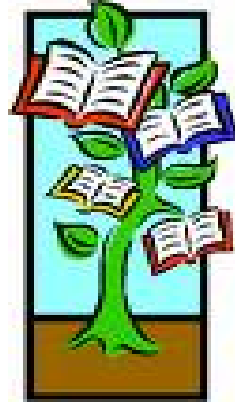


This month's list consists of print and video resources



# **NEW LIBRARY ACQUISITIONS SEPTEMBER 2008**

## *Library Services - Contact Numbers*

*Who to contact for your Library Information needs:*

### **CIRCULATION - David**

To borrow books, videos or equipment, contact:

**David**                      **944-6279**  
Email:                      [libraryvideo@afm.mb.ca](mailto:libraryvideo@afm.mb.ca)

### **JOURNAL ARTICLE REQUESTS - Harriet**

To obtain copies of articles the Library subscribes to.

Phone:                      944-6275  
Email:                      [hminuk@afm.mb.ca](mailto:hminuk@afm.mb.ca)

### **INTERLIBRARY LOANS - Harriet**

To request an Interlibrary Loan:

Phone:                      944-6275  
Email:                      [hminuk@afm.mb.ca](mailto:hminuk@afm.mb.ca)

### **REFERENCE QUESTIONS**

To obtain information on a specific topic or request a literature  
Search contact:

**Harriet** Phone:        944-6275  
Email:                      [hminuk@afm.mb.ca](mailto:hminuk@afm.mb.ca)  
**Jackie** Phone:        944-6367  
Email:                      [jmassey@afm.mb.ca](mailto:jmassey@afm.mb.ca)

### **VIDEO PREVIEW - Alina**

To order videos or request a video preview

Phone:                      944-6275  
Email:                      [atrocaru@afm.mb.ca](mailto:atrocaru@afm.mb.ca)

### **LIBRARY OUTREACH - Jackie**

To arrange for library orientations and presentations.

Phone:                      944-6367  
Email:                      [jmassey@afm.mb.ca](mailto:jmassey@afm.mb.ca)

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**BOOKS**

**ADULT CHILD SEXUAL ABUSE VICTIMS - MENTAL HEALTH**

**Childhood abuse and chronic pain: a curious relationship/** by Ranjan Roy

Access Key: avfq

Call Number: RB 127/.R685/1998

Abstract:

Ranjan Roy reviews different types of abuse - childhood, spousal, sexual, physical and emotional, presenting case studies that illustrate his therapeutic approach.

**ALCOHOLISM - TREATMENT**

**Discovering choices: our recovery in relationships**

Access Key: aviw

Call Number: HV 5275/.D57/2008

Abstract:

This title shares the tools offered by Al-Anon to learn about ourselves and discover spiritual resources we didn't know that we had.

**CHILDREN OF DIVORCED PARENTS - COUNSELING**

**Because life goes on: helping children and youth live with separation and divorce: a guide for parents /** Kathleen Guy and Natacha Joubert

Access Key: avku

Call Number: HQ 777.5/.J68/2001

Abstract:

This publication is intended to reach out to Canadian families in need of information and resources to help their children to live through the process of separation and divorce. It is also designed to assist professionals in such field as social services, health, justice and education, in their work with children and their parents.

**CHILDREN – CONDUCT OF LIFE –JUVENILE FICTION**

**I Value Determination/** Mary Joseph

Access Key: avla

Call Number: PZ 7/.J67/2004

Abstract:

Determination/ Juvenile fiction

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**DEPRESSION, MENTAL**

**I don't want to talk about it: overcoming the secret legacy of male depression/** by Terrance Real

Access Key: avfs

Call Number: RC 537/.R39/1998

Abstract:

I Don't Want to Talk About It focuses on depression in men which may be concealed and manifested as difficulties with intimacy, workaholism, alcoholism, abusive behavior and rage.

**DRINKING AND TRAFFIC ACCIDENTS**

**Alcohol, trauma and impaired driving/** by R. Solomon

Access Key: avgc

Call Number: HE 5620/.D7/S65/2006

Abstract:

The purpose of this report is to provide current facts on alcohol-related trauma. Data is predominantly from Canada, but also includes the United Kingdom, Australia, Europe and New Zealand

**DRUG ADDICTS - REHABILITATION**

**A new day, a new life: a guided journal/** by William Cope Moyers

Access Key: avgj

Call Number: RC 564.68/.M69/2008

Abstract:

A guided journal, A New Day, A New Life is a journal that is designed to serve as an inspirational as well as an educational resource for those facing the challenges and joys of early recovery.

