

This month's list is divided into print and video resources.

**NEW
LIBRARY
ACQUISITIONS**

August 2007

The Addictions Foundation of Manitoba
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BOOKS

ABORIGINAL HEALTH SERVICES

Continuum of care strategy for Aboriginal health services

Access Key: auws
Call Number: E 98/.D6/C6/2002

ABORIGINAL POPULATION

A guide to Winnipeg for Aboriginal newcomers: Spring/Summer 2007

Access Key: auxo
Call Number: RFD/E 78/.M3/A4/2007

ADDICTION

Addiction as an attachment disorder / Philip J. Flores.

Access Key: auxh
Call Number: RC 565/.F5678/2003

The lost years : surviving a mother and daughter's worst nightmare

Access Key: auwf
Call Number: HV 5805/.W36/A3/2006

Love her as she is : lessons from a daughter stolen by addictions / Patricia Morgan ; with Kelly Morgan.

Access Key: auxj
Call Number: HV 5824/.W6/M67/2004
Abstract: Was featured in a CBC television documentary and is recommended as a valuable resource for all parents and mental health professionals. You will gain insight into the effects of a disturbing childhood, ADD (Attention Deficit Disorder), adoption, the world of drugs and life on the street. Through the story of a mother struggling to connect with a distant and dual alcohol and cocaine-addicted daughter, you will discover how to love unconditionally while maintaining clear boundaries, develop healthy solutions for connecting in challenging relationships and turn hope into loving action.

Managing alcohol, tobacco and other drug problems : a pocket guide for physicians and nurses / [edited by Meldon Kahan and Lynn Wilson].

Access Key: auvc
Call Number: RC 564.15/.M34/2002
Abstract: This guide is a useful tool that will help clinicians to recognize that substance use problems are medically treatable, and help their patients to accept this view as well. By focusing on management issues in an accessible, concise manner, this guide will demystify the treatment of patients with substance use issues and also lead to better treatment outcomes.

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Problems of drug dependence 2006 : proceedings of the 68th annual scientific meeting : the College on Problems of Drug Dependence, Inc.

Access Key: auwh

Call Number: RC 563/.P75/2007

AFM REPORTS

The AFM's annual statistical review : 2006-07

Access Key: auwc

Call Number: MRF/HV 5283/.C2/A42/2007

ALCOHOL

Alcohol resource file

Access Key: auvx

Call Number: HV 5275/.J64/2005

ANNUAL REPORTS

Liquor Control Board of Ontario : annual report : 2005-06

Access Key: auwk

Call Number: HD 9364/.C34/L56/2006

COMMUNITY BUILDING

Tools for community building : using a participatory framework to enhance community capacity

Access Key: auwq

Call Number: HN 90/.C6/C3/2001

CO-OCCURRING DISORDERS

Co-occurring mental health and substance use disorders initiative : Winnipeg region co-occurring disorders initiative : Core Documents Package II

Access Key: auwo

Call Number: TR/RC 564.68/.C663/2007

Abstract: Project overview:

System Change Model

Provincial and Regional Leadership Structures

Participating Regional Stakeholders

Provincial CODI Policy (2007)

Winnipeg Region CODI Project Progress Report, 2007

Information Sharing Guidelines (Revised 2007)

Best Practice Principles Overview (2004)

Training Needs Assessment Tools (2005)

Service Array Map for Winnipeg Region (2007)

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[SAMHSA's Co-Occurring Center for Excellence overview papers]

Access Key: auwm
Call Number: RC 564.68/.S36/2006
Abstract: Paper 1 : Definitions and Terms Relating to Co-Occurring Disorders
Paper 2 : Screening, Assessment, and Treatment Planning for Persons with Co-Occurring Disorders
Paper 3 : Overarching Principles to Address the Needs of Persons with Co-Occurring Disorder
Paper 5 : Treatment, Volume 2 : Addressing Co-Occurring Disorders in Non-Traditional Service Settings
Paper 6 : Treatment, Volume 1 : Understanding Evidence-Based Practices for Co-Occurring Disorders

