

# Youth Services



The goal of AFM Youth Services is to provide clients with the information, skills and opportunities to successfully address their concerns about alcohol, other drugs or gambling (AODG) involvement, and related problems.

While youth experimentation with alcohol, other drugs and gambling can be expected, some youth will experience harm or develop problems related to such involvement.

AFM offers youth services that address a continuum of needs – from prevention to residential treatment.

AFM provides these services in urban and rural settings and works collaboratively with community partners and professional support agencies.

## Community Based Services

AFM youth programs are designed to help youth look at their alcohol, other drugs and gambling (AODG) involvement to see if it is negatively affecting their life.

Clients will have the opportunity to meet counsellors who understand youth issues and the potential effects of AODG on their lives.

If an individual decides that his/her involvement with AODG is causing problems, a counsellor can provide support and assistance in making positive changes.

AFM also provides counselling and support to youth who are concerned about someone else's AODG involvement. Services include:

- assessment and counselling for youth who may be experiencing difficulties with their own or another person's involvement with AODG
- individual and group counselling
- information and support for parents.

## School Based Services

Youth School Based Services for alcohol, other drugs and gambling (AODG) are provided in partnership with a number of school divisions throughout the province. School based services encourage the early identification and referral of students experiencing problems related to their AODG involvement. Services include:

- consultation on school policy and development and maintenance of a Student Assistance Program in the school
- assessment, education and counselling for youth who may be experiencing difficulties with AODG involvement, or those who are affected by other people's involvement
- counselling, education and support for parents and guardians
- awareness and education sessions in the classroom and at special school events
- consultation and education to parent groups, health and social service organizations, and other interested community groups.

## Outreach Services

AFM has partnerships with the Department of Justice and the Department of Family Services to provide outreach services to clients meeting the program criteria.

The counsellors provide assessment, education, counselling and referral services for their clients.

### Youth Community Based Programs and School Based Services

#### Winnipeg Region

(204) 944-6235

Toll-free:

1-866-638-2561

#### Western Region

(204) 729-3838

Toll-free:

1-866-767-3838

#### Northern Region

(204) 677-7300

Toll-free:

1-866-291-7774

### Youth Residential Program

#### Compass Residential Youth Program

(204) 428-6600

### Local Office

# Youth Services



### Services for Parents: Parents Intervention/Information Program (PIP)

Parents are not responsible for their child's alcohol, other drugs and gambling (AODG) problems, but they are one of the most important influences in their child's life.

PIP is designed for parents or caregivers who are concerned about their child's involvement with AODG.

Through PIP, participants will be provided with:

- information about AFM programs for youth and their families
- information on adolescent involvement with AODG and the effects on the youth and the family
- guidelines on responding to a young person's involvement with AODG and related behaviours
- an introduction to community supports and resources for families.

The guidelines offered to parents through this program will assist them in supporting their child, while helping to establish a more manageable living environment.

### Prevention and Education Services

AFM provides Prevention and Education Services aimed at promoting health and reducing the risk of harm associated with alcohol, other drugs and gambling involvement.

AFM staff engage directly with youth, parents and guardians, as well as with stakeholders and organizations who work in the community.

Staff provide knowledge enhancement and capacity building through educational workshops, staff training, policy development and information services relating to AODG.

### Strengthening Families

Strengthening Families is a Winnipeg based service that provides family therapy to youth and their families involved in AFM programming. It is designed to support families experiencing challenges with family interactions related to alcohol, other drugs and gambling involvement.

### Residential Services

Compass Residential Youth Program is an eight-week program for adolescents 13 to 17 years old who are experiencing significant problems with their use of alcohol or other drugs.

The program is suitable for youth who want to make significant changes in relation to their alcohol/drug involvement, but have been unable to make those changes with the resources available in their home community. Therefore, they require an intensive residential program.

Youth clients at Compass work with a multi-disciplinary team that includes counsellors, nurses, youth care workers, a learning coordinator and a leisure consultant. Clients also have access to medical and psychological services. The team is responsible for working with the young person to develop strategies to help them meet their objectives.

Program components include:

- Assessment
- Counselling Services
- Recreation and Leisure
- Medical and Psychological Services
- Academic Programming
- Health Education/Counselling
- Family Program

The facility is located in Southport, four kilometers south of Portage la Prairie, Manitoba.