**EATING DISORDERS - PATIENTS - BIOGRAPHY**

**Leaving food behind: an inspiring personal story of recovery from bulimia, starving, overeating/** by Sheila Mather

Canada

Access Key: avfu

Call Number: RC 552/.E18/M378/1997

Abstract:

The author reaches inside herself and displays for all the inner workings of the self and how she transformed from the depths of her hardships to the heights of becoming a true modern day leader.

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ENGLISH LANGUAGE--RHETORIC

**Write to the point!: letters, memos, and reports that get results/** by Neild B. Oldham

Access Key: avkz  
Call Number: PE 1483/.F73/1988  
Abstract:  
Letter and report writing

FOCUSED EXPRESSIVE PSYCHOTHERAPY

**The power of focusing: a practical guide to emotional self-healing/** Ann Weiser Cornell.

Access Key: avjn  
Call Number: RC 489/.F62/C67/1996  
Abstract:

The power of focusing shows readers how to train themselves in the techniques of self-exploration and self-discovery.

GAMBLING

**Gambling, freedom and democracy/** by Peter J. Adams

Access Key: avfr  
Call Number: HV 6710/.A33/2007  
Abstract:

It is becoming apparent that individuals and communities are becoming harmed as a consequence of the expansion of commercial gambling in western democracies. This title examines how people with roles in democratic structures in North America, Europe, and Australia are susceptible to the profitable influences of gambling. Of importance is that fact that governments have a duty of care to protect their own democratic processes.

**Slot machines, fun machines or tax machines?: a technician reveals the truth about one-armed bandits /** Ian B. Williams.

Access Key: auwj  
Call Number: GV 1311/.S56/W55/2000  
Abstract:  
Gambling/ Social aspects

GRIEF

**The grief club/** by Melody Beattie

Access Key: avix  
Call Number: BF 575/.G7/B42/2006

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Abstract:

The Grief Club is part memoir, part self-help book, and part journalistic endeavour designed to enlighten the individual deal with death, divorce and drug addiction.

**GROUP PSYCHOTHERAPY**

**The group therapy of substance abuse/** by David W. Brook and Henry Spitz

Access Key: avlg

Call Number: RC 564/.G755/2002

Abstract:

The impact of managed care on the group therapy of substance abuse / H. Spitz -- The interpersonal approach / P. Flores -- The cognitive therapy addictions group / B. Liese, A. Beck, K. Seaton -- Group therapy for alcohol dependence within a phase model of recovery / P. Banys -- Self-medication theory and modified dynamic group therapy / M. Albanese, E. Khantzian -- Outpatient groups at different stages of substance abuse treatment: preparation, initial abstinence, and relapse prevention / A. Washton -- Relapse prevention groups in outpatient substance abuse treatment / R. Rawson, J. Obert -- Inpatient groups and partial hospitalization / A. Slaby -- Groups in therapeutic communities / G. De Leon -- Time-limited groups / W. Piper, A. Joyce -- Network therapy / M. Galanter -- Self-help groups and substance abuse: examination of alcoholics anonymous / M. Lieberman, K. Humphreys-- Ethnicity and culture in the group therapy of substance abuse / D. Brook -- Group treatment for women substance abusers / V. Gibbs -- Group therapy for substance abuse with gay men and lesbians / D. McDowell -- Multidimensional family therapy for adolescent drug abuse: making the case for a developmental-contextual, family-based intervention / H. Liddle, C. Rowe -- Group psychotherapy with drug-dependent, dually diagnosed adolescents in a residential setting / T. Bratter -- Group psychotherapy for elderly substance abusers / E. Rathbone-McCuanm, R. Nelson -- Group treatment for patients with substance abuse and schizophrenia / R. Rosenthal -- Smoking cessation treatment groups / T. Carmody - - Medically ill substance abusers in group therapy / D. Hellerstein, L. Shomstein -- Research in group psychotherapy for substance abuse / L. Greene -- Group psychotherapy in the treatment of addictive disorders / S.Blume

**HIV/ AIDS**

**Assessing the need for prison - based needle exchange programs in Canada: a situational analysis/** by Gerald Thomas

Access Key: avgb

Call Number: HV 8844/.T56/2006

Abstract:

This background paper presents a situational analysis of current trends in prison drug use, as well as the prevalence of HIV/AIDS and HCV in prisoner populations.

