

**ADDICTIONS FOUNDATION OF MANITOBA
AUDIOVISUAL RESOURCES**

SUBJECT HEADINGS

PARENTING

Alcohol/drug abuse profile (aiwj)

Senior 1-Senior 4, Adult; 15 minutes

VHS; 1988

Broadcast Copyright

VTR/HV 4998/1988

Explores alcoholism and addiction through interviews with adolescents, parents, teachers, and medical authorities and what happens when you recover, as well as when you use.

Bad child, The (ajol)

Adult; 57:56 minutes

VHS; 1986

VTR/HV 5132/.B73/1986/v.6

Series : (#6 of 10) – Bradshaw on : the family

Looks at the moral and emotional abuse children suffer from parents who are uninformed about the role of shame and guilt in growing up.

Building trust (aopr)

Adult; 15 minutes

VHS; 1995

VTR/HQ 755.85/.B8/1995

Series : The real life parenting skills program

Addresses ways to balance your recovery needs with those of your family. It also suggests ways for dealing with past feelings of anger, resentments, and mistrust related to your substance abuse.

Car time : 1-2-3-4 safe seating in the kid zone (alae)

Adult; 23 minutes

VHS; 1999

VTR/HV 675.72/.C3/1999

Shows how to keep children of all ages safer in vehicles – and includes a special segment designed for children ages 8 – 12. Uses four stand-alone segments to explain the four stages of vehicle safety for kids.

Criss cross (ajfd)

Gr. 7-Senior 4, Adult; 40 minutes

VHS; 1987

VTR/HV 5808/.C75/1987

Designed to be viewed by parents and their teenagers together. Through the use of role-play the stages of drug/alcohol usage by teenagers are explored and subsequent response from the parental viewpoint is explained.

Developing capable people (ajkf)

Adult

Kit includes 3 videotapes for 8 sessions of viewing, one audiotape and a leader's manual: 1989

KIT/BF 637/.S4/D48/1994

This program is predicated upon the belief that children and adults have inherent value and worth and that all people should be treated with dignity and respect. It will provide a solid foundation upon which adults can begin to help develop children into capable, responsible and healthy young people. Narrated by H. Stephen Glenn.

Developing capable young people (ajix)

Adult; 53 minutes
VHS; 1987
VTR/BF 723/.P25/D48/1987

A lecture film by Dr. H. Stephen Glenn. Would benefit educators, parents and other professionals who are working closely with adolescents.

Drug dialogue (ajfq)

Adult; 20 minutes
VHS; 1989
MC Productions
VTR/HQ 755.85/.D78/1989

A home video that suggests ways parents can talk to their kids before drugs become a problem. It also suggests what parents can do if kids have begun to experiment with drugs.

Early warning : recognizing the signs of addiction (agyv)

Adult; 21 minutes
VHS; 1991
Magic Lantern
VTR/HV 5824/.Y68/E27/1991

This program offers valuable information and practical advice to recognize early warning signs of drug addiction and realize that parents and friends often overlook the early warning signs of drug and alcohol addiction. Drug rehabilitation is readily available and important in treating drug addiction.

Educate : creating inhalant abuse awareness together (akwu)

Adult; 15 minutes
VHS; 1998
NCADI
VTR/HV 5822/.S65/E38/1988

Education is the key to preventing a child's deadly mistake. Educate yourself. Educate your kids. Talk to your children about the dangers of inhalant abuse. Be alert for symptoms of inhalant abuse. If you suspect there is a problem, you should consider seeking professional help.

Face to Face (aqqn)

Adult; 16:30 minutes
VHS; 199?
VTR/HV 5824/.C45/F3/199?

This video, aimed at parents, discusses talking to your children about drugs and confronting drug issues (Depressants/Stimulants/Hallucinogens)

FATHER MARTIN SERIES

Alcohol (ambk)

Senior 1-Senior 4, Adult; 16:56 minutes
VHS; 1988
VTR/HV 5045/.A53/1988

Series : Father Martin

Father Joseph Martin discusses what alcohol is and what it does.