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eIFL-IP advocacy for access to knowledge : copyright and libraries; Handbook on copyright and related issues for libraries

Access Key: auwa
Call Number: REF/KE 2799/.E5/2006

CORRECTIONS

Criminal legal process [Manitoba] : Corrections

Access Key: auvw
Call Number: RFD HV 9279/.C7/2007

COUNSELLING

Alcohol & drug problems : a practical guide for counsellors

Access Key: auvz
Call Number: RC 564/.A4252/2004

Brief couples therapy : group and individual couple treatment for addiction and related mental health concerns

Access Key: auvh
Call Number: RC 564/.B73/2003
Abstract: This manual was developed primarily as a tool for therapists and counsellors working in substance use settings who would like to augment their practice by seeing couples. Clinicians intending to use this program should be familiar with solution-focused therapy, as well as couple and family therapy. Familiarity with cognitive behavioural interventions and communication theory would also be helpful. The manual will also be helpful for the practitioner who is seeing couples, and who would like to be able to offer a focused, specific program for clients presenting with substance use issues. In this situation, familiarity with cognitive-behavioural therapy, relapse prevention and motivational interviewing for substance use is recommended.

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The Change toolbox : techniques to help cultivate lasting personal change

Access Key: auvt
Call Number: BF 637/.B4/R6/2007
Abstract: This toolbox can be used for any behaviour that is causing a person difficulty in their life. In addition to substance use and gambling, the material can encompass self-defeating behaviours in relationships, self-management, and any number of other areas. Rather than thoughts or feelings, this material is intended to help with behaviour patterns. Often these behaviours cause emotional, physical, or financial difficulty not just for the person, but also for the important people in their lives.

Helping students overcome substance abuse : effective practices for prevention and intervention

Access Key: auvm
Call Number: HV 4999/.C45/B87/2007
Abstract: Provides evidence-based strategies and ready-to-use tools for addressing substance abuse in middle and high school settings. Readers learn ways to identify students at risk and implement programs that meet a broad continuum of needs - from psycho educational and support groups to individual intervention and referral to community services. Also provided is up-to-date information on the nature of adolescent substance abuse problems, their prevalence, and how they develop. Special features include illustrative case examples, resources and reproducible worksheets and forms.

Mindfulness and acceptance : expanding the cognitive-behavioral tradition / edited by Steven C. Hayes, Victoria M. Follette, Marsha M. Linehan.

Access Key: auxl
Call Number: RC 489/.C63/M55/2004

Solutions for the "treatment-resistant" addicted client : therapeutic techniques for engaging difficult clients / Nicholas A. Roes.

Access Key: auxi
Call Number: RC 564/.R634/2001

DEPRESSION

The mindful way through depression : freeing yourself from chronic unhappiness / by Mark Williams ...

Access Key: auxm
Call Number: BF 575/.H27/M56/2007

DRUG ABUSE - TRENDS

Epidemiologic trends in drug abuse : proceedings of the community epidemiology work group : June 2006 : volume I : highlights and executive summary

Access Key: auvj
Call Number: RC 567.7/.E653/2006/v.1

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DRUG CONTROL

National drug control strategy

Access Key: auwg
Call Number: HV 5825/.N333/2007

National drug control strategy : FY 2008 budget summary

Access Key: auvu
Call Number: HV 5825/.N3332/2007

GAMBLING

Betting on youth : adolescent internet gambling in Canada

Access Key: auvy
Call Number: RC 569.5/.G35/M33/2007

The economics of casino gambling / Douglas M. Walker.

Access Key: auvk
Call Number: HV 6711/.W35/2007
Abstract: A comprehensive discussion of the social and economic costs and benefits of legalized gambling.

The gambling addiction patient workbook / by Robert R. Perkinson.

Access Key: auut
Call Number: RC 569.5/.G35/P47/2003

Research and measurement issues in gambling studies

Access Key: auxk
Call Number: HV 6713/.R47/2007

LUCK

Fooled by randomness : the hidden role of chance in life and in the markets / Nassim Nicholas Taleb.

