

**ADDICTIONS FOUNDATION OF MANITOBA  
AUDIOVISUAL RESOURCES**

**SUBJECT HEADINGS**

**OBSESSIVE COMPULSIVE DISORDER**

**Anxious moments : breaking the routine : overcoming obsessive compulsive disorder (arvi)**

Adult; 19 minutes

VHS; 2002

Les Productions Rivard

VTR/BF 575/.A6/B7/2002

This video describes what it is like to live with obsessive-compulsive disorder and describes treatment techniques available to people who have OCD.

**Obsessive compulsive disorder : the hidden epidemic : part 1 : what is OCD? (apzh)**

Adult; 38 minutes

VHS; 1997

Aquarius

VTR/RC 533/.O2/1997

Through a series of interviews with patients, families and medical professionals this program looks at what Obsessive Compulsive Disorder is. Discussed are the criteria for identifying OCD along with the subtypes of this disorder. Addressed is the use of Pet Scans in identifying OCD. Also looked at are the co-morbidity that often accompany this disorder.

**Obsessive compulsive disorder : the hidden epidemic : part 2 : treatment options (apzi)**

Adult; 33 minutes

VHS; 1997

Aquarius

VTR/RC 533/.O27/1997

Presented in this program are options for treating Obsessive Compulsive Disorder (OCD). Discussed are the use of Behavior Therapy as well as the use of medications. Dr. John March of Duke University Medical Center gives us an in-depth look into Cognitive Behavioral Psycho Therapy (CBPT).