



Manitoba Addictions Awareness Week Committee

To promote Addictions Awareness Week in Manitoba

Curricular Connections Matrix 2006

Kindergarten to Grade 12 Physical Education/Health Education: Manitoba Curriculum Framework of Outcomes for Active Healthy Lifestyles – Manitoba Addictions Awareness Week.

Curriculum Implementation Documents currently available can be found at:

<http://www.edu.gov.mb.ca/ks4/cur/physhlth/curriculum.html>

Gr.	Outcome		MAAW Activities & Curriculum Implementation Documents
	<i>Code</i>	<i>Statement</i>	
	ALL SLO's	Addictions Foundation of MB (AFM) The Basics Series (14 current, accurate facts sheets on a range of substances and related topics) Addressing Drug and Alcohol Issues: Things to Keep in Mind	- 2.2 games and icebreakers - 2.7 CHN Scavenger Hunt
K I N D E R G A R T E N	K.5.K.D.1	Identify helpful and harmful substances found in the home and school (i.e., medications, vitamins, cough syrup, substances that may cause allergies, products danger symbols, tobacco products)	- FASD 2.5.2 Act.1
	S.5.K.A.4	Demonstrate appropriate healthy choices in case scenarios related to substance use (i.e., do not touch unknown substances, do not eat or drink anything without permission)	- K to Grade 4 Physical Education/Health Education: A Foundation For Implementation
	K.3.K.B.4	Recognize safety helpers in the community	- FASD 2.5.2 Act.4
	S.4.K.A.2	Sort decisions and/or choices that are made daily, based on their positive or negative consequences	- FASD 2.5.2 Act.1
	K.4.K.B.4	Recognize appropriate response in potentially dangerous situations	- FASD 2.5.2 Staying Safe
	K.4.K.C.1.a	Identify a range of feelings and emotions (i.e. happy, sad, angry, scared, surprised, anxious, excited) in a range of contexts	- FASD 2.5.2 Act. 3
G R A D E 1	K.5.1.D.1	Identify safe and unsafe substances found in the home, school, and community that can help (i.e., healthy foods and drink, medicinal products as prescribed by a doctor) or harm the body (i.e., food or medicinal products with a broken seal, foul-smelling substances, items with the poison symbol)	- FASD 2.5.2 Act.1/Act.2
	S.5.1.A.4	Demonstrate ways of exercising caution avoidance, and/or refusal in case scenarios involving unknown substances (i.e., avoiding substances with a danger symbol, foods that cause allergies and opened Hallowe'en candy; taking proper dosage of prescribed medication)	- Refusal Skills 2.5.7 - FASD 2.5.2 Staying Safe
	K.3.1.B.4.	Recognize community helpers and how to seek help	- FASD 2.5.2 Act. 4
	S.4.1.A.2	Demonstrate ways to expand knowledge and explore different options for making informed and health-enhancing decisions	- FASD 2.5.2 Act.1
	K.4.1.B.4	Identify ways to exercise caution, avoidance, and/or refusal in potentially dangerous situations	- FASD 2.5.2 Staying Safe

