

## Manitoba Addictions Awareness Week

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### SECOND-HAND SMOKE

#### Smoking - Activity 4

The bad news is that second-hand smoke, a combination of poisonous gases, liquids, and breathable particles that come from a burning cigarette, cigar or pipe, is harmful to our health.

The good news is that in Manitoba, there are rules and laws that regulate the use of tobacco in public places.

What do you know about second hand smoke? How are people in your community being protected from second-hand smoke?

#### Directions:

1. Ask the students what facts they know about second-hand smoke and record these on a large chart.
2. Ask the students to:
  - ⊗ break up into small groups,
  - ⊗ read the information from the **Fast Facts on Smoking** and the **Tobacco Quiz** and
  - ⊗ write down any new things they learned.
3. Process this new information as a large group and add to the chart.
4. Tell the students to pretend that they are **municipal councillors** or that they are a **chief or band council member of their community**. Using this information about second-hand smoke, ask them what laws or rules would they make in order to protect all of us from the dangers of second-hand smoke? Write these laws and rules down, transfer them onto a scroll in the form of a proclamation and display it in the classroom.
5. Encourage the students to compare the actual laws and rules that exist in their communities by contacting their municipal or band office.
6. Invite the students to take home a copy of their proclamation and share it with members of their family.



Adapted from the bc.tobaccofacts.grade 4 curriculum by AFM Youth Unit staff