Call number: HF 5549.5/.D7/H45/1992

Syllabus for the review course in addiction medicine

Call number: RC 564/.S95/1990

Teacher's guidebook to inhalant abuse prevention

Author: Green, Michele
Call number: HV 5822/.S65/G74/1992

Thompson anti-sniff group information package for teachers

Corp. author: National Native Alcohol and Drug Abuse Program.
Call number: HV 5822/.S65/T74/1988

The Truth heals : notes from a national consultation with youth and service providers on aboriginal solvent abuse

Corp. author: Canada. Health and Welfare Canada. Canada's Drug
Call number: HV 5822/.S65/T78/1993

Understanding inhalant users : an overview for parents, educators, and clinicians

Corp. author: Texas Commission on Alcohol and Drug Abuse
Call number: HV 5831/.U53/1997

Updated
January 2008

**Addictions Foundation of Manitoba Library
Bibliography – INHALANTS**

Unresolved anger : the cause and the cure

Call number: HV 4998/.L37/1989

Visions of addiction

Call number: RC 564/.V57/1988

Westman solvent abuse committee : resource summary

Corp. author: Westman Solvent Abuse Committee

Call number: HV 5822/.S65/W47/1994

Your community! our future! : community action against solvent abuse

Author: McTimoney, David C.

Call number: HV 5822/.S65/Y68/1990

VIDEOS

Alcohol/drug abuse profile [videorecording]

Call number: VTR/HV 4998/.A42/1988

Senior 1-Senior 4; 15 minutes; VHS

Explores alcoholism and addiction through interviews with adolescents, parents, teachers, and medical authorities and what happens when you recover, as well as when you use.

Back to reality [videorecording]

Call number: VTR/RC 564/.B33/1988

Adult; 31 minutes; VHS

Presents real people struggling with the problems of chemical dependence, enabling, denial and delusion, and provide the basics people need to understand about how to deal effectively with addiction.

Be a prevention player: a resource for inhalant abuse prevention education [kit]

Call number: KIT/HV 5822/.S65/B43/1997

Gr. 4-7; 4:30 minutes; KIT

Dealing with inhalant abuse is a huge challenge. Treatment programs for chronic

Addictions Foundation of Manitoba Library Bibliography – INHALANTS

or long-term abusers are generally expensive and much less successful than programs for other drug problems. Many researchers believe that prevention, started in the early school years, is the best way to deal with the problem. "Be a Prevention Player" was developed with this strategy in mind.

Breathing easy - inhalant abuse [videorecording]

Call number: VTR/HV 5822/.S65/B7/1993

Adult; 24 minutes; VHS

Examines the problems of inhalant abuse, focusing on its causes and prevention. It looks at the psychological and physiological aspects of addiction, the environmental factors that lead children to inhalant abuse, and the terrible consequences of their actions.

Danger! toxic chemicals : an inhalants prevention video [videorecording]

Call number: HV 5822/.S65/D3/1999

Gr. 6 – 12 14 minutes; VHS

Introduces students to the truth about inhalants with energy and a cutting-edge visual style. Students will learn the straight facts about sniffing and huffing and how these actions can cause permanent injury or even death. Most important, this video dispels the myth among kids that common household products must be safe "because they're all around us".

Educate : creating inhalant abuse awareness together [videorecording]

Call number: VTR/HV 5822/.S65/E38/1998

Adult; 15 minutes; VHS

Education is the key to preventing a child's deadly mistake. Educate yourself. Educate your kids. Talk to your children about the dangers of inhalant abuse. Be alert for symptoms of inhalant abuse. If you suspect there is a problem, you should consider seeking professional help.

The Fragile [videorecording]

Call number: VTR/HV 5822/.S65/F4/2000

Gr. 6-8; 15 minutes; VHS

This video targets the 10 – 14 year old age group and depicts many of the very serious problems facing our youth today. In this video, young people are confronted with prostitution, sniffing, vandalism, racial prejudice, death, problems

Updated
January 2008

Addictions Foundation of Manitoba Library Bibliography – INHALANTS

at home and peer influence.

Goldtooth [videorecording]

Call number: VTR/HV 5822/.S65/G65/1995
Gr. 7 - 9; 27 minutes, VHS

This is a story about children who are on the streets where drugs, alcohol and solvents are used every day. The story includes violence, because violence is a core issue of street life. Substance abuse by girls is very often associated with sexual abuse, and this link is made in the cartoon when Nina goes to work for Gold tooth. The cartoon can help young people face their reality, to reconstruct it in their minds, to gain some new perspective through Karate's story and see themselves.

BECAUSE OF SUBJECT MATTER – USE ONLY WITH A FACILITATOR

Health and drug education poster series [inhalants] [kit]

Call number: KIT/HV 5822/.I6/2003
Gr. 7 – Adult; KIT

Shows the harmful effect of inhalants listed with colourful and graphic diagrams and easy to read descriptions.