School personnel : opportunity to influence (ajwe)

Senior 1-Senior 4, Adult; 19 minutes
VHS; 1988
VTR/HV 5808/.S34/1988

Series : Father Martin

School staff members have the perfect opportunity to educate on the dangers of chemical addiction. This video will help school personnel sort out their rights and responsibilities. A Father Martin video.

Silence condones (ajwf)

Senior 1-Senior 4, Adult; 19 minutes
VHS; 1988
VTR/HQ 755.5/.S5/1988

Series : Father Martin

Father Martin tells parents that they shouldn't be afraid of their children – speak up.

Students, parents and school personnel – the right triangle (ajwh)

Senior 1-Senior 4, Adult; 57 minutes
VHS; 1988
VTR/HV 5808/.S7/1988

Series : Father Martin

Father Martin suggests that all must cooperate to create a drug-free lifestyle in our society.

Values (ajwd)

Senior 1-Senior 4, Adult; 57 minutes
VHS; 1988
VTR/BF 724.5/.V3/1988

Series : Father Martin

Some principles to live by – alternatives to alcohol, drugs, etc.

Feeling yes, feeling no (ajgt)

Gr. 1-6, Adult; 79 minutes
VHS; 1986
VTR/HV 6626.5/.F44/1986

A sexual assault prevention program for young children and their parents. This program is in two sections. The first section (30 minutes) is for parents, the second (three 15-minute segments) is for children aged 6 to 12.

Handling anger (aopq)

Adult; 15 minutes
VHS; 1995
VTR/HQ 755.85/.H3/1995

Series : The Real life parenting skills program

Shows how to manage your own anger without taking it out on your children. It also demonstrates how to handle a child's anger and to prevent angry exchanges before they happen.

Helping families – helping children (akll)

Adult; 29 minutes

VHS; 1997

VTR/RG 629/.F45/H4/1997

Designed for parents of children newborn to six years affected by FAS or FAE. Information about FAS/FAE is provided as well as concrete ways for parents to support their young children in developing their full potential.

Inhalant abuse (ajia)

Adult; 28 minutes

VHS; 1987

VTR/HV 5822/.S65/I54/1987

Developed for teachers, parents and health professionals, this video documentary outlines the issues of solvent and inhalant abuse (sniffing glue, gasoline, etc.) and provides recent information on the health hazards. ARF scientist, Luis Fornazzari, describes cases of permanent brain damage caused by inhalants. **(NOT TO BE VIEWED BY POTENTIAL ABUSERS)**

It only takes a moment – shaken baby syndrome (almu)

Gr. 7-Senior 4, Adult; 13 minutes

VHS; 2000

VTR/HV 6626.5/.I7/2000

A heartbreaking look at the irreversible damage caused by a form of child abuse called Shaken Baby Syndrome. Featuring an interview with a father charged with the death of his infant daughter and including comments from a physician, early childhood educator and the parent of a nine-year-old suffering from shaken baby syndrome, the video shows us how only a moment of thoughtlessness can alter an infant's life forever. This video provides the viewer with methods of coping with the stress of caring for an infant and reminds us all that we must never, never shake a baby.

JUST FOR ME SERIES

For parents too! Self-concept (ajvu)

Adult; 25 minutes

VHS; 1992

VTR/HQ 755.5/.J8/1992/v.1

Katheryn Nelson, parent educator, narrates this video which explains what self-concept is, how thoughts and feelings affect and how children can develop a positive self-concept.

For parents too! Healthy choices (ajvt)

Adult; 25 minutes

VHS; 1992

VTR/HQ 755.5/.J8/1992/v.2

Narrated by Katheryn Nelson, parent educator. This video deals with "risk factors", conditions that are associated with drug use. In other words, kids who use drugs often have certain things in

common. This program identifies some risk factors and explores ways in which your children can protect themselves against these risks.

For parents too! Family ties (ajvs)

Adult; 25 minutes

VHS; 1992

VTR/HQ 755.5/.J8/A992/v.3

Family bonding means doing things that bring families closer together, eg: playing together, working together, talking about your thoughts together. The family helps provide an anchor, a safe and secure environment from which the child can approach the outside world and resist outside pressure to use drugs.