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	Code	Statement	
G R. 2	K.4.2.C.1a	Identify appropriate ways for sharing and expressing feelings and emotions related to different situations	- FASD 2.5.2. Act. 3
G R A D E 3	K.5.3.D.1	Identify and describe the potential dangers associated with substance use in the community	- Drinking and Driving 2.5.3 Act.3 - AFM The Basics Tobacco - AFM The Basics Inhalants
	K.5.3.D.2	Identify helpful and/or harmful substances (i.e., vitamins, medicines, tobacco, alcohol) and their effects on a healthy body	- FASD 2.5.2 Act.1/Act.2 - AFM The Basics Tobacco - Drugs and Sport 2.5.12 Act.2 - AFM The Basics Inhalants
	K.5.3.D.3	Recognize the factors that can influence making decisions regarding substance use (i.e., smoking)	- Refusal Skills 2.5.7
	S.5.3.A.4	Use avoidance and assertiveness skills in scenarios related to potentially dangerous situations	- FASD 2.5.2 Act 5
	K.2.3.B.1	Recognize that the body needs sustained or intermittent vigorous physical activity to improve the strength of the heart and lungs	- Smoking 2.5.4 Act 1 - AFM The Basics Tobacco
	K.4.3.B.4	Recognize verbal and non-verbal behaviours associated with assertiveness	- FASD 2.5.2 Staying Safe
G R. 4	K.4.4.C.1a	Identify characteristics of and/or behaviours associated with different emotions in self and/or others	- FASD 2.5.2 Act.3
	S.2.4.A.3a	Determine own performance level for health-related fitness components (i.e., cardiovascular endurance, muscular strength, muscular endurance, flexibility), using simple tests or tasks	- AFM The Basics Tobacco - Smoking 2.5.4 Act 1

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G R A D E 5	K.5.5.D.1	Distinguish between medicinal and non-medicinal substances and their appropriate use	- FASD 2.5.2 Act.1 - AFM The Basics Inhalants - AFM The Basics Drugs and Sport - Drugs and Sport 2.5.12 /Act.2
	K.5.5.D.2	Describe effects and consequences of substance use on body systems	- The Basics Series (14 current, accurate facts sheets on a range of substances and related topics) - FASD 2.5.2 Fast Facts/Act.2 - Marijuana 2.5.5 /Act.1 - Inhalants 2.5.10/Act.1 - Diabetes 5.8
	K.5.5.D.3	Identify peer, cultural, media, and social influences related to substance use and abuse	- Smoking 2.5.4 Act.2/Act.3 - Alcohol 2.5.1 Act.1/Act.2 - Drinking and Driving 2.5.3 Act.3 - Inhalants 2.5.10 Act. 1
	S.5.5.A.4	Apply strategies (i.e., using the decision-making model, practising saying no, walking away, getting help from a safe adult) for preventing or avoiding substance use and abuse in different case scenarios	- Drinking and Driving 2.5.3 Act.1/Act.2 - FASD 2.5.5 Act 5
	K.4.5.B.4	Identify and assess strategies for preventing or avoiding uncomfortable or dangerous situations	- FASD 2.5.2 Staying Safe/Act.5
G R A D E 6	K.5.6.B.3	Identify the positive and negative influences of media and other sources on promoting active living	- Alcohol 2.5.1 Act.1/Act.2 - Drugs and Sport 2.5.13 Act.1
	S.2.6.A.3a	Demonstrate the use of assessment strategies to determine, organize and record fitness results and physical activity participation	- AFM The Basics Tobacco
	K.4.6.A.1	Describe individual characteristics (e.g., gender, race, family, religion, community, appearance, interests, hobbies, preferred learning approaches...) that contribute to the development of personal identity, self-confidence, and self-efficacy.	- Personal identity 2.5.14
	S.4.6.A.2	Determine positive and negative consequences of possible solutions as part of the decision-making/problem-solving process for making healthy living choices	Gr.5-8 Physical Education/ Health Education: A Foundation For Implementation
	K.4.6.B.1a	Identify the influences that help or hinder responsible, social decision making	- Alcohol 2.5.1 Act.1/Act.2 - Drugs and Sport 2.5.13 Act.1

