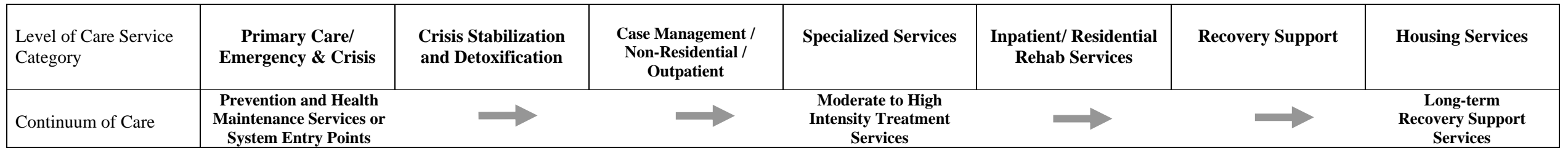


## CODI SERVICE ARRAY MAP, Revised January 2010

**TABLE 1: Agencies or Programs Providing Services to Persons with Co-occurring Mental Health and Substance Use Disorders By Broad Service Categories Across a Continuum of Care**

Level of Care Service Category	Primary Care/ Emergency & Crisis	Crisis Stabilization or Detoxification	Case Management / Non-Residential / Outpatient	Specialized Services	Inpatient/ Residential Rehab Services	Recovery Support	Housing Services
Continuum of Care	→		→		→		→
Continuum of Care	<b>Prevention and Health Maintenance Services or System Entry Points</b>		<b>Moderate to High Intensity Treatment Services</b>			<b>Long-term Recovery Support Services</b>	
Examples of Services Types	<i>Primary care, ER's, health clinics, drop-ins, shelters, street outreach, mobile crisis, crisis/ access lines</i>	<i>Crisis stabilization, substance detoxification</i>	<i>Hospital and community outpatient, day programs or non-residential programs</i>	<i>Specialized or enhanced services for persons with COD including assessment, treatment, or rehabilitation</i>	<i>Hospital-based or community-based inpatient/residential treatment programs</i>	<i>Self help, vocational rehab., supported employment/education, life skills, etc.</i>	<i>Recovery / transitional long-term residential care, supported/ supportive housing, etc.</i>
Agencies or programs in the Winnipeg Health Region providing services for persons with co-occurring mental health and substance use concerns  Most of the agencies or programs identified in this section either currently provide <i>Dual Diagnosis Capable</i> <sup>1</sup> services or are in the process of developing this capacity.	<p><b>Mental Health</b></p> <ul style="list-style-type: none"> <li>• WRHA Mobile Crisis</li> <li>• WRHA Community Mental Health intake</li> <li>• WRHA Child and Adolescent Mental Health Central Intake</li> </ul> <p><b>Addictions</b></p> <ul style="list-style-type: none"> <li>• AFM Intake for Adult, Youth, Gambling and Family Services</li> <li>• Centralized Intake – Youth Addictions</li> </ul> <p><b>Other</b></p> <ul style="list-style-type: none"> <li>• Youth Emergency Crisis Stabilization Services</li> <li>• WRHA Community</li> </ul>	<p><b>Mental Health</b></p> <ul style="list-style-type: none"> <li>• WRHA Psych Emergency Services at HSC, St. Boniface, Grace, Misericordia and Concordia.</li> <li>• WRHA Mental Health Crisis Response Services (Mobile, CSU, Brief Treatment, On-call Psychiatry)</li> <li>• Seneca House</li> </ul> <p><b>Addictions</b></p> <ul style="list-style-type: none"> <li>• Main Street Project</li> <li>• Health Sciences Centre, Addictions Unit</li> <li>• Youth Addictions Stabilization Unit</li> </ul>	<p><b>Mental Health</b></p> <ul style="list-style-type: none"> <li>• WRHA Adult Mental Health Programs: Hospital-based outpatient or Community MH Ser's</li> <li>• WRHA Child/ Adolescent Community-based Mental Health Services</li> <li>• Jewish Child and Family Services</li> </ul> <p><b>Addictions</b></p> <ul style="list-style-type: none"> <li>• AFM community-based Adult and Youth Rehab</li> <li>• AFM Methadone Intervention and Needle Exchange (M.I.N.E.)</li> <li>• The Laurel Centre</li> </ul>	<p><b>Mental Health</b></p> <ul style="list-style-type: none"> <li>• Program for Assertive Community Treatment (PACT)</li> <li>• CODI Psychiatric Consultation and Outreach Team</li> <li>• Early Psychosis Prev &amp; Intervention Ser. (EPPIS)</li> </ul> <p><b>Addictions</b></p> <ul style="list-style-type: none"> <li>• AFM Methadone Intervention &amp; Needle Exchange (M.I.N.E.)</li> <li>• HSC Addictions Unit</li> </ul>	<p><b>Mental Health</b></p> <ul style="list-style-type: none"> <li>• WRHA Adult Mental Health Hospital-based Inpatient Programs at HSC, SBGH, GGH, VGH, and SOGH</li> <li>• WRHA Child and Adolescent Mental Health Inpatient Services</li> <li>• Sara Riel, Community Rehabilitation Ser's</li> </ul> <p><b>Addictions</b></p> <ul style="list-style-type: none"> <li>• HSC Addictions Unit</li> <li>• AFM Adult Residential Rehab</li> <li>• AFM Youth Residential Rehab</li> </ul>	<p><b>Mental Health</b></p> <ul style="list-style-type: none"> <li>• CMHA, Winnipeg</li> <li>• Manitoba Schizophrenia Society</li> <li>• Mood Disorders Association of Manitoba</li> <li>• Anxiety Disorders Association of Manitoba</li> </ul> <p><b>Addictions</b></p> <ul style="list-style-type: none"> <li>• Dual Recovery Anonymous</li> <li>• Dream Catchers</li> <li>• Resource Assist. For Youth</li> </ul> <p><b>Other / Dual Disorder</b></p>	<p><b>Mental Health</b></p> <ul style="list-style-type: none"> <li>• WRHA Adult Mental Health Housing program</li> <li>• CMHA, Wpg. Reg.</li> </ul> <p><b>Addictions</b></p> <ul style="list-style-type: none"> <li>• Behavioural Health Foundation</li> </ul> <p><b>Other</b></p> <ul style="list-style-type: none"> <li>• Main Street Project</li> <li>• North End Women's Centre</li> <li>• Resource Assist. For Youth</li> </ul>