I do care (ajwb)

Gr. 1-3; 15 minutes (Closed captioned)

VHS; 1992

VTR/BF 723/.D34/I3/1992

When Alfredo chooses to go for a car ride with his sister's boyfriend he learns about the rules and the consequences of a bad choice.

I don't buy it!

Gr. 1-3; 15 minutes (Closed captioned)

VHS; 1992

VTR/HF 5827/.I3/1992

In this program three children explore the world of advertising and learn how to question the claims of advertised products.

My choice (ajvz)

Gr. K-3; 15 minutes (Close captioned)

VHS; 1992

VTR/RA 776.95/.M8/1992

Randy is having a difficult time dealing with his mother's remarriage. When a group of older boys encourages him to experiment with cigarettes and alcohol, he and his family attempt to work things out in a positive way.

My family, myself (ajvy)

Gr. K-3; 15 minutes (Close captioned)

VHS; 1992

VTR/HQ 775.85/.M8/1992

Anton realizes he wants a closer relationship with his father, after he meets new friends and participates in their family activities.

The Real me (ajvx)

Gr. 1-3; 15 minutes Closed captioned

VHS; 1992

VTR/HQ 784/.P43/R4/1992

A young Native American girl's desire to be popular leads to her becoming friends with students whose behaviour causes her a great deal of discomfort. A chance encounter with her cousin helps her to learn to be proud of herself and to make her own choices.

Using just for me (ajvv)

Adult; 27 minutes

VHS; 1992

VTR/JV 5808/.U7/1992

This program surveys the components, objectives, and purposes of the Just for Me series, and shows teachers and students working with materials in the classroom.

Who are you? (ajvw)

Gr. K-3; 15 minutes Closed captioned

VHS;1992

VTR/RC 455.5/.S42/W6/1992

In this program, three children discover what self-concept is, how thoughts and feelings affect it and how they can develop a more positive sense of self.

Keeping your kids tobacco, alcohol, and drug free : what can parents do? (alcw)

Adult; 30 minutes

VHS; 199-

SAMHSA

VTR/HQ 755.85/.K3/199-

In this video, parents gain expert advice on how to keep their children free from substance abuse. Host Mark Hamill guides viewers through this film that describes resources for parents, gives tips from health care professionals, offers testimonials from teenagers and adults, and features recording artist/musician and parent Richard Marx, who shares his concern about his children's futures. The program is rich in up-to-date facts and practical information about communicating and being involved with children.

Next door : a documentary about a teenage alcoholic and her family (aupp)

Grades 9 – Adult; 53 minutes

DVD; 2003

Kinetic

DVD/HV 5135/.N4/2003

She started drinking at twelve and by fourteen she was disappearing in the middle of the night. Her suburban, professional parents struggle to understand. The family dynamic comes to a head as issues about siblings, parenting and grandparents are revealed. Ultimately the child's insight surpasses the parents', offering us a rich awareness of herself and of her family.

Next STEP, The : effective parenting through problem solving (akgf)

Adult; Kit includes leader's guide, participant's book, two charts, publicity package, 3 audiocassettes

KIT; 1987

KIT/HQ 755.85/.N487/1987

"The Next STEP" is based on the concepts and skills presented in STEP and STEP/teen. In this program, parents refine their understanding of the material in the basic programs and learn to use their STEP skills more effectively. They also learn new concepts and skills designed to increase their self-awareness and help them further improve their relationships with their children.

No quick fix (alqs)

Adult; 52 minutes

VHS; 1999

National Film Board

VTR/HQ 799.15/.N6/1999

A revealing portrait of two young addicts, their life n the street and their despairing parents who find themselves powerless to save their children from the habit that is consuming them. Cathy's and Laurent's

parents live in a permanent state of bewildered anxiety and guilt. How can they avoid being totally destroyed by grief? How do they manage to carry on with their lives, in spite of everything? And how do they deal with a system that views them with suspicion? The film hopes to alleviate and identify some of the enormous pain endured by parents coping with an addicted child. **(MATURE THEME)**

Out-of-sync child : recognizing and coping with Sensory Integration Dysfunction (armk)

Adult; 86 minutes

VHS; 1998

Sensory Resources

VTR/RJ 496/.B7/K72/1998

This video offers comprehensive, easily understood information of Dysfunction in Sensory Integration and a drug-free treatment approach for children who need help. DSI is a common (but frequently misdiagnosed) problem in which messages from the senses are not correctly processed by the central nervous system.

