

This month's list is divided into print and video resources.

Library Staffing Changes!

Please give a warm welcome to the Library's newest staff member - Harriet Minuk. She will be taking responsibility for the circulation desk so please contact her when you wish to borrow resources or equipment at 944-6279 or at hminuk@afm.mb.ca.

As of January 2006, Sheila will be reducing her hours to half-time. She will be in the Library every Wednesday (8:30-4:30) and Thursday (11:00-7:00) and every other Tuesday (8:30-4:30). She can be reached at 944-6367 (leave a voice message) or at sduprey@afm.mb.ca.

Library Services - New Contact Numbers

Who to contact for your Library Information needs:

CIRCULATION - To borrow books, videos or equipment, contact Harriet at 944-6279

JOURNAL ARTICLE REQUESTS - To obtain copies of articles the Library subscribes to or to request an Interlibrary Loan, contact Pat at 944-6277

REFERENCE QUESTIONS - To obtain information on a specific topic or request a literature search, contact: Sheila at 944-6367 or Pat at 944-6277 or Jackie at 944-6275.

PURCHASING INFORMATION - For information on purchasing resources OR to suggest resources for the Library collection, contact:

Books or Journals - Pat at 944-6277

Videos - Jackie at 944-6275

LIBRARY ORIENTATIONS & DISPLAYS - To request or suggest a Library orientation or display, contact: Sheila at 944-6367

MANITOBA ADDICTIONS AWARENESS WEEK RESOURCE

KIT & PROMOTIONAL ITEMS - For information on the MAAW Resource Kit or promotional items, contact: Sheila at 944-6367

To borrow any of the resources on this Acquisitions list, please fill out the order form provided and fax or email to Harriet at hminuk@afm.mb.ca.

ACQUISITIONS LIST JANUARY 2006 ORDER FORM

Please circle the numbers corresponding to the Acquisition List items you would like to receive, and Fax, mail, phone, or e-mail your request to the Library.

THE NORMAL BORROWING PERIOD FOR STAFF IS 30 DAYS FOR BOOKS AND 7 DAYS FOR VIDEOS or KITS (THERE IS FLEXIBILITY AROUND THESE BORROWING PERIODS IN ORDER TO ACCOMMODATE PROGRAM NEEDS AND SHIPPING TO RURAL OFFICES).

If the item(s) you have requested is (are) not available at this time, a reserve will be placed on the resource and it will be sent to you as soon as possible.

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DATE: _____ TELEPHONE: _____
NAME: _____ OFFICE _____

BOOKS

APPETITE DISORDERS

1. **The Secret language of eating disorders : the revolutionary new approach to understanding and curing anorexia and bulimia**

Author: Claude-Pierre, Peggy
Call number: RC 552/.E8/C53/1997

ATTENTION DEFICIT DISORDER

2. **Scattered minds : a new look at the origins and healing of attention deficit disorder**

Author: Mate, Gabor
Call number: RJ 506/.H9/M37/1999

BULLYING

3. **The Bully, the bullied, and the bystander : from pre-school to high school : how parents and teachers can help break the cycle of violence**

Author: Coloroso, Barbara
Call number: BF 637/.B85/C4/2002

COCAINE

4. **The Biological basis of cocaine addiction**

Call number: QP 921/.C7/B46/2001

COMMUNICATIONS—SEX DIFFERENCES

5. **The Complete idiot's guide to understanding men and women**

Author: Glass, Lillian
Call number: HQ 801/.G517/2000

COMPULSIVE BEHAVIOUR

6. **Stop obsessing! : How to overcome your obsessions and compulsions**

Author: Foa, Edna B
Call number: RC 533/.F6/1991

CO-OCCURRING DISORDERS

7. **Dual disorders : counseling clients with chemical dependency and mental illness**

Author: Daley, Dennis C.
Call number: RC 564.68/.D347/2002

DIETS

8. **The Detox diet : the how-to & when-to guide for cleansing the body**

Author: Haas, Elson M
Call number: RA 784/.H32/1996

9. **The Diet cure : the 8-step program to rebalance your body chemistry and end food cravings, weight problems, and mood swings - now**

Call number: RA 776.5/.R685/1999

10. **The Serotonin solution : the potent substance that can help you stop bingeing, lose weight, and feel great**

Author: Wurtman, Judith J

Call number: RM 237.59/.W87/1996

DRUGS--IDENTIFICATION

11. **Street drugs : drug identification guide**

Corp. Author: Publishers Group

Call number: REF/HV 5801/.S77/2005

EMOTIONS

12. **Destructive emotions : how can we overcome them?**

Call number: BL 65/.E46/G65/2003

FETAL ALCOHOL SPECTRUM DISORDER--CANADA--DIRECTORIES

13. **Directory of Fetal Alcohol Spectrum Disorder (FASD) information and support services in Canada = Répertoire canadien des services d'information et de soutien sur l'ensemble des troubles causés par l'alcoolisation foetale (ETCAF)**