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G R A D E 7	K.5.7.D.1	Differentiate between the use and abuse (i.e., prescribed/ unprescribed drugs; own medicine/someone else's medication, correct/ incorrect dosage, addiction...) of medicinal and non-medicinal substances	<ul style="list-style-type: none"> - The Basics Series (14 current, accurate facts sheets on a range of substances and related topics) - FASD 2.5.2 Act.1 - Marijuana 2.5.5 /Act.1 - Debating 2.5.5 Act.1/Act.2 - Inhalants 2.5.11/Act.1 - Games 2.2
	K.5.7.D.2	Explain different consequences, related to different variables (i.e., fair play, legalities, performance, medical, safety, and financial implications), of taking harmful and beneficial drugs or other substances	<ul style="list-style-type: none"> - The Basics Series (14 current, accurate facts sheets on a range of substances and related topics) - FASD 2.5.2 Fast Facts - Marijuana 2.5.5/Act.1 - Diabetes 5.8
	K.5.7.D.3	Identify the positive and negative social factors (i.e., influences of peers, families, role models, media, Internet, celebrities, social occasions, parties) that may influence avoidance and/or use of substances	<ul style="list-style-type: none"> - Alcohol 2.5.1 Act.1/Act.3 - Smoking 2.5.4 Act.2/Act.3 - AFM The Basics Ecstasy - Crystal Meth 2.5.9 Activity
	S.5.7.A.4	Apply decision-making/problem-solving strategies in case scenarios that focus on substance use and abuse	<ul style="list-style-type: none"> - FASD 2.5.2 Act.5/Act.6 - Drinking and Driving 2.5.3 Act.1/Act.2 - AFM The Basics Tobacco - Smoking 2.5.4 /Act.4 - Drugs and Sport 2.5.12 Act.1
	S.4.7.A.2	Develop criteria and a rating system for weighing the benefits of the alternatives for making physically active and healthy lifestyle choices in different case scenarios	<ul style="list-style-type: none"> - Gambling 2.5.11 Know the Difference - Gambling 2.5.11 Act.1/Act.2/Act.3
	S.4.7.A.4	Apply conflict resolution strategies to different scenarios	<ul style="list-style-type: none"> - Gambling 2.5.11 Act.1
G R. 8	K.4.7.B.4	Describe appropriate use of avoidance/refusal strategies when dealing with potentially dangerous situations and/or stressful social situations	<ul style="list-style-type: none"> - Gambling 2.5.11 Act.1
	K.5.8.C.1b	Explain influences on growth and development during adolescence	<ul style="list-style-type: none"> - Disordered Eating 2.5.16 (see kit 2004 edition or at www.afm.mb.ca/maaw/)

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G R A D E 9	K.5.S1.D.1	Explain the meaning of addiction (i.e., gambling) and substance dependence , and the possible effects on self and/others	- Gambling 2.5.11 Know the Difference & /Act.2
	K.5.S1.D.2	Examine the use and abuse of substances and potential consequences on personal health and well-being	<ul style="list-style-type: none"> - Statistics 2.8 - AFM The Basics Alcohol - Alcohol 2.5.1 Act.1/Act.4 - AFM The Basics Binge Drinking - FASD 2.5.2 Fast facts - Drink/Drive 2.5.3 Act.1/Act.2 - AFM The Basics Tobacco - Smoking 2.5.4 Act.4/Act 5 - AFM The Basics Smokeless Tobacco - AFM The Basics Cannabis - Marijuana 2.5.5 /Act.1 - AFM the Basics Cocaine/Crack - AFM The Basics Magic Mushrooms - AFM The Basics LSD - AFM The Basics Crystal Meth / Meth 2.5.9 Act. 1 Get the Word Out - Debating 2.5.5 Act.1/Act.2 - Cocaine 2.5.6 Activity - AFM The Basics Ecstasy 2 - AFM The Basics Inhalants - AFM The Basics Drugs & Sports - Drugs/Sport 2.5.12 /Act.2 - Games 2.2 - Diabetes 5.8 - Mental health 2.5.15
	K.5.S1.D.3	Identify community agencies and resources available to support the prevention of substance use and abuse	<ul style="list-style-type: none"> - FASD 2.5.2 Fast Facts Act 6 & 7 - Gambling 2.5.11 Act.2
	S.5.S1.A.4	Apply problem-solving strategies to respond appropriately to issues related to substance use and/or abuse	<ul style="list-style-type: none"> - FASD 2.5.2 Act.6/Act.7 - Drinking and Driving 2.5.3 Act.1/Act.2 - AFM The Basics Tobacco Smoking 2.5.4 Act.4 - Say “Know” To Drugs 2.5.8
	K.4.S1.A.1	Examine personal strengths, values, and strategies for achieving individual success and a positive self-image.	- Personal Identity 2.5.14
	K.4.S1.B.4	Identify examples of potentially dangerous situations and effective strategies for avoidance/refusal	- Say “Know” To Drugs 2.5.8
	S.4.S1.A.2	Design, implement, and evaluate an action plan for making a decision based on personal values and beliefs related to physically active and healthy lifestyle practices	- <i>S1-S2 Physical Education/Health Education: A Foundation For Implementation –</i>
	K.1.S1.C.4	Identify the impact on youth of unethical issues in sport as represented in the media	- Drugs and Sport 2.5.12 Act.3
	K.5.S1.E.1c	Describe responsible behaviours for a healthy pregnancy	- FASD 2.5.2 Fast Facts/Act.6/Act.7