PARENTING FOR PREVENTION SERIES

Parenting for prevention : how to stop enabling and start empowering kids (auxe)

Adult; 15 minutes

VHS; 1997

Hazelden

VTR/HQ 755.85/.P3/1997/V.1

Includes a book and facilitator's guide.

You'll learn:

- What parental enabling is and how it can hurt your child
- How to identify some common parental behaviours that lead to enabling
- Whether you might be enabling your child
- How to empower your child

Parenting for prevention : how to set limits for kids (auxa)

Adult; 15 minutes

VHS; 1997

Hazelden

VTR/HQ 755.85/.P3/1997/V.2

Includes a book and facilitator's guide.

You'll learn:

- How to set clear limits
- How to set reasonable limits according to age, trust level, and basic needs
- Why limits should be set in advance and checked for compliance
- How to respond when your child tests the limits

Parenting for prevention : how to enforce consequences when kids violate limits (auxc)

Adult; 15 minutes

VHS; 1997

Hazelden

VTR/HQ 755.85/.P3/1997/V.3

Includes a book and facilitator's guide.

You'll learn:

- How to enforce consequences that are reasonable and related to the violation
- How to enforce consequences calmly, respectfully, and without anger

- What to avoid when enforcing consequence

Parenting for prevention : communicating : how to confront kids when they're doing wrong, how to encourage kids when they're doing right (auwz)

Adult; 15 minutes

VHS; 1997

Hazelden

VTR/HQ 755.85/.P3/1997/V.4

Includes a book and a facilitator's guide.

You'll learn:

- To identify some ineffective communication styles of parents
- How to communicate effectively with your child through active listening
- How to confront your child's negative behaviour
- How to encourage your child's positive behaviour

Parenting for prevention : how to teach kids to handle anger (auxd)

Adult; 15 minutes

VHS; 1997

Hazelden

VTR/HQ 755.85/.P3/1997/V.5

Includes a book and facilitator's guide.

You'll learn how to teach your child to use the A-B-C-D method to handle anger.

- Be AWARE of angry feelings
- BACK OFF and sort out what is really happening
- CHECK OUT CHOICES and the CONSEQUENCES of each choice
- DECIDE AND DO the safest thing

Parenting for prevention : how to teach kids to resolve conflicts without anger (auxb)

Adult; 15 minutes

VHS; 1997

Hazelden

VTR/HQ 755.85/.P3/1997/V.6

Includes a book and facilitator's guide.

You'll learn how to teach your child to use the 3 T's method for resolving conflicts.

- THINK about the conflict
- TALK about the conflict
- TRY to work it out

Parenting with humour (ajst)

Adult; 62 minutes

VHS; 1993

Kinetic

VTR/HQ 755.8/.P37/1993

Teaches parents ways to incorporate more joy and humour into parenting on a daily basis through the use of humour and choice.

Say no to drugs : it's your decision (aixz)

Gr. 7-Senior 4; 17 minutes

VHS; 1986

VTR/HV 5824/.Y68/S29/1986

Covers a wide spectrum of issues dealing with drug use combining testimony from former drug users, professional counsellors and leaders of drug abuse organizations.

Setting rules and limits (aops)

Adult; 15 minutes

VHS; 1995

VTR/HQ 755.85/.S4/1995

Series : The Real life parenting skills program

This video teaches parents how to create or re-establish boundaries and rules. It addresses how to set limits, establish consequences, and enforce rules. It also demonstrates how to set personal limits and act as a good role model for children.

