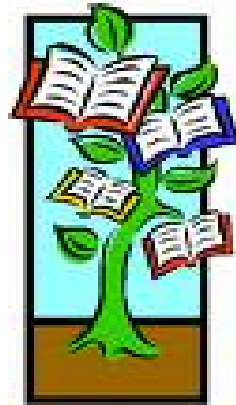


This month's list consists of print and video resources



NEW LIBRARY ACQUISITIONS SEPTEMBER 2009

Library Services - Contact Numbers

Who to contact for your Library Information needs:

CIRCULATION

To borrow books, videos or equipment, contact:

Melissa Phone: 944-6279
Email: mmaskus@afm.mb.ca or
libraryvideo@afm.mb.ca

JOURNAL ARTICLE REQUESTS

To obtain copies of articles the Library subscribes to.

Jackie Phone: 944- 6367
Email: jmassey@afm.mb.ca
Alina Phone: 944-6275
Email: atrocaru@afm.mb.ca
Melissa Phone: 944-6279
Email: mmaskus@afm.mb.ca

INTERLIBRARY LOANS

To request an Interlibrary Loan:

Alina Phone: 944-6275
Email: atrocaru@afm.mb.ca

REFERENCE QUESTIONS

To obtain information on a specific topic or request a literature

Jackie Phone: 944-6367
Email: jmassey@afm.mb.ca
Alina Phone: 944-6275
Email: atrocaru@afm.mb.ca
Melissa Phone: 944-6279
Email: mmaskus@afm.mb.ca

VIDEO PREVIEW

To order videos or request a video preview

Alina Phone: 944-6275
Email: atrocaru@afm.mb.ca

LIBRARY OUTREACH

To arrange for library orientations and presentations

Jackie Phone: 944-6367
Email: jmassey@afm.mb.ca

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BOOKS

ACUPUNCTURE FOR ADDICTION TREATMENT

Acupuncture for addiction treatment / by Michael O. Smith

Access Key: avty

Call Number: RM 184/.S6/1999

Abstract:

Acupuncture is currently used in the treatment of addictions by approximately 1000 addiction treatment programs. Clinical evidence supports that it is effective in ameliorating withdrawal and craving symptoms associated with alcohol, opiate, and cocaine dependence, as well as symptoms associated with most other addictions. Acupuncture for cocaine dependence has been particularly recognized as an important innovation, since there are presently no established pharmaceutical treatments.

CELEBRITIES – DRUG USE

The harder they fall: celebrities tell their real-life stories of addictions and recovery/ Gary Stromberg, Jane Merrill

Access Key: avsy

Call Number: HV 5824/.C42/S87/2005

Abstract:

The Harder They Fall reveals the intimate thoughts, feelings, regrets, and beliefs of celebrities in recovery. Addiction devoured their pride and accomplishments until they found the courage to ask for help, the honesty to face their disease, and the strength-ultimately-to rebuild a life of extraordinary success. Here, legendary Los Angeles publicist Gary Stromberg gives readers an up-close look at fame and addiction, as told by the stars themselves.

DRUG ABUSE -- EPIDEMIOLOGY-- UNITED STATES

Epidemiologic trends in drug abuse: proceedings of the community epidemiology work group: June 2008: volume I and II / National Institute of Health

Access Key: avtd

Call Number: RC 567.7/.E653/2009

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DRUG ABUSE--PATIENTS--BIOGRAPHY

Clean: A new generation in recovery speaks out / Chris Beckman

Access Key: avtb

Call Number: RC 533/.B39/2005

Abstract:

Contents: Before the fall: setting the stage for addiction -- Drunk and stoned : becoming chemically dependent -- Believe what you want : denial comes on strong -- A turning point : the awakening -- One day at a time : getting clean and sober -- The rest of your life : making it safe, sober, and sexy.