<sup>1</sup> **Dual Diagnosis Capable:** DDC Programs have been specifically modified to acknowledge and address the needs of clients/patients/consumers that have co-occurring disorders (COD). DDC Services are 'welcoming', do integrated screening and assessment, and facilitate access to the most appropriate service available. DDC programs also adapt service content and process specifically to meet the needs of persons with moderate levels of COD. Some programs accept higher levels of severity for COD and provide more specialized services. Where these 'enhanced' programs exist, they are included here in this Service Array Map.



	<ul style="list-style-type: none"> <li>Health/Access Centres</li> <li>• Street Connections</li> <li>• Main Street Project</li> <li>• Clinic Health Centre &amp; Crisis Lines</li> <li>• Mount Carmel Clinic</li> <li>• Sage House</li> <li>• North End Women’s Centre</li> <li>• Resource Assist. For Youth</li> </ul>	<b>Other</b> <ul style="list-style-type: none"> <li>• Youth Emergency Crisis Stabilization Services</li> </ul>	<ul style="list-style-type: none"> <li>• St. Raphael Wellness Centre</li> </ul> <b>Other</b> <ul style="list-style-type: none"> <li>• Dream Catchers</li> </ul>		<ul style="list-style-type: none"> <li>• Behavioural Health Foundation</li> <li>• Tamarack Rehab</li> <li>• Salvation Army Anchorage</li> </ul>		
Other agencies or programs offering services for persons struggling with mental health or substance use concerns that may not be Dual Diagnosis Capable	<b>Other</b> <ul style="list-style-type: none"> <li>• WRHA Geriatric Mental Health Teams</li> <li>• Nine Circles Health Centre</li> <li>• Other community health clinics</li> <li>• Other Crisis Lines (e.g., Teen Touch)</li> </ul>		<b>Addictions</b> <ul style="list-style-type: none"> <li>• Indian and Metis Friendship Centre</li> </ul>		<b>Addictions</b> <ul style="list-style-type: none"> <li>• Native Addictions Council, Pritchard House</li> <li>• Union Gospel Mission</li> <li>• Teen Challenge</li> </ul>	<b>Mental Health</b> <ul style="list-style-type: none"> <li>• Community Therapy Ser’s</li> <li>• Clubhouse</li> <li>• YM/WWCA</li> <li>• Doray Enterprises</li> <li>• SSCOPE Inc.</li> <li>• OCD Centre Manitoba</li> <li>• Emotions Anonymous</li> <li>• Eating Disorder Assoc.</li> <li>• 1<sup>st</sup> Episode Psychosis Family Support Grp.</li> </ul> <b>Addictions</b> <ul style="list-style-type: none"> <li>• AA/NA/CA</li> <li>• Families Anonymous</li> <li>• Alanon / Alateen</li> </ul>	<b>Mental Health</b> <ul style="list-style-type: none"> <li>• Salvation Army, The Haven</li> <li>• Friends Housing</li> </ul> <b>Addictions</b> <ul style="list-style-type: none"> <li>• Addiction Recovery Inc.</li> <li>• Esther House</li> <li>• United Church Half-way Homes</li> </ul> <b>Other</b> <ul style="list-style-type: none"> <li>• Native Women’s Transition Centre</li> </ul>

## CODI SERVICE ARRAY MAP, Revised May 2008

**TABLE 2: Agencies or Programs within Winnipeg Region Providing Services to Persons with Co-occurring Mental Health and Substance Use Disorders: Alphabetical Listing**

