

Adult Services



Adult services are provided to men and women 18 years and older who are seeking assistance due to their own involvement with alcohol, drugs and/or gambling.

Services are provided through five adult residential facilities and offices located in 23 communities across the province.

Orientation Sessions

Orientation sessions provide information on different levels of involvement and effects of involvement with alcohol, other drugs and gambling.

Depending on the target group (involved or affected), the sessions provide information about: recognizing the individual's level of involvement and the effects of that involvement; how family members and others are affected by someone else's involvement; what, where and how to access available services.

Orientation sessions are conducted in a group context or through counselling sessions.

Separate sessions are generally provided for gambling and for alcohol/other drug related issues.

Intake, Assessment and Referral

This is the starting point for access to treatment services. Information is gathered to determine the intervention process most appropriate for the client.

An initial assessment of the client's needs is completed, resulting in the initiation of a contract for service between the AFM and the client.

The client is then referred to an AFM service and/or alternative allied professional or community resource for assistance.

In Winnipeg, women are asked to contact the Woman's Services unit at 944-6229.

Adult Services Program Areas

There are five program areas available as part of Adult Services: Residential Treatment; Continuing Care; Community Based Treatment Programs; Gambling Residential Treatment; Impaired Driver Program. **NOTE:** Many Adult Services are co-educational.

Residential Treatment

A short term (21 to 28 days) alcohol and/or other drugs program is available through the five adult AFM facilities in Brandon, Ste. Rose du Lac, Thompson and Winnipeg.

The program provides clients with assistance and opportunities to address their alcohol and other drug problems in a safe, highly structured environment. It consists of: individual and group counselling; discussion groups; lectures; videos; assignments and handouts.

While in the program, clients are linked with a physician to address their physical health needs and, if needed, links are also established with psychological service providers.

The program offers gender specific content to address the differing needs of men and women. Gender specific residential treatment programs are available in Winnipeg only for women at River House and for men at James Toal Centre.

Local Office

Impaired Driver Program

(Area Code 204)

Winnipeg: 944-6290

Brandon: 729-3838

Dauphin: 622-2021

Flin Flon: 687-1770

Killarney: 523-5070

Neepawa: 476-7200

Rosburn: 859-4000

Swan River: 734-2030

The Pas: 627-8140

Thompson: 677-7300

Residential Treatment

Winnipeg Region

Toll-free:

1-866-638-2561

Men's Residential Facility

1041 Portage Avenue
Winnipeg, MB
(204) 944-6200

Women's Residential Facility

588 River
Winnipeg, MB
(204) 944-6229

Northern Region

Polaris Place
Thompson, MB
(204) 677-7300

Toll-free:

1-866-291-7774

Western Region (Includes Gambling Residential Treatment)

Parkwood Treatment Centre

510 Frederick Street
Brandon, MB
(204) 729-3838

Toll-free: 1-866-767-3838

Willard Monson House
Ste. Rose du Lac, MB

(204) 447-4040

Toll-free

1-877-917-4040

Community Based Programming

Winnipeg Region

(204) 944-6200

Toll-free:

1-866-638-2561

Western Region

(204) 729-3838

Toll-free:

1-866-767-3838

Northern Region

(204) 677-7300

Toll-free

1-866-291-7774

Adult Services



Continuing Care Program

Upon completion of programming, clients are encouraged to participate in the Continuing Care Program, which gives them opportunities to access continued support in developing and strengthening their healthy lifestyle in a supportive peer environment.

Community Based Treatment Programs

Community Based Treatment Programs are for individuals experiencing problems with alcohol, other drugs and/or gambling and have sufficient community resources and supports in place. Separate programs are generally offered for alcohol/other drug clients and gambling clients.

For gambling clients who are unable to access an AFM service location, a telephone counselling service is available.

Community Based Treatment Programs offer: individual and group counselling sessions; lectures; film presentations; discussion groups.

Programs are offered during the day and evening and are open to both men and women or on a gender-specific basis.

Women's Day Program – Women Invested in Sobriety, Empowered in Recovery (WISER)

WISER is a three month, three days per week treatment program that will help clients to develop skills to live a healthy life free from the harmful affect of alcohol and/or other drugs. After completing the Women's Day Program, clients are encouraged to participate in the Continuing Care Program (see above).

Gambling Residential Treatment

AFM offers a 14-day residential program for both men and women. The program takes place at the Parkwood Treatment Centre in Brandon and is available for problem gamblers in the province.

The program includes a variety of activities, as well as individual and group counselling every day. Participants learn how gambling affects the mind, the body and relationships between family members. Then, they work with a counsellor to plan changes in their lifestyle.

Individual needs of the residents are taken into consideration. As well as co-ed group sessions, residents have the opportunity to participate in men or women only groups, allowing for specific gender issues to be addressed. Couple counselling and financial information is also available. Family members and other significant people in the residents' lives are encouraged to attend family sessions at the beginning and end of the program.

Once the program is completed, participants can receive ongoing support through their local AFM office.

Impaired Driver Program

The purpose of the program is to help individuals avoid future impaired driving offences.

Driver Vehicle Licensing requires all drivers who incur an alcohol and/or drug related driving incident on their Manitoba driving license to access the Impaired Driver Program for a drug and alcohol assessment.

Anyone unsure of the need to access the Impaired Driver Program should contact Driver Vehicle Licensing at 204-985-7694.

Contact numbers of all Addictions Foundation of Manitoba Impaired Driving assessment offices are listed on the front.

Impaired Driver Program Assessment Process

The assessment identifies the individual's needs, and the most appropriate intervention strategy is recommended.

Arrangements can be made for those who cannot read or write, speak and/or understand English well. Individuals are asked to indicate this need at the time of their initial call.

Clients can contact the nearest Impaired Driver Program office with any questions they may have regarding cost, office hours, personal identification requirements, special needs considerations and the assessment duration and process.