

**ADDICTIONS FOUNDATION OF MANITOBA
AUDIOVISUAL RESOURCES**

SUBJECT HEADINGS

PEER PRESSURE

Bienvenue dans la gang, Monsieur Chang! (akrk)

Gr. 4-6; 15 minutes

VHS; 1991

VTR/BF 723//.D34/T3/1991/v.5

Séries : Tes choix ta santé

Le besoin d'appartenance à un groupe est très fort chez le jeune adolescent. Au sein du groupe, les pressions positives ou négatives sont constantes et il faut apprendre à les identifier. Pour résister à des pressions négatives des pairs, il faut faire preuve de courage et apprendre à s'affirmer.

Body image trap, The (ajnc)

Senior 1-Senior 4; 30 minutes

VHS; 1993

Hazelden

VTR/RC 522/.E18/B63/1993

Getting caught in the body image trap means to many young people that they never feel satisfied with their looks. This video looks at taking control of how we see our bodies. The young adults portrayed struggle against the pressures of parents, peers and media to have that "perfect" body.

Cartoon all-stars to the rescue (ajeg)

Gr. 4-Senior 1; 30 minutes

VHS; 1990

VTR/HV 5824/.Y68/C37/1990

Deals with peer pressure and drugs at the pre-teen and teenage levels. Popular teenage cartoon characters educate children about the dangers of alcohol and other drugs. (Also available in French – "Les personnages animés à la rescousse")

Choices : skills for dealing with peer pressure (ajer)

Gr. 7-Senior 1; 8 minutes

VHS; 1994

VTR/HQ 799.2/.P44/C46/1994

Choices is about peer pressure. In a series of vignettes, an adolescent realizes that physical

violence brought on by peer pressure reveals that there are other skills available to avoid dealing with peer pressure. The film offers three different scenes, each demonstrating one of these methods: the broken record, reverse pressure, and the excuse.

Drugs, alcohol, and your body (ajfs)

Gr. 1-6; 14 minutes

VHS; 1990

Canadian Learning Company

VTR/HV 5824/.C45/D78/1990

This program teaches children why it is so important to say no to alcohol and other drugs. They discuss how to say no when someone pressures them to use drugs, especially if that someone is a friend.

Drugs, values and decisions (ajgd)

Gr. 7-Senior 4; 35 minutes

VHS; 1981

Sunburst

VTR/HV 5824/.768/D78/1981

Part 1: When Everybody's Doing It

Part 2: Dealing with Pressure

Part 3: One Person's Choice

Using true-to-life situations, this program focuses on the reasons teens take drugs. Explores the myth that drugs can help solve problems. Emphasizes that students can say no to drugs.

Family and peer factors (ajft)

Senior 1-Senior 4; 28 minutes

Adult; 1979

Hazelden

VTR/HF 5827/.F35/1979

Pins down the basic truths of peer pressure as they relate to the use of alcohol and other drugs. Dealt with are commercial advertising and the need to be accepted by one's friends; where the use and/or abuse of drugs and alcohol is a basic fact in the lifestyle of adults and young adults today.

Fitting in (ajxb)

Gr. 4-6, Adult; 15 minutes

VHS; 1990

VTR/RC 455.4/.S42/F5/1990

Series : Your choice, our chance

In this program, Theresa has moved to a new neighbourhood and has fallen in with a group of kids who are always ready to take risks. The friendliness of a local flower vendor and Theresa's own love of ballet help her cope with her new pressures.

Good practice today (ajxa)

Gr. 4-6, Adult; 15 minutes

VHS; 1990

VTR/HQ 784/.P43/G6/1990

Series : Your choice, our chance

In this program, Jeff learns that several boys on the baseball team are pressuring others to dip snuff. He turns to his sister who helps him learn ways to say no. He then has a couple of friends join him in finding ways to say no.

Making the leap to high school (auah)

Gr. 7-12; 11 minutes

VHS; 2001

Alcohol and Drug Concerns Inc.

VTR/BF 637/.B4/M3/2001

This video shows five Public Service Announcements (PSA), created by high school students. Each one contains a different message for grade school students about how to "make the leap" into high school. The vignettes deal with body image, responsible decision making, drinking and driving, and general health issues. The students themselves appear in the video, and provide discussion points for the classroom viewers.

My story (aivb)

Gr. 4-8; 21 minutes
VHS; 1991
Winnipeg Film Group Inc.
VTR/HV 5824/.Y68/M8/1991

A play about drugs and peer pressure written by students from the Westwood Elementary School in Thompson, Manitoba. Portrays the story of how drugs affected a youth's life and how she was able to kick the habit.

Personnages animes a la recousse, Les = [Cartoon all stars to the rescue] (ajeh)

Gr. 4-9; 30 minutes
VHS; 1990
VTR/HV 5824/.Y68/P47/1990

Corinne, une petite fille de neuf ans, s'inquiète beaucoup au sujet de son frère Michel. Il prend de la drogue et vient de voler sa tirelire pour s'en procurer davantage. Heureusement, Corinne a de l'aide. C'est une aventure qui divertira à coup sûr petits et grands tout en les renseignant sur les dangers de l'alcool et des autres drogues.