DRUG ABUSE - STUDY AND TEACHING

Comprehensive Drug Education Kit [3 vol.]: Elementary Facilitator's Guide; Secondary Facilitator's Guide; Senior 3 & 4 Module/ Winnipeg School Division No. 1

Access Key: avtq

Call Number: HV 5808/.C6/2002

Abstract:

Cover title: [v. 1] Elementary facilitator's guide -- [v. 2] Secondary facilitator's guide -- [v. 3] Senior 3 & 4 module.

The resources in this kit are designed to: create opportunities for dialogue with and among students, about issues of concerns to them, include resources which reflect the current best practices in drug education, provide the material that will help to challenge their thinking and assist them in making decisions regarding substance abuse.

Kids and cops: drug education presentation plans for grade six classes / developed by Gloria Silverman for the Canadian Association of Chiefs of Police.

Access Key: avtv

Call Number: HV 5808/.S5/1988

Abstract:

Table of contents:

Before you make your presentation: General information; Time allocation; Student questions; personal experiences; Films; Use of the chalkboard; Addictions Agencies Presentation plans: Topic 1- Drugs, risks and consequences; Topic 2 -Influences on decisions: Topic 3 - Drug use and alternatives; Topic 4 - Saying no to drugs; Topic 5 - Rules and laws

Appendices: 1. Sample introduction; 2. Risks and consequences game; 3. Films; 4. Posters; 5. The bar graph exercise; 6. Bar graph overlay; 7. Student drug use data for Canada; 8. Categories of drugs; 9. Refusal scenarios; 10. Instructions for refusal skills role play; 11. Breaking the rules.

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DRUG ABUSE -- RSEARCH

Monitoring the future: national results on adolescent drug use: overview of key findings, 2008

Access Key: avte

Call Number: HV 5824/.Y68/J62/2009

Supporting success: National summer institute on addictions, 2007

Access Key: avub

Call Number: HV 5809/.S87/2007

Abstract:

The report is an engaging presentation on Reconsidering Addiction Treatment: Implications from a Chronic Care Perspective by keynote speaker Dr. Thomas McLellan, Chief Executive Officer of the Treatment Research Institute in Pennsylvania and Professor of Psychiatry at the University of Pennsylvania. This year's Institute also featured presentations and workshops by leading clinicians, researchers and policy/program specialists.

DRUG ADDICTION

Addiction a disorder of choice / Gene M. Heyman

Access Key: avta

Call Number: HV 5801/.H459/2009

Abstract:

Contents: Responses to addiction -- The first drug epidemic -- Addiction in the first person -- Once an addict, always an addict? -- Voluntary behavior, disease, and addiction -- Addiction and choice -- Voluntary behavior : an engine for change.

DRUGS AND THE AGED

An examination of trends in illicit drug use among adults aged 50 to 59 in the United States/ Beth Han, Joseph Gfroerer, and James Colliver

Access Key: avud

Call Number: HV 5824/.A33/H36/2009

Abstract:

This report examines the trends, patterns, and characteristics of illicit drug use among persons aged 50 to 59 in the United States. Drug use is increasing in older adults, more than doubled in the past five years.

With current and anticipated future increases in the numbers and proportions of aging adults using illicit drugs, United States faces the challenges of reducing drug use and treating drug use disorders and associated health conditions in this segment of the populations.

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HARM REDUCTION

John Howard Society of Manitoba Harm Reduction Series

Access Key: avtg

Call Number: RC 564.15/H37/2009

Harm reduction policies and programs for persons of Aboriginal descent / Colleen Anne Dell and Tara Lyons.

Access Key: avtx

Call Number: HV 4999/.D4/2007

Abstract:

This document provides current, objective and empirically-based information to inform the implementation of policies and programs for promoting the reduction of harms associated with substance abuse in Canada.

HEALTH EDUCATION – UNITED STATES – PROBLEMS, EXERCISES

Consumer health and safety activities / Patricia Rizzo Toner

Access Key: avth

Call Number: RA 440.3/.U5/T66/1993

Abstract:

This resource is one of six units in "Just for the health of it", a unique series that provides over 540 stimulating, ready-to-use games, puzzles and worksheets to teach and reinforce basic health concepts and skills in middle/junior high and senior high school students.