Corp. Author: Canadian Centre on Substance Abuse

Call number: RFD/RG 629/.F45/D57/2005

GAMBLING--YOUTH

14. **Futures at stake : youth, gambling, and society**

Call number: RG 569.5/.G35./F8/2003

SUCCESS--PSYCHOLOGICAL ASPECTS

15. **Unstoppable : 45 powerful stories of perseverance and triumph from people just like you**

Author: Kersey, Cynthia

Call number: BF 637/.S8/K43/1998

NARCOTIC HABITS--REHABILITATION

16. **A Million little pieces**

Author: Frey, James

Call number: HV 5831/.M6/F74/2003

NATIVE PEOPLES--CANADA--TOBACCO USE

17. **Deadly duo**

Author: Thatcher, Richard

Corp. Author: National Native Addictions Partnership Foundation

Call number: E 78/.C2/T42/2001

NATIVE PEOPLES—CANADA—HEALTH

18. **Aboriginal health : a constitutional rights analysis**
Author: Boyer, Yvonne
Corp. Author: University of Saskatchewan. Native Law Centre
Call number: KE 7709/.B72/2003
19. **First Nations, Metis and Inuit health care : the Crown's fiduciary obligation**
Author: Boyer, Yvonne
Corp. Author: University of Saskatchewan. Native Law Centre
Call number: KE 7709/.B72/2004
20. **The International right to health for indigenous peoples in Canada**
Author: Boyer, Yvonne
Corp. Author: University of Saskatchewan. Native Law Centre
Call number: KE 7709/.B724/2004

PARENTING

21. **Hold on to your kids : why parents need to matter more than peers**
Author: Neufeld, Gordon
Call number: HQ 755.8/.N477/2005

PSYCHOLOGY

22. **Choice theory : A new psychology of personal freedom**
Author: Glasser, William, 1925-
Call number: BF 121/.G559/1998

TEENAGERS—LIFE SKILLS

23. **The 7 habits of highly effective teens**
Author: Covey, Sean
Call number: BJ 1661/.C666/1998
24. **The 7 habits of highly effective teens workbook**
Author: Covey, Sean
Call number: BJ 1661/.C6668/1999

SUBSTANCE ABUSE--RECOVERY

25. **Harsh lessons & unexpected gifts : the path beyond recovery**
Author: Blanchette, Gail
Call number: HV 5132/.B53/2001
26. **Rational recovery : the new cure for substance addiction**
Author: Trimpey, Jack
Call number: RC 564/.T77/1996
27. **The Tao of sobriety : helping you to recover from alcohol and drug addiction**
Author: Gregson, David
Call number: HV 575/.G74/2002

PRISONS--CANADA

28. **Con game : the truth about Canada's prisons**
Author: Harris, Michael
Call number: HV 950/.H37/2001

SUBSTANCE USE--CANADA

29. **Substance abuse in Canada : current challenges and choices = Toxicomanie au Canada : enjeux et options actuels**
Corp. Author: Canadian Centre on Substance Abuse
Call number: HV 5840/.C2/S833/2005

SUBSTANCE USE--UNITED STATES--STATISTICS

30. **Drug abuse warning network, 2003 : interim national estimates of drug-related emergency department visits**
Corp. Author: U.S. Department of Health and Human Services
Call number: RC 564/.D78/2004
31. **Epidemiologic trends in drug abuse : proceedings of the community epidemiology work group : June 2004 : volume I : highlights and executive summary**
Corp. Author: National Institute on Drug Abuse. Community Epidemiology Group.
Call number: RC 567.7/.E653/2005/v.1
32. **Immigrants and substance use : findings from the 1999 - 2001 national surveys on drug use and health**
Corp. Author: Substance Abuse and Mental Health Services Administration. Office of Applied Studies
Call number: HV 5824/.E85/C68/2005

SUBSTANCE USE--UNITED STATES--REHABILITATION--DIRECTORIES

33. **National directory of drug and alcohol abuse treatment programs : 2005**
Corp. Author: United States. Department of Health and Human Services. Public Health Service
Call number: RFD/HV 5825/.N37/2005

WORKPLACE

34. **Workaholics : the respectable addicts**
Author: Killinger, Barbara
Call number: RC 569.5/.W67/K5/1991

VIDEOS**CO-OCCURRING DISORDERS--YOUTH**

35. **Adolescents and co-occurring disorders [Videorecording]**

Call number: VTR/RC 564.68/A3/2003
Senior 1 - Senior 4; Adult; 24 minutes; VHS
Hazelden Educational Materials

Not recommended for young children. Mature theme.