Real people binge drinking : facts and consequences (asdy)

Grades 7 – Senior 4; 24 minutes
KIT; 2004
Kinetic Inc.
KIT/QP 801/.A3/B5/2004

Drinking to get drunk, or binge drinking is a common occurrence among teens who use alcohol. Experts in the field of alcohol use present the hard facts teens need to know about alcohol's toxicity while real teens talk about: how to handle peer pressure to drink; the effect of drinking on relationships; the ineffectiveness of alcohol for stress reduction; loss of trust with parents; and the negative effect drinking has on school work. Dramatic accounts from two teens, one who was almost raped and one who almost died while drinking heavily, bring home the seriousness of binge drinking.

Refusal skills (ajzw)

Adult; 20 minutes, includes facilitators guide
VHS; 1993
Hazelden
VTR/RC 564/.R45/1993

Video focuses on how clients can identify potential alcohol or other drug-using situations and use refusal skills to maintain their sobriety.

Refusal skills for healthy living (ajdb)

Gr. 7-Senior 1; 15 minutes
VHS; 1993
Canadian Living
VTR/HQ 799.2/.P44/R44/1993

Learn effective techniques to refuse peer pressure to use drugs, commit crime and engage in sexual activity. Here are practical ways to identify potentially dangerous situations and make positive, safe and healthy decisions.

Speak up, speak out : learning to say NO to drugs (aizk)

Gr. 9-Senior 4; 15 minutes, Closed captioned
VHS; 1988
McIntyre Media
VTR/HQ 799.2/.P44/S64/1988

Shows how manipulative “friends” can pressure others to use drugs and alcohol, and gives teens specific techniques for resisting peer pressure and saying “no” to drug and alcohol abuse.

Stand up for yourself : peer pressure and drugs (aizt)

Gr. 7-Senior 4; 15.5 minutes

VHS; 1987

McIntyre Media

VTR/HQ 799.2/.P44/S72/1991

Presents effective techniques for saying no to alcohol, street drugs, cigarettes or any peer pressure. Provides students with the encouragement, motivation and practical skills they need to handle peer pressure effectively.

Straight talk : alternatives to substance abuse (ajbt)

Gr. 4-Senior 1; 23 minutes

VHS; 1991

VTR/HQ 799.2/.P44/S76/1991

Program demonstrates how and why students should say no to drugs and alcohol. Deals with peer pressure and shows a variety of alternative activities to substance abuse which encompass five aspects of a student's life: spiritual, emotional, intellectual, social and physical.

Teen issues : peer pressure (ajak)

Gr. 7-Senior 4; 27 minutes

VHS; 1986

McIntyre Media

VTR/HQ 799.2/.P44/T44/1986

The New Image Teens use songs and satire in a number of scenes designed to help teens deal with their need to be accepted. The group helps teens to feel good about themselves and comfortable with the way they are. When you feel good about yourself, you can say “no” or “go away” without difficulty.

Thanks but no thanks (ajwv)

Gr. 4-6, Adult; 16 minutes

VHS; 1990

VTR/HQ 784/.P43/1990

Series : Your choice, our chance

In this program, Lenora and Karen meet up with a group of older kids at a mall. After wandering the mall and missing a movie, the group ends up in the beach where Lenora, Karen and Robert find the courage to refuse to join in vodka drinking.

To say no (ajaq)

Gr. 7-Senior 4; 10 minutes (approx.)

VHS; 198-

VTR/E 98/.D7/T6/198-

Why people drink and how to say no when offered a drink – a Native drama.

Turning off : drugs and peer pressure (ajaz)

Gr. 7-Senior 4; 27 minutes

VHS; 1982

VTR/HQ 799.2/.P44/T87/1982

Part 1: Everybody's doing It

Peer pressure, group behaviour, risk-taking.
Part 2: Standing up for yourself
Learning to deal with peer pressure.

Wheels (ajbv)

Senior 1-Senior 4; Kit includes 29 minute video, teacher's guidebook, poster, pamphlets and three plays.
KIT; 1987
CBC
KIT/HE 5620/.D7/W44/1987

Wheels is a drama about students, cars, partying and friendship. Like other teenagers, the main characters make choices while facing the realities of peer pressure. They must also face the consequences of their actions.

When the pressure's on : groups and you (ajbx)

Gr. 5-8; 20 minutes
VHS; 1990
Sunburst
VTR/HQ 799.2/.P44/W44/1990

This video is designed to give students a realistic look at how groups work. It explores both the positive and negative side of group pressure, interpersonal group dynamics, and finally the dilemma of maintaining values within the confines of the group.

Why say no to drugs? (ajcb)

Gr. 4-8; 16 minutes
VHS; 1986
Britannica Educational Materials
VTR/HQ 799.2/.P44/W48/1986

Dramatizes social situations in which young people are most often pressured to use drugs. Provides information about drug use and suggests means by which young people can say no to friends when offered drugs.