This unit presents 90 activities to help students learn to recognize advertising techniques, compare various products and claims, understand consumer rights, distinguish between safe and dangerous items, become familiar with safety rules, and more.

INTERPERSONAL RELATIONS – STUDY AND TEACHING

Relationships and communication activities/ Patricia Rizzo Toner.

Access Key: avti

Call Number: HM 132/.T663/1993

Abstract:

This resource is one of six units in "Just for the health of it", a unique series that provides over 540 stimulating, ready-to-use games, puzzles and worksheets to teach and reinforce basic health concepts and skills in middle/junior high and senior high school students.

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This unit includes 90 ready-to-use activities exploring topics such as family relationships, sibling rivalry, how to make friends, split-level communication, assertiveness and aggressiveness, dating, understanding divorce, and popularity.

MEDICAL CARE -- CANADA

Health care in Canada: 2008/ Canadian Institute for Health Information

Access Key: avua

Call Number: RA 412.5/.C2/H43/2008

Abstract:

This report provides a review of key analytic work undertaken at CIHI that highlights CIHI's health care research priorities (access, quality of care, costs, health human resources and population mental health). Also included in this report are key findings from seminal Canadian and international health care research as they relate to these health care priorities.

MEN -- PSYCHOLOGY

Freeing the angry mind: how men can use mindfulness & reason to save their lives & relationships / C. Peter Bankart; [foreword by David B. Wexler].

Access Key: avsx

Call Number: HQ 1090/.B37/2006

Abstract:

Table of contents: Introduction--Taking charge, taking responsibility -- Finding your center: a guide to active self-awareness -- paying attention to your body -- Heart and soul: connecting with other human beings -- The challenge of acceptance -- Obligation: sumanai! -- The challenge of forgiveness -- Provoking the dragon -- Waking up your inner buddha.

This book that offers an integration of Buddhist thinking, mindfulness practice, and cognitive-behavioral psychology sets out a straightforward program of exercises and advice that can help you move through anger to a richer, more meaningful way of living your life.

MORTALITY--MANITOBA--STATISTICS

Annual review 2006 / Office of the Chief Medical Examiner

Access Key: avtw

Call Number: RA 407.5/.C2/B3/2006

Abstract:

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The Office of the Chief Medical Examiner in Manitoba is responsible under The Fatality Inquiries Act and The Vital Statistics Act for the inquiry/investigation and certification of all deaths which are the result of violence or which are unexpected, unexplained, or unattended. In 2006, 5846 deaths were reported to the Chief Medical Examiner's office representing 60% of all deaths in Manitoba during the year. The reports generated by the medical examiners/medical examiner's investigators contained information on the identity of the deceased, the cause and manner of death, and a summary of the circumstances surrounding the death. In many cases the Royal Canadian Mounted Police and local community police assisted the medical examiners in conducting their investigations.

SELF- ACTUALIZATION (Psychology) IN ADOLESCENCE-- PROBLEMS, EXERCISES, ETC.

Feed your head: some excellent stuff on being yourself /written by Earl Hipp;
illustrated by L.K. Hanson

Access Key: avtc

Call Number: BF 637/.S4/H563/1991

Abstract:

This book help adolescents think feel and grow into persons worthy of love and respect, especially accepting themselves and having realistic expectations.

STRESS MANAGEMENT FOR TEENAGERS

Stress-management and self-esteem activities / Patricia Rizzo Toner

Access Key: avtj

Call Number: RA 785/.T65/1993

Abstract:

This resource is one of six units in "Just for the health of it", a unique series that provides over 540 stimulating, ready-to -use games, puzzles and worksheets to teach and reinforce basic health concepts and skills in middle/junior high and senior high school students.

