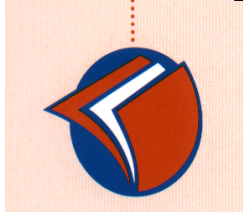


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101 stupid things trainers do to sabotage success c1995 [akne]

Author: Stern, Nancy; Payment, Maggie
Publisher: Irvine, CA : Richard Chang Associates, Inc.
Call number: HF 5549.5/.T7/S74/1995 Books AFM LIBRARY

Alcohol and drugs : programmes of assistance for workers c1987 [aawk]

Publisher: Geneva : International Labour Office
Series: Conditions of work digest
Call number: HF 5549.5/.E42/J2/1987 Books AFM LIBRARY

Alcohol and drugs and you and me c1985 [abuz]

Author: Drilling, Vern
Publisher: Minneapolis, MN : CompCare
Call number: HF 5549.5/.A4/D65/1985 Books AFM LIBRARY

Alcohol and drugs in the workplace c1993 [aiak]

Author: Butler, Barbara, 1954-
Publisher: Toronto, ON : Butterworths
Call number: HF 5549.5/.A4/B88/1993 Books AFM LIBRARY

Alcohol-and drug-related problems : program and curriculum 1992 [agiq]

Author: Muscovitch, Freda Ariella; Rankin, James G.; Chow, Yuen-Ching
Publisher: [Ottawa] : Canadian Centre on Substance Abuse
Call number: RC 564/.A53/1992 Books AFM LIBRARY

Alcoholism in the professions c1984 [ahue]

Author: Bissell, LeClair.; Haberman, Paul W., 1928-
Publisher: New York : Oxford University Press
Call number: HV 5142/.B57/1984 Books AFM LIBRARY

Alcoholism treatment : impact on total health care utilization and costs : analysis of the Federal Employee Health Benefit Program with Aetna Life Insurance Company 1985 [adoz]

Publisher: Rockville, MD : National Institute on Alcohol Abuse and
Alcohol
Call number: HV 5105/.A42/1985 Books AFM LIBRARY

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The Body under stress : developing skills for keeping healthy c1995 [akxd]

Author: Conduit, Ed
Publisher: Hove, UK : Lawrence Erlbaum Associates
Call number: RA 776/.C65/1995 Books AFM LIBRARY

By way of sanity : 13 principles for successful living in a chaotic world c1999 [akwy]

Author: Woodhouse, Lauren
Publisher: Scarborough, ON : Prentice-Hall
Call number: BF 637/.SE/W66/1999 Books AFM LIBRARY

Children of alcoholics on the job 1989 [ahcw]

Publisher: New York : Children of Alcoholics Foundation
Call number: HF 5549.5/.E42/W66/1989 Books AFM LIBRARY

Codependency in the workplace : a guide for employee assistance and human resource professions c1992 [agmp]

Author: Allcorn, Seth
Publisher: New York : Quorum Books
Call number: HF 5549.5/.E42/A43/1992 Books AFM LIBRARY

Comprehensive procedures for drug testing in the workplace : a process model of planning, implementation, and action 1991 [afur]

Publisher: Rockville, MD : National Institute on Drug Abuse
Series: DHHS publication
Call number: HV 5823/.C65/1991 Books AFM LIBRARY

Consent, negligence & confidentiality 1993 [agsu]

Author: Solomon, Robert M., 1946-; Usprich, Sydney J.
Publisher: Ottawa, ON : Canadian Centre on Substance Abuse
Call number: HF 5549.5/.E42/S65/1993 Books AFM LIBRARY

Corporate responses to substance abuse in the workplace c1992 [ahri]

Author: Alvi, Shahid
Publisher: Ottawa, ON : Conference Board of Canada
Series: Conference Board of Canada
Call number: HF 5549.5/.D7/A6/1992 Books AFM LIBRARY

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Cost-effectiveness and preventive implications of employee assistance programs 1995 [ainl]

Author: Blum, Terry C.; Roman, Paul M.
Publisher: Rockville, MD: U.S. Department of Health and Human Services
Call number: HG 5549.5/.C67/1995 Books AFM LIBRARY

Creative training techniques handbook : tips, tactics, and how-to's for delivering effective training c1994 [aknd]