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**INDIANS-FIRST CONTACT WITH EUROPEANS**

**A violent evangelism: the political and religious conquest of the Americas/** by Luis N. Rivera

Access Key: avgn  
Call Number: E 123/.R5913/1992  
Abstract:

Luis N. Rivera discusses the encounter between European Christianity and the native peoples of the Americas.

**The conquest of the new world: American holocaust/** by David E. Stannard

Access Key: avgl  
Call Number: E 112/.S82/1992  
Abstract:

This title focuses on the death, disease, destruction experienced by American Indians after 1492.

**INDIANS OF NORTH AMERICA CANADA- HISTORY**

**Prison of grass: Canada from a Nati/** by Howard Adams

Access Key: avgm  
Call Number: E 78./.C2/A67/1989  
Abstract:

In Prison of Grass Adams questions the description of Native peoples as uncivilized. He provides insight into the unpublished history of the Indian and Métis people.

**INDIANS OF NORTH AMERICA - MEDICAL CARE - CANADA**

**The Sacred Tree/** by Judie Bopp, Phil Lane Jr. and Michael Bopp

Access Key: avgp  
Call Number: E98./R3/S23/2004  
Abstract:

This handbook focuses on the elimination of drug and alcohol abuse in tribal communities.

**INDIANS OF NORTH AMERICA - CANADA - LEGAL STATUS, LAWS, ETC.**

**Returning to the teachings: exploring aboriginal justice/** by Rupert Ross

Access Key: avgr  
Call Number: KE 7735/.R67/1996  
Abstract:

This title focuses on aboriginal approach to "peacemaker justice".

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**INDIANS - SOCIAL CONDITIONS**

**In the absence of the sacred: the failure of technology & the survival of the Indian nations/** by Jerry Mander

Access Key: avgk

Call Number: E 98/.S67/M36/1991

Abstract:

Mander focuses on the resistance of native peoples to modern technology.

**INDIAN YOUTH- EDUCATION- UNITED STATES**

**Education for extinction: American Indians and the Boarding School Experience/**

by David Wallace Adams

Access Key: avks

Call Number: E 97.5/.A35/1995

Abstract:

1. Civilization: Reform, Models, System
2. Education: Institution, Classroom, Rituals
3. Response: Resistance, Accommodation
4. Causatum: Home, Policy

**NATIVE PEOPLE- CANADA- RESIDENTIAL SCHOOLS**

**Shingwauk's vision: a history of native residential schools**

Access Key: avgo

Call Number: E 96.5/.M55/1996

Abstract:

This book examines various aspects of the native residential school system.

**PROBLEM SOLVING- JUVENILE FICTION**

**Patrick's purrfect puppy/** by Tina Powell

Access Key: avlb

Call Number: PZ 7/.P69Pa/2005

**SAGE-THERAPEUTIC USE**

**Sacred sage spirit medicine/** by Silver Wolf Walks Alone

Access Key: avgs

Call Number: RM 666/.S15/W46/2000

Abstract:

Silver Wolf Walks Alone shares her physical and ceremonial experiences with the plant silver sage.

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SCHOOL VIOLENCE

**Solving violence problems in your school : why a systematic approach is necessary : a guide for educators/** by Carole Remboldt

Access Key: avge

Call Number: LB 3013.3/.R452/1994

Abstract:

School violence- United States

School violence- Prevention

**Violence in schools: the enabling factor/** by Carole Remboldt

Access Key: avgd

Call Number: LB 3013.3 /.R454/1994

Abstract:

School violence- Psychological aspects

School violence- Prevention

SHAME

**Shame and grace: healing the shame we don't deserve/** by Lewis B. Smedes

Access Key: avft

Call Number: BF 575/.S45/S643/1993

Abstract:

This title explores why and how shame is felt. Smedes provides a plan for healing, drawing on psychological and philosophical doctrines.

SUBSTANCE-RELATED DISORDER- THERAPY

**Becoming an Addictions Counselor: A Comprehensive Text/** by Peter L. Myers and Norman R. Salt

Access Key: avkr

Call Number: RC 564/.M94/2007

Abstract:

Thinking about addiction treatment - Individual counseling skills-Group treatment of addiction-Ethics and confidentiality- Case management: from screening to discharge- Considering client populations- Clinical treatment issues-Family, community, and cultural systems.