This unit features 90 games and activities to develop concepts and skills related to stress, stress-reducers, emotions, understanding yourself, and building self-esteem.

WOMEN DRUG ADDICTS – UNITED STATES -- BIOGRAPHY

Blackout girl: growing up and drying out in America / by Jennifer Storm.

Access Key: avsz

Call Number: HV 5293/.S76/S76/2008

Abstract:

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A riveting memoir of what happens to a teenage girl whose life is awash in alcohol, drugs, and the trauma of rape.

YOUTH – SUBSTANCE USE

Keeping youth drug-free: a guide for parents, grandparents, elders, mentors, and other caregivers

Access Key: avtf

Call Number: HV 5824/.Y68/K447/1997

Abstract:

This booklet is divided into five sections to address reasons young people give for using marijuana, alcohol, and tobacco: to feel grown up, to fit in, to relax and feel better, to take risks, and to satisfy curiosity.

Keeping youth drug-free provides caregivers with guidelines to help them do just so. It is targeted to parents and guardians of 7- to 13 year olds, but the materials and exercises can also work for other age groups.

No matter what the consequence: a guide to help teens recognize and understand addiction

Access Key: avtz

Call Number: HV 4999.2/.N6/2001

Abstract:

This guide ... is designed to provide resources to stimulate thought and discussion on the broad topic of addiction. It does not focus on any one type of addiction, but rather seeks to identify addictive behaviors and how addictions affect young people. It also offers information and resources for treatment."--P. 2.

Tobacco Reduction School Resource Kit / Winnipeg Regional Health Authority

Access Key: avtr

Call Number: HV 5745/.T6/2004

Abstract:

This kit contains two sections:

Section 1- identifies key components of school-based tobacco use prevention programming, describes the importance of a supportive school environment.

Section2 - contains the actual resource lists

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NEW VIDEOS

COMPULSIVE GAMBLING

Quest For A Money Tree [DVD] / presented by Addictions Foundation of Manitoba

Access Key: avsu

Call Number: DVD/RC 569.5/.G35/Qu47/2008

Abstract:

The idea of a "money tree" captures the myth of finding "easy money". Unfortunately, money does not grow on trees, so "getting rich quick" is not likely to become a reality. That's why the title Quest for a Money Tree was chosen for this play about the desperate hopes of problem gamblers to make money and the effects of this quest on their loved ones.

The play is meant to appeal to a variety of audiences, including newcomers from other countries, older adults, youth, families and the Filipino community.

You bet your life [DVD] / produced by Canadian Broadcasting Corporation: the fifth estate

Access Key: avsi

Call Number: DVD/RC 569.5/.G35/Y6/2004

Abstract:

This one-hour program investigates the effects of VLTs — Video Lottery Terminals. Gambling is no longer considered a sin or vice; instead our provincial governments not only operate these terminals, but they also take 50% of the profits. Children are the fastest growing group of compulsive gamblers. The report highlights how the terminals affect compulsive gamblers and the larger impact on our society.

DRUG ADDICTION

ADDICTION [DVD] / HBO Video

Access Key: avtp

Call Number: SDVD/RC 564/.A3/2007

Abstract:

Experts discuss drug and alcohol addiction and explain how addiction is a treatable brain disease.

Features: thirteen comprehensive segments, including What is addiction?, Understanding relapse, The search for treatment : a challenging journey, The adolescent addict and more, interview with noted authorities on the subject of addiction and co-occurring psychiatric disorders as well as the most effective treatments, twelve-page program guide featuring summary points, questions for care providers, online resources and other key information.

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Contents: Saturday night in a Dallas ER / directed by Jon Alpert -- The adolescent addict / directed by Kate Davis -- Insurance woes / directed by Susan Frömke -- Brain imaging / directed by Liz Garbus -- Opiate addiction : a new medication / directed by Chris Hegedus, D.A. Pennebaker -- The science of relapse / directed by Eugene Jarecki -- Steamfitters Local Union 638 / directed by Barbara Kopple -- A mother's desperation / directed by Albert Maysles -- Topiramate : a clinical trial for alcoholism / directed by Susan Raymond.

