

SMALL STEPS TO

**BIG DREAMS**

Having dreams and goals is really important. They help us go after the things that are valued by us. And they help us make life turn out the way we want it to, not just the way other people want it to.

Here are some ways to help you turn some dreams into reality.

1. Write down everything you would like to have and do in life on a piece of paper. Let your imagination go wild!
2. Pick the three dreams or goals that are most important to you.
3. For each one, plan a few small steps that you know you can do every day or week to make your goal happen. Check out the example to see what we mean.
4. Celebrate each accomplishment ... we knew you could do it!

goal .....

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_

goal .....

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_

goal .....

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_

**EXAMPLE**

**Goal:** To buy that new skateboard that I want in 6 months.

**Step 1:** Get mom or dad to help me open up a savings account at the bank.

**Step 2:** Put half my weekly allowance in the account every week, plus half of any money I get for birthdays, etc.

**Step 3:** Check out different stores to find the best price.

