

How to Make Your Home Safer

There's a very clear connection between preventing inhalant abuse and saving the environment. Thinking green and shopping green will help keep your house a safer place to live.

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Sure, sure! But "green" products are more expensive and time-consuming! I can't afford to spend extra time or money to keep the house clean!



Hold it right there! The truth is that **many** green alternatives are **less expensive** than regular products and **don't take more time**. There are also some green products that are more expensive and time-consuming, but they pay for themselves many times over because they're safer.



Here are some general tips:

- **Avoid aerosol sprays!** Look for hand pumps or other non-aerosol containers.
- Use **baking soda** as a scrub cleaner instead of more expensive powdered or liquid cleansers for scrubbing.
- Use **warm water with lemon juice or vinegar** as an all-purpose cleaner. It's much less expensive than regular household cleaners and cleans equally well.
- **Hydrogen peroxide** is a greener alternative to disinfectants. **Vinegar or lemon juice** are also good disinfectants.
- Always buy **non-toxic** school supplies and household products wherever possible.
- Non-toxic products and other green products are available everywhere. Certain stores in town specialize in green products and have an amazing selection of green products (too numerous to mention here). Green Earth - a store specializing in green products - is an excellent source of information in Winnipeg.



REMEMBER!

It's almost impossible to keep all inhalants out of the house. If you have dangerous products in the house, keep them out of reach of children.