Access Key: auvp
Call Number: HG 4521/.T285/2005
Abstract: This book is about how we perceive luck in our personal and professional experiences. Set against the backdrop of the most conspicuous forum in which luck is mistaken for skill - the markets - Fooled by Randomness is an irreverent, iconoclastic, eye-opening, and endlessly entertaining multidisciplinary exploration of one of the least understood forces in all of our lives.

MENTAL HEALTH

Getting help : a guide for families and friends of those living with mental illness

Access Key: auwl
Call Number: RFD/RC 455.4/.F3/G4/2005

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Healthy people 2010 : Mental health and mental disorders

Access Key: auwn
Call Number: RA 445/.M46/2000

METHADONE MAINTENANCE

Methadone maintenance guidelines

Access Key: auve
Call Number: RC 568/.M4/M479/2001
REF/RC 568/.M4/M479/2001

Methadone maintenance treatment

Access Key: auwi
Call Number: RC 568/.M4/M48/2002

NUTRITION

Nutrition and recovery : a professional resource for healthy eating during recovery from substance abuse

Access Key: auvo
Call Number: RC 564/.D44/2000
Abstract: This manual is a summary of topics related to recovery from substance abuse and it will help people in recovery take control over and improve their health by implementing dietary change. As their nutrition improves, their body and mind can begin to heal.

OLDER ADULTS

Get connected! : linking older adults with medication, alcohol and mental health resources.

Access Key: auwv
Call Number: HV 5824/.A33/G4/2003

POST-TRAUMATIC STRESS

Bridging responses : a front-line worker's guide to supporting women who have post-traumatic stress

Access Key: auvl
Call Number: RC 552/.P67/H37/2001
Abstract: A resource for front-line staff who work with women - in health care, literacy, corrections, housing and community services. This book offers information and tools to help recognize responses to post-traumatic stress in women's lives, and to establish a level of confidence that encourages women who have survived abuse and violence to consider referrals to appropriate services or resources.

Women, abuse and trauma therapy

Access Key: auvb
Call Number: RC 552/.T7/H374/2004
Abstract: An information guide for women and their families.

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PRESCRIPTION DRUGS

Trends in the abuse of prescription drugs

Access Key: auvi
Call Number: RM 146/.C3/2007

RECOVERY

DrinkWise : how to quit drinking or cut down : a self-help book

Access Key: auwp
Call Number: RC 565/.S2627/1995

Practice guidelines for recovery-oriented behavioral health care

Access Key: auwd
Call Number: RC 564/.P73/2006

SMOKING

Barb's miracle : how Barb Tarbox transformed her deadly cancer into a lifesaving crusade / images by Greg Southam ; words by David Staples.

Access Key: auvn
Call Number: RC 265.6/.T37/S68/2004

SOCIAL HOST LIABILITY

Childs v. Desmorreux [Social host liability for serving alcohol Supreme Court Case]

Access Key: auwe
Call Number: REF/KE 3734/.A45/2006
Abstract: Torts - Duty of care - Social host liability - Accident caused by guest driving his care after leaving party intoxicated - Whether social host owes duty of care to third parties who may be injured by intoxicated guest.

STATISTICS – JUSTICE

Juristat : Victimization and offending among the Aboriginal population in Canada / Canadian Centre for Justice Statistics.

Access Key: auxp
Call Number: REF/HV 9960.C2/J86/2007

SUBSTANCE ABUSE

Wasting the best and the brightest : substance abuse at America's colleges and universities

Access Key: auwu
Call Number: HV 5135/.W3/2007

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SUBSTANCE USE DURING PREGNANCY

Living with prenatal drug exposure : a guide for parents / written by Lissa Cowan and Jennifer Lee ; researched and developed by Emilie Cameron.

Access Key: auvd

Call Number: RJ 520/.P74/C68/2003

With child : substance use during pregnancy, a woman-centred approach / edited by Susan C. Boyd and Lenora Marcellus.