Agencies and Programs	Primary Service Mandate	Services Available [Services listed may not be applicable to all component programs shown in first column]	Populations Served [See Quadrants Appendix]	Intake Criteria for Persons with Co-occurring Disorders (COD)	Telephone Contact	
					Intake Information	Telephone
<b>WRHA Adult Mental Health: Hospital-Based Inpatient and Outpatient Programs</b> Health Sciences Centre (HSC) St Boniface General Hospital (SBGH) Seven Oaks General Hospital (SOGH) Grace General Hospital (GGH) Victoria General Hospital (VGH) Deer Lodge Health Centre (DLC)	Adult Mental Health Treatment	<ul style="list-style-type: none"> <li>• Psychiatric stabilization and inpatient treatment</li> <li>• Substance detoxification</li> <li>• Outpatient and day hospital programs</li> <li>• Specialized (HSC): Mood Disorders, Eating Disorders, Intensive Treatment, Schizophrenia, Forensic, and Addictions</li> <li>• Other specialized: Anxiety Disorders (SBGH), Extended Treatment (GGH), Operational Stress Injury Clinic (DLC).</li> </ul>	<ul style="list-style-type: none"> <li>• Adult</li> <li>• Quadrants 1, 2, 3, 4a &amp; 4b</li> </ul>	<ul style="list-style-type: none"> <li>• Persons with COD included but most program units restrict access to those with higher levels of mental health problem severity</li> </ul>	<ul style="list-style-type: none"> <li>• Intake is through Emergency Department, physician admission, or discharge transfer.</li> </ul>	
<b>Community Mental Health Programs:</b> Centralized Intake Geographic-based Community Mental Health Proctor Services Program for Assertive Community Treatment Crisis Response (Mobile, On-call Psych, Brief Treatment and Crisis Stab) Intensive Case Management Forensic Specialists Cross Cultural Mental Health Specialist CODI Psych Consult and Outreach Team Community Mental Health Housing Program Shared Care	Adult Mental Health Treatment	<ul style="list-style-type: none"> <li>• Intake assessment and central access services</li> <li>• Crisis Intervention and Stabilization</li> <li>• Case Management and Outpatient Services</li> <li>• Specialized: Assertive Outreach, Intensive Case Management, CODI Outreach, Cross-cultural, Forensic, Housing</li> </ul>	<ul style="list-style-type: none"> <li>• Adult</li> <li>• Quadrants 1, 2, 3, 4a &amp; 4b</li> <li>• CODI Outreach Team targets Quad 4a and 4b.</li> </ul>	<ul style="list-style-type: none"> <li>• Persons with COD included but most program units restrict access to those with higher levels of mental health problem severity</li> </ul>	WRHA Central Intake (incl. Mental Health) 940-2655  Mobile Crisis 940-1781  Crisis Stabilization 3-755 Portage Ave. 940-3633  CODI Psychiatric Consultation Service and Outreach Team 787-5172	

Agencies and Programs	Primary Service Mandate	Services Available [Services listed may not be applicable to all component programs shown in first column]	Populations Served	Intake Criteria	Telephone Contact	
					Intake Information	Telephone
<b>WRHA Child and Adolescent Mental Health Programs:</b> <b>Manitoba Adolescent Treatment Centre</b> Centralized intake, community-based services, intensive treatment, Early Psychosis Prevention and Intervention Services (EPPIS) and mental health services to special C/A populations  <b>HSC Child and Adolescent Mental Health program</b>  <b>St. Boniface General Hospital Child and Adolescent Mental Health Program</b>	C/A Mental Health Treatment	<ul style="list-style-type: none"> <li>Intake assessment and central access services for C/A mental health and addictions</li> <li>Outpatient services</li> <li>Inpatient</li> </ul>	<ul style="list-style-type: none"> <li>Child and adolescent</li> <li>Quadrants 1, 2, 3, 4a &amp; 4b</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included but most program units restrict access to those with higher levels of mental health problem severity</li> </ul>	Centralized Intake: Child and Adolescent Mental Health  Youth Addictions  MATC (Intensive Treatment) 120 Tecumseh Street  MATC (Community Treatment) 228 Maryland  Early Psychosis Prevention & Intervention Ser's. (EPPIS)  SBGH Child and Adolescent Mental Health	958-9660  1-877-710-3999 (Winnipeg & rural)  477-6391  958-9600  985-9677  237-2677
	Primary Care / Communicable Diseases	<ul style="list-style-type: none"> <li>Street outreach and needle exchange</li> </ul>	<ul style="list-style-type: none"> <li>Adult</li> <li>Adolescent</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	Mobile Van	981-0742
	Geriatric Mental Health Teams	Mental Health Assessment	<ul style="list-style-type: none"> <li>Assessment</li> <li>Intervention</li> <li>Consultation</li> </ul>	<ul style="list-style-type: none"> <li>Seniors</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	GMH central intake

Agencies and Programs	Primary Service Mandate	Services Available [Services listed may not be applicable to all component programs shown in first column]	Populations Served	Intake Criteria	Telephone Contact	
					Intake Information	Telephone
<b>Addictions Foundation of Manitoba (Winnipeg Region)</b> Adult Rehab (Residential, day & non-residential) Youth Services (Residential & non-res.) Family Program (Non-residential services) Gambling Services (Residential & non-res.) Methadone Intervention & Needle Exchange	Addiction Rehab	<ul style="list-style-type: none"> <li>• Non residential / day rehabilitation</li> <li>• Residential rehabilitation</li> <li>• Specialized: <i>Methadone maintenance and needle exchange, family support and family counselling</i></li> </ul>	<ul style="list-style-type: none"> <li>• Adult</li> <li>• Adolescent</li> <li>• Gender specific residential &amp; day programs for adult men and women</li> <li>• Family</li> <li>• Quadrants 1 and 3 primarily</li> <li>• Quadrant 4 occasionally where mental illness component is relatively stabilized</li> </ul>	<ul style="list-style-type: none"> <li>• Persons with COD included but access may be restricted based on the severity of mental health disability or functional limitations</li> <li>• Women's residential rehab currently restricts access based on the client's use of certain psychotropic medications unless an active step-down process is in place.</li> </ul>	Adult male rehab intake Adult female rehab intake Family program Gambling intake Problem Gambling Helpline Youth Rehab intake Methadone Maintenance	<b>944-6289</b> <b>944-6229</b> <b>944-6229</b> <b>944- 6368</b> <b>944-6272</b> <b>944-6235</b> <b>944-7070</b>
<b>Addictions Recovery Inc. (ARI)</b>	Addiction Rehab	<ul style="list-style-type: none"> <li>• Housing services (recovery support)</li> </ul>	<ul style="list-style-type: none"> <li>• Adult, gender specific (male)</li> <li>• Quadrant 3 primarily</li> </ul>	<ul style="list-style-type: none"> <li>• Persons with COD included but access may be restricted based on the severity of mental health disability or functional limitations</li> </ul>	93 Cathedral Ave	<b>586-2550</b>
<b>Anxiety Disorders Association of MB (ADAM)</b>	Mental Health Recovery Support	<ul style="list-style-type: none"> <li>• Recovery support (self help)</li> </ul>	<ul style="list-style-type: none"> <li>• Adult</li> <li>• Seniors</li> <li>• Quadrants 1 and 2</li> </ul>	<ul style="list-style-type: none"> <li>• Persons with COD included</li> </ul>	ADAM general line	<b>925-0600</b> <b>or</b> <b>1-800-805-8885</b>