Author: Pike, Robert
Publisher: Minneapolis, MN : Lakewood Books
Call number: HF 5549.5/.T7/P54/1994 Books AFM LIBRARY

Developing alcohol and drug policies for the workplace

Call number: HF 5549.5/.D7/199-

Directory of academic institutions offering drug, alcohol, and employee assistance program educational resources 1988 [aasw]

Publisher: Rockville, MD : U.S. Department of Health and Human
Services
Call number: HF 5549.5/.E42/D48/1988 Directories AFM LIBRARY

Drug use in the workplace : risk factors for disruptive substance use among young adults 1988 [adpv]

Author: Newcomb, Michael D.
Publisher: Dover, MA : Auburn House Publishing Company
Call number: HF 5549.5/.D7/N49/1988 Books AFM LIBRARY

Drugs and alcohol in the workplace : a guide for managers 1988 [acbkl]

Author: Campbell, Drusilla; Graham, Marilyn
Publisher: New York : Facts On File
Call number: HF 5549.5/.D7/C35/1988 Books AFM LIBRARY

Drugs in the workplace c1994 [ahth]

Publisher: Ottawa, ON : Royal Canadian Mounted Police, Drug Awareness
Program
Call number: HF 5549.5/.D7/D784/1994 Books AFM LIBRARY

Contents: Text in English and French with French text on
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The EAP solution : current trends & future issues 1987 [aawm]

Publisher: Center City, Minn. : Hazelden
Call number: HF 5549.5/.E28/1987 Books AFM LIBRARY

**Employee alcohol and drug use : how it hurts morale,
productivity, and the bottom line c1992 [agus]**

Author: Papatola, Kathleen J.
Publisher: Minneapolis, MN : Johnson Institute
Series: Workplace series
Call number: HF 5549.5/.D7/P358/1992 Books AFM LIBRARY

Employee assistance programs : a basic text c1988 [adle]

Author: Dickman, Fred
Publisher: Springfield, IL : C.C. Thomas
Call number: HF 5549.5/.E42/E4425/1988 Books AFM LIBRARY

Employee assistance programs : focusing on the family c1988 [abap]

Publisher: Washington, D.C. : Buraff Publications Inc.
Series: National Report on Work & Family
Call number: HF 5549.5/.E42/E4/1988 Books AFM LIBRARY

**Employee assistance programs : standards for excellence : a
position paper 1992 [agrb]**

Publisher: Toronto, ON : EAPAT
Call number: HF 5549.5/.E42/E48/1992 Books AFM LIBRARY

Employee assistance programs in Canada 1991 [afvm]

Author: Wnek, Irene
Publisher: Edmonton : Alberta Alcohol and Drug Abuse Commission
Call number: HF 5549.5/.E42/W64/1991 Books AFM LIBRARY

Employee assistance programs [Drug-free by the Year 2000] 1992 [aifa]

Publisher: Rockville, MD : Office for Substance Abuse Prevention
Series: DHHS publication
Call number: HF 5549.5/.E42/E46/1992 Books AFM LIBRARY

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Employment related drug testing : the legal implications for employers 1989 [adrg]

Author: Bota, Anthony Neven, 1964-
Publisher: Kingston, ON : Industrial Relations Centre, Queen's University
Series: School of Industrial Relations research essay series.
Call number: HV 5823/.B67/1989 Books AFM LIBRARY

Essential adjustments : showing up for life in the 90's c1994 [akmq]

Author: Woodhouse, Lauren
Publisher: Toronto, ON : University Resources Press
Call number: BF 637/.B4/W66/1994 Books AFM LIBRARY

Establishing and building employee assistance programs 1984 [aanm]

Author: Myers, Donald W.
Publisher: Westport, Conn. : Quorum Books
Call number: HF 5549.5/.C8/M93/1984 Books AFM LIBRARY

Evaluating your employee assistance and managed behavioral care program c1994 [aige]

Author: Mais, Dale A.
Publisher: Troy, MI : Performance Resource Press
Call number: HF 5549.5/.E42/M35/1994 Books AFM LIBRARY

Executives in crisis : recognizing and managing the alcoholic, drug-addicted, or mentally ill executive c1989 [adzv]