Access Key: auxr

Call Number: RG 580/.D76/B69/2006

Abstract: Women who use drugs or alcohol during pregnancy have historically been treated in a punitive manner. This book brings together a number of Canadian authors who are working and writing about substance use and pregnancy, mothering, harm reduction, and woman-centered services. All the contributors are directly involved in providing and managing services. They propose that drugs are one factor among many that shape pregnancy and mothering and, although drug use is a risk, it is a manageable one. They advocate providing compassionate care to all pregnant women, mothers, and their children.

The book will provide practioners and researchers with valuable information about maternal drug use, harm reduction, best practices, and policy. It provides a groundbreaking critical and feminist template for organizations in a wide range of fields including nursing, social work, medicine, public health, child development, and addictions.

UNCERTAINTY (INFORMATION THEORY) – SOCIAL ASPECTS

The black swan : the impact of the highly improbable / Nassim Nicholas Taleb.

Access Key: auvq

Call Number: Q 375/.T35/2007

UNDERAGE DRINKING

The Surgeon General's call to action to prevent and reduce underage drinking : what it means to you : A guide to action for families

Access Key: auvv

Call Number: HV 5135/.S87/2007

WORKPLACE SAFETY

A guide to setting up a workplace safety and health program : putting the pieces together

Access Key: auwr

Call Number: HD 7659/.M3/G85/2002

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YOUTH

Contemporary family trends : the rise in the number of children and adolescents who exhibit problematic behaviors : Multiple Causes

Access Key: auvg
Call Number: RJ 503/.A6/2007

Teens and prescription drugs : an analysis of recent trends on the emerging drug threat

Access Key: auwt
Call Number: HV 5824/.Y68/T3/2007

DVDS AND VIDEOS

ADDICTION

High on crack street [DVD]

Access Key: auch
Call Number: DVD/HV 5810/.H5/2007
Abstract: The program documents the nature of codependent relationships while clearly demonstrating the all consuming nature of addiction. When it comes right down to it nothing else matters! Self respect, family, desires or ambitions all disappear in a puff of crack smoke.

CANNABIS

Marijuana : at your own risk : part 1 & 2 [DVD]

Access Key: auck
Call Number: DVD/HV 5824/.Y68/M3/2007
Abstract: Instead of telling kids "just say no", this program takes the approach of showing them the problems, the path to those problems, and asking them to decide. For teens already smoking pot or at very high risk for starting, these programs are highly effective at cutting through denial that marijuana can be harmful.

What ties it all together is the dilemma of one young man, "Jason", who is considering smoking pot. In conversations with an appealing female narrator, Jason expresses all the beliefs and misinformation that most teens have. But the narration, interviews with recovering marijuana abusers, and expert testimony combine to reveal the flimsiness of Jason's thinking against real-life effects of smoking today's potent marijuana.

Part 1

Shows how becoming a chronic user is a gradual process that typically takes over one's life in steps. It's hard to SEE the problems marijuana is causing – as they are happening.

Part 2

Identifies just what the negative effects of chronic marijuana use can be. Also in part 2, recovering teen marijuana users share how much better their lives have become since they got help and stopped using, providing hope and inspiration to viewers who need it.

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Messing with heads : marijuana and mental illness [DVD]

Access Key: aucj
Call Number: DVD/HV 5822/.M3/M4/2005
Abstract: The widespread use of marijuana only started to happen 4 decades ago. Research into the long-term effects of that use has begun to bring some disturbing mental health issues to light. Because the THS content of modern marijuana is so much greater than the original "natural" strains, those issues, including schizophrenia and paranoid psychosis, may be on the gentler end of a very steep incline. That research is explained.

COCAINE/CRACK

Cracked not broken [DVD]

Access Key: aupz
Call Number: DVD/HV 5810/.C733/2005
Abstract: Lisa grew up in Toronto's most affluent neighborhood, attended prestigious schools and enjoyed the best of friends...but something went terribly wrong.., Lisa, now 37 is a crack addict who prostitutes herself to support her drug habit. In this real time documentary, filmmaker Paul Perrier dives head first into the harsh reality and chaotic lifestyle of this "unlikely" addict, her search for meaning and quest for redemption...