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G R A D E 10	K.5.S2.D.1	Analyze issues concerning the use and abuse of legal and illegal substances	<ul style="list-style-type: none"> - FASD 2.5.2 Fast Facts - Drink/Drive 2.5.3 Act.1/Act.2 - Smoking 2.5.4 Act.2/Act.3/Act.4 - Marijuana 2.5.5 Act.1 - AFM The Basics Cocaine/Crack - AFM The Basics Magic Mushrooms - AFM The Basics LSD - AFM The Basics Crystal Meth - Meth 2.5.9 Act. 1 Get the Word Out - AFM The Basics Inhalants - Debating 2.5.5 Act.2/Act.3 - AFM The Basics Drugs and Sports - Drugs and Sport 2.5.12 Act.3 - Mental health 2.5.15
	K.5.S2.D.2	Evaluate the legal aspects and consequences of substance use abuse, and addiction,	<ul style="list-style-type: none"> - Drinking and Driving 2.5.3 Act.1/Act.2 - Smoking 2.5.4 Act.4 - Debating 2.5.5 Act.1 - AFM The Basics Crystal Meth - Gambling 2.5.11 Know the Difference /Act.2 - AFM The Basics Drugs and Sport - Legal Brainteasers –2.5.13
	K.5.S2.D.3	Examine current statistics on substance use as it affects healthy living, locally and nationally	<ul style="list-style-type: none"> - AFM The Basics Alcohol - AFM The Basics Binge Drinking - AFM The Basics Smoking /2.5.4 Act.4 - Debating 2.5.5 Act.1/Act.2 - Gambling 2.5.11 Know the Difference /Act.1 - Statistics 2.8
	S.5.S2.A.4	Analyze effective responses to problems regarding substance use and abuse by self or others	<ul style="list-style-type: none"> - FASD 2.5.2/Act.7 - Smoking 2.5.4 /Act.4 - AFM The Basics Smokeless Tobacco - AFM The Basics Cannabis 2.5.5 Marijuana /Act.1 - AFM The Basics Cocaine/Crack - AFM The Basics Magic Mushrooms - AFM The Basics LSD - AFM The Basics Crystal Meth - AFM The Basics Ecstasy - AFM The Basics Rohypnol - AFM The Basics PCP - Gambling 2.5.11 Act.1/Act.2
	K.4.S2.A.1	Assess personal attributes and talents across a variety of domains (e.g., academic, athletic, musical, artistic, interpersonal, intrapersonal...), and assess how each contributes to self-esteem/self-confidence.	<ul style="list-style-type: none"> - Personal Identity 2.5.14
K.5.S2.E.1c	Describe the importance of and conditions for a healthy pregnancy	<ul style="list-style-type: none"> - FASD 2.5.2 Fast Facts/Act.6/Act.7 	

* Highlighted outcomes provide intra-curricular (within) connection possibilities to strands other than **Substance Use and Abuse**.