Author: Speller, Jeffrey Lynn
Publisher: San Francisco : Jossey-Bass Publishers

Series: Jossey-Bass management series
Call number: HF 5549.5/.E42/S63/1989 Books AFM LIBRARY

Family wisdom from the monk who sold his Ferrari : nurturing the leader within your child

Author: Sharma, Robin S.
Call number: HQ 734/.S53/2000

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First report of the Interdivisional Task Group on Employment

Related Drug Screening 1987 [aazq]

Author: Cunningham, Bruce
Publisher: [Toronto] : Addiction Research Foundation
Call number: HF 5549.5/.D7/A36/1987 Books AFM LIBRARY

From despair to decision c1985 [abtv]

Author: Krupnick, Louis B., 1948-; Krupnick, Elizabeth, 1949-
Publisher: Minneapolis, MN : CompCare
Call number: HV 5035/.K78/1985 Books AFM LIBRARY

A guide to setting up a workplace safety and health program : putting the pieces together

Access Key: auwr
Call Number: HD 7659/.M3/G85/2002

The Human resources management handbook : principles and practice of employee assistance programs 1984 [aank]

Publisher: New York : Praeger
Call number: HF 5549.5/.E42/H85/1984 Books AFM LIBRARY

Investing in employee health : a guide to effective health promotion in the workplace 1987 [aern]

Author: Sloan, Richard P.; Gruman, Jessie C.; Allegrante, John P. (John Philip)
Publisher: San Francisco, CA : Jossey-Bass
Series: Jossey-Bass management series
Call number: RC 969/.H43/S55/1987 Books AFM LIBRARY

It's our business ... addressing alcohol, drugs and gambling in the workplace

Corp. Author: Alberta Alcoholism and Drug Abuse Commission.
Year: 2002
Call number: HF 5549.5/.D7/I83/2002

Job performance and chemical dependency : a practical guide for managers and supervisors c1987 [aazs]

Author: Voorhees, Lynda A.; Maddux, Robert B.
Publisher: Los Altos, CA. : Crisp Publications
Call number: HF 5549.5/.D7/V66/1987 Books AFM LIBRARY

Labour market agreement for persons with disabilities (LMAPD)

Corp. Author: Human Resources Development Canada.
Call Number: HD 5729/.M3/A3822/2005

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Labour market agreement for persons with disabilities (LMAPD) 2006/2007

Corp. Author: Manitoba Family Services and Housing

Call Number: HD 5729/.M3/A3822/2007

Laughing in the face of change : a blueprint for a return to joy! c1992 [akmp]

Author: Woodhouse, Lauren

Publisher: Ottawa, ON : Lifeskills Publishing

Call number: BF 637/.B4/W66/1992 Books AFM LIBRARY

Leadership wisdom from the monk who sold his Ferrari : the 8 rituals of visionary leaders

Author: Sharma, Robin S.

Call number: HD 57.7/.S52/1999

Linking SAPs & EAPs against drug, alcohol, gambling & greed dependencies c1994 [aipk]

Author: Koym, Kenneth

Publisher: San Antonio, TX : Advocacy Services Press

Call number: RC 533/.K68/1994 Books AFM LIBRARY

Making your workplace drug free : a kit for employers [199-] [aigf]

Publisher: [Rockville, MD] : Center for Substance Abuse Prevention

Call number: HF 5549.5/.D7/M3559/199- Books AFM LIBRARY

Meditation for elite performers : an extraordinary process for awakening success at work and in life

Call number: BF 637/.M4/S53/2003

Megaliving : powerful wisdom for self-leadership

Author: Sharma, Robin S.