High on crack street [DVD]

Access Key: auch
Call Number: DVD/HV 5810/.H5/2007
Abstract: The program documents the nature of codependent relationships while clearly demonstrating the all consuming nature of addiction. When it comes right down to it nothing else matters! Self respect, family, desires or ambitions all disappear in a puff of crack smoke.

COUNSELLING

Integrating therapy with 12-step programs with Joan Ellen Zweben [Videorecording]

Access Key: auuw
Call Number: VTR/RC 564/.I6/2007
Abstract: Dr. Zweben's approach to therapy proceeds under the assumption that therapy and self-help groups have complementary roles in the process of recovery. In this video, Dr. Zweben focuses on the role of "12-step" self-help groups such as Alcoholics Anonymous and Narcotics Anonymous. She works with a Desert Storm veteran who is currently drinking and who is considering the possibility of contacting Alcoholics Anonymous.

Stages of change for addictions with John C. Norcross [Videorecording]

Access Key: auux
Call Number: VTR/RC 564/.S8/2007
Abstract: Years of research by Dr. Norcross and his colleagues have helped to identify the stages people go through in addressing and dealing with addictions. In therapy based on this model, strategies and relationship stances are matched to the individual client's stage. In this tape, Dr. Norcross works with a client who is in early recovery from cocaine addiction and contemplating changing his use of alcohol.

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DRUG TRAFFICKING

Getting out of the game : the trap of drug dealing [DVD]

Access Key: ause

Call Number: DVD/HV 5808.5/.G4/2007

Abstract: A group of ex-dealers grapple with real life issues: financial stress, relationships with old friends, the illusion of dealing without using, the false belief that this time they won't get caught. The participants also share the thoughts, tools and techniques that have helped them stay out of the game including: valuing family above the street life, learning to be patient, using a support group, having a positive focus or goal, learning to use their street skills to hustle legit, using memories of past negative experience to "keep it green", understanding the negative impact on the community and valuing earned money above illegal money.

FETAL ALCOHOL SPECTRUM DISORDER

Fetal alcohol exposure : changing the future [DVD]

Access Key: aups

Call Number: DVD/RG 629/.F45/F38/2006

Abstract: How are fetal alcohol spectrum disorders diagnosed? What are the primary and secondary disabilities with FASD? And – most important of all – what is the human cost? This program addresses these questions through the firsthand experiences of Ann Streissguth, director of the University of Washington's Fetal Alcohol and Drug Unit; Kathy Mitchell, vice president of NOFAS; Erica Lara, who works at a residential drug and alcohol treatment facility designed especially for women with young children; and Erica Gitis-Miles, a college student who had FASD. The in utero effects of alcohol are considered as well, as are the facial, bodily, neurological, cognitive, and behavioral characteristics of FASD.

GAMBLING

Done deal : choosing not to gamble [Videorecording]

Access Key: aupy

Call Number: VTR/RC 569.5/.G35/D6/2004

Abstract: Done Deal features Mike, the main character in Safe Bet, as a young adult who has dropped out of college because of the extensive gambling he did on campus. Stressed by the family's financial problems, Mike's mother argues with him after she finds evidence that suggests he is gambling again. Affected by his mom's reaction and an empathetic coworker's support, Mike finds himself able to refuse when he is faced with the temptation to place a bet.

New beginnings : problem gambling awareness for newcomers in Ethno-Cultural Communities [KIT]

Access Key: auxq

Call Number: KIT/RC 569.5/G35/N4/2006

Abstract: This video and facilitator's guide were produced for use with newcomers to Canada. The video gives newcomers important information about gambling, and suggests ways to avoid a gambling problem.

The facilitator's guide is designed to help group leaders facilitate a discussion after

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presentation of the video. It includes questions, exercises, and background information on gambling, as well as a special section with language exercises designed for ESL classes.

The guide assumes that the facilitator has no special knowledge of problem gambling. Anyone who works in the field can use the guide, but may find some of the background information to be basic.