Agencies and Programs	Primary Service Mandate	Services Available [Services listed may not be applicable to all component programs shown in first column]	Populations Served	Intake Criteria	Telephone Contact	
					Intake Information	Telephone
<b>Behavioural Health Foundation Inc.</b> (long-term residential) Adult and Family Programs Male and Female Youth Services	Addiction Rehab	<ul style="list-style-type: none"> <li>Residential rehabilitation (long-term, addiction)</li> </ul>	<ul style="list-style-type: none"> <li>Child and adolescent</li> <li>Adult</li> <li>Family</li> <li>Quadrants 1 and 3 primarily</li> <li>Quadrant 4 occasionally where mental illness component is relatively stabilized</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included but access may be restricted based on the severity of mental health disability or functional limitations</li> <li>Access may also be restricted based on the client's use of psychotropic medications in the absence of psychiatric supervision/consultation.</li> </ul>	Adult and Family Female Youth Services Male Youth Services	<b>269-3430</b> <b>261-6111</b> <b>482-9712</b>
<b>Canadian Mental Health Assoc., Wpg Reg Office</b> Rehabilitation and Recovery Service	Mental Health Rehabilitation	<ul style="list-style-type: none"> <li>Community-based rehabilitation and recovery support</li> </ul>	<ul style="list-style-type: none"> <li>Adult</li> <li>Quadrants 1, 2, 3, 4a &amp; 4b</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	CMHA Wpg.	<b>982-6100</b>
<b>Dual Recovery Anonymous</b>	Dual Recovery Self Help	<ul style="list-style-type: none"> <li>Recovery support (self help)</li> </ul>	<ul style="list-style-type: none"> <li>Adult</li> <li>Quadrants 1, 2, 3, 4a &amp; 4b</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	General info lines Crisis line	<b>284-3903</b> <b>772-1037</b> <b>786-8686</b>
<b>Esther House</b>	Addiction Rehab	<ul style="list-style-type: none"> <li>Housing services (recovery support)</li> </ul>	<ul style="list-style-type: none"> <li>Adult, gender specific (Female)</li> </ul>		General line.	<b>582-4043</b>
<b>Jewish Child and Family Services, Mental Health Services</b>	Mental Health Recovery Support	<ul style="list-style-type: none"> <li>Case management</li> <li>Recovery support</li> </ul>	<ul style="list-style-type: none"> <li>Adult</li> <li>Adolescent</li> <li>Seniors</li> <li>Quadrants 1, 2, 3, 4a &amp; 4b</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	JCFS General line	<b>477-7430</b>

Agencies and Programs	Primary Service Mandate	Services Available [Services listed may not be applicable to all component programs shown in first column]	Populations Served	Intake Criteria	Telephone Contact	
					Intake Information	Telephone
<b>Klinic Community Health Centre</b> Crisis and Trauma Counselling/ Drop-in Counselling  <b>Dream Catchers</b> Addictions and trauma counselling	Primary Care, Advocacy & Counselling	<ul style="list-style-type: none"> <li>• Primary care</li> <li>• Case management and outpatient services</li> <li>• Recovery support</li> </ul>	<ul style="list-style-type: none"> <li>• Child and adolescent</li> <li>• Adults and seniors</li> <li>• Gender specific (males, females &amp; transgender)</li> <li>• Quadrants 1, 2, 3, 4a &amp; 4b</li> </ul>	<ul style="list-style-type: none"> <li>• Persons with COD included</li> </ul>	Klinic (General Line and 24/7 Crisis Line  Crisis and Trauma Intake  Suicide Prevention line  Dream Catchers	<b>786-8686</b>  <b>784-4059</b>  <b>1-877-435-7170</b>  <b>784-4090</b>
<b>Laurel Centre (The)</b>	Trauma Recovery	<ul style="list-style-type: none"> <li>• Case management and outpatient counseling</li> </ul>	<ul style="list-style-type: none"> <li>• Adult</li> <li>• Adolescent</li> <li>• Gender specific (female)</li> <li>• Quadrant 2 primarily</li> </ul>	<ul style="list-style-type: none"> <li>• Persons with COD included</li> </ul>	104 Roslyn Rd.	<b>783-5460</b>
<b>MacDonald Youth Services, Youth Emergency Crisis Stabilization</b> Mobile Crisis, Crisis Stabilization, Education and Brief Treatment Services	Child and Adolescent Crisis Response	<ul style="list-style-type: none"> <li>• Crisis intervention and stabilization</li> </ul>	<ul style="list-style-type: none"> <li>• Child and adolescent</li> <li>• Quadrants 1, 2, 3, 4a &amp; 4b are all served but overall focus is on Quadrant 2</li> </ul>	<ul style="list-style-type: none"> <li>• Persons with COD included</li> </ul>	175 Mayfair Avenue  Youth Emergency & Crisis Stab. 226 St. Mary's Rd	<b>477-1722</b>  <b>949-4777</b>
<b>Main Street Project</b> Shelter Non-medical Detox Mainstay Residence	-Drop-in Shelter -Trans. Housing -Addiction Detox	<ul style="list-style-type: none"> <li>• Housing (shelter and transitional/supportive housing)</li> <li>• Residential rehab (substance abuse non-medical detox)</li> </ul>	<ul style="list-style-type: none"> <li>• Adult</li> <li>• Seniors</li> <li>• Quadrants 1, 2, 3, 4a</li> <li>• Mainstay focuses on Q 1 thru Q3</li> <li>• Detox focuses on Q 3 and Q 4a</li> </ul>	<ul style="list-style-type: none"> <li>• Persons with COD included but access may be restricted based on medical clearance and client stability.</li> </ul>	75 Martha St. gen. Line  Detox unit line  Mainstay Residence	<b>982-8245</b>  <b>982-8250</b>  <b>982-8260</b>