The Hijacked brain [videorecording]

Call number: VTR/QP 356/.H5/1998/v.2
Adult; 15 minutes; VHS

Series : Moyers on Addiction : Close to Home

Aided by powerful new diagnostic tools, scientists are making dramatic discoveries about how addiction affects the brain. In this program, Moyers goes into the laboratory to follow researchers engaged in charting an "image of desire in the brain".

A Hit for Mike [videorecording]

Call number: VTR/HV 5822/.S65/H57/1985
Gr. 7 – Adult; 23 minutes; VHS

The community gets together to help Mike and his mother overcome their addiction problem – an all-Native drama.

Updated
January 2008

**Addictions Foundation of Manitoba Library
Bibliography – INHALANTS**

Inhalant abuse : kids in danger/adults in the dark [videorecording]

Call number: VTR/HV 5822/.S65/I54/1990
Adult: 18 minutes; VHS

Provides an overview of the inhalant abuse problem while suggesting community-based alternatives and peer-to-youth strategies for prevention and intervention.

Inhalant use - a community focus : video one [videorecording]

Call number: VTR/HV 5822/.S65/I54/1995/v.1
Adult; 56 minutes; VHS

Program 1 – Inhalant Abuse Overview

Dr. Milton Tenenbein talks about the world-wide phenomenon of inhalant abuse, prevalence in Canada, causes for the abuse and physical and psychosocial effects of inhalant abuse.

Inhalant use - a community focus : video two [videorecording]

Call number: VTR/HV 5822/.S65/I54/1995/v.2
Adult; VHS

Program 2 – Developmental Stages of Children and Adolescents: 52 minutes

Don Fitzsimmons talks about normal adolescent development and the link with inhalant use and abuse.

Program 3 – A Community Focus: 56 minutes

Presenters describe their inhalant prevention and/or treatment programs in their communities and provide information about the education and social service systems for adolescents.

Inhalants : don't be fooled by tricky drugs [videorecording]

Call number: VTR/HV 5822/.S65/I543/1992
Gr. K – 3; 8 minutes; VHS

This video explains to young children in simple language the harmful effects of breathing poisonous substances. Children learn the benefits of standing up to others and saying “no”.

Addictions Foundation of Manitoba Library Bibliography – INHALANTS

Inhalants : the adult primer [videorecording]

Call number: VTR/HV 5822/.S65/I54/1992
Adult; 7:30 minutes; VHS

An overview of the problem of inhalant abuse. The video covers such questions as : What are inhalants? Why would anyone use them? What are the effects of inhaling? What is being done about it? (USE RESTRICTED TO EDUCATORS, PARENTS AND OTHER PROFESSIONALS).

Inhalants : the silent epidemic [videorecording]

Call number: VTR/HV 5822/.S65/I544/1992
Adult; VHS

Video traces the lives of two recently relocated families as they experience firsthand the silent epidemic of inhalant abuse. Developed to assist educators, other professionals and community workers in their efforts to raise the public's awareness of the physical, mental and social damage caused by inhalant abuse.

Inhalants : Tony's choice [videorecording]

Call number: VTR/HV 5822/.S65/I54/1991
Gr. 4 – 9; 18 minutes; VHS

Program shows the effect of inhalants on the mind and body as well as the need to plan to avoid the temptation.

It's no solution [videorecording]

Call number: VTR/HV 5822/.S65/I7
Grades 6 – 12; 15 minutes, VHS

A video on the prevention of solvent abuse, effects on the body and the effect on friends and family.

Sniff'n huff [videorecording]

Call number: VTR/HV 5822/.S65/S64/1989
Gr. 7 – Senior 4; 5 minutes; VHS

A rock video intended to act as a deterrent to youth considering sniffing.

Addictions Foundation of Manitoba Library Bibliography – INHALANTS

Sniffing stinks [videorecording]

Call number: VTR/HV 5822/.S65/S65/1991
Gr. 3 – 6; 23 minutes; VHS

Young people from the Whitedog Reserve speak frankly about sniffing and its social effects, the reasons for trying it and reasons not to. The excuses given for sniffing are discussed by young people who have done it themselves or those who chose not to. Community leaders and young people point out other ways of dealing with the need to escape, and peer pressure that may lead others to sniff.

Solvent abuse: a matter of life and death [videorecording]

Call number: VTR/HV 5822/.S65/S65/1988
Grade 9 - Adult; 25 minutes; VHS

A NNADAP film in the Inuit language with English subtitles, explores the symptoms of solvent abuse, describes the effect on different parts of the body and shows how various northern communities are trying to deal with the problem.

Teens and inhalants: one breath at a time [videorecording]

Call number: VTR/HV 5824/.Y68/.T4/2002
Grades 9 - 12; 10 minutes, VHS

The misuse of common household substances by adolescents through “huffing” or inhaling is often the first foray into experimental drug use among teens. Young adults learn to dispel peer pressure and learn coping skills for problem solving.