Play to win : the deadly consequences of gambling [DVD]

Access Key: aupx

Call Number: DVD/RC 569.5/.G35/P5/2003

Abstract: The potential for gambling-related violence is the central focus of Play to Win as Keenan, a high school student, is threatened with a gun when he loses at a dice game and doesn't have enough money to pay the winner. His teacher, whose grandson recently committed suicide because of gambling debts, helps Keenan understand that playing to win in life is more important than playing to win at gambling.

Safe bet : recognizing the problem [DVD]

Access Key: aupw

Call Number: DVD/RC 569.5/.G35/S2/2001

Abstract: In Safe Bet, Mike, a high-school student, borrows money from other teens to pay his gambling debts. Struggling with another student to whom he owes money, Mike bumps his head and loses consciousness. While unconscious, Mike is "visited" by his uncle, who committed suicide because of his heavy gambling debts. Uncle Nick explains how gambling affected his life: missed payments, losses, lying, cheating, and a failed marriage. As Mike wakes up, he confronts the seriousness of his own gambling problem.

HARM REDUCTION

Harm reduction therapy for addictions with G. Alan Marlatt [Videorecording]

Access Key: auuy

Call Number: VTR/RC 564/.H3/2007

Abstract: This model focuses on working with the individual client toward the goal of reducing the harmful consequences of drug use. The therapist accepts clients on their own terms and tries to reduce barriers to treatment. In this tape, Dr. Marlatt works with a heroin-addicted client who is considering entry into a Methadone program.

PARENTING

Parenting for prevention : how to stop enabling and start empowering kids [Videorecording]

Access Key: auxx

Call Number: VTR/HQ 755.85/.P3/1997/V.1

Abstract: You'll learn:

- What parental enabling is and how it can hurt your child
- How to identify some common parental behaviors that lead to enabling
- Whether you might be enabling your child
- How to empower your child

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Parenting for prevention : how to set limits for kids [Videorecording]

Access Key: auxa

Call Number: VTR/HQ 755.85/.P3/1997/V.2

Abstract: You'll learn:

- How to set clear limits
- How to set reasonable limits according to age, trust level, and basic needs
- Why limits should be set in advance and checked for compliance
- How to respond when your child tests the limits

Parenting for prevention : how to enforce consequences when kids violate limits [Videorecording]

Access Key: auxc

Call Number: VTR/HQ 755.85/.P3/1997/V.3

Abstract: You'll learn:

- How to enforce consequences that are reasonable and related to the violation
- How to enforce consequences calmly, respectfully, and without anger
- What to avoid when enforcing consequences

Parenting for prevention : communicating : how to confront kids when they're doing wrong, how to encourage kids when they're doing right [Videorecording]

Access Key: auwz

Call Number: VTR/HQ 755.85/.P3/1997/V.4

Abstract: You'll learn:

- To identify some ineffective communication styles of parents
- How to communicate effectively with your child through active listening
- How to confront your child's negative behavior
- How to encourage your child's positive behavior

Parenting for prevention : how to teach kids to handle anger without violence [Videorecording]

Access Key: auxd

Call Number: VTR/HQ 755.85/.P3/1997/V.5

Abstract: You'll learn how to teach your child to use

- the A-B-C-D method to handle anger:
- Be AWARE of angry feelings
- BACK OFF and sort out what is really happening
- CHECK OUT CHOICES and the CONSEQUENCES of each choice
- DEDIDE AND DO the safest thing

Parenting for prevention : how to teach kids to resolve conflicts without violence [Videorecording]

Access Key: auxb

Call Number: VTR/HQ 755.85/.P3/1997/V.6

Abstract: You'll learn how to teach your child to use the 3 T's method for resolving conflicts:

- Think about the conflict
- Talk about the conflict
- Try to work it out

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POST-TRAUMATIC STRESS DISORDER

Post-traumatic stress disorder and substance abuse : Neurobiologic Basis with Sheri L. Fandrey, PhD [DVD]

Access Key: auva

Call Number: DVD/RC 564.68/.P67/2006

Abstract: The key not speaker at 2 day presentation on Post-Traumatic Stress Disorder and Substance Abuse. Dr. Sheri Fandrey discusses what PTSD is, how are people affected, how we diagnose the disorder, who might be affected, what puts people at risk, how PTSD affects the brain and how PTSD and addiction are linked.