Agencies and Programs	Primary Service Mandate	Services Available [Services listed may not be applicable to all component programs shown in first column]	Populations Served	Intake Criteria	Telephone Contact	
					Intake Information	Telephone
<b>Manitoba Schizophrenia Society (MSS), Winnipeg</b>	Mental Health Recovery Support	<ul style="list-style-type: none"> <li>Recovery support (self-help)</li> </ul>	<ul style="list-style-type: none"> <li>Child and adolescent</li> <li>Adult</li> <li>Quadrants 1, 2, 3, 4a &amp; 4b are all served but overall focus is on Quadrant 1 &amp; 2</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	MSS general line	<b>786-1616</b> or <b>1-800-263-5545</b>
<b>Mood Disorders Association of Manitoba</b>	Mental Health Recovery Support	<ul style="list-style-type: none"> <li>Recovery support (self-help)</li> </ul>	<ul style="list-style-type: none"> <li>Child and adolescent</li> <li>Adult</li> <li>Seniors</li> <li>Quadrants 1, 2, &amp; 4a</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	MDAM general line	<b>786-0987</b> or <b>1-800-263-1460</b>
<b>Mount Carmel Clinic</b> Cross-Cultural Mental Health Counselling	Primary Care, Advocacy & Counselling	<ul style="list-style-type: none"> <li>Primary care</li> <li>Case management and outpatient services</li> </ul>	<ul style="list-style-type: none"> <li>Child and adolescent</li> <li>Adult</li> <li>Quadrants 1, 2, 3, 4a &amp; 4b</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	886 Main St.	<b>582-2311</b>
<b>Sage House</b>	Street Outreach & Primary Care	<ul style="list-style-type: none"> <li>Street outreach and drop-in (street involved women)</li> <li>Health clinic &amp; needle exchange</li> </ul>			Sage House, 422 Dufferin Ave.	<b>943-6379</b>
<b>Native Addictions Council of Manitoba (NACM)</b> <b>Pritchard House Treatment Program</b>	Addiction Rehab	<ul style="list-style-type: none"> <li>Non residential rehabilitation (addiction)</li> <li>Residential rehabilitation (addiction)</li> </ul>	<ul style="list-style-type: none"> <li>Adolescent</li> <li>Adult</li> </ul>		160 Salter St.	<b>586-8395</b>
<b>Nine Circles Community Health Centre</b>	Primary Care, Advocacy & Counselling	<ul style="list-style-type: none"> <li>Primary care (treatment and support for those living with HIV/AIDS as well as GLBTI clients)</li> </ul>	<ul style="list-style-type: none"> <li>Adolescent</li> <li>Adult</li> <li>Quadrants 1, 2, 3, &amp; 4a</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	705 Broadway, Central Line	<b>940-6000</b>

Agencies and Programs	Primary Service Mandate	Services Available [Services listed may not be applicable to all component programs shown in first column]	Populations Served	Intake Criteria	Telephone Contact	
					Intake Information	Telephone
<b>North End Women's Centre</b>	Housing Advocacy & Counselling	<ul style="list-style-type: none"> <li>Housing services (recovery support, 'damp / abstinence encouraged')</li> <li>Drop-in / counseling</li> <li>Recovery support</li> </ul>	<ul style="list-style-type: none"> <li>Adult, gender specific (female)</li> <li>Children (drop-in only)</li> <li>Quadrants 1, 2, 3, 4a &amp; 4b are all served but overall focus is on Quadrant 1 &amp; 3</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	394 & 382 Selkirk Ave	589-7347
<b>OCD Centre Manitoba</b>	Mental Health Recovery Support	<ul style="list-style-type: none"> <li>Recovery support (self-help)</li> <li>Drop in support (Mon-Thurs. 9-2)</li> </ul>	<ul style="list-style-type: none"> <li>Adult and family</li> </ul>	Persons with COD included	OCD general line	942-3331
<b>Resource Assistance for Youth (RaY)</b>	Street Outreach, Housing, Advocacy & Counselling	<ul style="list-style-type: none"> <li>Street outreach</li> <li>Advocacy</li> <li>Housing and repatriation</li> <li>Addictions (Methamphetamine) recovery support</li> </ul>	<ul style="list-style-type: none"> <li>Adolescent and young adult (12-29)</li> <li>Quadrants 1 thru 4, but overall focus is on Quadrant 1 &amp; 3</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	195 Young St.	783-5617
<b>St. Raphael Wellness Centre</b>	Addiction Rehab	<ul style="list-style-type: none"> <li>Non-Residential/ Day Rehab</li> </ul>	<ul style="list-style-type: none"> <li>Adult</li> <li>Gender Specific</li> <li>Family</li> <li>Quadrants 1 &amp; 3 primarily, 4 if stabilized</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included, but access may be restricted based on the severity of mental disability or functional limitations.</li> </ul>	2 <sup>nd</sup> floor, 456 Main St. Winnipeg, MB.	956-6650
<b>Salvation Army Anchorage Addictions Rehab.</b>	Addiction Rehab	<ul style="list-style-type: none"> <li>Residential rehabilitation (addiction, long-term)</li> </ul>	<ul style="list-style-type: none"> <li>Adult</li> <li>Quadrant 3 focus</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included but access may be restricted based on the severity of mental health disability or functional limitations</li> </ul>	Anchorage Rehab., 180 Henry St.	946-9401