Teens in recovery from co-occurring disorders share their true experiences: the bad drug interactions, the cravings for self-medication, the dangers of relapse. But with ongoing therapy and the support of family, friends, and the Twelve Step groups, adolescents can regain control of their co-occurring disorders and their lives. Hope for recovery is reinforced by therapist, Janice Gabe, noted for her work with adolescents.

CRYSTAL METH**36. Death by jib [Videorecording]**

Call number: VTR/RM 316/.D4/2005
Grades 7 - Adult; 19 minutes; VHS
Peace Arch Community Services

This video speaks directly to the hearts and minds of viewers to convey a powerful and emotional message warning teenagers and young adults about the harsh realities of Crystal Meth. This graphic video pulls no punches as teen addicts describe the horror of addiction to Jib. The important message regarding sexual exploitation of youth on Crystal Meth is handled in a straightforward and honest manner.

CONTAINS COARSE LANGUAGE AND DISTURBING SCENES. VIEWER DISCRETION IS ADVISED.

DRUG TREATMENT COURT**37. THE REVOLVING DOOR AND THE ROAD TO RECOVERY [DVD]**

Call number: SDVD/RC 564/R4/2004
Adult; 20 minutes

Reduce drug dependency and reduce the number of crimes committed to support it. This simple yet powerful concept lies at the core of the Drug Treatment Court of Vancouver. Non-violent offenders participate in this innovative and rigorous court-supervised treatment program that helps them to become drug free and change their lives.

Follow the story of Nikki, a 33 year old mother of two who spent 18 years on the streets of Vancouver's notorious Downtown Eastside as she proceeds through the balanced treatment and supervised approach of the Drug Treatment Court of Vancouver.
(BORROWING RESTRICTED TO AFM STAFF ONLY)

HIVS/AIDS**38. EngenderHealth 2004 : HIV/AIDS &STI resources for program managers, trainers and providers [CD-ROM]**

Call number: YS/CD/RA 644/.A25/E6/2004
(BORROWING RESTRICTED TO AFM YOUTH STAFF ONLY)

MENTAL HEALTH TOPICS

39. **Anxious moments : breaking the routine : overcoming obsessive compulsive disorder [Videorecording]**
Call number: VTR/BF 575/.A6/B7/2002
Adult: 19 minutes ; VHS
Les Productions Rivard

This video describes what it is like to live with obsessive-compulsive disorder and describes treatment techniques available to people who have OCD.

40. **Anxious moments : coming out of hiding : overcoming S.A.D. (arvj)**
Call number: VTR/BF 575/.A6/C6/2002
Adult: 19 minutes ; VHS
Les Productions Rivard

This video describes what it is like to live with social anxiety disorder (S.A.D.) it describes the symptoms of S.A.D., some of the barriers that people feel when trying to seek help, and treatment techniques available to people who have S.A.D.

41. **Anxious moments : facing the monster: overcoming specific phobia [Videorecording]**
Call number: VTR/BF 575/.A6/F3/2002
Adult: 17 minutes ; VHS
Les Productions Rivard

This video describes what it is like to live with phobias. It describes what people experience when they have specific phobias, some of the barriers that people feel when trying to seek help, and treatment techniques available.

42. **Anxious moments : out from under the cloud : overcoming generalized anxiety disorder [Videorecording]**
Call number: VTR/BF 575/.A6/O8/2002
Adult: 17 minutes; VHS
Les Productions Rivard

This video describes what it is like to live with anxiety. It describes what people experience when they have an anxiety disorder, some of the barriers that people feel when trying to seek help, and treatment techniques available to people.

43. **Anxious moments : taking it in stride: overcoming post-traumatic stress Disorder [Videorecording]**
Call number: VTR/BF 575/.A6/T3/2002
Adult: 16 minutes; VHS
Les Productions Rivard

This video describes what it is like to live with post-traumatic stress disorder (PTSD). It describes what people experience when they have PTSD, some of the barriers that

people feel when trying to seek help, and treatment techniques available.

44. Anxious moments : working through the fear: overcoming panic disorder [Videorecording]

Call number: VTR/BF 575/.A6/W6/2002

Adult: 16 minutes; VHS

Les Productions Rivard

This video describes what it is like to live with panic disorder. It describes what people experience when they have a panic disorder, some of the barriers that people feel when trying to seek help, and treatment techniques available.

CRYSTAL METH

45. Death by jib [Videorecording]

Call number: VTR/RM 316/.D4/2005

Grades 7 - Adult; 19 minutes; VHS

Peace Arch Community Services

This video speaks directly to the hearts and minds of viewers to convey a powerful and emotional message warning teenagers and young adults about the harsh realities of Crystal Meth. This graphic video pulls no punches as teen addicts describe the horror of addiction to Jib. The important message regarding sexual exploitation of youth on Crystal Meth is handled in a straightforward and honest manner.

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