Post-traumatic stress disorder and substance abuse with Lisa M. Najavits, PhD [DVD]

Access Key: auuz

Call Number: DVD/RC 564.68/.P6/2006

Abstract: A 2 day presentation delivered by Dr. Lisa M. Najavits on Post-Traumatic Stress Disorder and Substance Abuse. She discusses the link between trauma and substance abuse and focuses heavily on clinical strategies. She also discusses background, treatment and outcome studies of PTSD and substance abuse.

SMOKING – EFFECTS OF

Nicotine & the brain [DVD]

Access Key: auuu

Call Number: DVD/HV 5740/.N5/2007

Abstract: After seeing this tape, viewers will learn how nicotine effects the brain, why smoking is so addictive, some consequences of smoking and how to treat a smoking addiction through resisting peer pressure, avoiding and managing cues and preventing slips from becoming relapses.

SUBSTANCE ABUSE AWARENESS AND PREVENTION

No kinda life [DVD]

Access Key: aupo

Call Number: DVD/HV 5824/.Y68/N6/2007

Abstract: A stark and biting documentary filmed entirely behind bars at Louisiana State Penitentiary featuring prisoners "telling it like it is" about losing their freedom at an early age for drug related crimes. In dramatic settings, they relate their individual stories, telling how and why they were locked away, describing drab daily prison routine and inmate struggle, and so doing impart a strong sense of personal loss and regret.

Students watching get the big, realistic picture of their prison workdays, which begins at 4 a.m., and experience close-up interviews that are revealing and extremely moving. Ultimately this "living testimony" concludes with compelling advice to teenagers not to choose drugs, not to let crack cocaine and other dangerous substance ruin their lives.

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Safe schools forum 2007 [DVD]

Access Key: auxg
Call Number: DVD/HV 499.2/.S3/2007
Abstract: Contains a number of resources related to addiction and substance abuse awareness and preventive strategies.

Includes 3 disks

1. Safe schools forum 2007
2. Crystal Meth : presentations given to the Provincial Advisory Committee on Child Abuse on May 16, 2006
 - Part 1: Brief history, American experience, Canadian experience, What it's made from, How it's packaged, sold & used, What Manitoba is doing about it.
 - Part 2: Methamphetamine : issues, concerns, solutions
3. Manitoba Text Book Bureau Catalogue 2007-08

TRAUMA

The Traumatized child [DVD]

Access Key: aupm
Call Number: DVD/RJ 506/.P66/T7/2007
Abstract: This 3 - video series is intended to help parents and teacher of traumatized children interact with them more effectively.

1. Understanding the Traumatized Child (44 minutes)

Explains the effects of trauma on children, and is basic information for both parents and educators.

2. Parenting the Traumatized Child (45 minutes)

Discusses issues encountered by parents, including foster parents, adoptive parents, or family members who are taking care of a child after an experience of trauma or neglect.

3. Teaching the Traumatized Child (45 minutes)

Discusses issues affecting educators, including teachers, aides, school counselors, school administrators, and other educators who come in contact with traumatized children.

YOUTH

Real people : Teens, family and stress [KIT]

Access Key: aupj
Call Number: KIT/BF 724.3/.S86/R4/2003
Abstract: In this documentary-style program, real teens reveal how they meet the challenge of coping with stress in their family. Viewers learn to recognize the physical cues that indicate they are under stress, define the issues that cause them the most stress, and understand the difference between negative and positive coping strategies for dealing with stress.

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YOUTH – ALCOHOL USE

Next door : a documentary about a teenage alcoholic and her family [DVD]

Access Key: aupp

Call Number: DVD/HV 5135/.N4/2003

Abstract: She started drinking at twelve and by fourteen she was disappearing in the middle of the night. Her suburban, professional parents struggle to understand. The family dynamic comes to a head as issues about siblings, parenting and grandparents are revealed. Ultimately the child's insight surpasses the parents' offering us a rich awareness of herself and of her family.