

INTRODUCTORY ACTIVITY

"TAKE HEALTHY CHOICES TO HEART"

A "KWL" ACTIVITY - appropriate for Early, Middle and Senior Years

K - stands for what I know W - stands for what I want to know

L - stands for what I have learned

- Step 1** Have students choose one or more topics from the MAAW kit that they would like to explore.
- Step 2** Students should be instructed in the meaning of each of the K (Know), W (Want to Know), and L (Learned) categories. Provide a sheet with three columns marked, K, W, and L, or instruct students to place the headings at the top of a blank sheet of paper.
- Step 3** Have students individually or in small groups discuss and recall all they can about the selected topic. Record this information in the K section. Brainstorming and sharing of information in small groups may enhance the quality of recalled knowledge. Sometimes students will provide misinformation in brainstorming that will need to be clarified later.
- Step 4** During brainstorming and discussion, several unanswered questions will be generated. Record these under the W section as items for which students may want to discover information. Additional questions should be generated and students should be encouraged to add questions at any time.
- Step 5** Encourage students to generate further questions as they collect information and add them to the W section of the KWL. Students should be constantly monitoring their own learning, identifying what they have learned, and generating new questions.
- Step 6** Summarize, review notes and information at the end of the session and add them to the L section of the KWL.
- Step 7** Have students apply what they have learned using one or more of the creative activities suggested for the various MAAW topics.

PLEASE NOTE: Many of MAAW kit activities have been designed using the KWL approach.

KNOW	WANT TO KNOW	LEARNED