Agencies and Programs	Primary Service Mandate	Services Available [Services listed may not be applicable to all component programs shown in first column]	Populations Served	Intake Criteria	Telephone Contact	
					Intake Information	Telephone
<b>Sara Riel Inc.</b> Community Rehabilitation Services	Mental Health Rehabilitation	<ul style="list-style-type: none"> <li>Residential rehabilitation (mental health)</li> </ul>	<ul style="list-style-type: none"> <li>Adult</li> <li>Quadrant 2 primarily</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included but access may be restricted based on an abstinence-only intake policy.</li> </ul>	210 Kenny St. line	237-9263
<b>Seneca House</b>	Mental Health Crisis Stabilization	<ul style="list-style-type: none"> <li>Crisis Stabilization</li> </ul>	<ul style="list-style-type: none"> <li>Adult</li> <li>Quadrant 2 primarily</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included but access may be restricted based on on-going substance use related behaviours.</li> </ul>	283 Provencher Blvd.  Crisis line	231-0217  942-9276
<b>Tamarack Rehab</b>	Addiction Rehab	<ul style="list-style-type: none"> <li>Residential rehabilitation (second stage residential addiction treatment, 60-day)</li> </ul>	<ul style="list-style-type: none"> <li>Adult</li> <li>Quadrant 3</li> <li>Quadrant 4 occasionally where mental illness component is relatively stabilized</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included but access may be restricted based on the severity of mental health disability or functional limitations</li> <li>Access may also be restricted based on the client's use of certain psychotropic medications</li> </ul>	60 Balmoral Ave., Intake line  Main office	<b>775-1328</b>  <b>772-9836</b>
<b>Teen Challenge</b>	Addiction Rehab	<ul style="list-style-type: none"> <li>Residential rehabilitation</li> </ul>	<ul style="list-style-type: none"> <li>Adult</li> </ul>		414 Edmonton St.	<b>949-9484</b>
<b>Union Gospel Mission</b>	Addiction Rehab	<ul style="list-style-type: none"> <li>Residential rehabilitation</li> <li>Women's Addiction Recovery Program</li> </ul>	<ul style="list-style-type: none"> <li>Adult</li> <li>Gender specific (male)</li> <li>Gender specific (female)</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> <li>This is a one year Biblically based recovery program.</li> </ul>	320 Princess St 271 Archibald	<b>943-9904</b> <b>415-3934</b>
<b>Winnipeg Drug Treatment Court</b>	Addiction Rehab and Diversion	<ul style="list-style-type: none"> <li>Case management and outpatient counseling</li> </ul>	<ul style="list-style-type: none"> <li>Adult</li> <li>Quadrant 1 primarily</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	Program manager	<b>944-7079</b>
<b>Youth Addictions Stabilization Unit</b>	Addiction Stabilization	<ul style="list-style-type: none"> <li>Mandatory stabilization process</li> </ul>	<ul style="list-style-type: none"> <li>Adolescent</li> <li>Quadrants 3 and 4</li> </ul>	<ul style="list-style-type: none"> <li>Persons with COD included</li> </ul>	Youth Addictions Provincial Central Intake	<b>1-877-710-3999</b> <b>or</b> <b>958-9690</b>

# Winnipeg Region Co-occurring Disorders Initiative

## Local/Regional Agency and Resource Web Links for Mental Health and Addiction Services

January 2009

Addictions Foundation of Manitoba	<a href="http://www.afm.mb.ca/">http://www.afm.mb.ca/</a>
Alcoholics Anonymous	<a href="http://www.aamanitoba.org/">http://www.aamanitoba.org/</a>
Anxiety Disorders Association of MB	<a href="http://www.adam.mb.ca">http://www.adam.mb.ca</a>
Behavioural Health Foundation	<a href="http://www.bhf.ca">http://www.bhf.ca</a>
Canadian Mental Health Association (Manitoba) <i>Mental Health Education Resource Centre</i>	<a href="http://www.manitoba.cmha.ca/">http://www.manitoba.cmha.ca/</a> <a href="http://www.manitoba.cmha.ca/bins/site_page2.asp?cid=284-683-1549&amp;lang=1">http://www.manitoba.cmha.ca/bins/site_page2.asp?cid=284-683-1549&amp;lang=1</a>
CMHA (Winnipeg) <i>Mental Health Resource Guide for Winnipeg</i>	<a href="http://www.winnipeg.cmha.ca/">http://www.winnipeg.cmha.ca/</a>
Cocaine Anonymous	<a href="http://www.ca.org/phones.html#CANADA">http://www.ca.org/phones.html#CANADA</a>
Dual Recovery Anonymous	<a href="http://draonline.org/meetings_dra/canada/index.html">http://draonline.org/meetings_dra/canada/index.html</a>
Eating Disorders Association of Manitoba	<a href="http://www.edam.mb.ca">http://www.edam.mb.ca</a>
Emotions Anonymous	<a href="http://www.emotionsanonymous.org/">http://www.emotionsanonymous.org/</a>
Families Anonymous	<a href="http://www.familiesanonymous.org/">http://www.familiesanonymous.org/</a>
Jewish Child and Family Services	<a href="http://www.jcfswinnipeg.org/">http://www.jcfswinnipeg.org/</a> <a href="http://www.jcfswinnipeg.org/services_health.html">http://www.jcfswinnipeg.org/services_health.html</a>