Call number: BF 637/.S8/S53/1994

Millennial madness! : tips and truths from a therapist managing madness! : by "Dr. Lauren" c1998 [akmo]

Author: Woodhouse, Lauren

Publisher: Toronto, ON : COSMOS

Call number: BF 637/.B4/W66/1998 Books AFM LIBRARY

Model plan for a comprehensive drug-free workplace program 1989 [adgx]

Publisher: Rockville, MD : NIDA

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Series: DHHS publication
Call number: HF 5549.5/.E42/M63/1989 Books AFM LIBRARY

The Monk who sold his Ferrari : a spiritual fable about fulfilling your dreams and reaching your destiny

Author: Sharma, Robin S.
Call number: BF 637/.S8/S53/1998

On track : guidelines to creating an employee assistance program 1993 [ahcu]

Publisher: Toronto, ON : Addiction Research Foundation
Call number: HF 5549.5/.E42/O624/1993 Books AFM LIBRARY

An Outcome evaluation of the residential treatment program : highlights report 1992 [aglw]

Author: Kaplan, Gerry S.
Publisher: [Winnipeg, MB] : The Awareness and Information Unit
Call number: HV 5283/.C32/O88/1992 Manitoba ref AFM LIBRARY

Prevention in the workplace : substance abuse resource guide 1999 [alfs]

Publisher: Rockville, MD : U.S. Department of Health and Human Services
Series: DHHS publication
Call number: HF 5549.5/.D7/P74/1999 Books AFM LIBRARY

Prevention our safe choice : policy to prevent workplace alcohol and drug problems : policy handbook

Corp. Author: Canadian National Railway
Year: 1997
Call number: HF 5549.5/.E42/P74/1997

Recovery at work : a clean and sober career guide c1990 [aels]

Author: Smith, Carol Cox
Publisher: Center City, MN : Hazelden
Call number: HF 5549.5/.D7/S44/1990 Books AFM LIBRARY

The Saint, the surfer, and the CEO : a remarkable story about living your heart's desires

Author: Sharma, Robin S.
Call number: PR 9199.3/.S497/S25/2003

The Self-sabotage syndrome : adult children in the workplace c1989 [afye]

Author: Woititz, Janet Geringer

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Publisher: Deerfield Beach, FL : Health Communications
Call number: HF 5549.5/.A4/W66/1989 Books AFM LIBRARY

The Silent pain c1987 [aaql]

Author: Hornsby, Fred E., 1931-
Publisher: Brockville, Ont. : M.T.S. Publishing International Inc.
Call number: HV 5549.5/.D7/H67/1988 Books AFM LIBRARY

Simple living in a complex world : balancing life's achievements

Author: Irvine, David
Call number: BF 637/.S4/I78/1997

Simplify your life : 100 ways to slow down and enjoy the things that really matter c1994 [akak]

Author: St. James, Elaine
Publisher: New York, NY : Hyperion Press
Call number: BJ 1496/.S7/1994 Books AFM LIBRARY

Strategic planning for workplace drug abuse programs 1987 [aawl]

Author: Backer, Thomas E.
Publisher: Rockville, Md. : The Department.
Series: DHHS publication
Call number: HF 5549.5/.E41/S86/1987 Books AFM LIBRARY

Strategies for employee assistance programs : the crucial balance c1990 [aftu]

Author: Sonnenstuhl, William J., 1946-; Trice, Harrison Miller,
1920-
Publisher: Ithaca, NY : Cornell University
Edition: 2nd ed., rev.
Series: Key issues (Ithaca, NY)
Call number: HF 5549.5/.E42/S6/1990 Books AFM LIBRARY

Strategy on substance use in safety-sensitive positions in Canadian transportation [agkb]

Publisher: [Ottawa] : Transport Canada
Call number: HF 5549.5/.D7/S77/1990 Books AFM LIBRARY
Contents: English and French, French on inverted pages.

The Stress management handbook : strategies for health and inner peace

Author: Leyden-Rubenstein, Lori A.
Call number: BF 675/.S75/L49/1998

Updated July2008

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Substance abuse in the workforce : a guide to managing substance abuse problems in the workplace c1992 [agdo]

Author: Heller, David; Robinson, Ann E.
Publisher: Ottawa : Canadian Centre on Substance Abuse
Call number: HF 5549.5/.D7/H45/1992 Books AFM LIBRARY

The Supervisor's role in early recovery c1991 [afuv]

Author: Blair, Brenda R.
Publisher: Minneapolis, MN : Johnson Institute
Call number: HF 5549.5/.C8/B53/1991 Books AFM LIBRARY

A Survival guide to the stress of organizational change 1995 [ajnf]

Author: Pritchett, Price; Pound, Ron
Publisher: Dallas, TX : Pritchett & Associates
Call number: BF 575/.S75/P75/1995 Books AFM LIBRARY