YOUTH- DRUG USE

**A drug prevention strategy for Canada's youth/** Canadian Centre on Substance Abuse

Access Key: avgi

Call Number: HV 5824/.Y68/.D784/2007

Abstract:

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The goal of the prevention strategy is to reduce drug use by Canadian youth, working especially on risk and protective factors before use begins.

**YOUTH/ HEALTH PROGRAMS**

**Balance your life group/** by Patti Phillips

Access Key: avgh

Call Number: RA 427.8/.P555/2005

Abstract:

The focus of this program is on health and wellness. A one day orientation is outlined, as well as activities for the complete 4 day session.

**BOOKS (FRENCH)**

**JEUNESSE - JEU**

**Sans laisser sa chemise: autres activités et projets en classe /** Manitoba. Fondation manitobaine de lutte contre les dépendances

Access Key: avlh

Call Number: REF RC 569.5/.G35/.S2675/1999

Abstract:

Activités pédagogiques pour la prévention de la toxicomanie jeu.

**Sans laisser sa chemise: les jeux de hasard : séances de sensibilisation a l'intention des élèves des écoles secondaires du Manitoba /** Manitoba. Fondation manitobaine de lutte contre les dépendances

Access Key: aved

Call Number: REF RC 569.5/.G35/.S267/1999

Abstract:

Activités pédagogiques pour la prévention de la toxicomanie jeu.  
Guide de l'animateur.

**NARCOTICS- JUVENILE POETRY**

**L'éveil est ton bouclier/** by Constant Dubois and Marie Resmer

Access Key: avkt

Call Number: PS 8585/.E797/A9314/2001

Abstract:

Corps humain- poésie pour la jeunesse; Respect-Poésie pour la jeunesse;  
Drogues-Poésie pour la jeunesse; Poésie enfantine canadienne-anglaise

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**AUDIOVISUAL**

**FOLK MUSIC- SASKATCHEWAN**

All is well [sound recording]/ Heather Bishop

Access Key: avlc

Call Number: CD/M 1679.18/. B58/2006

Abstract:

Collection of healing songs including The Song of Blessing, which she recorded for Christie House.

Yes to live - Spirit Healer - Dream Line Special - How could anyone - Look to the rainbow - All is well - Born to live - Always a mission - Somewhere over the rainbow - Song of blessing

**NEW DVDS**

**ADDICTION- TREATMENT**

**Counseling and Therapy with Native American Indians**

Access Key: avex

Call Number: DVD/BF 637/.C6/L347/1995

Abstract:

This video focuses on three key issues:

- Assumptions that Indians hold about psychologists
- Assumptions that psychologists hold about Indians
- The counseling implications of different perspectives.

**Culturally Competent Counseling and Therapy: Innovative Approaches to Counseling Native-American Indian People**

Access Key: avey

Call Number: DVD/BF 637/.C6/C74/2004

Abstract:

Aligning the client with destiny is the goal. The client has left the Red Road, paying insufficient attention to traditional values. The therapist draws out alcohol and family concerns in a cultural context. Particularly helpful to the client (and to viewers) are connections drawn between the client, family, community and broader cultural context.

**The Power of Recovery**

Access Key: aveu

Call Number: DVD/RC 564/.P69/2008

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**Abstract:**

A set of stories to inspire your recovery from addiction. Learn what others have done to manage triggers, control cravings, and come to terms with their past. Stories include a plumber, an ex-con, a father, a transgender, a priest, a mother of two, and a woman who was raped. The real value of these stories are the nuggets of wisdom you can apply in your life to put addiction recovery into practice

**BULLYING IN SCHOOLS**

**It's a girl's world: a documentary about social bullying**

Access Key: avgw

Call Number: DVD/BF 637/.B85/I87/2004

**Abstract:**

Examines the relationships among young girls. Through audio and video diaries, a disturbing picture emerges of how girls use friendships to hurt each other and win social power in the group. At the same time, their parents struggle through considerable denial and disbelief to accept and deal with the serious consequences of this behavior. Discusses a true story of a fourteen-year-old girl who committed suicide. Shatters the myth that social bullying among girls is an acceptable part of growing up.

