

Factoid

*A person breathes about 20 times every minute.
That's 1,200 Breaths every hour!
28,800 Breaths every day!
10,512,000 Breaths every year!*

How many breaths have you taken since you were born?



THE COST OF \$MOKING

If you don't smoke you save a lot of money.
The average smoker spends \$6.00 per day on cigarettes.
How much is this in just one year? (hint: 365 days = 1 year)
(answer: \$2,190.00)

Factoid

*An injection of 1 drop of nicotine will kill a person
in less than one minute.
Nicotine is the addictive drug in cigarettes and chewing tobacco.*



Factoid

*A person who smokes a pack a day inhales
one litre of tar into his / her lungs every year.*