Target : alcohol abuse in the hard-to-reach work force c1982 [afiz]

Publisher: Rockville, MD : National Institute on Alcohol Abuse and Alcohol
Call number: HF 5549.5/.A4/T37/1982 Books AFM LIBRARY

Turning problem employees into successes : a handbook for managers and supervisors c1992 [agac]

Author: Smith, Carol Cox
Publisher: Minneapolis, MN : Johnson Institute
Call number: HF 5549.5/.E42/S58/1991 Books AFM LIBRARY

Urine testing for drugs of abuse 1986 [abow]

Publisher: Rockville, Md. : Dept of Health and Human Services
Series: NIDA Research Monograph
Call number: RS 189/.U2/1986 Books AFM LIBRARY

Wellness at work : building resilience to job stress c1995 [airb]

Author: O'Hara, Valerie
Publisher: Oakland, CA : New Harbinger Publications
Call number: RC 963.48/.O36/1995 Books AFM LIBRARY

What works : workplaces without alcohol and other drugs 1991 [agle]

Publisher: [Washington, DC] : U.S. Department of Labor
Call number: HF 5549.5/.D7/W396/1991 Books AFM LIBRARY

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Who will cry when I die? : life lessons from the monk who sold his Ferrari

Author: Sharma, Robin S.
Call number: BF 637/.C5/S53/1999

Wife abuse : a workplace issue : a guide for change 1992 [akvu]

Author: Denham, Donna; Gillespie, Joan
Publisher: Ottawa, ON : Canadian Council on Social Development
Call number: HV 6626/.D45/1992 Books AFM LIBRARY

Women : alcohol, drugs, & workplace issues : an annotated bibliography 1988 [abax]

Author: Bennett, Nathan; Kelley, Linda S.
Publisher: Arlington Va. : ALMACA
Call number: Z 7963/.E7/B4/1988 Books AFM LIBRARY

Women, work, and wellness 1989 [adks]

Publisher: Toronto : Addiction Research Foundation
Call number: HD 6067/.W65/1989 Books AFM LIBRARY

Work and well-being : the changing realities of employment 1984 [acok]

Author: Clutterbuck, Peter
Publisher: Toronto, Ont. : Canadian Mental Health Association
Call number: HF 5548.8/.W67/1984 Books AFM LIBRARY

Work-based alcohol risks in Alberta : an assessment 1993 [ahgn]

Author: Neale, Deborah J.
Publisher: [Edmonton, AB : Alberta Alcohol and Drug Abuse Commission]
Call number: HF 5549.5/.A5/N43/1993 Books AFM LIBRARY

Worker drug use and workplace policies and programs : results from the 1994 and 1997 [NHSDA] National household survey on drug abuse 1999 [alhb]

Publisher: Rockville, MD : U.S. Department of Health and Human
Services
Series: DHHS publication
Call number: HF 5549.5/.D7/W67/1999 Books AFM LIBRARY

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Workplace drug abuse policy : considerations and experience in the business community 1989 [acwt]

Conference: Interdisciplinary Approaches to the Problem of Drug Abuse
in the Workplace (1986 : Bethesda, MD).

Publisher: [Rockville, MD] : The Department

Call number: HF 5549.5/.D7/W67/1989 Books AFM LIBRARY

VIDEOS

Avoiding Common Discipline Mistakes

Year: 1995

Call number: VTR/BF 575/.H6/C65/1995

This video helps managers recognize behaviors that might result in charges of discrimination, defamation of character, wrongful discharge, or constructive discharge. A three-step approach is presented that can help avoid the "I vs.You" confrontation, and an eight-step outline is provided to help keep disciplinary discussions on track.

Continuing recovery skills [videorecording] 1994 [ajzx]

Call number: VTR/RC 564/.C65/1994 AUDIO/VISUAL

Helps clients focus on specific skills and strategies throughout their ongoing recovery process.

Dinner for two [videorecording] [alqo]

Year: 1997

Call number: VTR/BF 723/.I654/1997

Peace in the rain forest is disrupted when two characters get "stuck" in a conflict, with catastrophic results. Luckily for the lizards, a frog observing the fracas turns into exactly what they need . . . (no, not a prince) . . . a mediator. Tackling conflict in lively, humorous and provocative ways; this video shows that amidst the chaos that differences create, there are still paths to reconciliation.