Shattered – if your kid's on drugs (aiyq)

Adult; 60 minutes

VHS; 1986

VTR/HV 5824/.768/S52/1986

Living with a drug-abusing teenager shatters a family emotionally, physically and spiritually. This portrayal of teenage addiction underscores the dynamics of denial, enabling and manipulating behaviours and helps to break through the barriers to treatment.

Sons & daughters / drugs and booze (arqt)

Adult; 29 minutes

VHS; 1984

Gerald T. Rogers Productions

VTR/HQ 755.85/.S66/1984

One of the most difficult things parents might ever have to face is drug use by their children. Using examples, children's drug use is explored within family contexts. Illustrates what parents might do if they suspect drug use and how to confront their children about the problem.

Spotting substance abuse in teens : a video guide for parents & teachers (arrt)

Adult; 29 minutes

VHS; 2005

Kinetic Inc.

VTR/HV 5824/.A33/S0/2005

For parents, educators or bosses, this video presents things to watch for that indicate drug and alcohol use in teenagers. Viewers learn to recognize the signs and are shown what decisions have to be made and what their next step should be.

Story of hope (ajae)

Gr. 4-Senior 1, Adults; 14 minutes

VHS; 1993

VTR/HV 5132/.S76/1993

A video about how counselling helps children cope with parental addiction. Featuring interviews with recovering alcoholics and children of alcoholics, the film shows children and adults the benefits of seeking assistance. Suitable for viewing by elementary and middle/junior high school-aged children of alcoholics as well as parents, guardians and other caretakers.

Teen alcohol and other drug use : knowing the signs and what to do about them (asep)

Adult; 20 minutes

DVD; 2005
Hazeldon Educational Materials
DVD/HV 5824/.A33/T4/2005

Shows parents and teachers how to help prevent teen alcohol and other drug use, recognize the signs of use, and intervene effectively. It also addresses the myths that may keep families from confronting this issue - attitudes such as "Using alcohol is a rite of passage for teens; it's no big deal." Parents are also encouraged to seek help in the community if their child is struggling with substance abuse.

The video comes with an informative facilitator's guide, an outline for a parent education session, and three reproducible handouts, including a guide to substance-use symptoms - from experimentation to dependence - and how parents can respond at each stage.

Touchstones : a family drug education course (ajat)

Adult; Kit contains 12-minute video, two guides designed for five weekly sessions of two to five hours each or as a two-day workshop using five two-hour sessions.
KIT; 1988
KIT/HV 5824/.Y68/T68/1988

The purpose of the course is to introduce the concepts of drug education and drug abuse prevention, identify necessary communication skills, describe adolescent development stages, identify methods of building self-esteem.

Traumatized child, The (aupm)

Adult; 3 DVD's
DVD; 2007
Cavalcade Productions
DVD/RJ 506/.P66/T7/2007

Includes 3 DVD's, approximately 45 minutes each.

1. **Understanding the traumatized child (44 minutes)**
Explains the effects of trauma on children and is basic information for both parents and educators.
2. **Parenting the traumatized child (45 minutes)**
Discusses issues encountered by parents, including foster parents, adoptive parents, or family members who are taking care of a child after an experience of trauma or neglect.
3. **Teaching the traumatized child (45 minutes)**
Discusses issues affecting educators, including teachers, aides, school counselors, school administrators, and other educators who come in contact with traumatized children.

What do I say to my kids? (atzx)

Adult; 26 minutes
DVD; 2005
Kinetic Inc.
DVD/HV 5132/.B533/2005

In this warm and highly instructional video, Claudia Black offers mothers and fathers a language in which to talk with their kids of any age about drugs and alcohol. Based on her most recent book, Straight talk : what recovering parents should tell their kids about drugs and alcohol, Claudia addresses the value of talking openly about addiction as a disease, multiple addictive disorders and recovery practices.

Recognizing that "walking the walk" is vital to parents, Claudia presents strategies for reconnecting with even the very skeptical, non-trusting child as well as an adult child. For parents with children still at home, she identifies protective factors that lesson the risk factors and she offers hope and direction.

Throughout this presentation are five young people, ages seven to twenty-two, expressing common thoughts and attitudes relating to being in an addictive family system.