**CROSS- CULTURAL COUNSELING**

**Confronting Racial and Gender Difference: Three Approaches to Multicultural Counseling and Therapy Guide**

Access Key: avew

Call Number: DVD/BF 637.7/.C76/C6/2004

**Abstract:**

Students will discover many of the issues underlying cross-racial counseling and therapy. Unintentional racism, insight into client thought processes, and specific ideas for practice are provided in this challenging video. The video starts with a focus on developing an open cross-cultural relationship and negotiating the goals of counseling.

**DRUG ABUSE AND CRIME**

**Stolen Lives [DVD] / written by Ken Jubenvill and Richard Tomkies**

Access Key: avhx

Call Number: DVD/HV 6665/.C3/S76/2007

**Abstract:**

Victims of auto theft share their personal stories of pain and grief regarding the loss of family members. Five car thieves tell their own stories of why they steal cars and the consequences of their choice to engage in this deadly behavior. This powerful and graphic documentary uses police footage of collisions, bait car thefts, and the personal stories of both the victims and the criminals to deliver a strong prevention message to youth on the true cost of auto theft.

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**DRUG ADDICTION**

**Cottonland**

Access Key: avhc

Call Number: DVD/HV 5840/.C2/C68/2006

Abstract:

When the last of Cape Breton's coalmines shut down in the late 1990's, the community of Glace Bay fell into economic despair followed by social depression. Many people became addicted to the prescription painkiller OxyContin. This film looks at the social and economic factors that helped create this dependency, and at the necessity of a strong and cohesive social network to help people resist. "Cottonland" emphasizes the importance of a collective approach to the problems of addiction and dependency.

**DRUG ADDICTS - REHABILITATION**

**A new day, a new life/ with William Cope Moyers**

Access Key: avgt

Call Number: DVD/RC 564.68/.M69/2008

Abstract:

The video is designed to serve as an inspirational as well as an educational resource for those facing the challenges and joys of early recovery.

**DRUG TRAFFIC- CANADA**

**Cheating death: some choices you have to live with**

Access Key: avhf

Call Number: DVD/HV 6453/.C22/O63/2005

Abstract:

Takes us inside the mind of Gyasi Ferdinand, still struggling with the temptations of the street, while at the same time trying to serve God. A journey into the world of drugs, gangs and guns.

**FAMILY VIOLENCE/ POVERTY- CANADA**

**Hope [DVD] / Stuart Reaugh and Thomas Buchan**

Access Key: avhn

Call Number: DVD/HV 5132/.R43/2008

Abstract:

Hope follows artist Ken Paquette, his partner Winnie Peters and their five boys as the struggle to cope during a year of wrenching change. The family cycles through poverty, addiction, violence and love but a final confrontation sparks irrevocable change.

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**HERBS – THERAPEUTIC USE**

**Letha Hadady's Asian Health Secrets [videorecording]**

Access Key: avho

Call Number: VTR/RM 666/.H33/H28/2004

Abstract:

Join Letha Hadady, one of the world's leading herbalists and discover powerful natural remedies that have been successfully used for thousands of years.

**HOMELESSNESS - CANADA**

**Hannah's Story**

Access Key: avhd

Call Number: DVD/HV 4509/.H36/2007

Abstract:

This is the story of an eleven-year-old girl, Hannah Taylor, who is already inspiring adults to make a difference. Hannah established the 'Ladybug Foundation', a charity that has raised over a million to aid those lacking life's basic needs.

**INDIAN WOMEN- CRIMES AGAINST- CANADA**

**Finding Dawn**

Access Key: avhe

Call Number: DVD/HV 6626.23/.C2/F46/2006

Abstract:

Finding Dawn gets its title from Dawn Crey, one of the estimated 500 Canadian Native women who have gone missing or have been murdered in the last thirty years. Illustrates the deep historical, social and economic factors that contribute to the epidemic of violence against Native women in Canada and presents the message that stopping that violence is everyone's responsibility.