Drug and alcohol intervention [videorecording] 1987 [ajfp]

Call number: VTR/HV 5275/.D78/1987 AUDIO/VISUAL

The narrator of this videotape, a clinical psychologist, demonstrates how a supervisor can effectively recognize and handle an employee with a drug or alcohol problem. The tape also provides information on additional help sources.

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Drugs in the workplace [videorecording] 1995 [ajgb]

Call number: VTR/HF 5549.5/.D7/D78/1995 AUDIO/VISUAL

A video produced by Sturgeon Creek High School students with a grant from the Provincial Drug Awareness Week Committee. Dramatizes the risks of using drugs in the workplace.

The Dryden file II [videorecording] 1988 [ajge]

Call number: VTR/HF 5549.5/.E42/D78/1988 AUDIO/VISUAL

Portrays a manager's attempt to deal with an employee whose job performance is deteriorating. After several unsuccessful attempts to help him, the manager refers him to the company's employee assistance program.

Employee assistance : management intervention program [videorecording] 1990 [ajgl]

Call number: VTR/HF 5549.5/.E42/E46/1990 AUDIO/VISUAL

This program teaches a four-step intervention plan that allows managers and supervisors to take actions that are responsible and effective. Chances are good that as a result of this plan, addictive or otherwise troubled employees will return to past levels of fitness and performance and have fuller, richer lives.

The Hazards of substance abuse [videorecording] 1991 [ajho]

Call number: VTR/HF 5549.5/.E42/H38/1991 AUDIO/VISUAL

Accident victims and co-workers can be deeply affected by substance abuse at work. Explains how alcohol impairs motor control and perception; dangers of marijuana, cocaine, over the counter and prescription medicines at work.

How to write and conduct effective performance appraisals [videorecording] 1991 [ajhv]

Call number: VTR/HF 5549.5/.P35/H68/1991 AUDIO/VISUAL

It's not just a matter of telling your people how they're doing. They need to know how they fit into the big picture and can contribute at a higher level. This video will show you how to fairly praise and criticize your people, and inspire a renewed commitment to their jobs.

I have this friend [videorecording] 1989 [afny]

Call number: VTR/HF 5549.5/.E42/I43/1989 Video AUDIO/VISUAL

True-to-life work situations presented in a nonthreatening, insightful manner show that a colleague can make a difference in helping a fellow employee who is having problems. Employees will learn the facts and understand how personal problems jeopardize safety,

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productivity, and health.

New day, new horizons [videorecording] 1985 [aivg]

Call number: VTR/HF 5549.5/.E42/N48/1985 AUDIO/VISUAL

For a general audience. A young native finds out about the problems of alcohol in the workplace-drama.

Partners in recovery: an introduction to the AADAC business and industry clinic [videorecording]

Year: 2001

Call number: VTR/RC 564.73/P3/2001

Adult; 11 minutes; VHS

The AADAC Business & Industry Clinic treats alcoholism and other addictions by addressing the underlying causes of addictive behaviour. Treatment incorporates an examination of client functioning pertaining to physical, intellectual, emotional, and spiritual well-being. The recognized and effective 12-Step recovery model is utilized throughout the treatment process and during follow-up.

A Positive Approach to Discipline

Year: 1995

Call number: VTR/BF 575/.H6/C65/1995

Discipline means punishment. It's been like that for ages. But this video suggests that the old formula may be a waste of time and money. What supervisors really need to concentrate on is solving the problem behavior. This video shows how to focus on respect and responsibility, creating a platform where the employee who's creating a problem agrees to be the one who solves it.

The Practical coach [videorecording]

Year: 1997

Call number: VTR/HD 66/.P73/1997

Video inspires, encourages and challenges a team environment. For staff use only.

Pulling punches: understanding your rage [videorecording]

Year: 200?

Call number: VTR/BF 723/.A4/P8/Part 1/200?