## APPENDIX

<b>Klinik Community Health Centre</b>	<a href="http://www.klinik.mb.ca">http://www.klinik.mb.ca</a>
<b>MacDonald Youth Services</b>	<a href="http://www.mys.mb.ca">http://www.mys.mb.ca</a>
<b>Main Street Project</b>	<a href="http://www.mainstreetproject.ca/">http://www.mainstreetproject.ca/</a>
<b>Manitoba Adolescent Treatment Centre</b>	<a href="http://www.matc.ca/MATC_main.htm">http://www.matc.ca/MATC_main.htm</a>
<b>Manitoba Health, Mental Health and Addictions</b>	<a href="http://www.gov.mb.ca/health/mh/system.html">http://www.gov.mb.ca/health/mh/system.html</a>
▫ <i>Directory of Adult Substance Use Services</i>	<a href="http://www.gov.mb.ca/health/mh/directory/adult.html">http://www.gov.mb.ca/health/mh/directory/adult.html</a>
▫ <i>Directory of Youth Substance Use Services</i>	<a href="http://www.gov.mb.ca/health/mh/directory/youth.html">http://www.gov.mb.ca/health/mh/directory/youth.html</a>
<b>MB. Schizophrenia Society</b>	<a href="http://www.mss.mb.ca">http://www.mss.mb.ca</a>
<b>Mood Disorders Association of MB</b>	<a href="http://www.depression.mb.ca">http://www.depression.mb.ca</a>
<b>Mount Carmel Clinic</b>	<a href="http://www.mountcarmel.ca/">http://www.mountcarmel.ca/</a> <a href="http://www.mountcarmel.ca/programs.community.htm">http://www.mountcarmel.ca/programs.community.htm</a>
<b>Narcotics Anonymous</b>	<a href="http://portaltools.na.org/portaltools/MeetingLoc/">http://portaltools.na.org/portaltools/MeetingLoc/</a>
<b>Native Addictions Council of MB / Pritchard House</b>	<a href="http://www.mts.net/~nacm/index.html">http://www.mts.net/~nacm/index.html</a>
<b>Nine Circles Community Health Centre</b>	<a href="http://www.ninecircles.ca/villageclinic.htm">http://www.ninecircles.ca/villageclinic.htm</a>
<b>North End Women's Centre</b>	<a href="http://www.newcinc.org/">http://www.newcinc.org/</a>
<b>Obsessive Compulsive Disorder Centre</b>	<a href="http://www.ocdmanitoba.ca">http://www.ocdmanitoba.ca</a>