**MANIC- DEPRESSIVE ILLNESS**

**Flight from darkness**

Access Key: avgv

Call Number: DVD/RC 516/.F59/2007

Abstract:

"Percy Paul began his journey in a remote Dene community in northern Saskatchewan, a place where far too often alcohol and violence were close at hand. Despite these circumstances, he excelled in school and sports, eventually proving himself a world class distance runner and gold medalist. Within a few short years, Percy found himself at Princeton, working alongside one of the world's leading authorities on string theory, black holes and quantum field theory. But all this changed when he turned 28. Percy became an alcoholic in an effort to cope with his extreme mood swings. After a failed suicide attempt, he was diagnosed with bipolar disorder. Those afflicted with

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this life-long disorder suffer flights of mania followed by periods of clinical depression, where many try suicide and, tragically, all too many succeed. Flight from Darkness focuses on the life of Percy Paul, from his dazzling rise and fall as a brilliant mathematician to his continuing struggle to prevail over his illness and realize his full potential."

**MENTAL HEALING**

**Gang aftermath [DVD] /Francis Campbell**

Access Key: avgz

Call Number: DVD/HV 6439/.C2/G197/2005

Abstract:

This film follows former gang members and gang associates who have put their destructive pasts behind them. Their stories reveal truths about their former lives and may help to prevent others from making similar mistakes. We hear from current and former gang members, including female gang associates. This is a no-holds-barred look at a subculture. How are members recruited? What role do females play in the lifestyle? Is it true that the only option for a gang member is death or life in prison? This video dispels the myths and lays bare the truth about the inner workings of street gangs in Canada.

**METHAMPHETAMINE ABUSE**

**Scathed**

Access Key: avhu

Call Number: DVD/HV 5822/.A5/S338/2007

Abstract:

Crystal Meth has roared across the globe, leaving in its wake wrecked lives, broken dreams and death. Its use has cost millions in policing and health expenditures. This program looks at the problem through the eyes of the current and recovering users and their families, health-care workers and police. The documentary dramatically shows that using crystal meth is not a game. This program is suitable for high school students, their parents, educators, and anyone interested in understanding the seductive lure of illicit drugs.

**RECOVERY**

**Blank Canvas: Creating a New Life**

Access Key: avev

Call Number: DVD/HV 5824/.W6/B4/2007

Abstract:

This forthright documentary features portraits of women in recovery from substance abuse. The women have embraced the very element that may have led them into addiction- creative sensitivity- as a lifeline to pull themselves out of it. Through the

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eyes of the filmmaker, who tells of her own battle with alcohol abuse, we discover an inspirational community of artistic support that grows around six women, each of her own transformational journey...a journey that not everyone survives.

**SEX ROLE IN MASS MEDIA- CANADA**

**Sexy Inc.: our children under influence**

Access Key: avgx

Call Number: DVD/HQ 784/.M3/S49/2007

Abstract:

"Analyzes the hypersexualization of our environment and its noxious effects on young people. Experts criticize an unhealthy culture created by advertising and the media, and the many examples shown illustrate how children are reduced to consumers bombarded with images of girls treated as purely sexual objects"

**SMOKING**

**Smokefree spaces: activist toolkit = Trousse d'action espaces sans fumee**

Access Key: avgy

Call Number: KIT/HV 5770/.C2/S66/2005

Abstract:

The toolkit supports Canadian youth in taking action against second-hand smoke. Use this CD-ROM to learn about second-hand smoke and activism, or to get together with others to take action on creating smokefree spaces where you live.

**The tobacco conspiracy: the backroom deals of a deadly industry**

Access Key: avhb

Call Number: DVD/HV 5733/.T63/2006

Abstract:

The Tobacco Conspiracy goes behind the scenes of the powerful tobacco industry, which has grown rich over the last five decades at the expense of public health; defines the issues in a complex situation where private interests and the public good collide enlightening and engrossing the documentary is a hard-hitting critique of an industry gone mad.

**Tobacco's last stand [DVD]/ Robin Benger**

Access Key: avha

Call Number: DVD/HV 5770/.C2/T75/2005

Abstract:

Filmmaker Robin Benger casts a compassionate but critical gaze on the conflict, offering a thoughtful account of Canada's most contentious public health battle as it plays out in the heart of Ontario's tobacco country. While the big tobacco companies reap record profits, the Muelemeesters are sinking deeper into debt.

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**YOUTH – DRUG USE- CANADA**

**Still Longshots: making films beating the odds**

Access Key: avhg

Call Number: DVD/HV 5824/.Y68/S85/2007

Abstract:

Still Longshots follows four at-risk young people through a video-making workshop. Learning to make videos about their lives becomes a creative healing process for these young people. Rounding up the experience is the chance to meet a group of former street kids who did a similar workshop more than a decade earlier.