

**Youth.....**

Youth is an often overlooked valuable resource! Most prevention activities are directed to Youth, but generally neglect to ask for their input. We need to stop doing 'for' and start doing 'with'. Many schools have Peer Support groups and all have Student Councils—a good place to start for assistance.

**Group size.....**

The ideal number of the committee will vary depending upon the size of the community. Generally, 10 people is a good rule of thumb. If ten people cannot be found, it is possible that the issue is not of concern (at least consciously) to members of the community. The other possibility however, is that individual are not aware of the extent of the situation in their community. Some times may have to be spent on public education. If your initial group is small, you may want to start with one awareness activity and involve the local media. Hopefully, this will encourage others to get involved.

**Discouraged.....?**

This is not an easy task! If you find yourself struggling contact other community groups for new ideas and support.