

# Manitoba Addictions Awareness Week

## EXPLORE THE MYTHS AND FACTS OF FAMILY VIOLENCE

Created 1999

### SUGGESTED ACTIVITY:

Make copies of “FAMILY VIOLENCE - THINK ABOUT IT” activity. Have your class/group:

- ▶ **EXPLORE WHAT THEY KNOW:** Examine their personal attitudes and beliefs about Family Violence by responding to the statements listed. This is for their own personal self-exploration and is not to be shared.
- ▶ **BRAINSTORM/RESEARCH WHAT THEY NEED TO KNOW:** Discuss the facts on Family Violence provided on the reverse of the activity. Break them into small groups and have them read the “Fast Facts On Family Violence” and brainstorm what additional questions they have on this topic. Use the school and/or community libraries, resources/speakers to answer these questions. Students could use the Periodical Indexes and/or Vertical Files to find and summarize an article/newsclipping on Family Violence; they could use the Poetry or Short Story Indexes to find a poem or story and share their findings with the rest of the class.
- ▶ **APPLY WHAT THEY HAVE LEARNED:** Armed with the knowledge of their findings, they could then plan an awareness campaign of: posters, announcements, Reader’s Theatre performance to promote the realities of Family Violence.

### FAMILY VIOLENCE - THINK ABOUT IT

*This exercise is designed to help you examine your own attitudes towards and knowledge of Family Violence. Indicate whether or not you believe each of the following statements. Keep your responses confidential.*

1. *Violence is caused by alcohol and drugs.* YES \_\_\_ NO \_\_\_ DO NOT KNOW \_\_\_
2. *It only happened once; it won't happen again.* YES \_\_\_ NO \_\_\_ DO NOT KNOW \_\_\_
3. *Abuse happens primarily in lower class families.* YES \_\_\_ NO \_\_\_ DO NOT KNOW \_\_\_
4. *Women must condone the violence or they would leave.* YES \_\_\_ NO \_\_\_ DO NOT KNOW \_\_\_
5. *The children don't know what is going on.* YES \_\_\_ NO \_\_\_ DO NOT KNOW \_\_\_
6. *A small percentage of Canada's elderly suffer from abuse.* YES \_\_\_ NO \_\_\_ DO NOT KNOW \_\_\_
7. *1 in 4 girls and 1 in 10 boys will be abused before the age of 16.* YES \_\_\_ NO \_\_\_ DO NOT KNOW \_\_\_
8. *Women can be just as abusive as men.* YES \_\_\_ NO \_\_\_ DO NOT KNOW \_\_\_
9. *Mild shaking over a period of time can cause brain injury in a baby.* YES \_\_\_ NO \_\_\_ DO NOT KNOW \_\_\_