DOMESTIC VIOLENCE

ONCE WERE WARRIORS [DVD]

Access Key: avtn

Call Number: SDVD/HV 6626/.O5/2002

Abstract:

In a poor suburb of Auckland, Jake and Beth Heke live a life defined by drunken parties, unstable friendships, and confrontations with authorities. Jake, a complex man with a rascal's charm, is weighted down by a quick temper, alcoholism, and an evil streak of male entitlement. Beth's beauty has been scarred by broken dreams and Jake's beefy fists. Yet her inner strength and desire to save her family make her the solid center around which this story of tragedy and hope is constructed.

GROUP COUNSELING

GROUPS IN ACTION EVOLUTION AND CHALLENGES [KIT] / by Gerald Corey; Marianne Schneider Corey; Robert Haynes

Access Key: avtm

Call Number: SKIT/BF 636.7/.G76/C67/2006

Abstract:

EVOLUTION OF A GROUP - Filmed at a three-day intensive group co-facilitated by the Coreys, this two-hour program portrays the significant events that occurred as the group moved through its initial, transition, working, and ending stages. The Coreys demonstrate a wide variety of group techniques and skills, including how to deal with members' feelings of not being "good enough," their fears of being judged, and their difficulties with intimate relationships. The real participants - not actors - present reactions in the group context.

CHALLENGES FACING GROUP LEADERS - Covering themes suggested by the Coreys' work with students and by their colleagues, this 90 minute portion of the DVD emphasizes the initial and transition stages of a group's development - the stages which tend to create the most anxiety and concern for group practitioners. By watching this program, you will explore diversity issues in group work, discovering ways of reframing resistance and find examples of how to work therapeutically with defensive behaviors.

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The Coreys did not create a script; group members improvised around a series of situations.

WORKBOOK - The workbook utilizes an interactive format, engages your active learning skills as you study the group in action. It includes exercises that correlate directly with each segment of the DVD as well as self-assessments and self-inventories; skills checklists; the Coreys' commentary; questions for application, discussion, and reflection; references to the Coreys' group counseling text; and more.--Cover.

INDIANS OF NORTH AMERICA -- ALCOHOL USE -- DRAMA.

Skins [DVD] / [directed by Chris Eyre].

Access Key: avto

Call Number: DVD/E 98/.L7/S5/2002

Abstract:

Rudy Yellow Lodge is both a resident and a police officer of the Pine Ridge Indian Reservation. Dealing with the fallout and emotional burdens of reservation life in one of the poorest counties in the U.S., as alcoholism and poverty continually threaten the community, his family, and his own state of mind, Rudy finds himself taking the law into his own hands, with potentially tragic consequences.

MIND AND BODY

Passion & fury: the emotional brain: Anger [DVD] / produced by Canadian Broadcasting Corporation, Australian Broadcasting Corporation; in association with Discovery Networks International.

Access Key: avsl

Call Number: DVD/BF 511/.P37/2004/V.2

Abstract:

Using the real stories of two men, illustrates different aspects of anger. Also explores how researchers attempt to help young people cope with anger by applying what they learn from studies of the brain.

Passion & fury: the emotional brain: Fear [DVD] / produced by Canadian Broadcasting Corporation, Australian Broadcasting Corporation ; in association with Discovery Networks International.

Access Key: avsm

Call Number: DVD/BF 511/.P37/2004/V.1

Abstract:

Explores fear triggers, the brain chemistry associated with fear, and what role nature and nurture play on this most primitive emotion.