Adult; 3 part series; VHS

Even clients in denial about their anger problem will identify with the "real people"

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interviewed for this program, as they explore: when is anger a “problem”, anger “blackouts” and the “high” from anger, how anger and drug/alcohol use are connected, how anger can lead to relapse, the “roots” of anger, anger as a side-effect of childhood trauma, how triggers “make sense”, deciding to change.

Includes facilitator’s guide with activities and reproducible work sheets. While specifically designed for addicts in recovery, this program is useful to anyone with anger problems.

Pulling punches: tools for managing anger [videorecording]

Year: 200?
Call number: VTR/BF 723/.A4/P8/Part 2/200?
Adult; 3 part series; VHS

Presents the “nuts and bolts” – eight realistic, proven strategies for controlling anger in the heat of the moment. Real people, recovering addicts with long histories of explosive, destructive rage, show exactly how they now successfully apply tools such as: know your triggers, recognize your “danger zone” signs, remove yourself from the situation, use self-talk to calm down, repeat the serenity prayer, immediately plug into your support system, discharge anger in healthier ways.

Includes a facilitator’s guide with activities and reproducible work sheets. While specifically designed for addicts in recovery, this program is useful to anyone with anger problems.

Pulling punches: anger reduction and long-term changes [videorecording]

Year: 200?
Call number: VTR/BF 723/.A4/P8/Part 3/200?
Adult; 3 part series; VHS

The series ends with “snapshots” of each person featured, showing how gaining control over anger has improved their lives in miraculous ways.

Includes a facilitator’s guide with activities and reproducible work sheets.

Safety on the job : hazards of substance abuse [Videorecording]

Year: 199?
Call number: VTR/HF 5549.5/.D7/S3/199?
Adult; 16 minutes

Controlled experiments revealing behavioral changes make it clear that individuals under the influence are not in control of themselves. Among the drugs tested are alcohol, amphetamines, marijuana, barbiturates, tranquilizers, cocaine and PCP. The film dramatically reveals that the risk of accident is shared involuntarily by co-workers of substance abusers.

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Substance abuse : a management intervention program [videorecording] 1983 [ajah]

Call number: VTR/HF 5549.5/.E42/S92/1983 AUDIO/VISUAL

Presents a four-step intervention program that calls for managers to manage, not to become expert in counselling. Also useful for educating employees as to the worth of EAP.

Substance abuse : reasonable suspicion [videorecording] 1996 [akwc]

Call number: VTR/HF 5549.5/.E42/S93/1996 AUDIO/VISUAL

Substance abuse by employees has a negative effect on motivation, productivity and employee morale and presents legal risks for employers. Early intervention is essential to limit potential damage to your company. In this program, a certified substance abuse expert defines the major drug categories and their specific effects, ex-substance abusers reveal their methods of hiding their habits, and techniques for confronting a troubled employee are shown.

Supervising the difficult employee [videorecording]

Year: 1994

Call number: VTR/HF 5548.8/.S86/1994

Adult; 23 minutes; VHS

This video will steer the Supervisor through six main objectives that will help you redirect an employee whose behavior is non-productive, unsuccessful, and negatively affects other co-workers' performances – the difficult employee. It begins by highlighting steps for determining the root problem, using accurate documentation, then helping that employee take corrective action.

The Troubled employee [videorecording] 1982 [ajax]

Call number: VTR/HF 5549.5/.E42/T76/1982 AUDIO/VISUAL

A training film which will help educate and instill in supervisors a new awareness and sensitivity towards the problems of the troubled employee. It will train them to use a five-step formula to correct the situation and get an otherwise valuable employee back into production.

What makes people healthy? The determinants of health

Year: 1997

Call number: VTR/RA 407.5/.W5/1997

Audience: Adult

Duration: 11 minutes

Explains the concept behind the Determinants of Health, and provides viewers with a clear understanding of each determinant.

WORKPLACE AND EMPLOYEE ASSISTANCE BIBLIOGRAPHY

With a little help from my friends : peer support video for healthier lifestyles

[videorecording] 1996 [akyr]

Call number: VTR/BF 637/.B4/W5/1996 AUDIO/VISUAL

The video is designed to increase lifestyle change success rates by teaching skills for those already interested in changing a lifestyle practice. Also useful for planning how best to support the lifestyle change efforts of friends, family and co-workers.