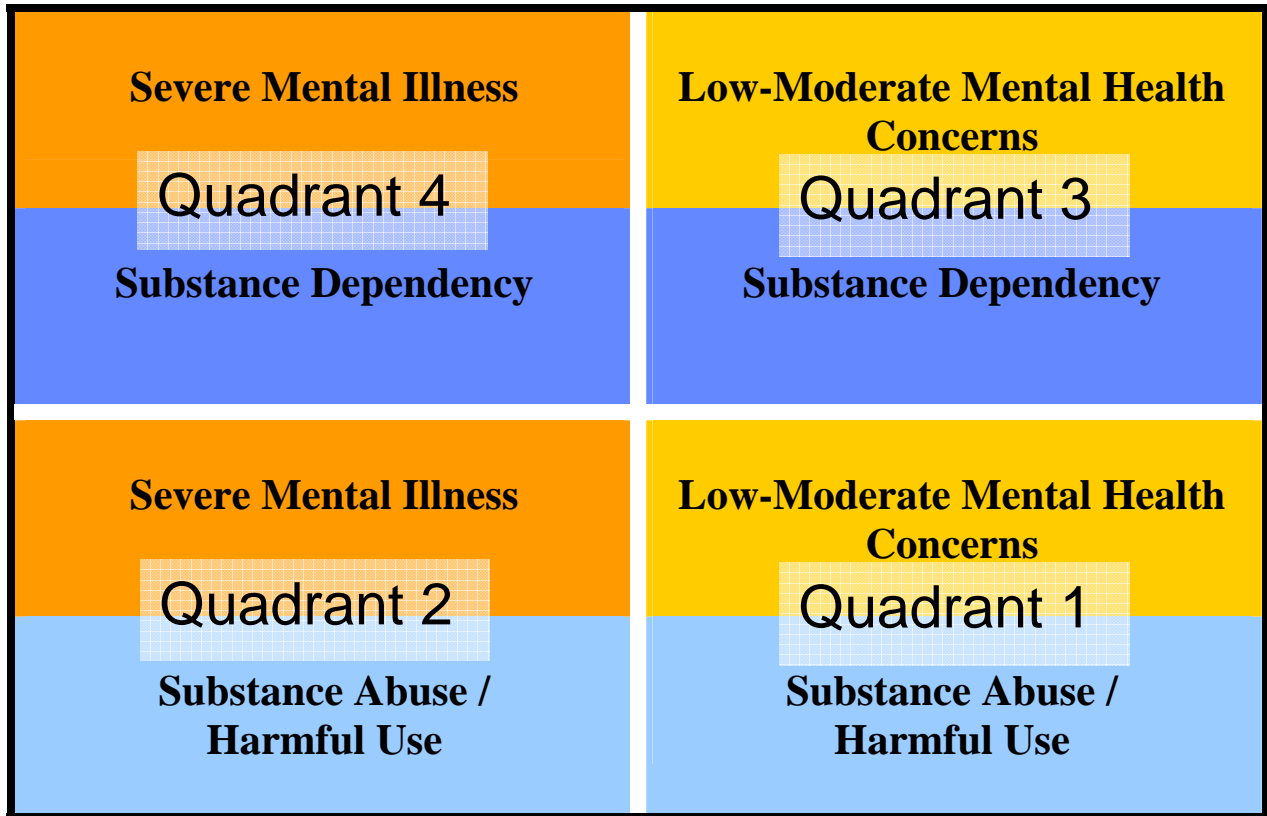
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Partnership for Consumer Empowerment	<a href="http://www.pce Manitoba.com/home.html">http://www.pce Manitoba.com/home.html</a>
Resource Assistance for Youth (RaY)	<a href="http://www.rayinc.ca/">http://www.rayinc.ca/</a>
St Raphael Wellness Centre	<a href="http://www.straphaelcentre.ca">www.straphaelcentre.ca</a>
Salvation Army Anchorage	<a href="https://webapp1.sallynet.org/DServices/Location.aspx">https://webapp1.sallynet.org/DServices/Location.aspx</a>
Sara Riel Inc.	<a href="http://www.sararielinc.com/index_home.html">http://www.sararielinc.com/index_home.html</a>
Tamarack Rehab	<a href="http://www.tamarackrehab.org">http://www.tamarackrehab.org</a>
Teen Challenge	<a href="http://www.teenchallenge.mb.ca/">http://www.teenchallenge.mb.ca/</a>
Teen Touch	<a href="http://www.teentouch.org/">http://www.teentouch.org/</a>
Union Gospel Mission	<a href="http://www.gospelmission.ca/">http://www.gospelmission.ca/</a>
Winnipeg Drug Treatment Court	<a href="http://www.afm.mb.ca/Partnerships/drug_courts.htm">http://www.afm.mb.ca/Partnerships/drug_courts.htm</a>
Winnipeg Region Co-occurring Disorders Initiative	<a href="http://www.afm.mb.ca/codi.html">http://www.afm.mb.ca/codi.html</a> .
Winnipeg Regional Health Authority  <i>WRHA Community Mental Health</i>  <i>The Culture of Well-being: Guide to Mental Health Resources for first Nations, Metis &amp; Inuit People</i>  <i>Hospital Program Links</i>	<a href="http://www.wrha.mb.ca/">http://www.wrha.mb.ca/</a>  <a href="http://www.wrha.mb.ca/community/mentalhealth/index.php">http://www.wrha.mb.ca/community/mentalhealth/index.php</a>  <a href="http://www.wrha.mb.ca/aboriginalhealth/files/MentalHealthGuide_Mar08.pdf">http://www.wrha.mb.ca/aboriginalhealth/files/MentalHealthGuide_Mar08.pdf</a>  <a href="http://www.wrha.mb.ca/hospitals/">http://www.wrha.mb.ca/hospitals/</a>

**Searchable Service Directory Databases**

WRHA Health Services Directory Online	<a href="http://www.wrha.mb.ca/healthinfo/directory/index.php">http://www.wrha.mb.ca/healthinfo/directory/index.php</a>
CONTACT Community Resource Information Database	<a href="http://www.contactmb.org">http://www.contactmb.org</a> <a href="http://cms00asa1.winnipeg.ca/crc/crc?cl=1&amp;fn=4">http://cms00asa1.winnipeg.ca/crc/crc?cl=1&amp;fn=4</a>
Canadian Centre for Substance Abuse	<a href="http://www.ccsa.ca/CCSA/EN/Addiction_Databases/ TreatmentServicesForm.htm">http://www.ccsa.ca/CCSA/EN/Addiction_Databases/ TreatmentServicesForm.htm</a>

# Sub-groups of People with Co-occurring Disorders



## Quadrant Model

A four-cell table used for identifying diagnostic subtypes of co-occurring disorder. The identification of subtypes is helpful for determining what service specializations need to be involved and when, and what level of care is appropriate. (K. Minkoff MD.)

### **Quadrant 4:**

**High Psychiatric Disorder Severity** (Acute serious mental illness or other severe acute disturbance)  
**High Substance-Related Disorder Severity** (Substance Dependence)

### **Quadrant 3:**

**Low Psychiatric Disorder Severity** (Low to moderate MH Concerns)  
**High Substance-Related Disorder Severity** (Substance Dependence)

### **Quadrant 2:**

**High Psychiatric Disorder Severity** (Acute serious mental illness or other severe acute disturbance)  
**Low Substance-Related Disorder Severity** (Substance Abuse)

### **Quadrant 1:**

**Low Psychiatric Disorder Severity** (Low to moderate MH Concerns)  
**Low Substance-Related Disorder Severity** (Substance Abuse)

# Locus of Care by Problem Severity