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Passion & fury: the emotional brain: *Happiness* [DVD] / produced by Canadian Broadcasting Corporation, Australian Broadcasting Corporation; in association with Discovery Networks International

Access Key: avso

Call Number: DVD/BF 511/.P37/2004/V.4

Abstract:

Explores the emotion of contentment, which is believed to be the one sentiment that motivates us to live. Draws a distinction between the lasting state of happiness and the pursuit of instant pleasure. Explores the evolutionary role of happiness, and speculates about what happens in the brain and possibly our genes, that makes some happy and some not.

Passion & fury: the emotional brain: *Love* [DVD] / produced by Canadian Broadcasting Corporation, Australian Broadcasting Corporation; in association with Discovery Networks International.

Access Key: avsn

Call Number: DVD/BF 511/.P37/2004/V.3

Abstract:

Anthropologists explore the emotional and biophysical aspects and kinds of love, as well as attachment and lust.

NEUROPLASTICITY

BRAIN THAT CHANGES ITSELF [DVD] / produced by Canadian Broadcasting Corporation: Nature of Things

Access Key: avsj

Call Number: SDVD/QP 365.5/.B7/2008

Abstract:

For centuries the human brain has been thought of as incapable of fundamental change. People suffering from neurological defects, brain damage or strokes were usually written off as hopeless cases. But recent and continuing research into the human brain is radically changing how we look at the potential for neurological recovery. The human brain, as we are now quickly learning, has a remarkable ability to change itself — to rewire itself.

Based upon the best-selling book by Toronto psychiatrist and researcher Dr. Norman Doidge, this documentary presents a strong case for reconsidering how we view the human. Dr. Doidge travels throughout North America to meet some of the pioneering researchers who made revolutionary discoveries about the plasticity of the human brain. He also visits with the people who have been most affected by this research — the patients whose lives have forever been changed — people once thought of as incurable who are now living normal lives.

Known in scientific circles as “neuroplasticity,” this radical new approach to the brain yields spectacular results in bringing the human brain back to life.

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VIDEO GAME ADDICTION

Top Gun [DVD] / produced by Canadian Broadcasting Corporation: the fifth estate

Access Key: avsh

Call Number: DVD/RC 569.5/.V53/T6/2009

Abstract:

On the 2008 Thanksgiving weekend, Steve and Angelika Crisp confiscated their son Brandon's Xbox. He retaliated by running away from home, and a much-publicized and unthinkable tragedy followed: his body was discovered three weeks later. Brandon's death became a national news story about much more than just another teen runaway. His disappearance and death revealed to parents a darker aspect to their children's video gaming: addiction.

In a fifth estate investigation, reporter Gillian Findlay goes inside this virtual community — where gaming addiction can trump family and friends. Interviews with a self-confessed former gaming addict, a therapist who's seeing more and more gaming addicts, Brandon's best friend, and of course, his grieving parents, reveal the consequences of this growing teen obsession.

WOMEN – CANADA – DRUG USE

The BANG you feel [DVD]/ Bearpaw Media Productions

Access Key: avue

Call Number: DVD/HV 5137/.B36/2009

Abstract:

'The BANG you feel' is a 40 minute documentary that follows the stories of three Aboriginal women attempting to rebuild their lives after leaving prison. Set in Edmonton, Alberta, 'the BANG you feel' is a compelling look at addiction, support and hope.

YOUTH – DRUG USE

Braking Point - Risk Reduction Strategies for Youth [DVD]/ MADD Canada

Access Key: avtu

Call Number: KIT/HV 5824/.Y68/B7/2006

Abstract:

This program is designed to discourage the initiation of alcohol and cannabis use, prevent the progression to more frequent or regular use, and reduce harm.

Go ask Alice [DVD] / directed by John Korty].

Access Key: avtk

Call Number: DVD/HV 5824/.Y68/G6/2006

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Abstract:

This is a true story based on the actual diary of a teenager girl caught in the vicious web of drug addiction and her desperate fight back to the real world.

This film is compulsive viewing and although it may shock, it should be required viewing by every parent and teenager. – Cover

-Based on the book Go ask Alice written anonymously and published by Prentice Hall. -